

Ingredient/Food

2 Recipes for each food

Food Activity Worksheet

Measuring

Dry Cups

¼ Cup

⅓ Cup

½ Cup

¾ Cup

1 Cup

Liquid Cups

1 Cup

2 Cup

4 Cup

Measuring Spoons

⅛ tsp.

¼ tsp.

½ tsp.

1 tsp.

½ tbs.

1 tbs.

Specially Tools

Microwave

Blender

Can Opener

Vegetable Peeler

Cheese Grater

Cooking Supplies

Mixing Spoons

Spatula

Large & Small Knives

Small, Medium & Large Bowls

Cutting Board

Colander

Pots

Skillet

Pot Holders

Pancake Turner

Baking Sheet

Flat Edge Spatula

Wax Paper

Timer

Table Settings

Table Cloth or Placemats

Center Piece

Salt & Pepper

Butter/Margarine

Dinner Plates

Salad Plate

Soup Bowls

Drinking Glasses

Coffee Cups

Forks

Salad Forks

Knives

Spoons

Napkins

Pitcher

Serving Utensils

Ladle

Serving Spoons

Serving Forks

Butter Knife

Salad Tongs

Serving Trivets

Storage

Storage Containers

Plastic Wrap

Aluminum Foil

Zipper Bags

Cleaning Supplies

Apron

Hair Tie

Hand Soap

Dish Soap

Sanitizing Solution

Extra Dish Pans

Wash Cloths

Hand Towels

Dish Towels

Paper Towel

Broom

Dust Pan