



# Soil health concepts and management

Deirdre Griffin LaHue

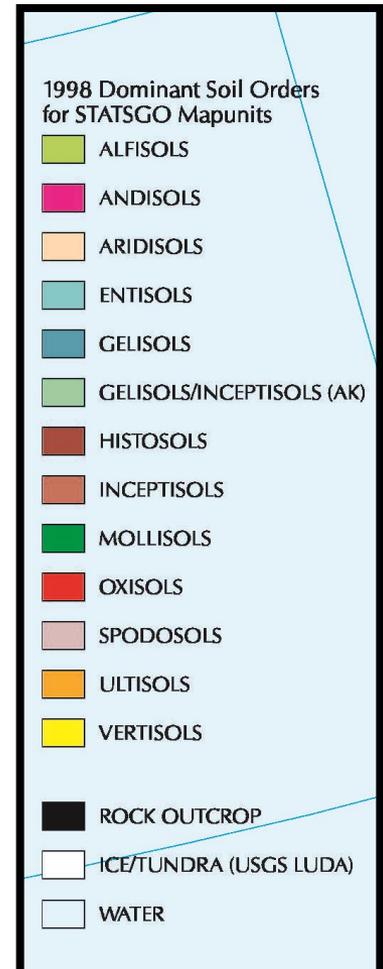
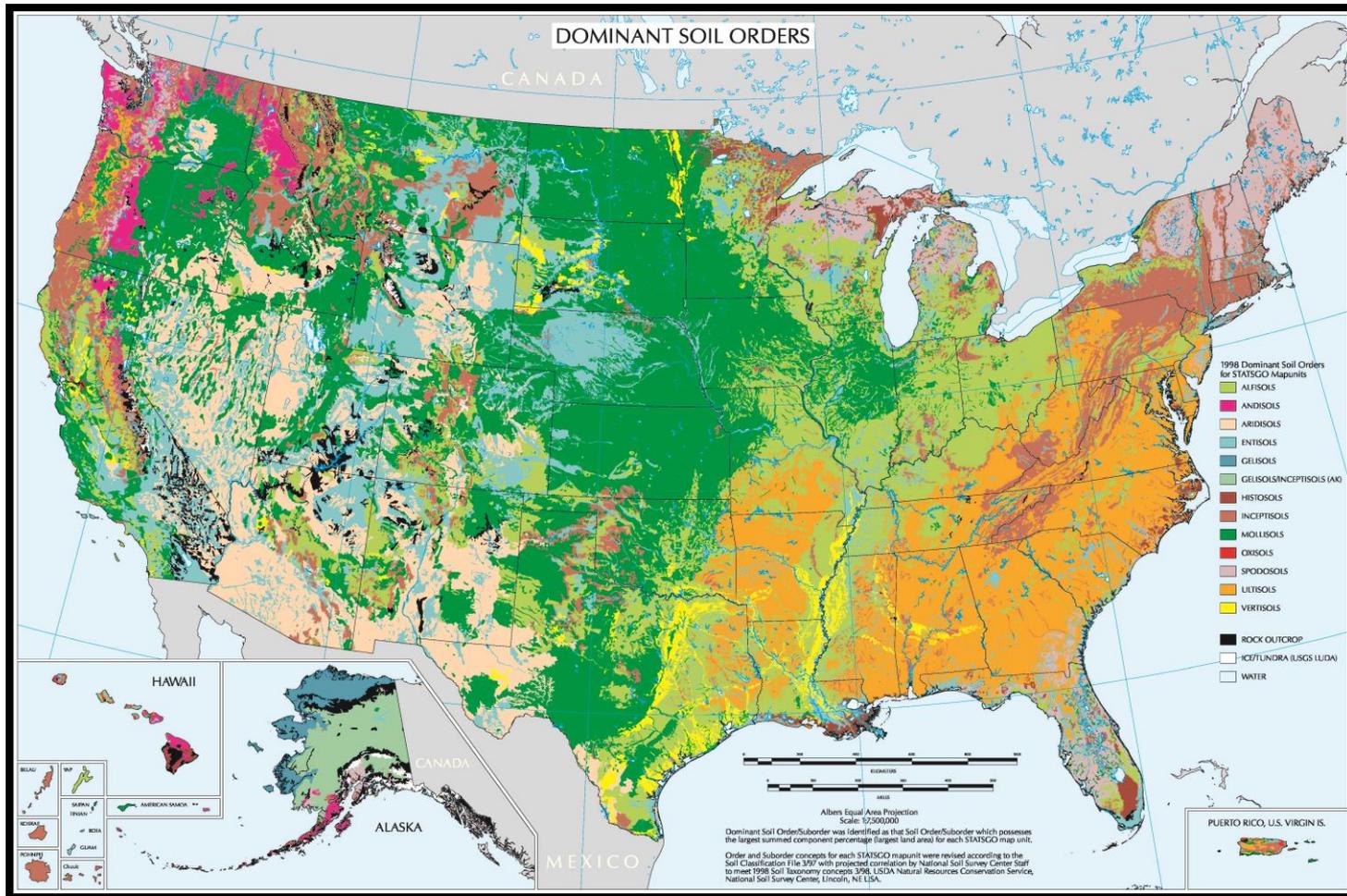
Assistant Professor of Soil Science

Northwestern Washington Research and Extension Center

Washington State University

# Soil diversity: National and local

## United States



# Soil diversity: Western Skagit County



**Entisols**

38% brand new soils



**Inceptisols**

27% relatively new soils



**Alfisols**

6% older soils



**Andisols**

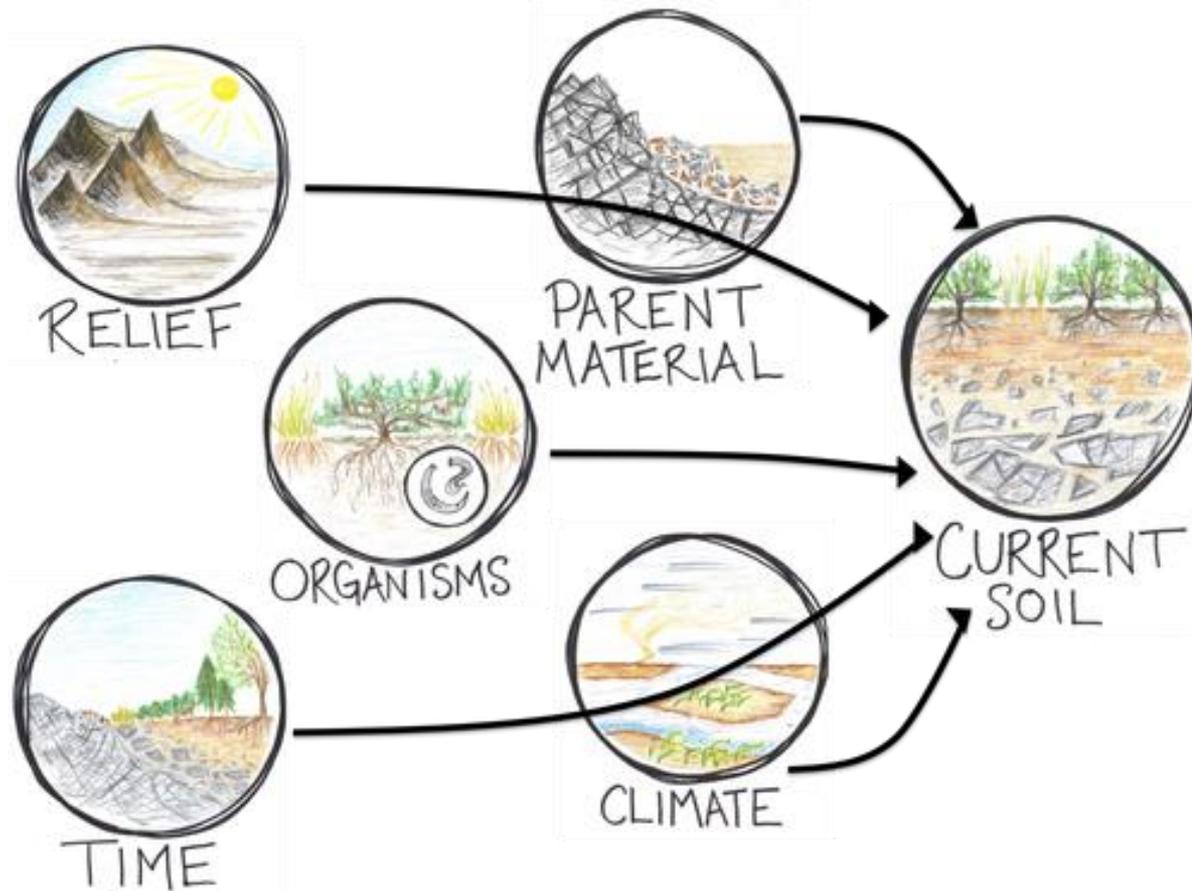
26% volcanic



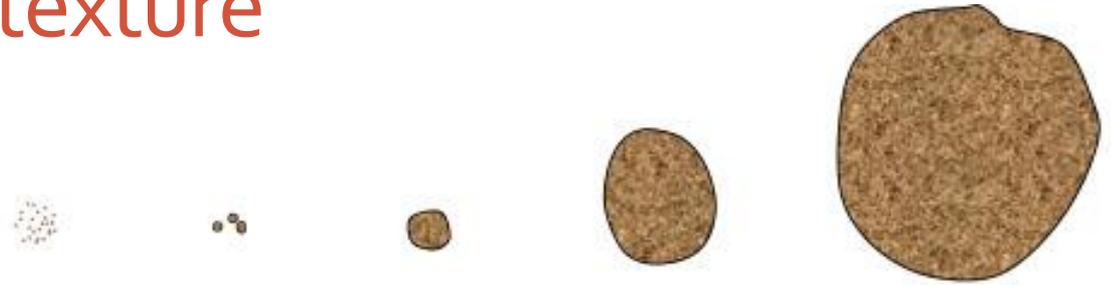
**Histosols**

1% peat soils

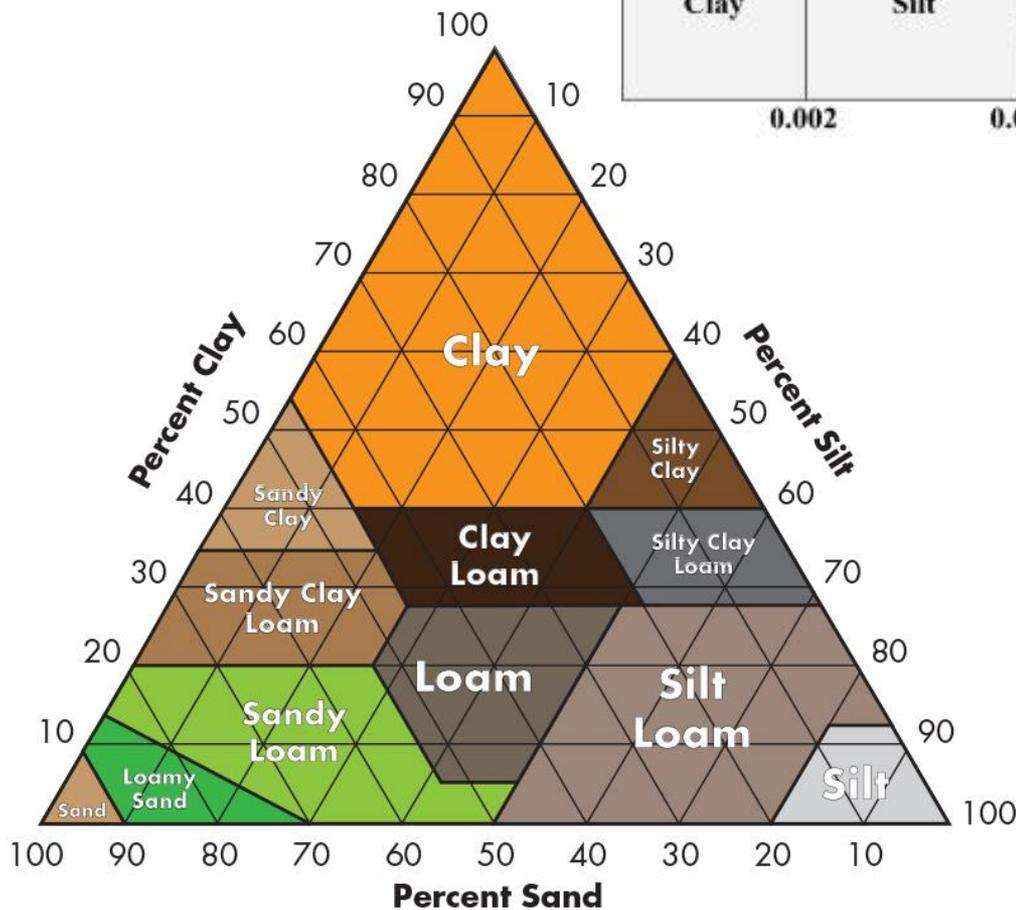
# Soil forming factors: How did this diversity arise?



