Kale Chips

Source: Chef Scotty **Yield:** 4 servings

1 bunch kale

1 T your favorite spice blend

- 1. Wash the kale and tear into 2-3" pieces.
- 2. Toss with your favorite spice blend
- 3. Spread on a sheet pan and place in a 200°F oven.
- 4. Toss chips every 10 minutes and continue to cook until they are completely dried and crisp.
- 5. Cool and enjoy. Store leftovers in an airtight container.

Chef Scotty's Notes:

Try making these with one of the low-salt spice blends for a healthy alternative to most store-bought chips.

WSU Clark County Master Food Preservers

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Food Preservation or Food Safety Questions?

Contact us via our Food Preservation & Safety Helpline 564-397-5366 - Monday thru Friday

Companion recipe to The Columbian Market Fresh Article published on August 21, 2020. For previous article recipes visit http://ext100.wsu.edu/clark/?p=8163