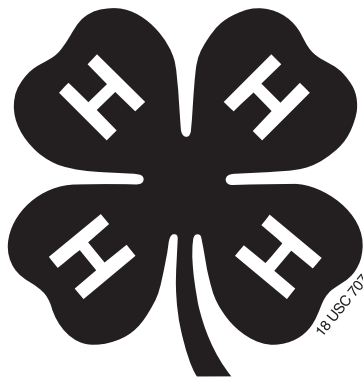




4-H 

WASHINGTON STATE UNIVERSITY
EXTENSION

4-H HORSE MEMBER ADVANCEMENT CHECKLIST



By Jerry A. Newman
John Fouts
Janet Schmidt

EM2790E

Personal Development Skills

- Write a news story for a local paper.
- Participate in a radio or television program.
- Invite a speaker to your club.
- Present a demonstration or illustrated talk to your club or project group.
- Present a demonstration or illustrated talk to a group other than your 4-H group.
- Host a 4-H meeting. See that everyone is welcomed and made comfortable.
- Prepare a display (pictures, clippings, objects) that can be educational or helpful in emphasizing clean air, land, or water; conserving natural resources; conserving energy; or practicing safety.
- Participate in a horse judging or identification contest.
- Attend a 4-H camp.
- Attend a county or state workshop.
- Attend a 4-H Teen Conference or Teen Forum.
- Develop and exhibit a science display related to horses.
- Explore a career associated with horses and report on that career to your project group or community club.
- Plan a fun activity for your club or project group that is separate from a regular meeting.
- Be an apprentice judge at a 4-H horse show and give oral reasons.
- Counsel younger 4-H members.
- Participate in a Horse Bowl or groom squad.
- Develop your own personal development skill with your leader's approval.

Leadership Skills

- Participate in a community service project.
- Participate in a fund-raising activity.
- Be a teen leader.
- Plan a field trip or camp-out.
- Be a camp counselor.
- Help organize a community service project.
- Identify a public need.
- Participate in an exchange program.
- Make arrangements for a field day or tour for your club or county.
- Be a clerk, chairperson, or apprentice judge at a 4-H show.
- Recruit three or more new horse members for your club.
- Help conduct a horse show.
- Help organize and conduct an educational tour or demonstration.
- Help organize and conduct a field day or judging event.
- Help a leader work with a younger member.
- Help organize and conduct a trail ride.
- Help organize a Horse Bowl.
- Help organize a Horse Skillathon.
- Organize and conduct a 4-H judging contest.
- Develop a leadership skill of your own with the approval of your leader.

4-H HORSE MEMBER ADVANCEMENT CHECKLIST

STEP I

| SKILLS | Date Passed | Approved By |
|--|----------------|----------------|
| <u>4-H Knowledge</u> | | |
| 1. Learn the 4-H Pledge and Motto. | _____ | _____ |
| 2. Describe the meanings of the 4-H clover symbol and the colors, green and white. | _____ | _____ |
| <u>Safety</u> | | |
| 3. Demonstrate how to safely approach and halter your horse/pony. | _____ | _____ |
| 4. Demonstrate how to safely tie your horse, using a quick release knot. | _____ | _____ |
| 5. Demonstrate how to safely move around your horse/pony. | _____ | _____ |
| <u>Selecting and Judging</u> | | |
| 6. Identify and describe the breed or breed type of your horse/pony. | _____ | _____ |
| 7. Identify and describe the color and markings of your horse/pony. | _____ | _____ |
| <u>Handling and Riding</u> | | |
| 8. Identify and describe the grooming tools in a grooming kit. | _____ | _____ |
| 9. Demonstrate the use of your grooming kit. | _____ | _____ |
| <u>Personal Development</u> | | |
| 10. _____ (Refer to the personal development list.) | _____ | _____ |
| <u>Leadership</u> | | |
| 11. _____ (Refer to the leadership list.) | _____ | _____ |

