



WSU Extension 4-H Proposal for In-Person Activity

Washington State University Extension holds the health and safety of personnel, volunteers, the public, and that of program participants of critical importance. By following the guidelines laid out by the Governor's office and the Washington State Department of Health, as well as best practices outlined by the Centers for Disease Control (CDC), we hope to offer opportunities for participants to interact in person when appropriate.

This form should be completed and submitted for approval prior to holding any in-person activities or events. Please turn the completed form in to your county 4-H staff **at least three weeks prior** to your proposed activity or event.

Event Title: 4-H Shooting Sports practices at the Upper Nisqually Sportsman's Club		
LOGISTICS		
Date: March 14th	Time: 8:00 AM to 9:00 PM	Duration: 2 Hour Range Time Blocks
Is this event recurring?	Yes	If yes, indicate how frequently: 2 nd and 4 th Sundays of the Month
Event location (venue, address, description of space): Upper Nisqually Sportsman's Club, 39919 129th Ave E, Eatonville, WA 98328 109 Acre Shooting Facility – Archery, Shotgun, Rifle ranges		
Anticipated Number of Adults Attending (including self; include names if known). No more than five individuals outside a household may meet in regional phases 1 and 2. Maximum of 10 Adult volunteers spread between 4 ranges		
Anticipated Number of Youth Attending (include names if known). No more than five individuals outside a household may meet in regional phases 1 and 2, not including Extension staff or the certified volunteers overseeing the activity. Maximum of 25 Youth Archery Range - 10 Youth, Trap Range #1 – 5 Youth Trap Range #2 – 5 Youth Rifle Range – 5 Youth		
Date of Virtual Planning Meeting and agenda: The Week of March 1 st – 5 th		
REASONING		
Rationale for the need to meet in-person: Pierce County 4-H Shooting Sports projects have been meeting through their virtual capabilities and will continue to do so in all events and programs lending themselves to that delivery option. 4-H youth are limited, having stretched the limits of the virtual options for training events. Youth need the in-person and hands-on support that only 4-H trained Shooting Sports leaders provide real world experience to learn and advance their Shooting Sports skills and are essential to safety.		

Most youth do not have safe and adequate area to practice Shooting Sports skills. Many of the more isolated rural and low-income youth don't have adequate Internet capabilities to participate in virtual education events. Those that do have internet capabilities are participating in school online and are fatigued with virtual activities. Virtual doesn't give instructors the full picture of what is going on with the skills/safety of the youth.

Please list your goals and outputs for this event:

Goals:

- Allow 4-H youth to advance their Shooting Sports skills in with direct instruction from 4-H Shooting Sports Instructors in real time.
- Create the opportunity for 4-H youth to receive immediate feedback 4-H Shooting Sports Instructors on performance and, be able to ask real-time context-based questions, and observe in-person demonstrations in real-time by others in their defined group.
- Provide a supervised Shooting Sports and COVID-safe in-person 4-H experience emphasizing best practices for youth development and Shooting Sports practices while following applicable health guidelines for COVID safety.

Outputs:

- Gain confidence, tangible skills, new understanding that cannot be practiced at home.
- Reduce the inherent high risks and accidents associated with Shooting Sports activities through the acquisition of additional confidence, skills, and understandings
- Benefit personally from the positive in-person instructional (physically distanced) interactions with other 4-H youth, the Shooting Sports Instructor, and adult mentors (4-H staff and volunteers)

COVID LOGISTICS

How will you ensure 6-foot distancing between participants (describe the space, markers, arrangement, etc.)?

There will be email notification prior to the event including directions, instructions, and expectations for the day for youth and parents along with the required virtual meeting. There will be signs and markers to help with space and directions for flow of traffic regarding parking, youth, equipment, and parent/guardians. All adults and volunteers will have to attend a virtual planning meeting/orientation to be eligible to attend.

The 4-H Staff or middle management designated volunteer will enforce the expectations outlined in this plan, ensuring compliance with PPE/Hygiene requirements, distancing requirements, staging, and observing areas, arrivals, and departures. The range compliance observers will monitor the attendees and their accompanying adult when they are waiting to shoot, monitoring the accompanying adult observing from the designated observation areas, and when exiting the area and the range.

Youth and adult attendees who are out-of-compliance will be addressed by the compliance volunteer. Should they fail to comply, 1) adults not complying with the plan will be asked to leave the range or observation area and return to their vehicles and wait for their 4-H youth to come to them; 2) Youth not complying will be asked to leave the range.

See appendices for specific arrival & departure, scheduling, and discipline Covid logistics.

How will you ensure face coverings are worn, hand hygiene is maintained, and health screenings/attestations are completed?

4-H Staff or their designee will oversee the following.

Prior to the event:

- detailed instructions will be given to each participating family and volunteer on wearing of proper face coverings and the requirement that they be worn at all times, hand hygiene, and health screenings/attestations

- WSU Attestations forms will be turned in at the event and submitted to the compliance officer for review.
 - All forms will be reviewed by the compliance officer before participants can enter the event.
 - Blank forms and clean pens will be available if needed. Used pens and completed forms can be deposited into the deposit box. Hand sanitizer will be available.

