



FROM HARVEST TO HEALTH

September 15, 2022

Wheat Land Communities'
Fairgrounds

4 – 8 P.M.

Activities available for all ages!

**SAFETY, HEALTH &
WELLNESS FAIR,
WITH MY FARM,
YOUR TABLE**

Vendors include emergency, therapy, accessibility, behavioral health, wellness service providers, and information on food preservation, beef, vegetables, lamb, poultry, pork, & MORE!

Direct Labs Available: Complete Blood Count, Hemoglobin A1C, Prostatic Specific Antigen, Thyroid Stimulating Hormone, Vitamin D

Learn about the connection of natural, locally-produced, unprocessed foods to your health. Take the opportunity to have lab work done to learn about your current health needs. Talk to emergency responders about safety, and discuss ailments with local healthcare practitioners.



East Adams Rural
Healthcare

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