



Clallam County

4-H 

WASHINGTON STATE UNIVERSITY
EXTENSION

September 2020

4-H Empowers Kids with the
Skills to Lead for a Lifetime

Clallam County 4-H Newsletter



HEAD



HEART



HANDS



HEALTH

End of 4-H Year Updates

Thank you all for sticking with us through this turbulent year. We are not sure yet what exactly the 2020-2021 4-H year will look like. WSU 4-H is still adhering to a no in-person 4-H model for the time being. Whenever we reach a point where this may change we will let you know immediately along with what would be required to begin in-person gatherings.

What we can say is that with all of the uncertainty we have decided to waive the county portion of the enrollment fee for the 2020-2021 4-H year. This means for this one year enrollment in 4-H will cost \$25. Fee support will still be provided. Also 4-H online will look different when it reopens in October. 4-H online 2.0 is a much needed update and will hopefully be easier to use.

Celebrate 4-H, our annual awards day, is still in the works, albeit in a physically distanced format. While Council decided not to require record books for year end completion for the 2019-2020 4-H year, we are still awarding end of the year pins and you are still able to apply for the awards in the award handbook with every requirement listed minus the record book. Award applications are due by Oct 1 and can either be emailed to [Melanie](#) or mailed to Melanie at the extension office address. Please see the [Awards and Scholarship page](#) of the website for more details.

Virtual State 4-H Fair

The virtual state 4-H fair is in full swing, and a few of our 4-H'ers have been busy submitting still life entries. There are also opportunities to give public presentations. National Equine Presentations will be held on Saturday, September 19th. If you are a senior 4-H'er and would like to compete in the national equine presentations please email [Melanie](#) right away to sign up.

Clallam County Extension Office

Address

223 E 4th St, Suite 15
Port Angeles, WA 98362

Phone

360-417-2398/360-912-2062

Email

clallam4H@co.clallam.wa.us

Website

<https://extension.wsu.edu/clallam/4h/>

Social Media

Facebook: [Clallam County 4H](#)

Instagram: [clallam4h](#)

Twitter: [@4Clallam](#)

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Food Matters Action Kit

WSU Clallam and Jefferson Counties are partners with Commission for Environmental Cooperation to help bring you and your family the Food Matters Action Kit. This is an international challenge to reduce food waste across North America.

Check out the Food Matters Action Kit to see all the ways you and your family can work together to audit your home's food waste, work toward shrinking it, and how to help other families do the same. And it can all be done from your home. To learn more watch this video or go to the [website](#).



Resiliency Month

October is resilience month, and we are partnering with the Clallam Resilience Project to bring a series of free, online workshops to help adults learn about trauma and resilience.

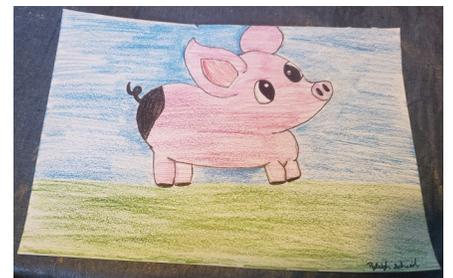
Wednesday, September 23rd 9am-11: A.C.E.S

Wednesday, October 7th 9am-11: Trauma 101

Wednesday, October 21st 9am-11: Resiliency

Wednesday, November 4th 9am-11: Secondary Trauma & Self Care

For more information please see [Clallam Resilience Project](#) on Facebook or email [Melanie](#).



PNWJLA Auction Corner

[PNWJLA website](#)

This new corner will be a regular feature this year to help us all have a successful transition to the PNWJLA.

Congratulations to the Pacific Northwest Junior Livestock Auction for successfully holding your first youth livestock auction while physical distancing. This group has lived up to our high standards and went virtual to put safety first during COVID.

We look forward to next year's PNWJLA auction at the Clallam County Fair.



4-H Council Corner

Council meetings will be held over Zoom until in person events can resume. Email [Melanie](#) for an invitation.

You are invited to participate in your Clallam County 4-H Council. The Council meets on the second Tuesday of each month at 7:00 pm at the Commissioners' Meeting Room in the Clallam County Courthouse. Teen members are encouraged to attend and have a voice in their county program.

Report Your 4-H Volunteer Hours

Your volunteer hours are critical for demonstrating the value of our program. It is also how volunteers are covered under WSU's L&I and liability insurance. Visit the database [here](#) and report your hours. Contact us if you are missing your user name or password.

Resources

WSU Local Food Directory

The WSU regional Small Farms program has created a list of Farms, Farmers Markets, and Emergency Food resources available to people in the tri-county region. Resources on this page includes information on support for farmers and food safety. To access these resources, or for information on how to add your farm please see this [website](#).

Animal Project Resource Leaders

Project	Lead	Contact info
Dog	Robin Kelley	otterecho@gmail.com
Equine	Manon Heistand/ LaDonna Wilson	manonheistand@hotmail.com silverspurs4hofclallamco@hotmail.com
Llama	Mikie Morris	spinweave134@gmail.com
Rabbits	Crystal Berry	Giddyupandgrow14@gmail.com
Sheep	Cyndie Stumbaugh	360-683-6495
Swine	Nicole Murray	Dominique1953@yahoo.com

4-H MISSION:

4-H empowers youth to reach their full potential, working and learning in partnership with caring adults.

4-H VISION:

A world in which youth and adults learn, grow and work together as catalysts for positive change.

4-H PLEDGE:

I pledge my Head to clearer thinking, my Heart to greater loyalty, my Hands to larger Service, and my Health to better living, for my club, my community, my country, and my world.

Melanie Greer
Clallam County 4-H Program Coordinator
WSU Clallam County Extension

Extension programs and employment are available to all without discrimination. Evidence of noncompliance may be reported through your local Extension office. Reasonable accommodations will be made for persons with disabilities and special needs who participate in 4-H events and programs. Contact Melanie Greer at the Clallam County 4-H Extension Office at 223 E. 4th St, Suite 15, Port Angeles, WA 98362 (360-417-2398/ Melanie.greer@wsu.edu) at least two weeks prior to the event.