# Soil type affects...texture



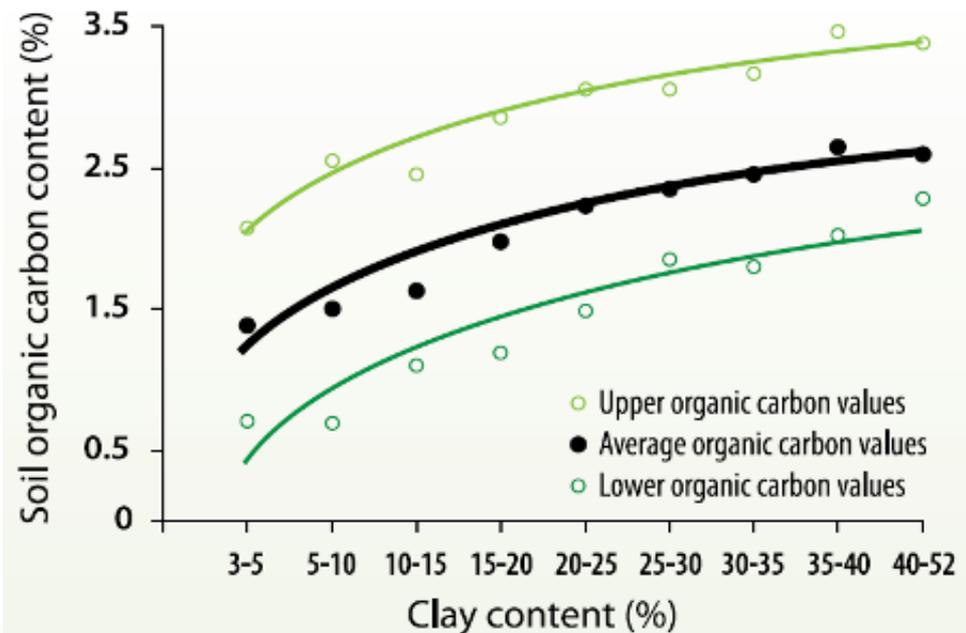
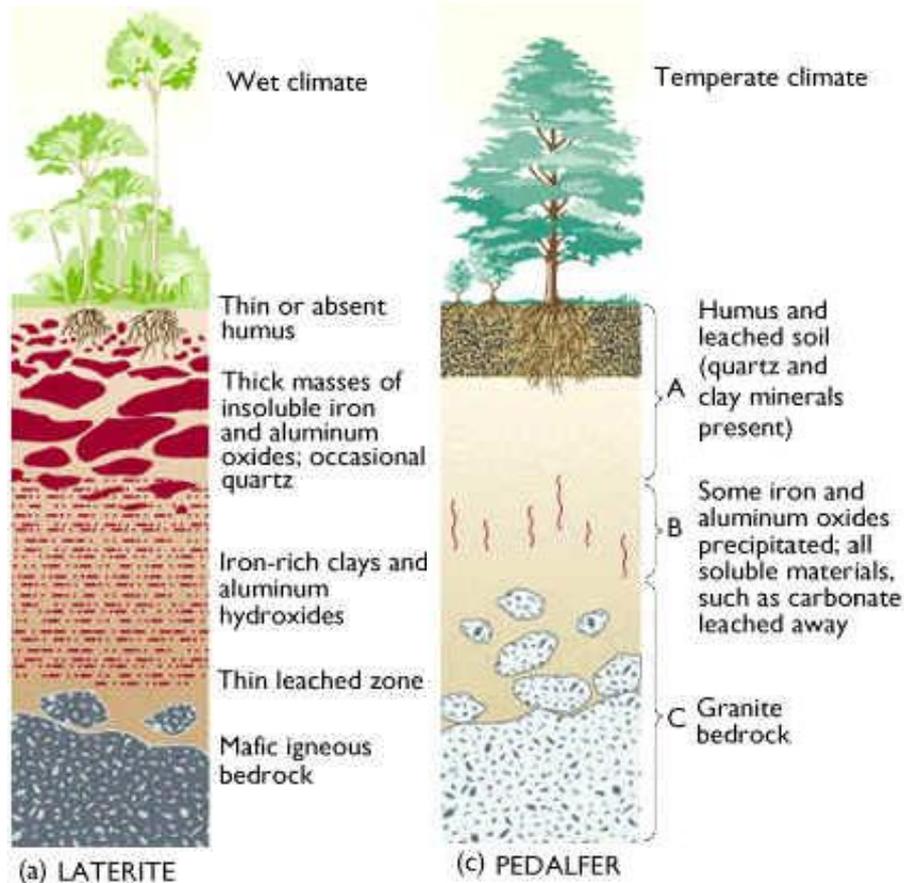
Clay	Silt	Sand		
		Fine	Medium	Coarse
0.002	0.05	0.25	0.5	2.0



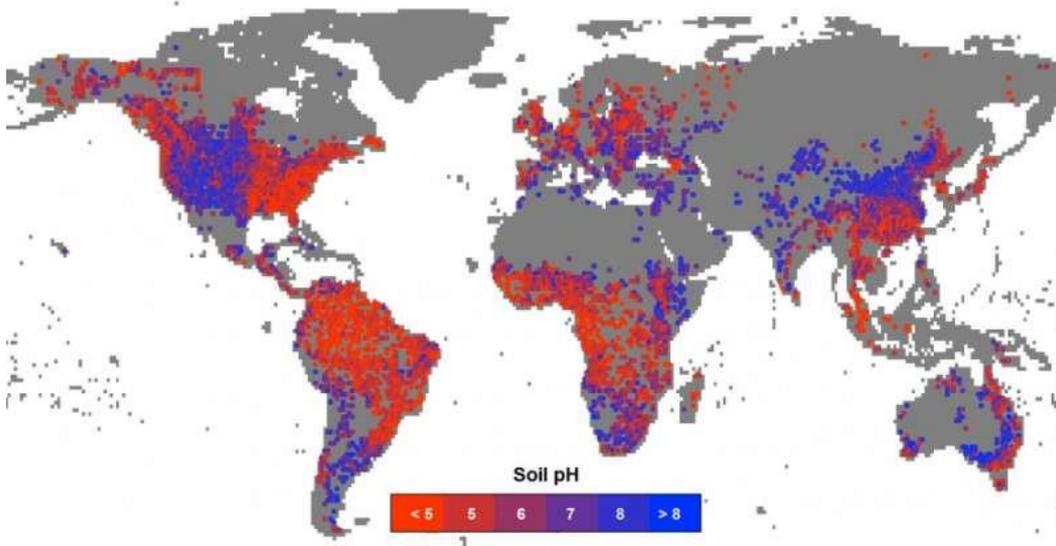
- Parent material mineralogy
- Level of weathering
- Secondary clay mineral formation

# Soil type affects...organic matter content

- Organic matter storage capacity
- Biological activity

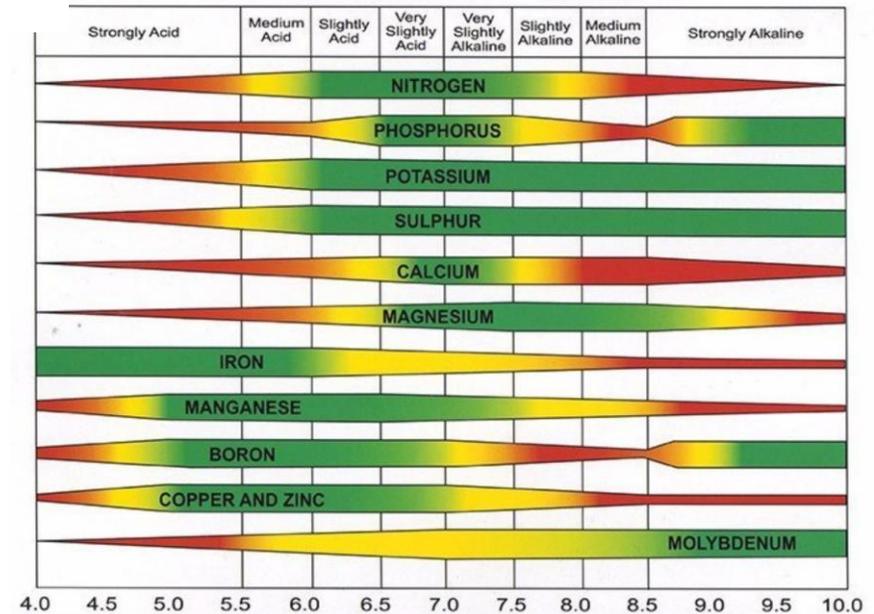


# Soil type affects...soil pH



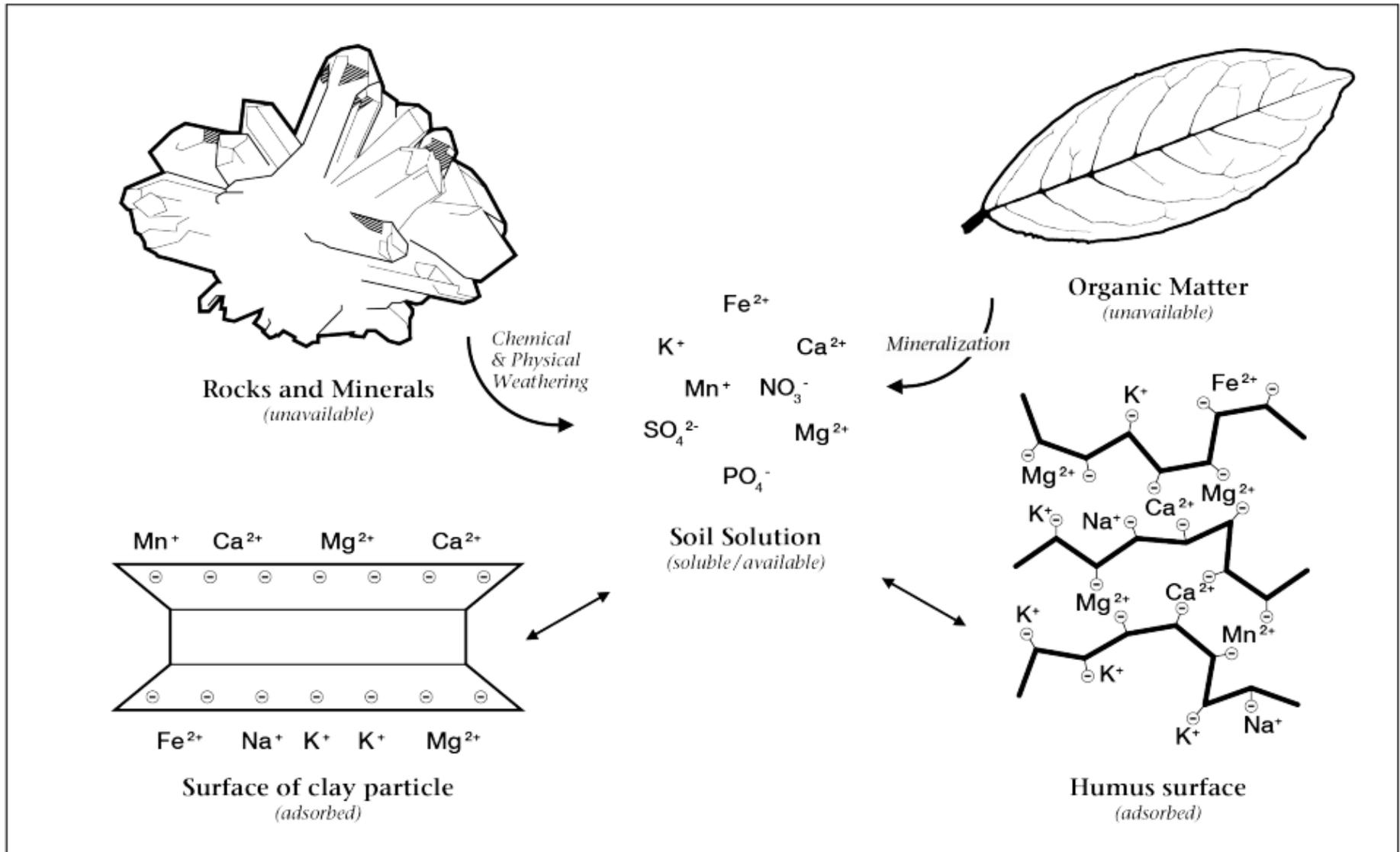
Slessarev et al., 2016

How soil pH affects availability of plant nutrients.