STEP I completed: _____

Approved By _____ Date _____

4-H HORSE MEMBER ADVANCEMENT CHECKLIST

STEP II

| SKILLS | Date Passed | Approved By |
|---|----------------|----------------|
| <u>4-H Knowledge</u> | | |
| 1. Review the 4-H Record Book with your leader and parent. | _____ | _____ |
| 2. Identify one goal for your 4-H Horse Project and write it in your Record Book. | _____ | _____ |
| <u>Safety</u> | | |
| 3. Demonstrate how to safely pick up and clean the front hooves of your horse/pony. | _____ | _____ |
| 4. Demonstrate how to safely tie a bowline knot and describe when to use it. | _____ | _____ |
| <u>Selecting and Judging</u> | | |
| 5. Name six light horse breeds. | _____ | _____ |
| 6. Name and describe six standard colors of horses. | _____ | _____ |
| <u>Handling and Riding</u> | | |
| 7. Explain and demonstrate how to hold the leadline. | _____ | _____ |
| 8. Demonstrate how to lead your horse at the walk, the trot, and turn around. | _____ | _____ |
| <u>Personal Development</u> | | |
| 9. _____ | _____ | _____ |
| <u>Leadership</u> | | |
| 10. _____ | _____ | _____ |

STEP II completed: _____

Approved By _____ Date _____

4-H HORSE MEMBER ADVANCEMENT CHECKLIST

STEP III

| SKILLS | Date Passed | Approved By |
|--|----------------|----------------|
| <u>4-H Knowledge</u> | | |
| 1. Lead the Pledge of Allegiance and 4-H Pledge at a 4-H meeting. | _____ | _____ |
| 2. Lead a game or song at a 4-H meeting. | _____ | _____ |
| <u>Safety</u> | | |
| 3. Demonstrate how to safely pick up and clean the rear hooves of your horse/pony. | _____ | _____ |
| 4. Demonstrate three safety precautions to take when handling your horse. | _____ | _____ |
| <u>Selecting and Judging</u> | | |
| 5. Name and describe three or more facial markings of a horse. | _____ | _____ |
| 6. Name and describe three or more leg markings of a horse. | _____ | _____ |
| <u>Handling and Riding</u> | | |
| 7. Locate and name the parts of the saddle. | _____ | _____ |
| 8. Locate and name the parts of the bridle. | _____ | _____ |
| 9. Describe and/or demonstrate how to saddle a horse/pony. | _____ | _____ |
| 10. Describe and/or demonstrate how to bridle a horse/pony. | _____ | _____ |
| <u>Personal Development</u> | | |
| 11. _____ | _____ | _____ |
| <u>Leadership</u> | | |
| 12. _____ | _____ | _____ |

STEP III completed: _____

Approved By _____ Date _____

4-H HORSE MEMBER ADVANCEMENT CHECKLIST

STEP IV

| SKILLS | Date Passed | Approved By |
|---|----------------|----------------|
| <u>4-H Knowledge</u> | | |
| 1. Read the 4-H newsletter. | _____ | _____ |
| 2. Attend or participate in a 4-H event beyond your own club. | _____ | _____ |
| <u>Safety</u> | | |
| 3. Demonstrate how to safely bathe your horse/pony. | _____ | _____ |
| 4. Demonstrate/describe how to safely clip your horse/pony. | _____ | _____ |
| <u>Selecting and Judging</u> | | |
| 5. Name and locate the parts of a horse. | _____ | _____ |
| 6. Spell and define the following horse terms: filly, colt, mare, gelding, stallion, sire, dam, conformation, equitation, hand, weanling, and yearling. | _____ | _____ |
| <u>Riding and Handling</u> | | |
| 7. Demonstrate/describe how to mount and dismount. | _____ | _____ |
| 8. Demonstrate/describe how to walk and jog or trot your horse/pony in two directions. | _____ | _____ |
| 9. Demonstrate/describe how to stop your horse/pony. | _____ | _____ |
| <u>Feeds and Feeding</u> | | |
| 10. Describe what you are feeding your horse and why you are using that particular feed. | _____ | _____ |
| 11. Use an equine weigh tape or formula to estimate the weight and height of a horse. | _____ | _____ |
| 12. Weigh and record your horse's feed for one day. | _____ | _____ |
| <u>Health Practices</u> | | |
| 13. Describe 5 characteristics of a healthy horse. | _____ | _____ |
| <u>Personal Development</u> | | |
| 14. _____ | _____ | _____ |
| <u>Leadership</u> | | |
| 15. _____ | _____ | _____ |

