JUNIOR 4-H Story

Keep this page in your record book if you are a JUNIOR. Intermediates and Seniors can remove this page. See specific pages for criteria for your age group.

Fill in the blanks below or write a story in narrative format.

Introduce yourself and your family.

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Tell why you joined 4-H and/or chose the project(s) you did.

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Tell about the things you enjoyed learning or doing in your project(s) this 4-H year.

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Tell about your favorite parts of 4-H this year.

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Tell about things you would like to improve upon or do more of next year.

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FAIR EXPERIENCE: Write about your participation in the Kitsap County and Washington State fairs.

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**INTERMEDIATE 4-H STORY**

*Keep this page in your record book if you are an Intermediate.*  
Juniors and Seniors remove *this* page. See specific pages for criteria for your age group.

*Fill in the blanks below or write a story in narrative format.*

Introduce yourself and your family.

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Discuss why you joined 4-H and chose the project(s) you did.

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Discuss things you enjoyed learning or doing in your project(s) this 4-H year.

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Discuss a significant accomplishment you have made this year in your 4-H project(s). *This might include something that was not part of your goal.*

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Tell about your 4-H club experiences and community service you were involved with.

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**FAIR EXPERIENCE:** Write about your participation in the Kitsap County and Washington State fairs.

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SENIOR 4-H STORY

Keep this page in your record book if you are a Senior.

Juniors and Intermediates remove this page. See specific pages for criteria for your age group.

Fill in the blanks below or write a story in narrative format.

Introduce yourself and your family.

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Discuss why you joined 4-H and chose the project(s) you did.

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Tell what you learned from results, difficulties, and/or challenges you had in your project(s) this 4-H year. Discuss anything you wish you had done differently.

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Tell how you have changed or grown as a person as a result of your involvement in your project(s) and 4-H this year. Be specific about those changes (your character, skills, leadership, etc.).

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Explain how you could use the life and/or project skills you learned from being in 4-H in other areas of your life.

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FAIR EXPERIENCE: Write about your participation in the Kitsap County and Washington State fairs.

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PERSONAL PAGES

(This is optional -- you do not need to include anything.)

You can earn bonus points for including photos.

Do not make a tab for personal pages. Personal pages go directly behind your 4-H Story, in the 4-H Story tab.

This is another fun section with very rules. You may wish to include photos, drawings, letters, newspaper clippings, stickers and other decorations that have to do with your interests (church, other clubs, school, music lessons, sports, trips, family events to name a few.)

Please provide captions that explain things like who, what, why, when, and where and follow the rules below.

RULE 1. Items must be from current year. No photos from prior years!

RULE 2. Bonus points are available for two pages, back to back, or four single-sided pages of personal page for things you do outside of 4-H.

RULE 3. Please be sure all items are secure on the page and/or in a plastic slip cover. Make sure the plastic slip cover doesn’t cover book tabs.

PLEASE do NOT include ribbons, certificates, or other items that cannot be replaced.