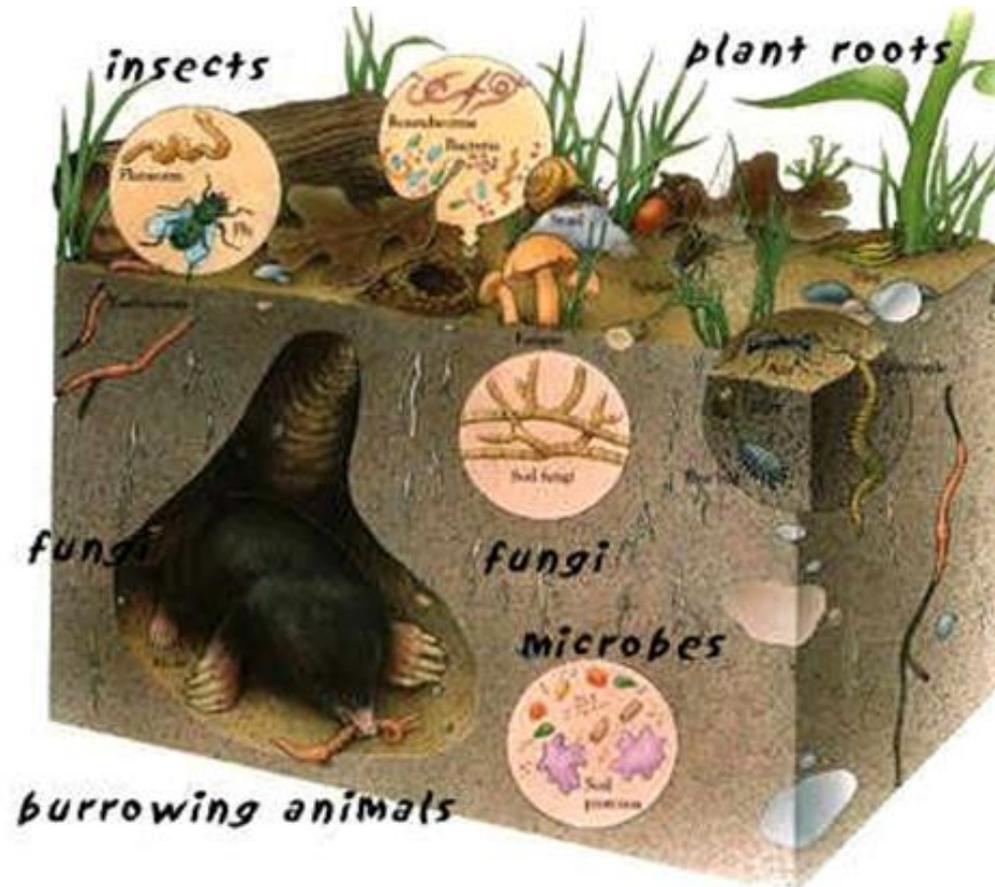


SOURCE: <https://www.emporiumhydroponics.com/what-is-ph-1-to-14>

# Soil nutrient cycling



# Soil organisms and their role in soil formation & functioning



# What is "soil health"?



"The continued capacity of the soil to function as a **vital, living ecosystem** that sustains plants, animals, and humans."

- Natural Resources Conservation Service

# What is a healthy soil?



## Services:

- Efficient nutrient use
- Building and regeneration
- Strong skeleton/musculature
- Disease prevention
- Support growth

**Self-maintaining**



## Services:

- Efficient/tight nutrient cycles
- Organic matter formation
- Soil structure maintenance
- Disease/pathogen resistance
- Support crop growth

**Self-maintaining**

# What is an *unhealthy* soil?



Dave Orrick/Pioneer Press



# Challenges

Erosion/Run-off

Organic matter  
loss

Contamination

Sealing/Crusting

Compaction

Biodiversity loss

# Challenges ↔ Processes

Erosion/Run-off

Organic matter  
loss

Contamination

Sealing/Crusting

Compaction

Biodiversity loss

Soil aggregation

Nutrient cycling

Water cycling

Carbon storage

Decomposition

Habitat for roots/  
organisms

# Challenges



# Processes



# Services

Erosion/Run-off

Organic matter  
loss

Contamination

Sealing/Crusting

Compaction

Biodiversity loss

Soil aggregation

Nutrient cycling

Water cycling

Decomposition

Organic matter  
formation

Habitat for roots/  
organisms

Crop production

Water quality

Disease control

Carbon storage

Resilience

Climate regulation

# Challenges ↔ Processes ↔ Services

Poor drainage

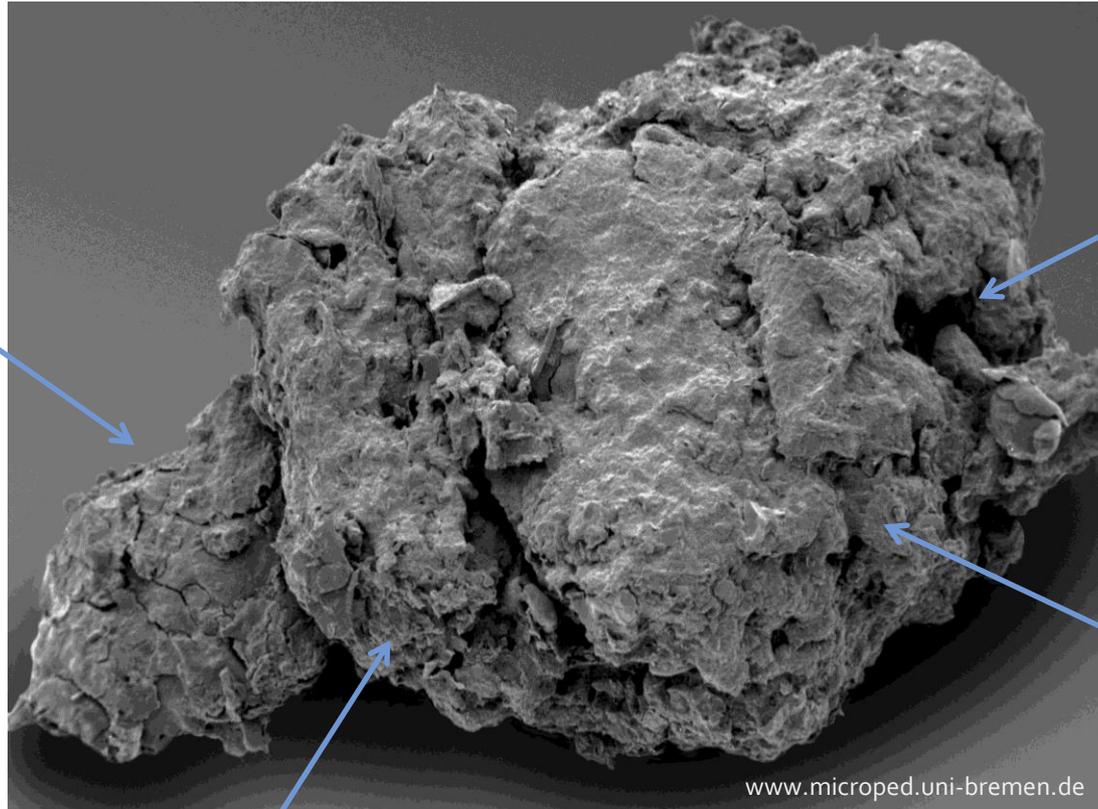


## Loss of soil health services:

- Reduced crop growth
- Loss of soil structure
- Loss of nutrients
- Disease pressure

# Improved drainage: Soil aggregation

What is an aggregate?



Soil particles (silt & clay) bound together with organic matter

Pores for air and water

Protects organic matter inside

Living space for good bacteria and fungi

[www.microped.uni-bremen.de](http://www.microped.uni-bremen.de)

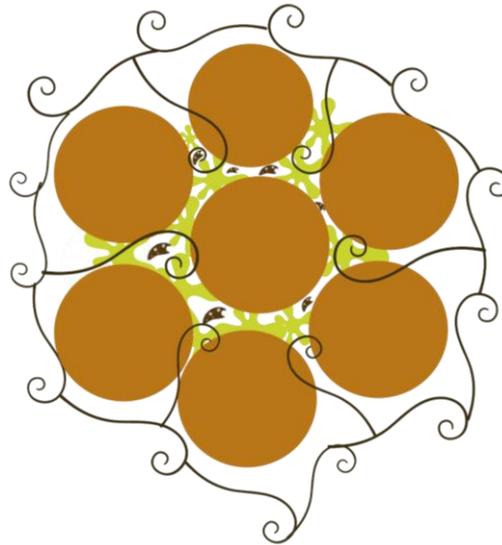
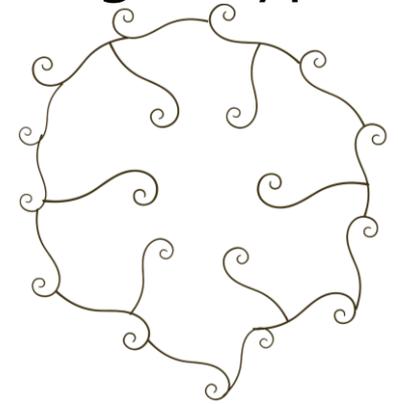
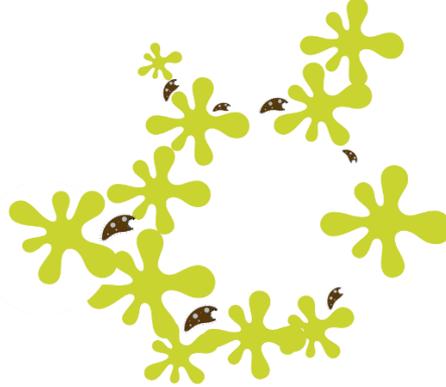
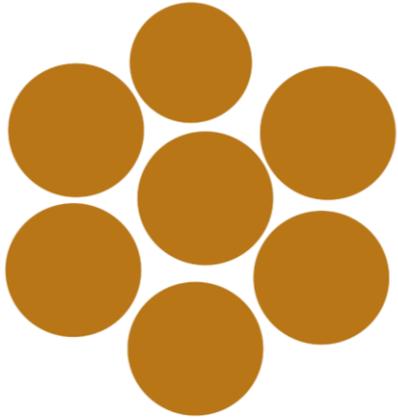
Soil Particles



Microbial "Glues"



