Boysenberry Syrup

Source: Chef Scotty **Yield:** about 2 cups

4 c Boysenberries, fresh or frozen

1 c medjool dates1 Tbl lemon zest¼ tsp nutmeg



- 1. Simmer Boysenberries and dates over medium heat until liquid is reduced by half.
- 2. Add nutmeg and lemon zest and puree in a high-speed blender until completely smooth. Strain through a jelly bag and store in the refrigerator.

Chef Scotty's Notes:

This is a bright, sweet syrup that avoids all the processed sugars. Mix this with balsamic vinegar to make a brilliantly complex salad dressing that's perfect with bitter salad greens.

WSU Clark County Master Food Preservers

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Food Preservation or Food Safety Questions?

Contact us via our Food Preservation & Safety Helpline 360-397-6060 ext. 5366 - Monday thru Friday

Companion recipe to The Columbian Market Fresh Article published on July 13, 2018. For previous article recipes visit http://ext100.wsu.edu/clark/?p=8163