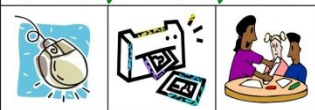


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Valentine Bookmarks for Seniors

By Elizabeth Miller, 4-H Youth Development Educator/CED, Auglaize County (OSU Extension).

YouTube Learn more about this activity from the author at: <https://youtu.be/URfjpRIR7g0>



Giving your Cloverbuds the opportunity to interact across generations is a great experience for both your members and the seniors they are visiting! Here is an activity that gives your Cloverbuds a chance to be creative while making a special Valentine's Day bookmark to share with seniors. Arrange for the Cloverbuds to visit and deliver their special gifts to a local nursing home, senior center or senior housing.

Begin the meeting by talking about Valentine's Day. When we think of Valentine's Day we think of love. One of the ways we show love is to be kind to others. Today we are going to make a Valentine's Day gift and share it with some of our local senior citizens. You may go on to explain what the plan is for your visit with your local seniors.

Supplies needed to make the bookmark:

Templates – bookmark and heart (provided on page 3)
(Hint: Cut templates from card stock or poster board for ease in tracing).

Card stock – use for the bookmark

Paper for hearts – use scrapbooking paper, heavy wrapping paper or construction paper. (If you want to allow the Cloverbuds to decorate their hearts then choose a plain paper with no patterns).

Crayons - if decorating

Continued on page 2...



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Stickers - if decorating

Pencils

Scissors

Glue sticks

Ribbon – 12 inch pieces. You may want to have a variety of ribbon on spools for members to choose from (have a designated adult/teen ribbon cutter) or have a variety of ribbon precut to the desired length from which members can choose.

Labels – “handcrafted by” labels for the back of the bookmark.

Steps to make a bookmark, have members:

1. Select card stock for their bookmark.
2. Trace the bookmark template onto the cardstock.
3. Cut out the bookmark.
4. Hole punch the bookmark.

Steps 1 – 4: If preferred, you can have a variety of bookmarks precut and hole punched prior to the meeting and have members select their bookmarks.

5. Select ribbon and the paper they would like to use for their heart.
6. Trace the heart template onto the paper.
7. Cut out the heart.
8. Glue the hearts onto the bookmark.
9. If decorating, use crayons and/or stickers to design their bookmark.
10. Attach the ribbon to the bookmark.
11. Place a label on the back of the bookmark and have the Cloverbud sign their first name for that personal touch!