STEP IV completed: _____

Approved By

Date

4 - H HORSE MEMBER ADVANCEMENT CHECKLIST

STEP V

| SKILLS | Date Passed | Approved By |
|--|----------------|----------------|
| <u>Safety</u> | | |
| 1. Describe the horse's monocular and binocular vision. | _____ | _____ |
| 2. Describe three things a horse does when it is afraid. | _____ | _____ |
| 3. Describe the horse's natural defense. | _____ | _____ |
| 4. Demonstrate and describe how to clean and care for your tack. | _____ | _____ |
| <u>Selecting and Judging</u> | | |
| 5. Identify and explain the function of two types of bits. | _____ | _____ |
| <u>Riding and Handling</u> | | |
| 6. Demonstrate, on a horse under control, a method used to stop a run-away horse. | _____ | _____ |
| 7. Demonstrate/describe how to lope or canter your horse/pony. | _____ | _____ |
| 8. Demonstrate and/or describe the use of natural aids and artificial aids. | _____ | _____ |
| <u>Feeds and Feeding</u> | | |
| 9. Describe the similarities and differences in feeding a stalled horse versus a pastured horse. | _____ | _____ |
| 10. Identify two or more kinds of hay and describe their characteristics. | _____ | _____ |
| 11. Identify three or more kinds of grains and describe their characteristics. | _____ | _____ |
| <u>Health Practices</u> | | |
| 12. Describe/demonstrate how to treat minor wounds of a horse. | _____ | _____ |
| 13. List at least six items you should have in a first aid kit and describe their use. | _____ | _____ |
| 14. Explain how to recognize and treat colic, founder, and laminitis. | _____ | _____ |
| <u>Personal Development</u> | | |
| 15. Present a demonstration at the club or county level. | _____ | _____ |
| 16. _____ | _____ | _____ |
| <u>Leadership</u> | | |
| 17. Be a big sister or big brother to a younger 4-H member. | _____ | _____ |
| 18. _____ | _____ | _____ |

STEP V completed: _____

Approved By

Date

4 - H HORSE MEMBER ADVANCEMENT CHECKLIST

STEP VI

| SKILLS | Date Passed | Approved By |
|---|----------------|----------------|
| <u>Safety</u> | | |
| 1. Complete the saddling and bridling safety inspection. | _____ | _____ |
| 2. Demonstrate how to safely load and unload your horse/pony. | _____ | _____ |
| <u>Selecting and Judging</u> | | |
| 3. Describe two good and two bad qualities of your horse/pony. | _____ | _____ |
| 4. Spell, define, and locate the following unsoundnesses: ringbone, curb, thoroughpin, splint, sidebone, and hernia. | _____ | _____ |
| 5. Place a group of four horses in terms of the breed ideal from the best or most ideal to the least ideal horse. | _____ | _____ |
| <u>Riding and Handling</u> | | |
| 6. Execute or describe circling, serpentine, and diagonals. | _____ | _____ |
| 7. Demonstrate and describe a turn on the haunches. | _____ | _____ |
| 8. Demonstrate and describe how to set up your horse for a fitting and showing class. | _____ | _____ |
| 9. Demonstrate/describe/explain the quartering system for showing in a fitting and showing class. | _____ | _____ |
| <u>Feeds and Feeding</u> | | |
| 10. Explain the amount and quality of water that a horse needs under normal conditions. | _____ | _____ |
| 11. Explain how and when you should feed and water a horse when the horse is hot. | _____ | _____ |
| 12. Explain how to evaluate the condition of your horse. Explain how to determine when, how much, and what type of supplemental feed is needed. | _____ | _____ |
| 13. Explain the conditions and amounts of feeds and/or additives that should be fed to the riding horse. | _____ | _____ |
| <u>Health Practices</u> | | |
| 14. Identify and describe three internal and three external parasites of horses. | _____ | _____ |
| 15. List the type of vaccinations needed to protect the horse from disease. | _____ | _____ |
| 16. Discuss with a veterinarian how often and when the vaccinations should be given. | _____ | _____ |
| <u>Careers</u> | | |
| 17. List and describe three careers in the horse industry that interest you. | | |
| <u>Personal Development</u> | | |
| 18. Participate in a judging contest. | | |
| 19. _____ | _____ | _____ |
| <u>Leadership</u> | | |
| 20. _____ | _____ | _____ |
| 21. _____ | _____ | _____ |

