

# Growing Inclusively: Supporting Local Food Security Through the Power of the Garden Plot

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Clallam County

WASHINGTON STATE UNIVERSITY  
EXTENSION

# Growing Inclusively

## Presentation Layout

1. Food Security and Clallam County
  2. Food Access in Clallam County
  3. Local Foods Availability and Needs
  4. What Can You Do?
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# Food Security and Clallam County

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# A Definition of Food Security

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“Food security occurs when when an individual or family lacks access to nutritional food necessary to maintain health and well-being due to financial insecurity. Food insecurity refers to people not having access to food that fits their dietary needs. Conversely, food security occurs when people have access to the variety of nutritional foods required to maintain a healthy and active lifestyle.”

# Food Security - The USDA's Four Pillars

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## Availability

How 'available' is food, regarding supply, production, stock levels and even net trade? Factors like disease, pests, extreme weather, improper storage, and public health crisis can all affect food availability.

## Access

How 'accessible' is food, in affordability and proximity to homes? Everyone deserves access to an adequate, culturally-appropriate and financially feasible supply of food.

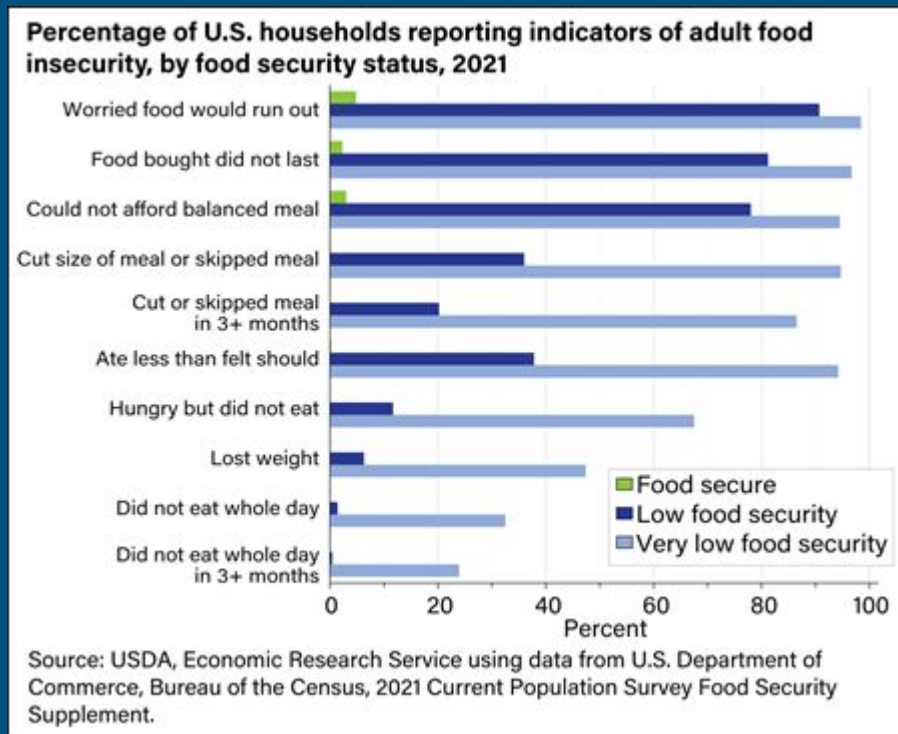
## Utilization

How nutrient-dense is the food that individuals have access to? Food should supply sufficient energy and nutrition, resulting from good feeding practices, food preparation and diet diversity.

## Stability

How 'stable' is access to food? Adequate access to food should be regularly consistent without interruption.

# Characteristics of Food Insecurity



# Food Security and the Coronavirus

1 in 8 people, and 1 in 6 children, experienced food insecurity in 2021.

1 in 5 Black individuals, versus 1 in 9 white individuals, experienced food insecurity.

Colloquial data shows huge increased in food insecurity locally.

March 2021

## The Impact of the Coronavirus on Food Insecurity in 2020 & 2021

Updated analysis of how national food insecurity levels may have increased in 2020 because of COVID-19 and new analysis of projected food insecurity levels in 2021.

**FEEDING AMERICA**

**Introduction**

In early 2020, the novel coronavirus (COVID-19) began to spread across the United States, and one of the results was an economic recession that ended years of declining rates of food insecurity – the lack of access to sufficient food because of limited financial resources. This brief provides a snapshot of food insecurity at the national level leading up to the COVID-19 pandemic, what transpired in the first year of the pandemic, and what may happen in the next year and beyond.<sup>1</sup>

**KEY FINDINGS**

1. Feeding America projects that 42 million people (1 in 8), including 13 million children (1 in 6), may experience food insecurity in 2021.
2. This is a slight improvement from our updated 2020 projections (45 million people and 15 million children).
3. Many people who have been most impacted by the pandemic were food insecure or at risk of food insecurity before COVID-19 and are facing greater hardship since COVID-19.
4. Significant racial disparities in food insecurity which existed before COVID-19 remain in the wake of the pandemic. Feeding America projects that 21% of Black individuals (1 in 5) may experience food insecurity in 2021, compared to 11% of white individuals (1 in 9).
5. It will likely take time for food insecurity levels to recover.

BECAUSE NO ONE SHOULD GO HUNGRY

# Food Insecurity in Clallam County

2017

County, State	Total Population (13-17 ACS)	Food Insecurity Rate (2017)
Whitman County, Washington	47,794	18.3%
Ferry County, Washington	7,568	18.0%
Kittitas County, Washington	43,726	14.9%
Clallam County, Washington	73,439	14.5%

County, State	Child food insecurity rate (2017)
Ferry County, Washington	26.5%
Clallam County, Washington	24.0%
Okanogan County, Washington	23.1%
Pacific County, Washington	22.5%

2021

Almost 14% of Clallam residents are food insecure; 10,580 people.

1 out of 3 food-insecure Clallam residents don't qualify SNAP/federal assistance programs (200% of poverty line).

Clallam annual food budget shortfall of ~\$5,917,000 (up by \$300k since 2017).

23% of children in Clallam are food-insecure; 2,980 children.



# Food Access in Clallam County

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# Clallam County Free Food Resource List

Last Updated on 9/20/2022 - please send any edits/info to [benji.astrachan@wvu.edu](mailto:benji.astrachan@wvu.edu)

## Clallam Free Food Resources List

\*All these services are open to anyone - even if you haven't used these services before, do not hesitate to seek help!\*

*¿Hable español? Mire abajo para una traducción al español de la lista.*

PORT ANGELES	
Port Angeles Food Bank	The Market is now open for in-person free grocery shopping, from 11am-6pm on Wednesday/Thursday/Friday and from 11am-2pm on Saturday. Located at 632 North Oakridge Drive in Port Angeles (next to Walmart). Delivery is also available, see online at <a href="http://www.portangelesfoodbank.org">www.portangelesfoodbank.org</a> or call 360-452-8568.
Salvation Army Free Meals and Pantry	Breakfasts and lunches available Monday-Friday, breakfasts at 8-9am, lunches at 12-1pm. The Salvation Army Pantry gives out free pantry items from 2-3:45pm every Tuesday and Thursday. All services at 123 S. Peabody St, Port Angeles.
Friday Free Lunch	To fill in the gap on Fridays, Peninsula Behavioral Health staff are serving Friday lunches (like last year), every Friday at the Jessie Webster Tree Park from 12-1pm, anyone is welcome.
Port Angeles Little Free Pantries	The 8 Little Free Pantries in Port Angeles area are located at: <ul style="list-style-type: none"> <li>- 316 S Cherry St (4th and Cherry St intersection, against a white picket fence on the west side of the road)</li> <li>- 301 E Lopez Ave (outside Holy Trinity Lutheran Church, in the southeast corner of the parking lot shared with the NOLS Library)</li> <li>- 2610 S Francis St (outside the old Boys and Girls Club site, now the Lutheran Family Services office)</li> <li>- 1140 W 9th St (the southeast corner of 9th and E Streets)</li> <li>- 1134 E Park Ave (outside of CHI student dorms for Peninsula College)</li> <li>- 254 N Bagley Creek Rd (in east PA, north of intersection with 101, outside the Center for Spiritual Living)</li> <li>- 1422 S Cedar St (near Cedar and 15th streets, just south of the Elks Playfield)</li> <li>- 3430 E Highway 101, Suite 3 (at Reflections Counseling Services, across the road from WalMart, in the office waiting room and available to all clients needing food)</li> <li>- 1236 W 15th St (across from Stevens Middle School, at the</li> </ul>



This institution is an equal opportunity provider. This material was funded by USDA's Supplemental Nutrition Assistance Program - SNAP. The Washington State Basic Food Program can help provide a healthy diet consistent with the Dietary Guidelines for Americans.