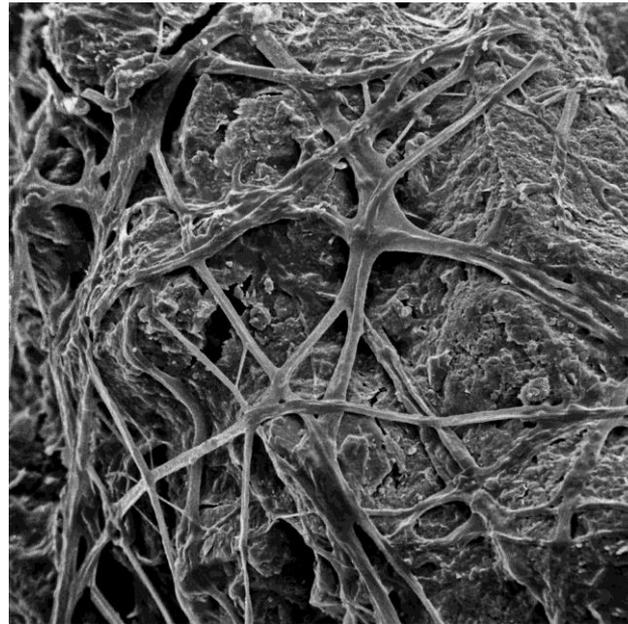
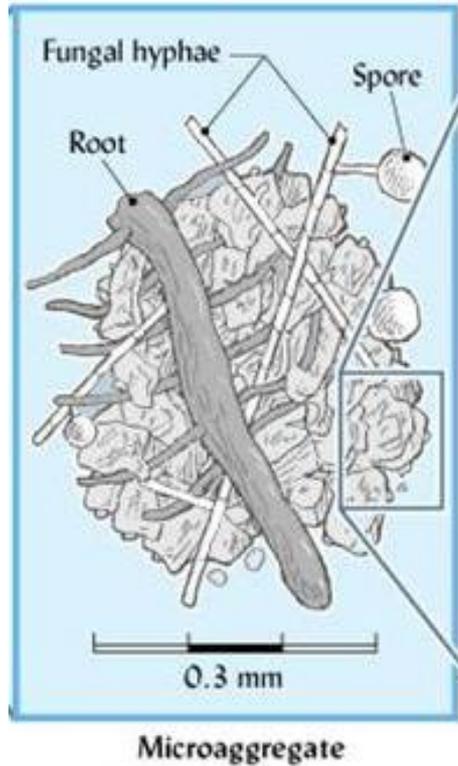
Fungal Hyphae



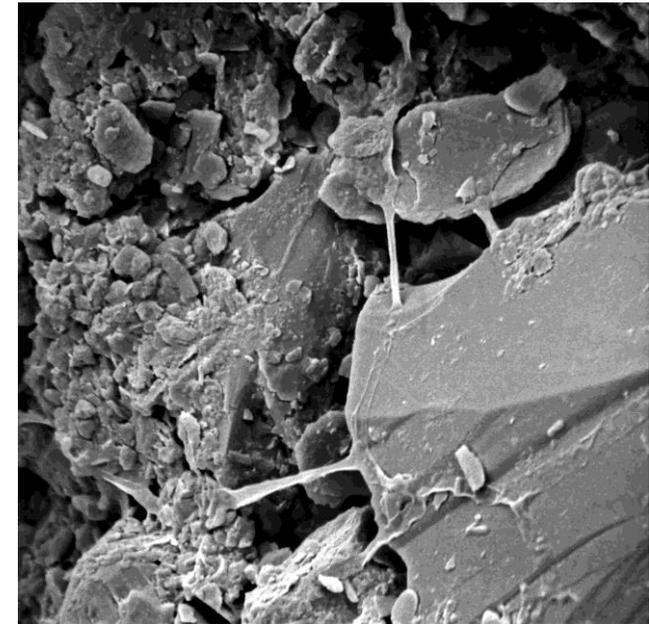
Soil Aggregate

# Soil aggregation

How are aggregates made?

