

## Quick Facts 2006

- 749 volunteers donated over 45,000 hours of service. Value: \$844,000 or 21 FTEs
- Staff leveraged \$457,000 in funding
- Staff and volunteers made over 35,000 educational contacts

## Food Safety & NUTRITION

- ◆ Teaches low income 3rd- 5th graders healthy food selection and physical activity
- ◆ Reached 8000 students and parents.
- ◆ 500 students participated in summer programs on making healthy food choices and becoming more active.
- ◆ Sent weekly newsletters in English, Spanish, and Russian for six weeks to the parents of 736 3rd & 4th grade students.
- ◆ Changes in Student/Parent Behavior
  - 65% consume more fruit and vegetables
  - 40% better understand the connection between nutrition and health
  - 38% of parents make food selections with their children
  - 54% more students can identify appropriate serving sizes
  - 73% more students wash their hands regularly to prevent illness
- ◆ 75 teen mothers received information on feeding themselves and their babies healthy foods.
- ◆ 100 participants - 82 with diabetes or pre-diabetes (2005-2006) in partnership with Joslin Diabetes Center at the Harvard Medical School
  - 52% with high glucose levels improved blood glucose, cholesterol, and blood pressure in three month follow-up
- ◆ 286 Food handlers from 97 restaurants learned to handle food safely and prevent food borne illness outbreaks.
- ◆ Restaurant managers and Health Inspectors report:
  - Health inspection scores improved
  - handwashing increased
  - Bare hand contact with food decreased
  - Increased use of food thermometers

## 4H - Food Safety & NUTRITION

- ◆ 100 2nd graders at Hazel Dell elementary & 112 Boys and Girls club members learn about planting, growing food, and nutritional benefits of fresh garden foods in partnership among Clark County Public Works, Boys & Girls Club, Hazel Dell Neighborhood Association, Burgerville, Master Gardener Foundation, and others.

## YOUTH DEVELOPMENT

- ◆ 1330 Youth in 116 clubs practiced life skills, leadership, and citizenship
- ◆ 292 adult mentors donated 22,091 hours to promote positive youth development
- ◆ 4-H Youth donated 2095 hours of community service to Clark County
- ◆ 4-H Clubs donated \$5647 (average 2005-2006) to local families, charities, and causes
- ◆ Over 65% of youth participants improved in teamwork, decision-making, communication skills, working with diverse people, and taking responsibility
- ◆ 77 young offenders worked 452 community service hours in food bank garden
- ◆ 31 mentors gave 462 hours to foster social reintegration of young offenders
- ◆ Average of 3170 pounds of produce donated to local food bank serving 600 families per month
- ◆ Over 200 people attended the first annual *Healthy Families, Healthy Communities* fair for Latino families co-sponsored with the Latino Community Resource Group

4-H Clubs

Restorative  
Community  
Service  
Garden

Latino  
Outreach

## SUPPORT LOCAL AGRICULTURAL BUSINESSES

- ◆ Farm Finder web site - <http://farmfinder.wsu.edu/>
  - Connects local consumers to local direct marketers
  - Promotes economic diversity, keeps more food dollars in the local economy
  - Provides multiplier effects within the local economy
  - Helps maintain local farms, green/open space, & working landscapes
- ◆ Sustaining the Pacific Northwest - Food, Farms, & Natural Resource Systems newsletter - <http://csanr.wsu.edu/InfoSources/#newsletter>
  - 16 issues downloaded 13,148 times (2006)
- ◆ Annual Harvest Celebration attracts 609 residents to local farms
- ◆ "How-To" garden nursery web site (<http://gardencenternursery.wsu.edu/>)
  - Nursery business one of fastest growing agricultural sectors
- ◆ Annual Small Farm School attracts over 100 participants
- ◆ Workshops on Christmas tree and greenhouse production
- ◆ 210 youth learned how to raise higher quality animals for Junior Livestock Sale
- ◆ 1365 youth learned about milk production, local food, and healthy eating

WSU Small  
Farms Team

Commercial  
Horticulture

Quality  
Assurance



## NATURAL RESOURCES

- ◆ Co-Sponsors: Clark County Clean Water Program and Clark Conservation District
- ◆ 360 participants at 18 workshops & 4 tours learned Best Management Practices

- ◆ Six 12 week *Living on the Land* Series graduated 191 since 2003
  - Of graduates surveyed, 160 responded:
    - 81% thought the class was a good use of their Clean Water fee
    - 140 shared what they learned with at least 1952 other people
    - 54% of those with wells had them tested as a result of class
    - 54% of those with septic systems inspected them as a result of class
    - 37% tested their soils
    - 74% implemented 390 best management practices on 1675 acres

- ◆ Small Acreage Expo - 104 participants learned Best Management Practices

- ◆ Co-Sponsor: Clark County Clean Water Program

- ◆ Trained 33 new volunteers in 2006

- ◆ Stewards provided 2958 hours of service with 6120 educational contacts

- ◆ 516 participants at 19 workshops and presentations learned about raingardens, rain barrels, streamside property management, and other topics

- ◆ Staffed booths at 19 community events with 4046 educational contacts

- ◆ Involved 69 community volunteers to stencil 563 storm drains (“Dump No Waste”)

- ◆ 310 volunteers reached over 23,120 people through answer clinics, garden centers, event booths, Vancouver Farmers Market on appropriate pesticide/herbicide use, xeriscaping, native plant use, and environmentally friendly horticultural practices

- ◆ 65 new volunteers trained

- ◆ Co-Sponsored with the US Fish & Wildlife Service

- ◆ Planted 2100 trees along Gee Creek to improve habitat and stream health

- ◆ Engaged 190 volunteers who provided 734 hours of service

- ◆ Produced Gee Creek Watershed Restoration Background Report summarizing the watershed’s land use and restoration history and provided restoration priority recommendations (<http://clark.wsu.edu/natural/geeCreek.html>)

Small  
Acreage  
Program

Watershed  
Stewards  
Program

WSU  
Master  
Gardeners

Gee Cr.  
Restoration  
Program