Sharing of items/equipment that are difficult to disinfect between participants will not be permitted.

Parking locations and instructions will be communicated and monitored. Arrival and departure times will be staggered to reduce potential contact between people.

A compliance officer on site will patrol the parking and when all parked the range. Each range will have a compliance observer. Strict mask policy will be enforced. Participants are welcomed and encouraged to sit and relax in their vehicles as the only place they can remove their masks.

Hand sanitizer will be available on site at each range.

This event fully anticipates willing collaboration with strict COVID policy from youth, parents, and volunteers.

How will you minimize the sharing of high touch materials, and provide for sanitation between users?

Participants will be highly encouraged to bring their own equipment and no sharing of equipment will be allowed. Those who need to use club equipment will only use the equipment issued which will be sanitized between groups during transition break times.

See appendices for specific discipline sanitation protocols.

Who will be the lead organizer of this gathering, (making sure protocols are followed)?

Dan White, Pierce County 4-H STEM Coordinator
 3602 Pacific Ave, STE 200
 Tacoma WA 98418
 Office: 253 798-3258
 Cell: 509 570-4929

Who will be your Compliance Individual at the gathering?

There will be 5 Compliance individuals who will remain distanced from participants.

1. Parking Lot – Check-In
2. Archery Range
3. Trap Range #1
4. Trap Range #2
5. Rifle Range

These individuals will be determined at the Virtual Planning Meeting

How will you include members who need to participate virtually?

Individuals who have questions regarding their shooting form, technique or challenges can contact their 4-H Shooting Sports instructor via email, phone, text, or video chat. They can film their practices and get feedback as best can be given from a video.

Name & Contact Information of Individual Submitting this Plan:

Dan White, Pierce County 4-H STEM Coordinator
3602 Pacific Ave, STE 200
Tacoma WA 98418
Office: 253 798-3258
Cell: 509 570-4929

Initials: <i>DW</i>	I attest that I have completed the required 4-H Resuming In-Person training video and understand the requirements.
Initials: <i>DW</i>	I attest that I have worked through the Resuming 4-H In-Person checklist and that our group will follow the guidelines set forth in that document.
Initials: <i>DW</i>	I attest that I have reviewed and will comply with the guidelines established by the Washington Department of Health and any applicable local guidelines.
Initials: <i>DW</i>	I understand that I will need to collect the names, contact information, and attestation forms of all participants and submit them to the County Extension office within 3 days of our event.
Initials: <i>DW</i>	If I learn that a member of our group or their family members have tested positive for COVID-19, I agree to consult CDC Guidelines and contact our local health department to discuss the management of potentially exposed individuals. I also agree to notify the County Extension office.
Signature of 4-H Staff: <i>Dan White</i>	
Date: 2/10/2021	
County: Pierce	
Current Region Phase: 2	

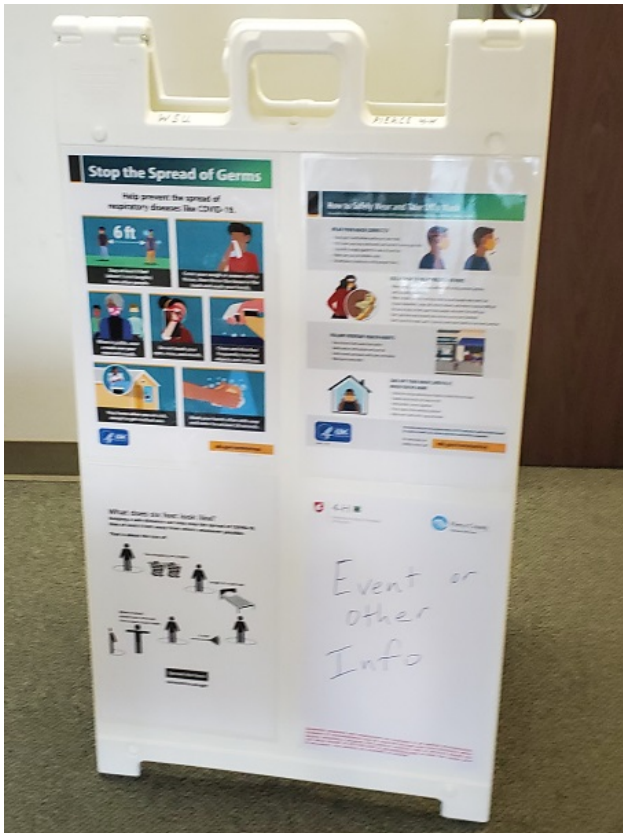
Arrivals and Departures

All participants and parent/guardians will be briefed on Arrivals and Departures before the day of the event.

All vehicles with youth participants and parent/guardians will be instructed not to arrive more than 15 prior to their scheduled shooting times. They will be instructed to remain in their vehicles until instructions are given that they can approach the check-in table.

At the check-in table, all youth and guardians will check in to ensure they have arrived at the correct range time block, turn in their attestation forms, and receive a sticker to show their Shooting Sports Instructor and Compliance observer that they have been approved for the day.