STEP VI completed: _____

Approved By

Date

4-H HORSE MEMBER ADVANCEMENT CHECKLIST

STEP VII

| SKILLS | Date Passed | Approved By |
|--|----------------|----------------|
| <u>Safety</u> | | |
| 1. Conduct a safety inspection of your barn, corral, stall, pasture, and fencing. | _____ | _____ |
| 2. Conduct a safety inspection of your truck and trailer. | _____ | _____ |
| <u>Selecting and Judging</u> | | |
| 3. Define and explain the following judging terms: balance, smoothness, blending of parts, correctness, slope, straightness, forequarter, barrel, and rearquarter. | _____ | _____ |
| 4. Describe the characteristics, origin, and use of the following breeds of light horses: Thoroughbred, Standardbred, Quarter Horse, Arabian, and Morgan. | _____ | _____ |
| 5. Describe the characteristics of your horse. | _____ | _____ |
| 6. Draw, identify, and label the teeth in the horse's mouth. | _____ | _____ |
| <u>Riding and Handling</u> | | |
| 7. Demonstrate and describe the correct equitation position for your style of riding. | _____ | _____ |
| 8. Demonstrate and describe show ring procedures, safety, and etiquette. | _____ | _____ |
| 9. Enter a fitting and showing class at a local show. | _____ | _____ |
| 10. Enter an equitation class at a local show. | _____ | _____ |
| <u>Feeds and Feeding</u> | | |
| 11. Identify/label the parts of the horse's digestive system. | _____ | _____ |
| 12. Identify and define the terms roughage and concentrates. | _____ | _____ |
| 13. Describe the differences between ruminant (cow) and nonruminant (horse). | _____ | _____ |
| 14. Draw and describe the digestive system of a horse and a cow. | _____ | _____ |
| <u>Health Practices</u> | | |
| 15. Describe the correct daily feeding and exercise schedule for your horse. | _____ | _____ |
| 16. Describe methods to prevent internal and external parasite infestation in your horse. | _____ | _____ |
| <u>Careers</u> | | |
| 17. Interview professionals employed in three careers that interest you. | _____ | _____ |
| <u>Personal Development</u> | | |
| 18. Participate in a judging contest and give oral reasons. | _____ | _____ |
| 19. _____ | _____ | _____ |
| <u>Leadership</u> | | |
| 20. Be a committee chair or an officer in your 4-H club. | _____ | _____ |
| 21. _____ | _____ | _____ |