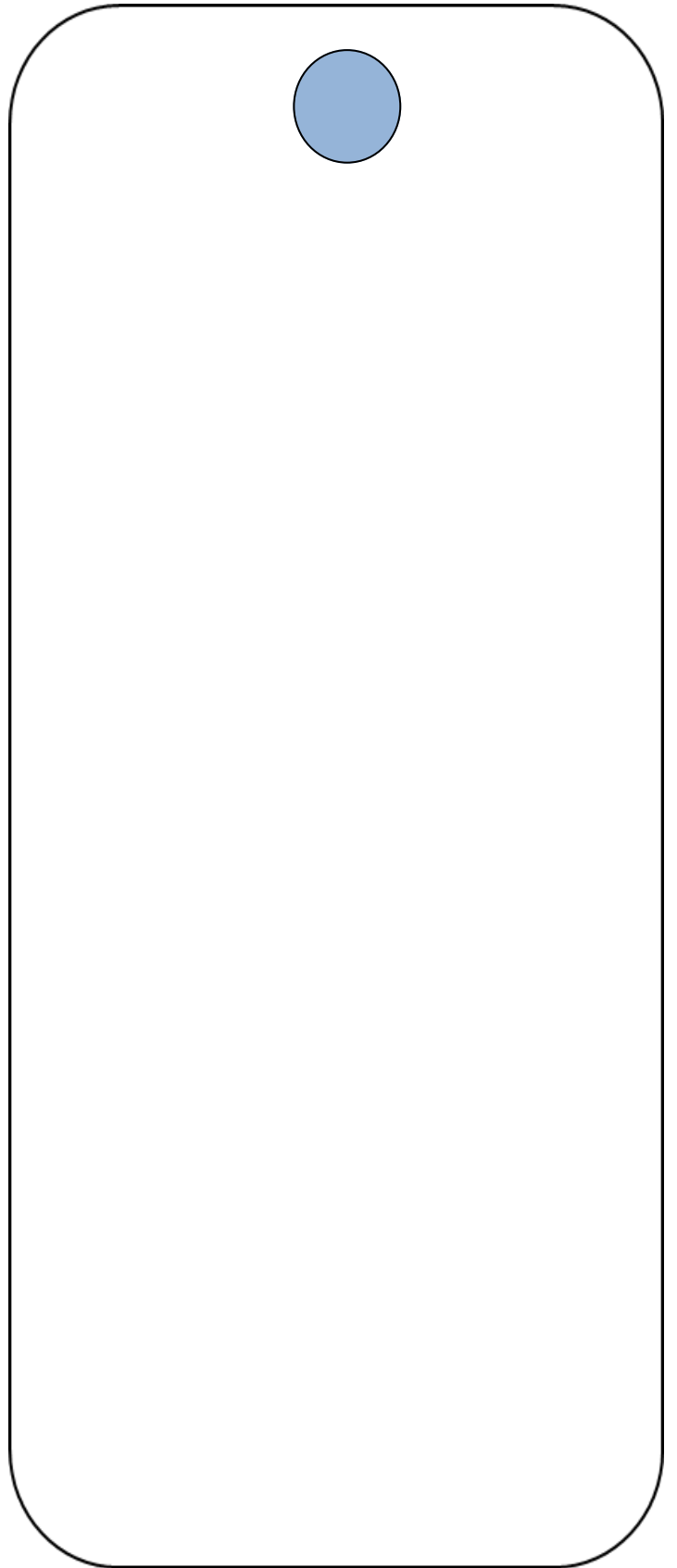
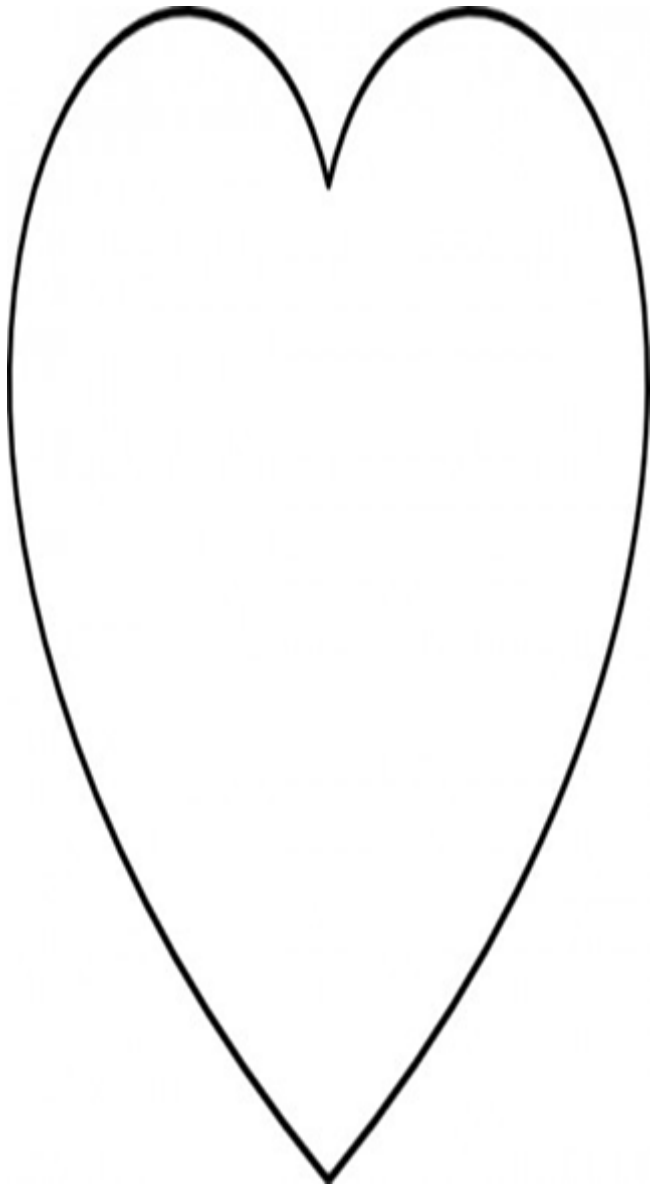
Depending on your time available and group size, you may want to have each Cloverbud make two or three bookmarks.

Make arrangements for your Cloverbuds to visit and deliver their bookmarks to local seniors.

Bonus activity

Read books! if the facility you are visiting is agreeable, make arrangements to have your Cloverbuds and seniors read together. You can bring Valentine’s Day books from the local library or have each Cloverbud bring a favorite book they love to read. Books could be read aloud to the combined senior/Cloverbud group or have Cloverbuds and seniors matched together in pairs or small groups so they can read together.





Handcrafted by:

