



Three Nutritious Meals x 365 Days a Year = 1,095 Meals For Every Child

1095 Skagit Coalition Meeting
Tuesday, July 18, 2017
3:00 PM – 4:30 PM
WSU Extension

Vision: Our vision is that we will fully nourish all children in Skagit County so that they will grow and prosper.

Mission: Our mission is to collaborate, coordinate, and communicate with families and community partners to ensure that every child in Skagit County eats 3 nutritious meals 365 days of the year.

Meeting Attendees: Carolyn Conner, Drew Gilliland, Debra Lancaster, Ann Novak, Karen Parnell, Maureen Pettitt, Melissa Self, Diane Smith

Meeting Agenda

3:00 PM – 3:10 PM – Intros / Check-Ins

- Icebreaker – What's your favorite summer treat?

3:10 PM – 3:25 PM – Program announcements

– 5210 Collaboration with 1095 – Carolyn Conner

- Focus on back-to-school events

- Involvement with public health department in Concrete

- Hands-on activities for kids based on each of the 5-2-1-0 numbers

- 5 – Search for plastic models of vegetables in bin filled with dried pinto beans; good sensory experience

- 2 & 1 – Fake TV screen with stack of photos of kids doing various activities; kids cover the TV screen with their favorite thing to do

- 0 – Measure amount of sugar in a single can of soda with measuring cups

- Going to Skagit County Fair

- Distributing bookmarks to libraries

- 5210 will have page on County website
- How can 1095 collaborate?
 - Keep 5210 on agenda & provide feedback
 - Handouts @ farmers markets
- Action: Jerry Shackette will send link of Carolyn's radio interview to Drew to be posted on 1095 webpage
- CHOW
 - Pilot is progressing
 - 11 families with 28 children currently being reached
 - Looking to expand number of families with mailer
 - Potential new funder (reached by Helping Hands FB)
 - WWU Student report up on 1095 webpage under “Neighborhood Projects”
- Flash of Silver Award
 - Wednesday, August 23, at 4:30 PM @ Sedro-Woolley Farmers Market
 - Key people in ceremony
 - Jerry Shackette – MC
 - Graham Kerr – Main speaker
 - Michael Fraser – CSA presentation
 - Maureen Pettitt – Metrics presentation
 - Order of events:
 - Jerry Shackette – Intro
 - Graham Kerr – Main presentation/awards
 - Michael Fraser – Short presentation
 - Maureen Pettitt – Short presentation
 - Jerry Shackette – Close
 - Main question to answer – Why is this important for children & families?

– Actions:

- Drew will send out press release for Skagit Publishing, 360, & Grow Northwest
- Drew will create postcard mailer
- Drew will contact Sedro-Woolley Chamber of Commerce for inclusion in newsletter
- Drew will invite County Commissioners, legislators, city council
- Drew will work on sound equipment with Melissa Self
- Karen Parnell will be yearlong liaison between Graham Kerr & 1095

3:25 PM – 4:15 PM – Discussion/assignment of 1095 Skagit Coalition Group roles in 2017-2018 year

– The following people agreed to fill these tasks upon departure of VISTA

- Creating agenda – *Carolyn Conner*
- Taking/compiling notes – *Diane Smith* (Will compile group's notes & forward to Jerry Shackette)
- Sending reminder emails – *Jerry Shackette*
- Updating webpage – *Valerie @ WSU*
- Updating Facebook – *Valerie @ WSU*
- Hosting meetings – *Jerry Shackette*
- New member recruitment – NA
- Info dissemination – NA

4:15 PM – 4:20 PM – Next Meeting

– Tuesday, August 15, 3:00 PM – 4:30 PM

– Focused on Flash of Silver

– Meeting will be at site of ceremony; Chamber of Commerce in Sedro-Woolley as a backup