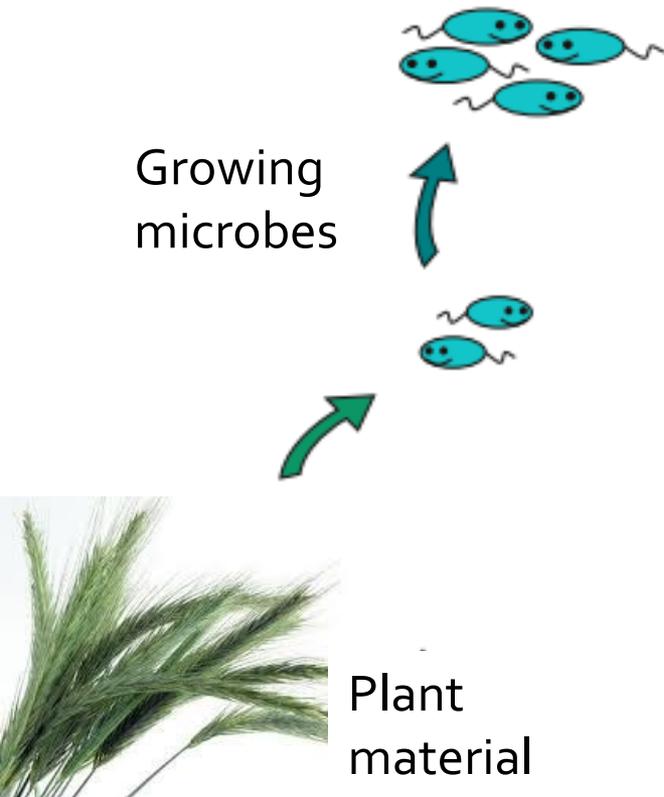


Fungal mycelia surrounding an aggregate

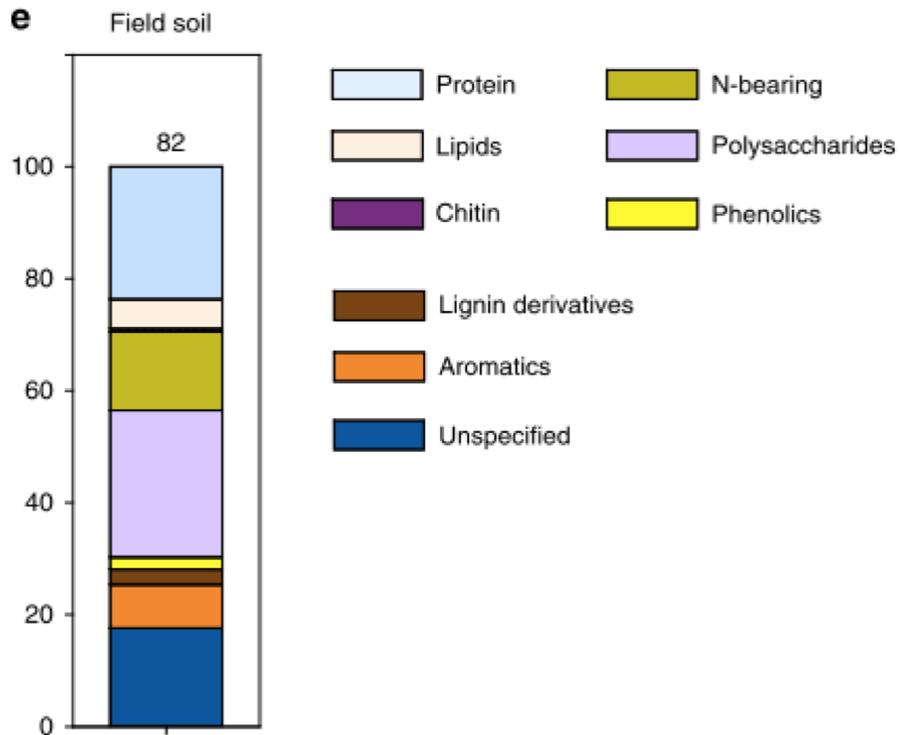


Bacterial filaments securing soil particles

# Up to ~80% of SOM can be derived from microbial biomass

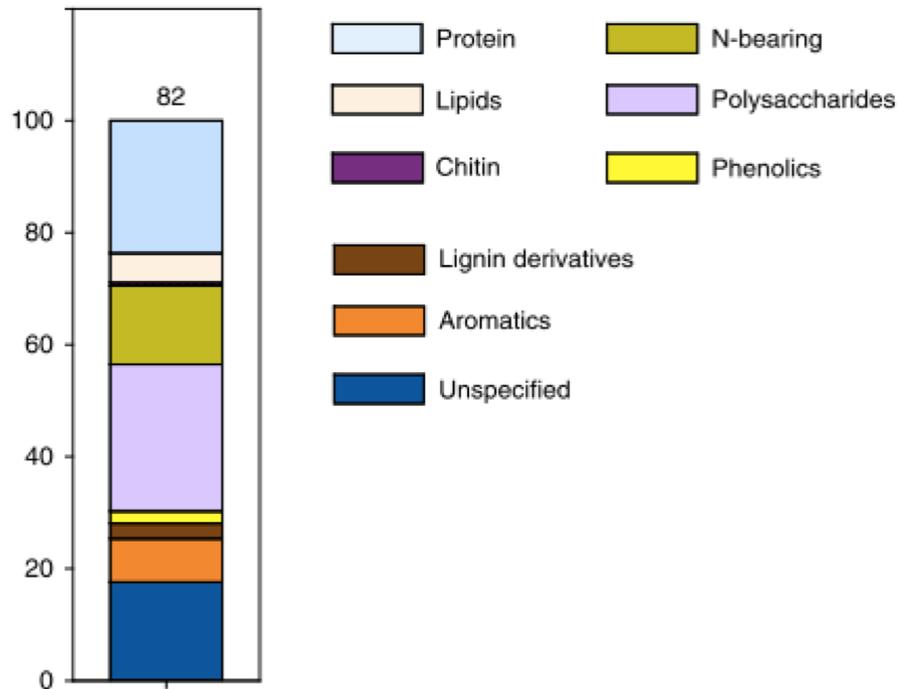


# Microbes themselves *make* soil organic matter!

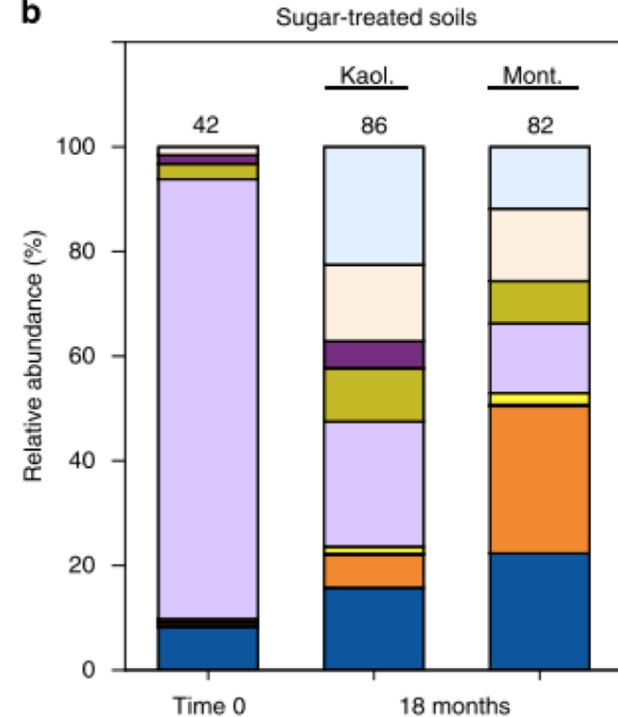


# Microbes themselves *make* soil organic matter!

**e** Field soil



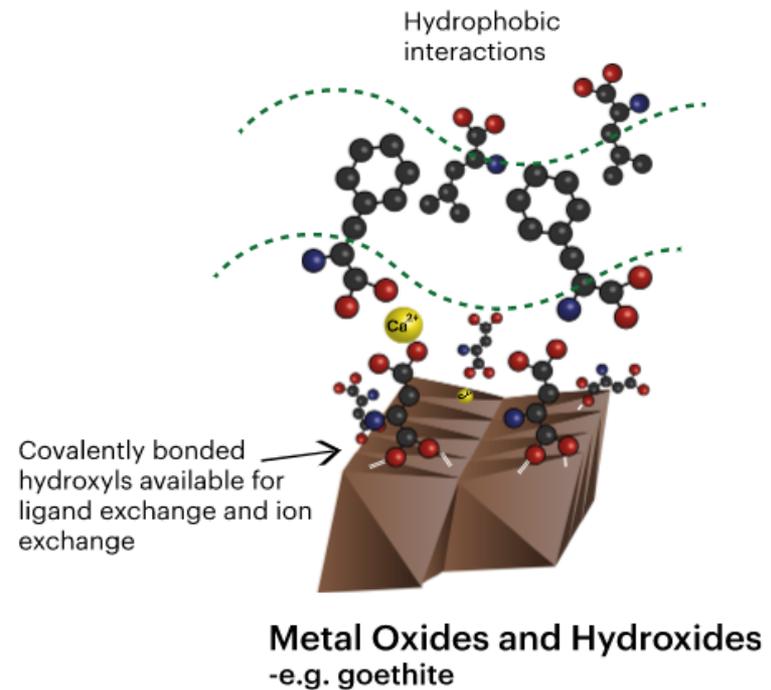
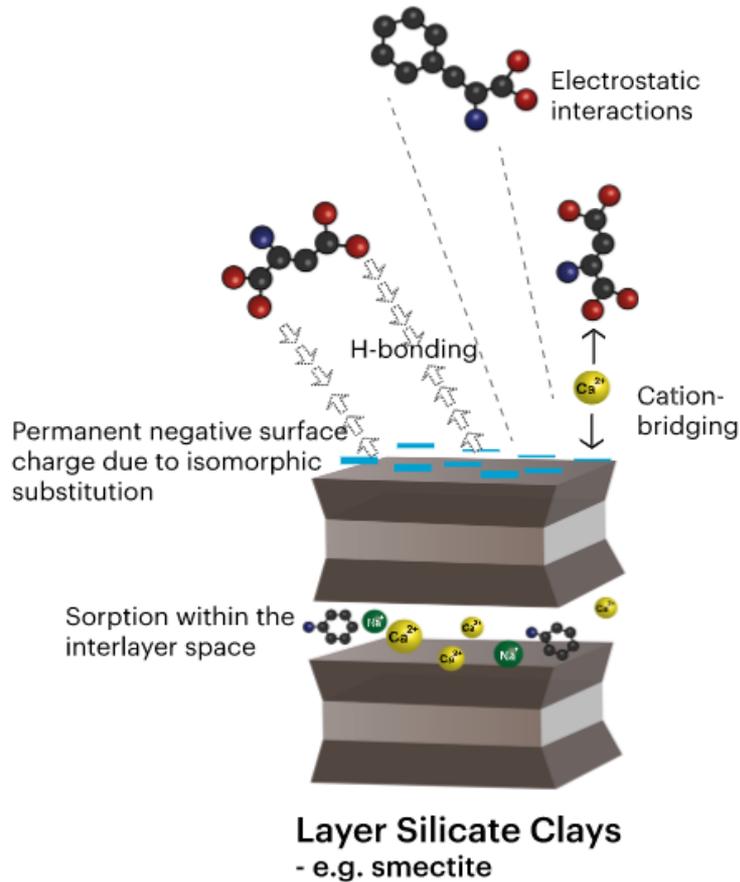
**b**



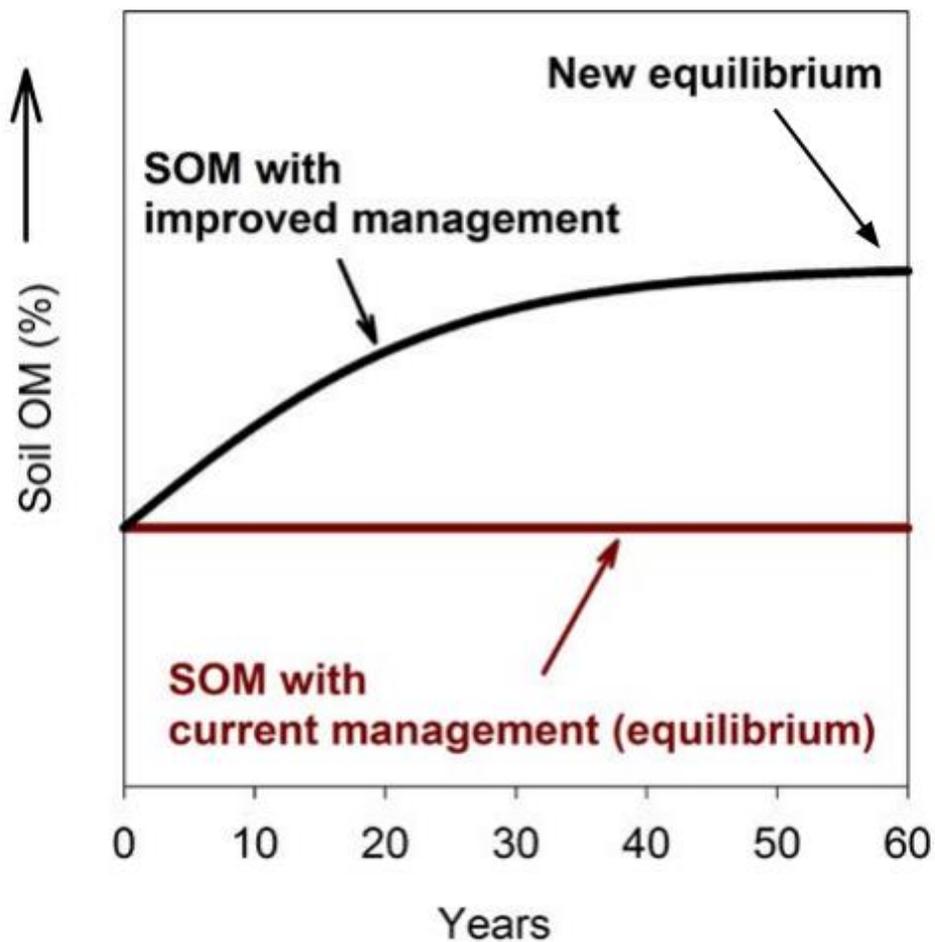
**a**



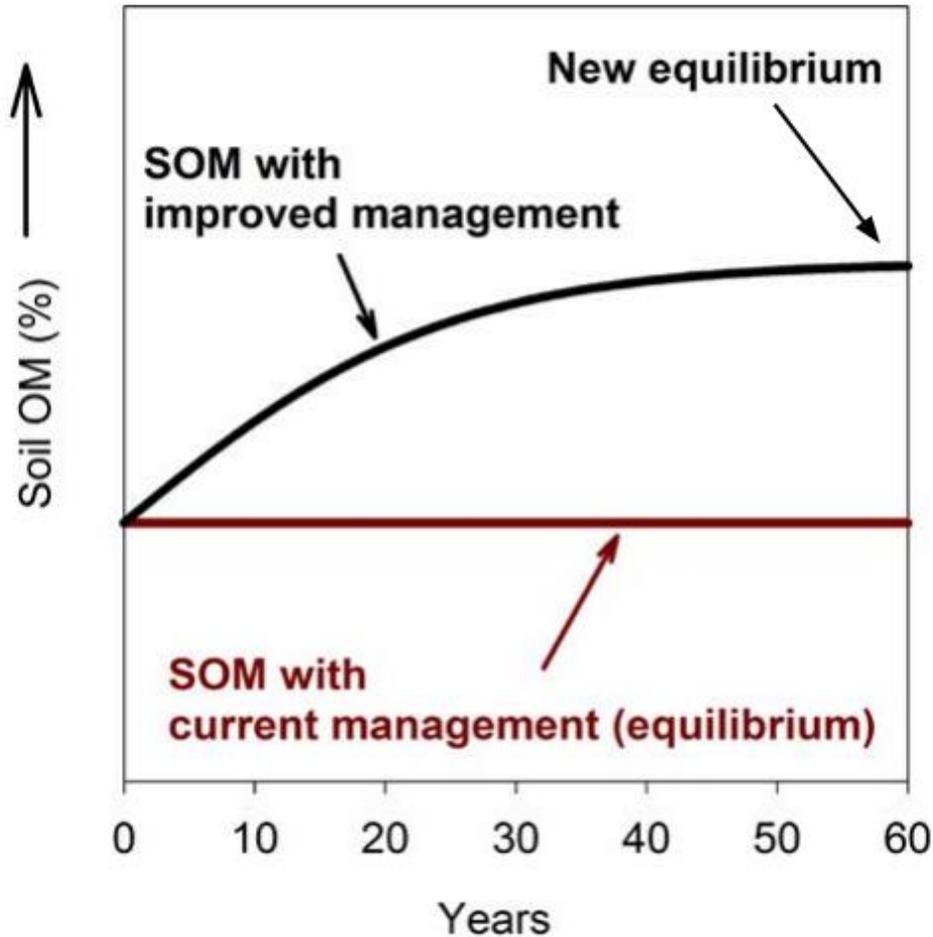
# Microbial products bind to clay minerals



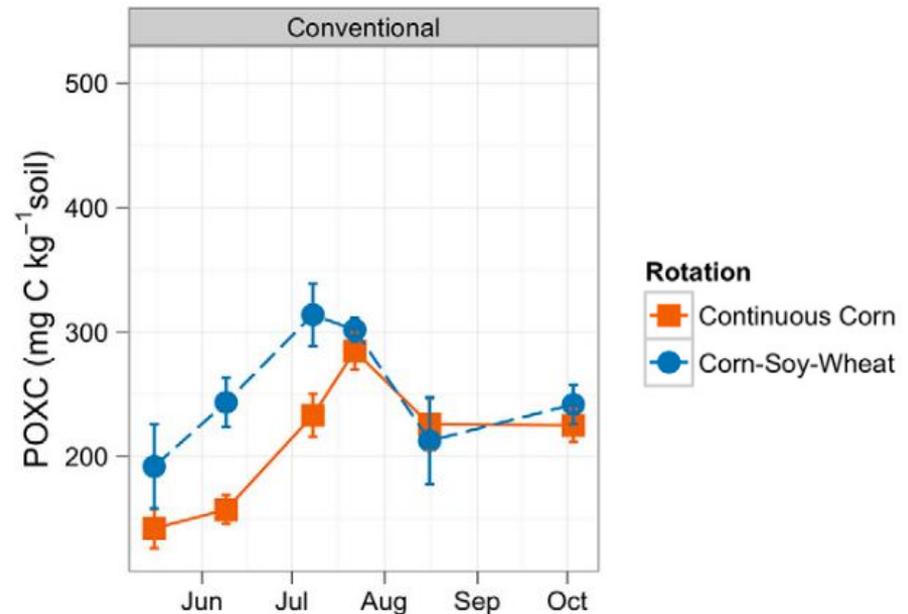
# Total soil organic matter vs Active carbon



# Total soil organic matter vs Active carbon



- **Active C:** The food that is available to microbes
- Faster to change
- More sensitive to management



# Total soil organic matter vs Active carbon

## POXC (Active Carbon) Testing



Image: AgVise

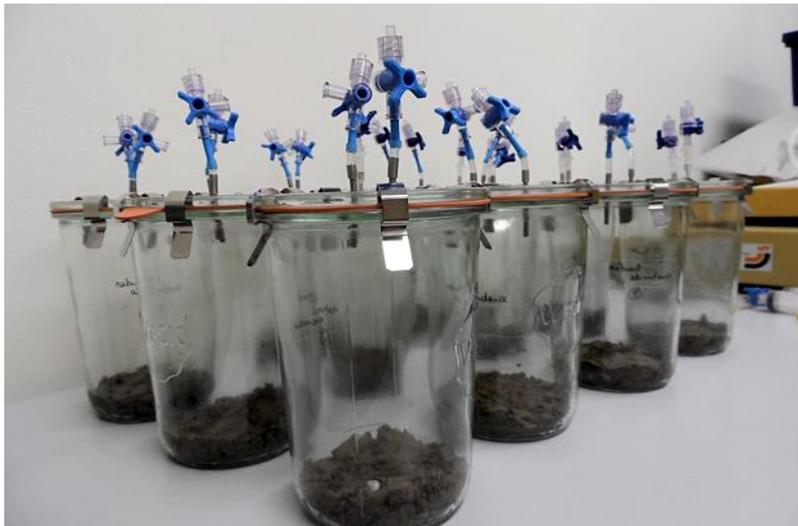
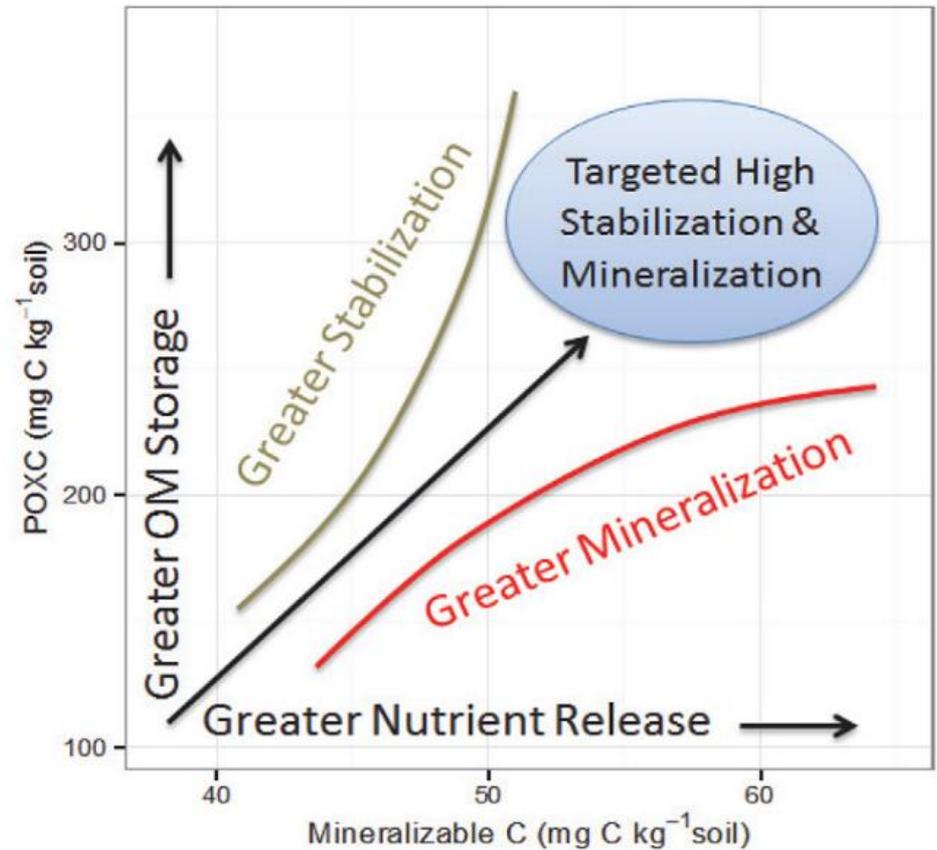
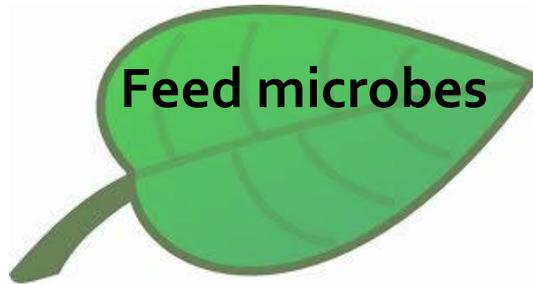