STEP VII completed: _____

Approved By

Date

4-H HORSE MEMBER ADVANCEMENT CHECKLIST

STEP VIII

| SKILLS | <u>Date Passed</u> | <u>Approved By</u> |
|--|------------------------|------------------------|
| <u>Management</u> | | |
| 1. List and describe three safe and appropriate types of horse fences. | _____ | _____ |
| 2. Define the terms overgrazing, rotational grazing, and sacrifice or holding area. | _____ | _____ |
| 3. Explain the basic equipment and facility needs of your horse. | _____ | _____ |
| <u>Selecting and Judging</u> | | |
| 4. Identify/label and explain the function of the parts of the hoof. | _____ | _____ |
| 5. Identify four ways of traveling faults (paddling, forging, striking, and interfering). | _____ | _____ |
| 6. Describe what to look for when identifying lameness in a horse. | _____ | _____ |
| 7. Determine age of the horse by using the teeth as a guide. | _____ | _____ |
| <u>Riding and Handling</u> | | |
| 8. Demonstrate figure-eights with simple lead changes. | | |
| 9. Demonstrate backing at least four steps. | | |
| 10. Demonstrate side passing in each direction. | _____ | _____ |
| <u>Feeds and Feeding</u> | | |
| 11. Identify the three nutrients that provide energy for the horse. | _____ | _____ |
| 12. Identify feeds that provide high levels of fats, carbohydrates, and proteins. | _____ | _____ |
| <u>Health Practices</u> | | |
| 13. Describe under what conditions to bandage a horse leg injury. | _____ | _____ |
| 14. Demonstrate cannon bone, pastern-fetlock, and hock/knee wraps. | _____ | _____ |
| 15. Identify locations on the horse for intra-muscular injections. | _____ | _____ |
| 16. Demonstrate the correct method/technique for administering intra-muscular injections. | _____ | _____ |
| <u>Careers</u> | | |
| 17. Write to a community college, vocational school, college, or university that provides training in the careers that interest you. | _____ | _____ |
| <u>Personal Development</u> | | |
| 18. Complete a basic first aid training class or course for human beings. | _____ | _____ |
| 19. _____ | _____ | _____ |
| <u>Leadership</u> | | |
| 20. Assist in organizing a 4-H event at the county level. | | |
| 21. _____ | _____ | _____ |

STEP VIII completed: _____

Approved By

Date

4 - H HORSE MEMBER ADVANCEMENT CHECKLIST

STEP IX

| SKILLS | Date Passed | Approved By |
|--|----------------|----------------|
| <u>Management</u> | | |
| 1. Demonstrate and describe appropriate manure disposal and utilization methods. | _____ | _____ |
| 2. Describe an appropriate annual shoeing/trimming schedule for your horse. | _____ | _____ |
| 3. Become familiar with and describe what to look for in a correct shoeing/trimming job. | _____ | _____ |
| 4. Identify appropriate pasture plant species (grasses and legumes) for horses. | _____ | _____ |
| 5. Identify poisonous and nonpoisonous weeds prevalent in your area. | _____ | _____ |
| <u>Selecting and Judging</u> | | |
| 6. Describe specific characteristics desirable when selecting a broodmare. | _____ | _____ |
| 7. Judge a class of mares using the pairing technique and give oral reasons on the class. | _____ | _____ |
| <u>Riding and Handling</u> | | |
| 8. Demonstrate how to longe or drive a horse. | _____ | _____ |
| 9. Describe and demonstrate collecting your horse. | _____ | _____ |
| 10. Describe the criteria used to select and purchase tack (saddles, bridles, blankets, etc.). | _____ | _____ |
| 11. Demonstrate forehand and rearhand pivots in both directions. | _____ | _____ |
| 12. Demonstrate riding your horse over ground obstacles. | _____ | _____ |
| <u>Feeds and Feeding</u> | | |
| 13. Show and describe visual characteristics used when selecting quality hay. | _____ | _____ |
| 14. Rank and describe the energy levels of at least four different types of grain. | _____ | _____ |
| 15. Describe four different methods of processing feeds for horses. | _____ | _____ |
| <u>Health Practices</u> | | |
| 16. Demonstrate how you would take your horse's temperature, pulse, and respiration. | _____ | _____ |
| 17. Using a microscope, examine a fecal sample for parasites. | _____ | _____ |
| 18. Define and describe identification, care, and treatment of girth gall, stone bruise, sand crack, bowed tendon, wind puff, and splints. | _____ | _____ |
| 19. Describe proper care of a horse's teeth and problems associated with horses of various ages. | _____ | _____ |
| <u>Careers</u> | | |
| 20. Using the information you have found on careers, select one or two and spend a day with a person employed in that career. | _____ | _____ |
| <u>Personal Development</u> | | |
| 21. _____ | _____ | _____ |
| 22. _____ | _____ | _____ |
| <u>Leadership</u> | | |
| 23. Clerk, steward, or actively participate in the management of any organized horse activity. | _____ | _____ |

STEP IX completed: _____

Approved By

Date



Prepared by Jerry A. Newman, WSU Extension 4H/Youth Specialist, Retired; John Fouts, WSU Walla Walla County Extension Educator; and Janet Schmidt, WSU Whitman County Extension Director.

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