

How To Access Washington's Farm Stress Counseling Voucher Program

6 Free Counseling sessions for Farmers and Ranchers and their families. Counseling is available in-person in Pullman, or via telehealth anywhere in the state.

- Call the [WSU Psychology Clinic](#) at **(509) 335-3587**.
- Tell them you are calling to participate in the Farm Stress Counseling Program
- To set up an appointment, the Clinic will ask for:
 - Name
 - Phone Number
 - Email

Here's what to expect once you call, and ways to get support:

- The Clinic will also ask you to complete intake paperwork: <https://psychologyclinic.wsu.edu/>
- You don't need to complete the intake paperwork before you call. However you will need to complete the intake paperwork before your first appointment.
- If you don't have internet access, the Clinic can mail you the intake paperwork, or you can go in-person.
- For help filling out paperwork or any questions, you can contact:
 - WSU Psychology Clinic: 509-335-3587 or psychology.clinic@wsu.edu
 - The Farm Aid Hotline: 1-800-FARMAID (1-800-327-6243), M-F, 6am-7pm
 - Chad Reznicek, Farm Stress Mental Health Navigator working with WRASAP: chad.reznicek@colostate.edu or 970-744-9011