Image: Thunen-Institut/AK



# What can we do to manage soils for soil health?

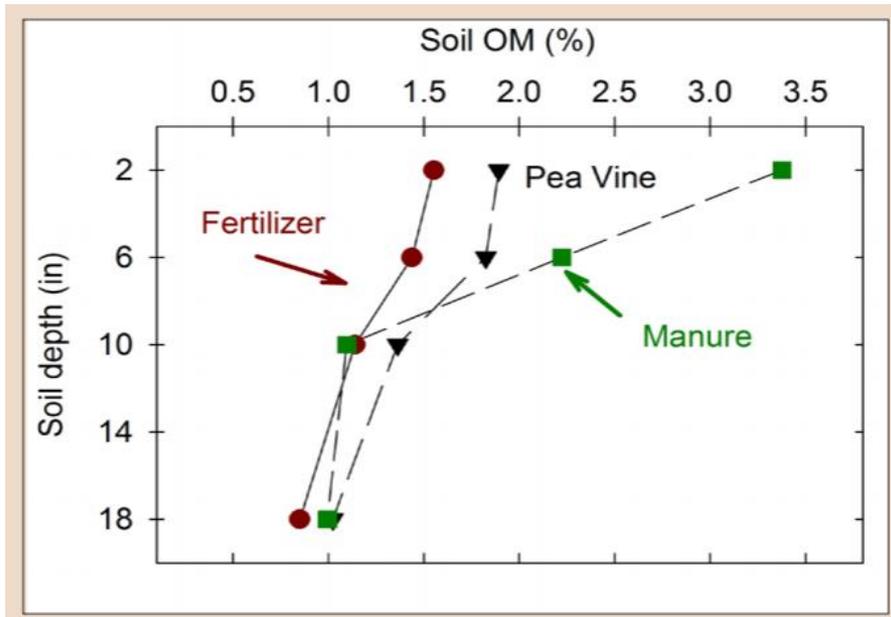


- More **carbon** inputs to soil
  - Organic matter inputs
  - Cover crops
  - Intercropping
  - Crop residues
  - Living roots
  - Increase crop biomass



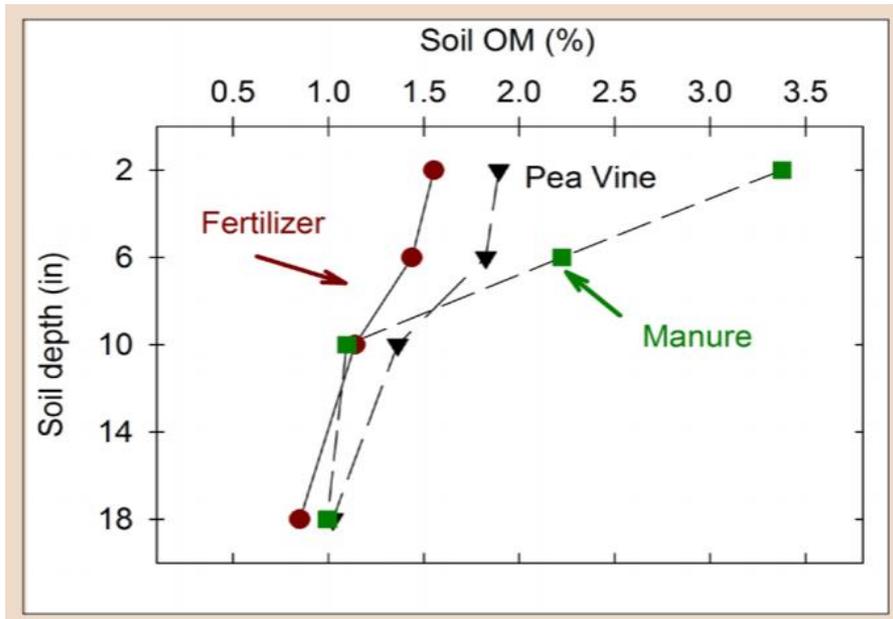
- Create conditions that favor **aggregate** formation
  - Reducing tillage
  - Timing of tillage
  - Weight of equipment

# Examples

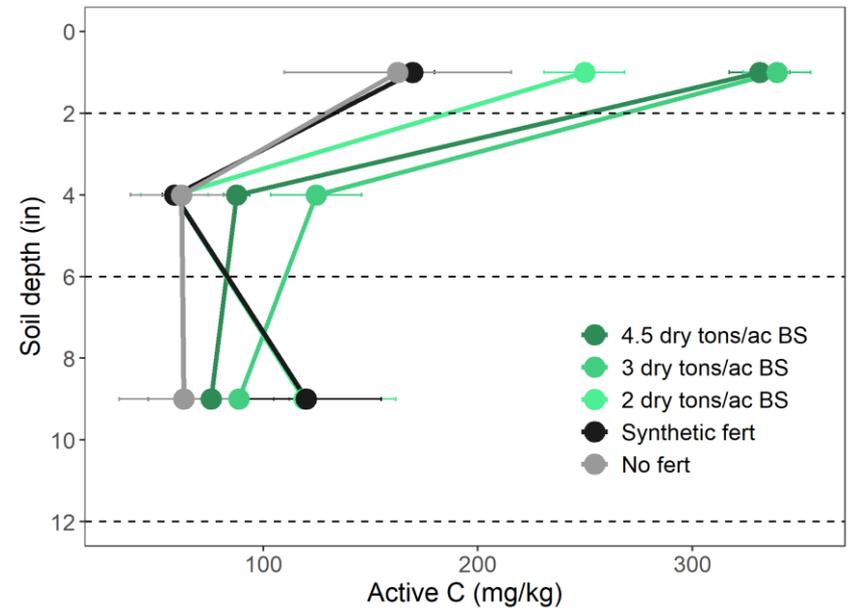


Published in Sullivan et al., 2019; Adapted from Ghimire et al., 2015

# Examples



Published in Sullivan et al., 2019; Adapted from Ghimire et al., 2015



Griffin LaHue et al., unpublished data

# Examples

Collins et al., 2016

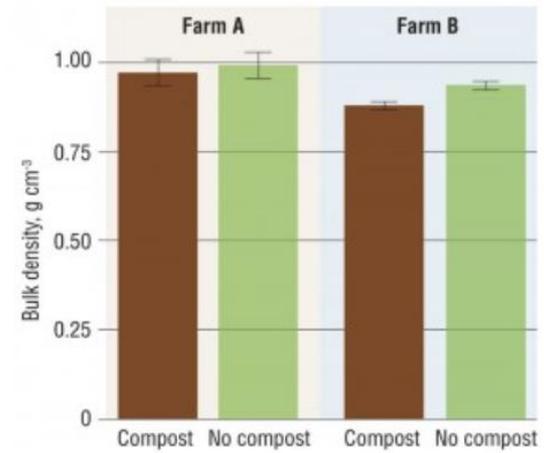
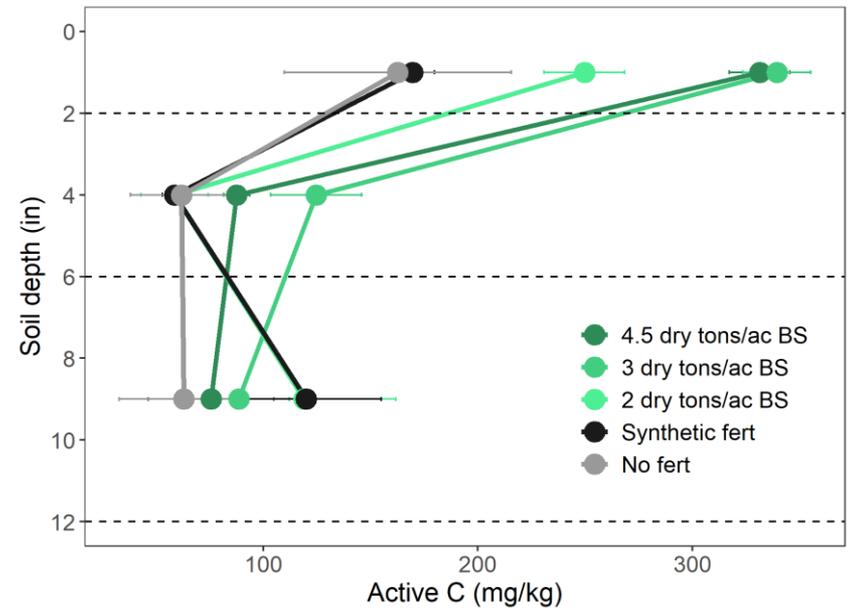
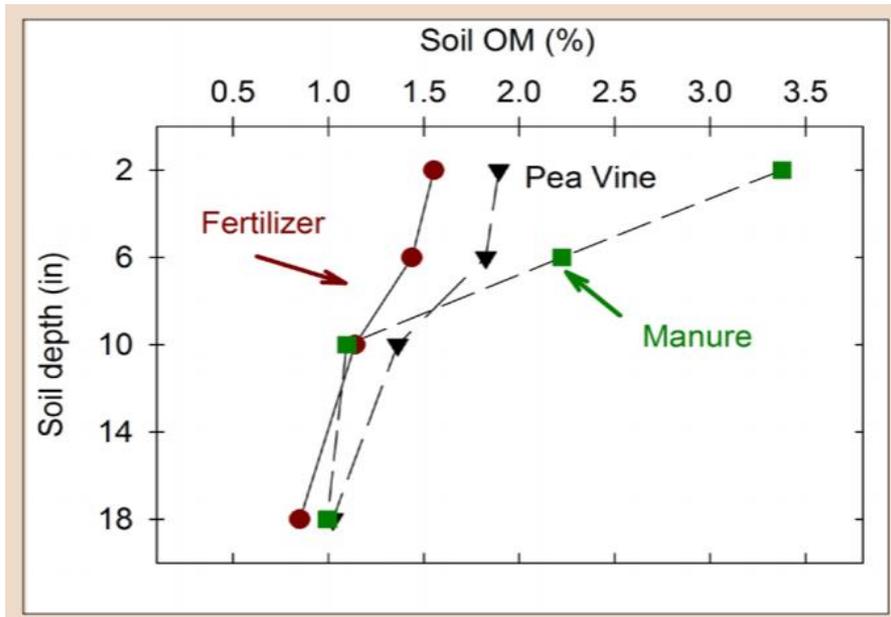