# Clallam Food Banks and Pantries

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Port Angeles Food Bank

Sequim Food Bank

Lower Elwha Klallam Food Bank

Jamestown S'Klallam Food Pantry

Makah Tribal Food Bank

Forks Food Bank

Quileute Tribal Food Bank

Salvation Army Food Pantry

Peninsula College Food Pantry

Lutheran Family Services Food Pantry



# Clallam Little Free Pantries

## Little Free Pantries of Sequim

Across Sequim, there are many Little Free Pantries - anyone can get FREE FOOD 24/7 with no paperwork, registration, etc! Please take what you need and give what you can.

**1033 N. Barr Rd, Agnew** - outside Olympic Unitarian Universalist Fellowship, south of junction with Old Olympic Highway



**W. Fir St, Sequim** - behind St. Luke's Church, next to Community Organic Gardens of Sequim on Fir St.



**1371 Marine Dr, Dungeness** - intersection of Mountain View and Marine Dr. off E. Anderson Rd.



**9090 Old Olympic Hwy, Sequim** - outside the Sequim Valley Foursquare Church, access from lot



**1700 Carlsborg Rd, Carlsborg** - just south of junction with Old Olympic Highway



**610 N. 5th Ave, Sequim** - outside the Sequim YMCA, south of Hendrickson Rd



**Trinity United Methodist Church site - coming soon!**

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**Questions?**  
Donations? Email:  
[benji.astrachan@wsu.edu](mailto:benji.astrachan@wsu.edu)



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## Little Free Pantries of Port Angeles

Across Port Angeles, there are many Little Free Pantries - anyone can get FREE FOOD 24/7 with no paperwork, registration, etc! Please take what you need and give what you can.

**2610 S. Francis St** - outside the old Boys and Girls Club site, now the Lutheran Family Services Office



**301 E. Lopez Ave** - outside Holy Trinity Lutheran Church, across the parking lot from NOLS Library



**1134 E. Park Ave** - on the south sidewalk outside the Peninsula College CHI Dorms



**316 S. Cherry St** - on the west sidewalk at the intersection of 4th and Cherry Streets



**1140 W. 9th St** - on the curb at the intersection of 9th and E Streets, near Shane Park



**254 N. Bagley Creek Rd** - outside the Center for Spiritual Living, at the turn on Bagley Creek Rd north of US 101



**1422 S. Cedar St** - near Cedar and 15th streets, just south of Elks Playfield



**1236 W. 15th St** - across from Stevens Middle School, near 15th and F Streets



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## Little Free Pantries of the West End

Across Clallam's West End, there are many Little Free Pantries - anyone can get FREE FOOD 24/7 with no paperwork, registration, etc! Please take what you need and give what you can.

**81 S. 2nd Ave, Forks** - outside the Mariposa House, on the corner of S. 2nd Ave and A St. SW



**194 S. Elderberry Ave, Forks** - on the corner north of the Forks High School track.



**92 Chalaat Loop, Hoh Nation** - in the Hoh Nation, off main road



**50724 WA-112, Joyce** - outside the Crescent Grange, in the parking lot off Highway 112



**111 Taylor St, Beaver** - behind the Beaver General Store, at the junction of W Lake Pleasant Rd. and Taylor St.



**La Push - coming soon!**

**Clallam Bay - coming soon!**

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# Community Meals

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Port Angeles Food Not Bombs lunches

Salvation Army meals

TAFY meals

OlyCAP Senior Congregate meals

USDA Free Summer Meals Programs



# Local Foods Availability and Needs

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# Gleaning Programs

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Farm Gleaning at River Fun Farm



Backyard Gleaning with Clallam Gleaners



# Farm 2 Food Pantry

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# Local Foods Needs

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From Sequim Food Bank clients:

- Lettuce
- Tomatoes
- Cucumbers
- Carrots
- Onions
- Squash
- Green beans
- Broccoli
- Cauliflower
- Salad mix
- Chard
- Beets
- Radishes
- Bell peppers
- Cilantro, parsley, basil, rosemary, etc.
- All berries
- Fresh fruits



# What Can You Do?

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# Fight the Stigma of Food Insecurity

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Understand why and how food insecurity occurs

Go to the local food banks

Join a community meal - be on both sides of the table

Talk about food access and insecurity with others

Support food access programming in all shapes and sizes



# Get Growing and Use Your Skills

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Propagate plant starts and save seeds for donation

Grow produce for donation

Join gleaning efforts - growing and harvesting

Volunteer at local school gardens

Stock Little Free Pantries with homegrown produce

Use your expertise to experiment and give

Join decision-making groups and advocate for equitable food access



# Questions?

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*SNAP-Ed Food Access*

*Food Waste Prevention*

