Clallam County 4-H
Washington State University Extension

July 2020
4-H Empowers Kids with the Skills to Lead for a Lifetime

Clallam County 4-H Newsletter

HEAD HEART HANDS HEALTH

End of Year Requirements

In June, the 4-H Council met and discussed if there should be any changes to the year end requirements in light of so much being canceled. The Council reached the decision that for the 2019-2020 calendar year, the only year end requirement to "complete" the 4-H year is to be actively enrolled. This means that public presentations and record books are not required, for this year only, in order to qualify for a year end pin at the Celebrate 4-H day that will hopefully still be held in the autumn.

There has been talk of possibly having an award for youth who turn in their 4-H story page of the record book, or maybe requiring some sort of written record in order to attend the state fair. Non of these have been voted on yet, but keep it in mind especially if you are thinking of entering something in the state fair.

Teen Mental Health

The National 4-H Council conducted a survey on how COVID has impacted teen mental health. The results showed 7 out of 10 teens are struggling with their mental health.

Jennifer Sirangelo, president and CEO of National 4-H Council, said "Young people are facing a whole new world and set of challenges today and it's our job to listen and respond. This survey provides a vital glimpse into the uncertainties many teens are feeling every day. In 4-H, we aim to empower teens with resources and guidance enabling youth to tackle life's challenges today and become leaders in their lives, careers and communities as they grow into responsible adulthood."
Read the whole report here.

Clallam County Extension Office

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In this issue

Page 2
PNWJLA Corner
State Fair Qualifiers
Completing the 4-H Year
Teen zooms
Newsletter Photos?

Page 3
Resources
Other Notices
Report your Volunteer Hours

Support Clallam 4-H Council

amazonsmile

PNWJLA Auction Corner

PNWJLA website

This new corner will be a regular feature this year to help us all have a successful transition to the PNWJLA.

Important dates:

July 6: Previews Open

July 6: PNWJLA on KONP Todd Ortloff Show at 1:05pm, 101.7FM in PA and 101.3 in Sequim

Aug 1: Poultry entries

Aug 10: Final photos due

Aug 18: Weigh In—Be on the lookout for timeslot availability

Please watch PNWJLA website or Facebook page for more information.

4-H Council Corner

Council meetings will be held over Zoom until in person events can resume. Email Melanie for an invitation.

You are invited to participate in your Clallam County 4-H Council. The Council meets on the second Tuesday of each month at 7:00 pm at the Commissioners' Meeting Room in the Clallam County Courthouse. Teen members are encouraged to attend and have a voice in their county program.

Resources

WSU Local Food Directory

The WSU regional Small Farms program has created a list of Farms, Farmers Markets, and Emergency Food resources available to people in the tri-county region. Resources on this page includes information on support for farmers and food safety. To access these resources, or for information on how to add your farm please see this website.

Report Your 4-H Volunteer Hours

Your volunteer hours are critical for demonstrating the value of our program. It is also how volunteers are covered under WSU's L&I and liability insurance. Visit the database here and report your hours. Contact us if you are missing your user name or password.

Animal Project Resource Leaders

Project	Lead	Contact info
Dog	Robin Kelley	otterecho@gmail.com
Equine	Manon Heistand/ LaDona Wilson	manonheistand@hotmail.com silverspurs4hofclallamco@hotmail.com
Llama	Mikie Morris	spinweave134@gmail.com
Rabbits	Crystal Berry	Giddyupandgrow14@gmail.com
Sheep	Cyndie Stumbaugh	360-683-6495
Swine	Nicole Murray	Dominique1953@yahoo.com

4-H MISSION:

4-H empowers youth to reach their full potential, working and learning in partnership with caring adults.

4-H VISION:

A world in which youth and adults learn, grow and work together as catalysts for positive change.

4-H PLEDGE:

I pledge my **H**ead to clearer thinking, my **H**eart to greater loyalty, my **H**ands to larger **S**ervice, and my **H**ealth to better living, for my club, my community, my country, and my world.

Melanie Greer
Clallam County 4-H Program Coordinator
WSU Clallam County Extension

Extension programs and employment are available to all without discrimination. Evidence of noncompliance may be reported through your local Extension office. Reasonable accommodations will be made for persons with disabilities and special needs who participate in 4-H events and programs. Contact Melanie Greer at the Clallam County 4-H Extension Office at 223 E. 4th St, Suite 15, Port Angeles, WA 98362 (360-417-2398/ Melanie.greer@wsu.edu) at least two weeks prior to the event.