Figure 2. Bulk density with and without compost application, 2015



Griffin LaHue et al., unpublished data



Published in Sullivan et al., 2019; Adapted from Ghimire et al., 2015

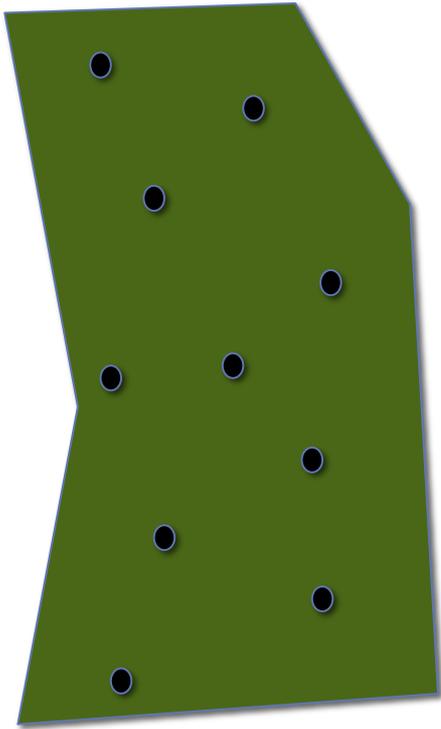
# Testing for soil health

## Solviita CO<sub>2</sub> Burst Test

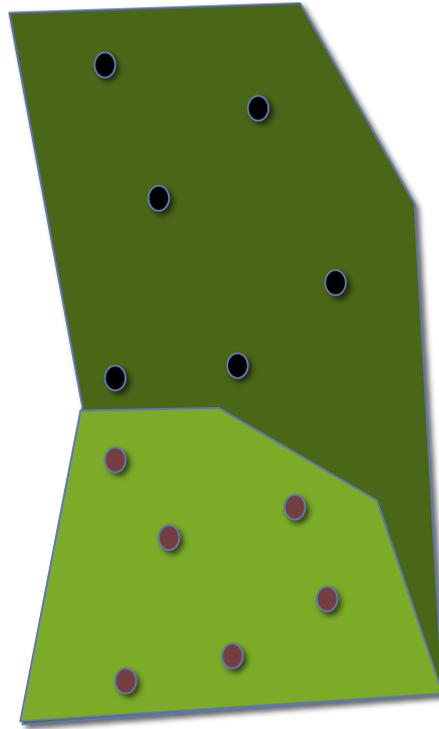
Group	Indicator
<i>physical</i>	Available Water Capacity
<i>physical</i>	Surface Hardness
<i>physical</i>	Subsurface Hardness
<i>physical</i>	Aggregate Stability
<i>biological</i>	Organic Matter
<i>biological</i>	ACE Soil Protein Index
<i>biological</i>	Soil Respiration
<i>biological</i>	Active Carbon
<i>chemical</i>	Soil pH
<i>chemical</i>	Extractable Phosphorus
<i>chemical</i>	Extractable Potassium
<i>chemical</i>	Minor Elements Mg: 1813.2 / Fe: 0.7 / Mn: 5.1 / Zn: 0.4



# How/when should I take samples?



Take ~10 samples from random locations and consolidate in a bucket.



Collect samples from problem areas or different management areas separately

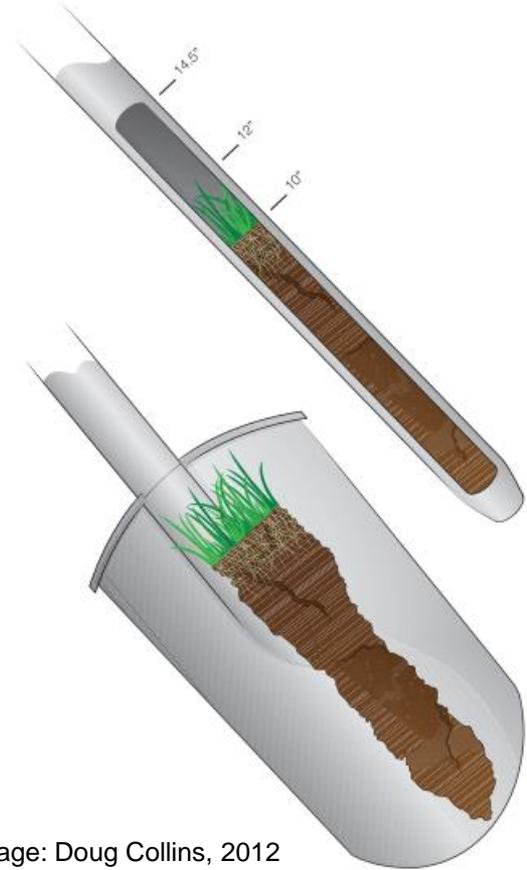
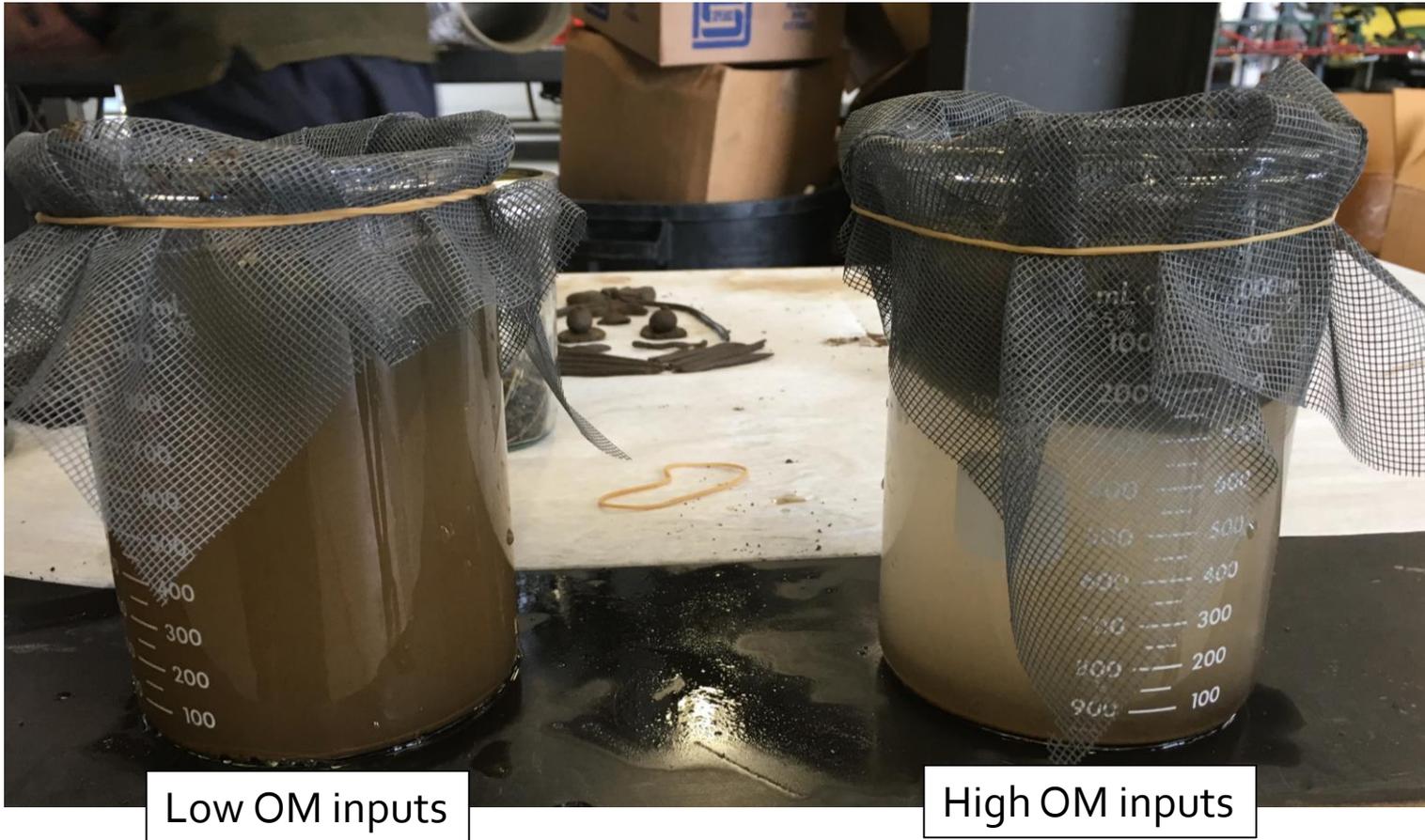


Image: Doug Collins, 2012

Using a long spade or a probe, take a sample to the depth of your plow layer or root zone (~6-10").

# Visual measurements

Slake test for aggregate stability



# Visual measurements

Test for microbial activity



Low OM inputs

High OM inputs

# Visual in-field measurements

## SOIL—Questions refer primarily to the plow layer

### *Descriptive Properties*

Score

1. **EARTHWORMS**<sup>3</sup>
  - 0 Little sign of worm activity
  - 2 Few worm holes or castings
  - 4 Worm holes and castings numerous
2. **EROSION**<sup>4</sup>
  - 0 Severe erosion, considerable topsoil moved, gullies form
  - 2 Moderate erosion, signs of sheet and rill erosion, some topsoil blows
  - 4 Little erosion evident, topsoil resists erosion by water & wind
3. **TILLAGE EASE**<sup>5</sup>
  - 0 Plow scours hard, soil never works down
  - 2 Soil grabs plow, difficult to work, needs extra passes
  - 4 Plow field in higher gear, soil flows, & falls apart, mellow
4. **SOIL STRUCTURE**<sup>7</sup>
  - 0 Soil is cloddy with big chunks, or dusty and powdery
  - 2 Soil is lumpy or does not hold together
  - 4 Soil is crumbly, granular

### *Descriptive Properties*

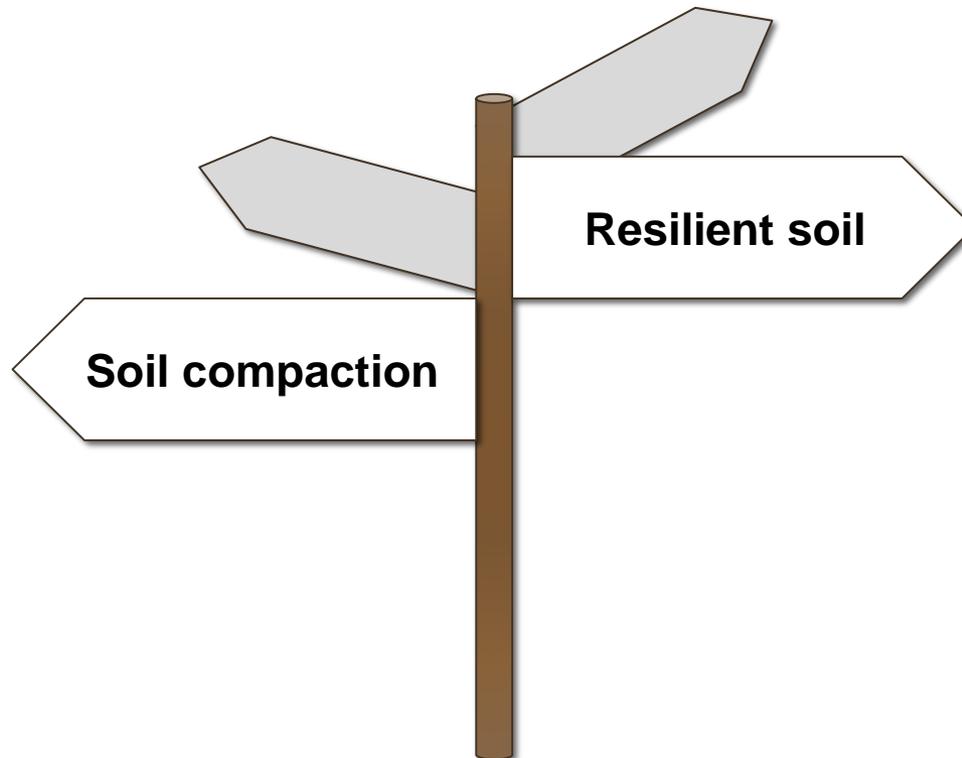
Score

8. **DRAINAGE**<sup>6</sup>
  - 0 Poor drainage, soil is often waterlogged or oversaturated
  - 2 Soil drains slowly, slow to dry out
  - 4 Soil drains at good rate for crops, water moves through
9. **WATER RETENTION**<sup>14</sup>
  - 0 Soil dries out too fast, droughty
  - 2 Soil is drought prone in dry weather
  - 4 Soils holds moisture well, gives and takes water easily
10. **DECOMPOSITION**<sup>16</sup>
  - 0 Residues and manures do not break down in soil
  - 2 Slow rotting of residues and manures
  - 4 Rapid rotting of residue and manures
11. **SOIL FERTILITY**<sup>20</sup>
  - 0 Poor fertility, nutrients do not move, potential is very low
  - 2 Fertility not balanced, needs help
  - 4 Fertility is balanced, nutrients available, potential is high
12. **FEEL**<sup>21</sup>
  - 0 Soil is mucky, greasy, or sticky
  - 2 Soil is smooth or grainy, compresses when squeezed
  - 4 Soil is loose, fluffy, opens up after being squeezed

# Reference values and benchmarks

Soil challenges → Soil processes → Soil services

We need to know where we started from, what the objective is, and where we are.



