



WASHINGTON STATE UNIVERSITY
EXTENSION

4-H Youth Health Advocate Application Clallam County 4-H 2020

Program Overview:

Youth Advocates for Health! (YA4-H!) is a national program of 4-H. In YA4-H!, teens around the country spend time learning about and planning action to solve health issues. In Washington State, YA4-H! teens are joining forces to combat the opioid epidemic through the **Take-PART (Participatory Action Research with Teens) Opioid Research Project** in partnership with the WSU Center for Rural Opioid Prevention, Treatment, and Recovery.

Teens in the 2020 **Take-PART** program will focus on the opioid epidemic, substance abuse prevention and mental health promotion. Teens will participate in a Youth Participatory Action Research project to learn about how opioids affect their county. They will then plan and implement a service-learning project focused on community prevention of opioid and substance abuse. Finally, youth will take what they have learned to local community leaders to advocate for effective prevention efforts in their community.

The team will consist of up to 14 youth, selected through an application process. Meetings are tentatively scheduled to occur twice weekly via Zoom, a virtual meeting platform, but schedules may change based on current events.

Position Description:

Youth Health Advocates are teens who are 14-18, passionate about community health, and driven to make change. The position requires curiosity about your community and interest in helping to prevent the opioid epidemic and advocate for mental and physical health. Advocates should also be able to work independently and in groups. Youth who have been impacted by opioid use are encouraged to apply.

Youth Health Advocates will:

- Complete a Youth Participatory Action Research project
- Present findings to community leaders (County commissioners, school board, etc.)
- Collaborate to design and implement a service learning project
- Work closely with fellow team members, volunteers, and WSU staff
- Contribute to group meetings, providing valuable feedback and discussion regarding
- Prioritize YA4-H! responsibilities and commit to carrying out roles

Time Required: 4 hours/week, 6 week minimum requirement

Meeting schedule: Monday and Thursday afternoons

Length of Term: May 11 - June 18

Age of applicants: 14-18

Application due: May 6, 5 pm

Responsibilities:

- Attend group meetings
- As a group, collaborate with other Ambassadors to:
 - Plan and implement health assessment in the community
 - Make a presentation to community leaders/members
 - Plan and implement community service or advocacy project

WSU 4-H Youth Development is committed to providing safe and inclusive environments for all youth and adults regardless of race; sex; gender; sexual orientation; gender identity; gender expression; religion; age; color; creed; national or ethnic origin; citizenship; physical, mental, or sensory ability; genetic information; and/or status as an honorably discharged veteran or member of the military. Evidence of noncompliance can be reported through your local Extension office.



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- Work with 4-H Staff and partners
- Inform others about opportunities and resources related to opioid prevention and health
- Represent YA4-H! in a positive light and serve as a youth voice for 4-H Healthy Living.

Qualifications:

- An interest in opioid prevention
- An interest in sharing knowledge to enhance youth educational experiences
- Ability to be a team player working with peers and professionals
- The ability to communicate effectively both written and verbally

Benefit Received:

- Enhance and promote 4-H Healthy Living educational experiences
- Enhance your 4-H Healthy Living understanding and skills
- Network with peers and healthy living leaders around the nation
- Play a leadership role in moving forward the 4-H Healthy Living mission
- Enhance your professional development opportunities
- Increase your knowledge and skills for implementing and managing 4-H Healthy Living programs
- Community service hours may be available
- Receive a \$30 gift card for attending at least 10 of 12 meetings

To apply:

Fill in the application on Qualtrics:

<https://tinyurl.com/YA4-H2020app>

For more information:

Vicki Wegener, Clallam Community Health Coordinator

victoria.wegener@wsu.edu (Subject line: YA4-H!)

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<https://extension.wsu.edu/clallam/4h/youth-advocates-for-health-ya4-h/>

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