The required signage will be posted at arrival to remind participants of distancing and hygiene practices.



Vehicles will be parked closest to their disciplines range and within the parking area designated for their discipline and time scheduled block.

All participants will be instructed to walk directly to their range and maintain a minimum 6-feet distance from other participants.

Once a group has completed their range time, they will be instructed to walk directly back to their vehicles, maintaining a minimum 6-foot distance from other participants, and then depart immediately.

Scheduling

All youth and volunteers must be in good 4-H standing to participate.

Groups will be scheduled by 4-H Volunteers in 2-hour range time blocks by discipline.

A transition time of one hour will be scheduled between range times blocks to allow for distanced arrival and departures, as well as sanitization of high contact surfaces and equipment.

Group size will be as follows.

Archery - 10 Youth

Shotgun/Trap - 5 Youth range #1, 5 Youth range #2

Rifle – 5 youth

Only youth scheduled will be able to participate. No day of registrations will be allowed.

Club leadership will schedule range block groups as much as possible to keep family groups together to minimize contact between larger groups.

Archery

Maximum group size of 10 youth shooters.

While waiting participants will maintain 6-foot distancing while awaiting lane assignments.

The Archery shooting line is 70 feet long. Archery lanes will be distanced a minimum of 6 feet apart. Target butts can be moved to distances required by Shooting Sports Instructors.

Youth will stay within their own lane while shooting and retrieving arrows. Arrows landing behind the target butts will be retrieved one at a time, while maintaining 6-foot distance from others.

Youth will only use their own equipment (bows, arrows, arm guards, finger tabs, quivers, targets).

If a youth needs to use club equipment, they will be issued it prior to shooting. That equipment will remain with the youth it was issued to until the end of the block of range time. When the equipment is returned it will be sanitized using CDC approved sanitizers.

Instructors will use verbal coaching techniques, and demonstration as much as possible to minimize contact.

A 4-H staff person or their designee will be assigned to monitor from a distance that Covid mitigation practices are being adhered to. They will monitor both the shooting lines, youth, volunteers, and observers. They will gently remind violators of their violation and ask them to comply. Those who repeatedly do not comply will be subject to the 4-H disciplinary process.



Shotgun/Trap

Maximum group size of 5 shooters per range. (10 Shooters on 2 ranges)

While waiting participants will maintain 6-foot distancing while awaiting station assignments.

Trap stations are approximately 12 feet apart to allow for appropriate distancing.

Shooters will remain at their assigned station until instructed to rotate. When rotating the person at station 5 will walk to station 1 giving a minimum 6-foot distance from the other shooters while they are rotating.

Once the round is complete, youth will pick up their equipment and spent cartridges and exit back to the safe area while maintaining 6-foot distancing. Score cards will be distributed, or scores will be shared while also maintaining the 6-foot distancing.

Youth will only use their own equipment (shotguns, shells, belts, vests).

If a youth needs to use club equipment, they will be issued it prior to shooting. That equipment will remain with the youth it was issued to until the end of the block of range time. When the equipment is returned it will be sanitized using CDC approved sanitizers.

Instructors will use verbal coaching techniques, and demonstration as much as possible to minimize contact.

A 4-H staff person or their designee will be assigned to monitor from a distance that Covid mitigation practices are being adhered to. They will monitor both the shooting lines, youth, volunteers, and observers. They will gently remind violators of their violation and ask them to comply. Those who repeatedly do not comply will be subject to the 4-H disciplinary process.

Upper Nisqually Trap Range #1 (Range #2 is beyond wall in background)



Upper Nisqually Trap Range #2

It is 9 feet between each shooting station



Rifle

Maximum group size of 5 shooters per range.

While waiting participants will maintain 6-foot distancing while awaiting station/table assignments.

Rifle stations/tables will be staggered leaving an unused station/table to allow for appropriate distancing.

Shooters will remain at their assigned station/table until instructed to approach their targets. When walking down range shooters will give a minimum 6-foot distance from the other shooters while they are retrieving/resetting their targets.

Once the round is complete, youth will pick up their equipment and spent shells and exit back to the safe area while maintaining 6-foot distancing.

Youth will only use their own equipment (rifles, ammunition, targets).

If a youth needs to use club equipment, they will be issued it prior to shooting. That equipment will remain with the youth it was issued to until the end of the block of range time. When the equipment is returned it will be sanitized using CDC approved sanitizers.

Instructors will use verbal coaching techniques, and demonstration as much as possible to minimize contact.

Parents/guardians wishing to watch may stand one at a time at the viewing windows or at either end of the rifle range.

A 4-H staff person or their designee will be assigned to monitor from a distance that Covid mitigation practices are being adhered to. They will monitor both the shooting lines, youth, volunteers, and observers. They will gently remind violators of their violation and ask them to comply. Those who repeatedly do not comply will be subject to the 4-H disciplinary process.

The Rifle range normally accommodates 10 youth shooting at a time.



Tables will serve as barriers and only 5 shooters will be able to participate at a time



Upper Nisqually Sportsman's Club

4-H Mitigation Parking Map