# Take-home messages

## What is a healthy soil?

- Resilient
- Regenerating
- Strong structure
- Living!

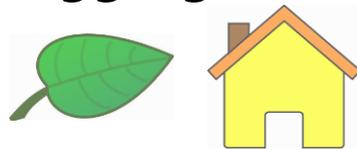


## Challenges, processes, and services

- Start with the challenge you want to address and identify what processes/practices will fix it.

## Example: Soil compaction & aggregation

- Promote soil aggregation by feeding microbes and reducing disturbance



## How do I measure soil health?

- DIY field tests & lab analyses
- Know where you started and what progress you're making



## Online resources

### Soil Testing: A Guide for Farms with Diverse Vegetable Crops

WASHINGTON STATE UNIVERSITY EXTENSION • EM050E

<https://s3.wp.wsu.edu/uploads/sites/2073/2014/09/Soil-Testing-for-Farms-with-Diverse-Vegetable-Crops.pdf>

### Soil Fertility in Organic Systems: A Guide for Gardeners and Small Acreage Farmers

A PACIFIC NORTHWEST EXTENSION PUBLICATION • PNW646

<https://s3.wp.wsu.edu/uploads/sites/2074/2019/01/Soil-Fertility-in-Organic-Systems-1.pdf>

# Online resources



OREGON STATE UNIVERSITY EXTENSION SERVICE

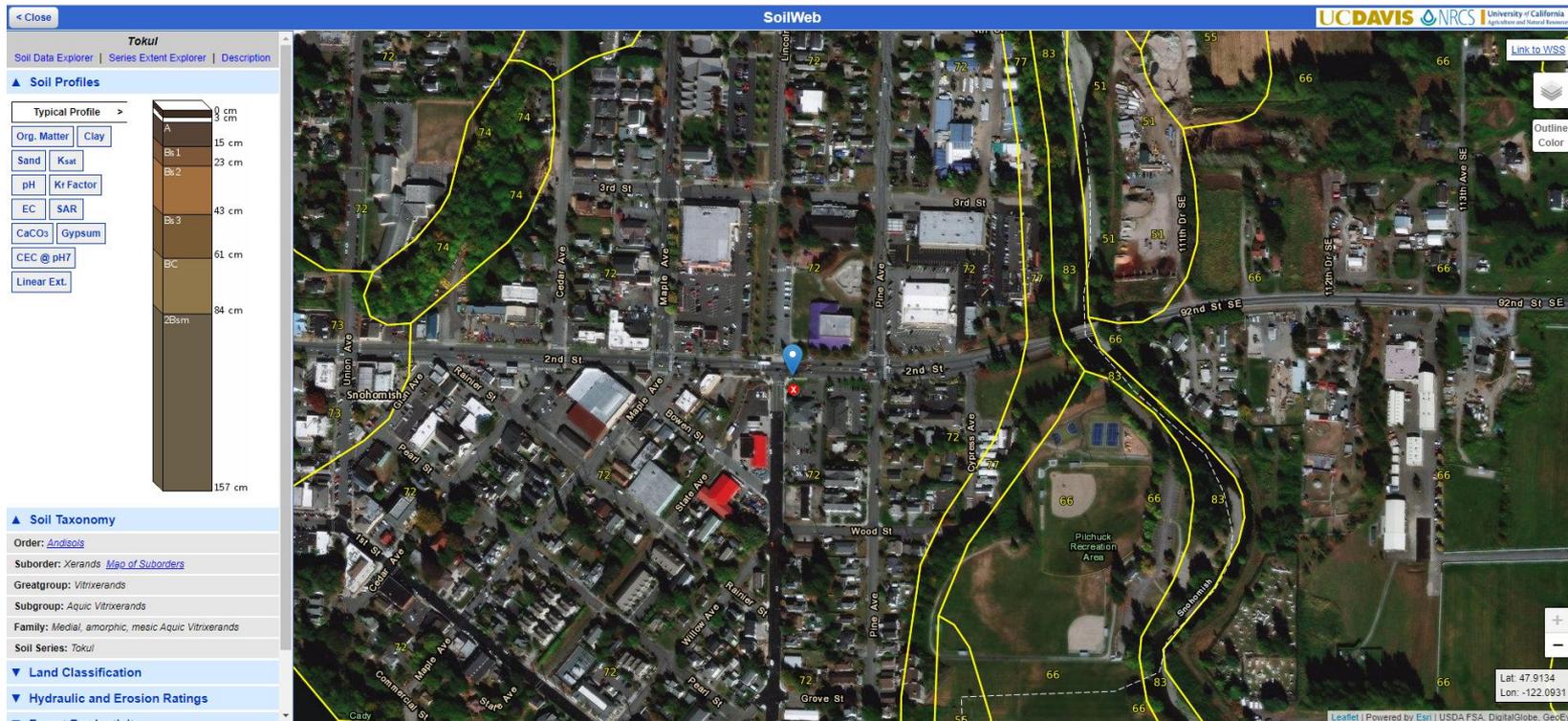
## **Soil organic matter as a soil health indicator: Sampling, testing, and interpretation**

D.M. Sullivan, A.D. Moore, and L.J. Brewer

<https://catalog.extension.oregonstate.edu/sites/catalog/files/project/pdf/em9251.pdf>

# Online resources: Learn about your soil

SoilWeb



Typical Profile

Org. Matter

Clay ?

Sand Ksat

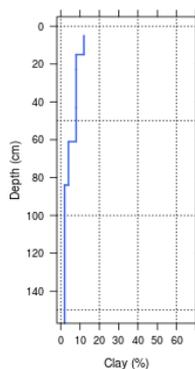
pH Kr Factor

EC SAR

CaCO<sub>3</sub> Gypsum

CEC @ pH7

Linear Ext.



[View Source Data](#)

Typical Profile

Org. Matter Clay

Sand

Ksat ?

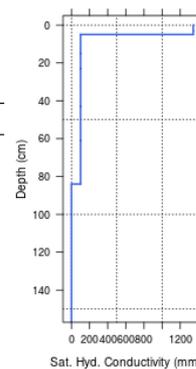
pH Kr Factor

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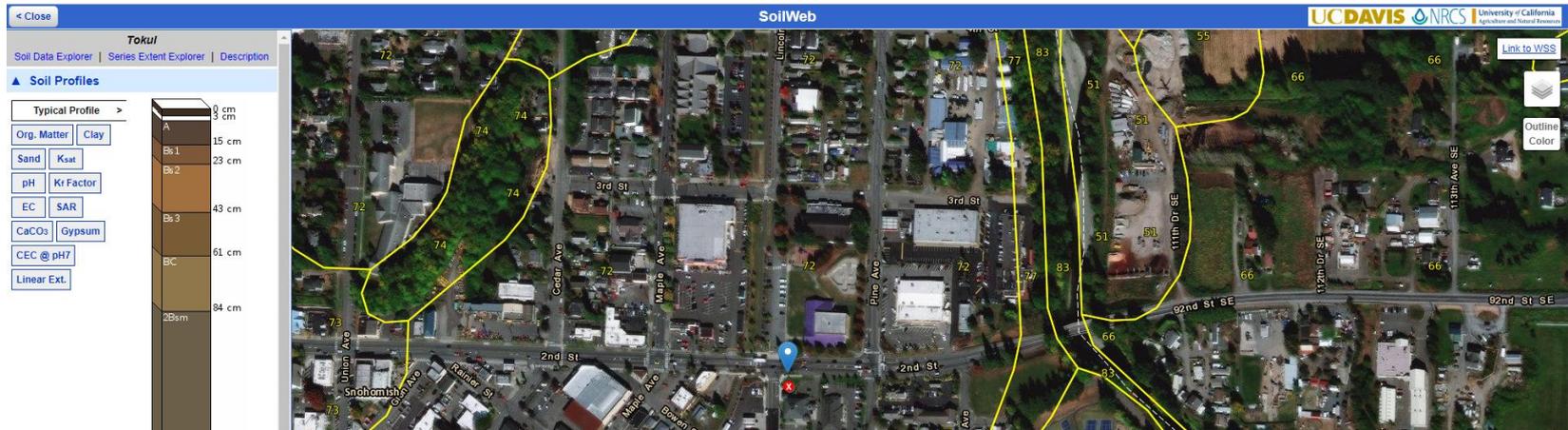
CEC @ pH7

Linear Ext.



[View Source Data](#)

# Online resources: Learn about your soil



**Typical Profile**

Soil Taxonomy

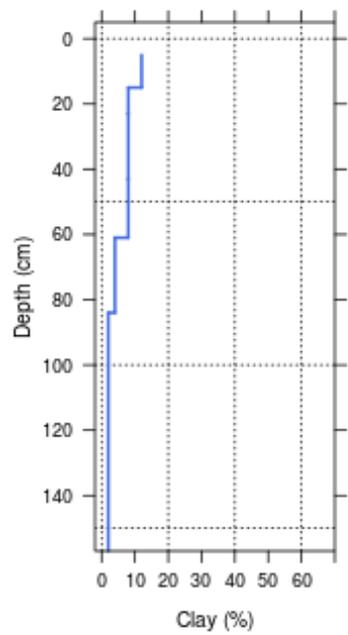
- Order: [Andisols](#)
- Suborder: [Xerands](#)
- Greatgroup: [Vitrix](#)
- Subgroup: [Aquic V](#)
- Family: [Medial, am](#)
- Soil Series: [Tokul](#)

Land Classification

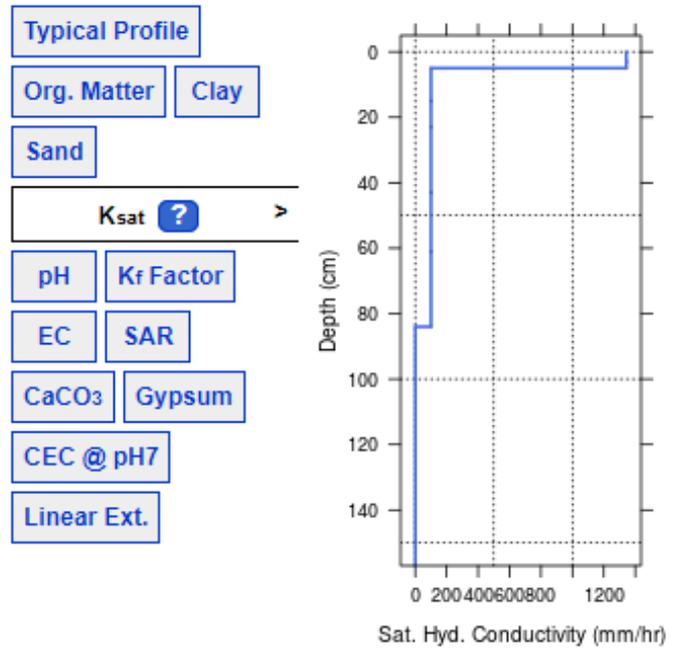
- Hydraulic an

Soil Profile Parameters:

- Org. Matter
- Clay ?
- Sand
- Ksat
- pH
- Kf Factor
- EC
- SAR
- CaCO<sub>3</sub>
- Gypsum
- CEC @ pH7
- Linear Ext.



[View Source Data](#)



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**Questions?**