

WAHKIAKUM COUNTY 4-H HORSE PROGRAM

JUMPING SKILLS CHECKLIST

Rider: _____ Horse: _____ Date: _____

Age: **Jr. Int. Sr.**

RIDER:

Properly fitted ASTM/SEI approved helmet with strap engaged
Has access to hunt seat attire: for complete list see page 16 of the 1996 Performance Horse Book
Crop or bat (optional)—may not be longer than 3 feet
Spurs (optional)—blunt unroweled and not over 3 inches long

SADDLE:

Jumping saddle or all—purpose which fits the horse and rider
Has safety bars open for jumping
Girth tight and in good repair for jumping
Stirrup leathers in good condition
Stirrup irons to be at least ½ inch wider than boot
Billet straps and stitching in good repair
Stirrup length set for riders jump position (just above bottom of ankle bone)
Saddle pad(s)

BRIDLE:

Leather in good repair
Bit proper size—not too large or small — 1-2 wrinkles at corner of mouth
Correct bit as per 4-H rules
Throat latch snug, not tight or loose
Cavesson or drop noseband
Closed reins with buckled
Martingales and tie-downs (optional)—rein stops to be used with running martingale (prohibited in flat classes)
Breastplate or breast collar (optional)

RIDING:

Demonstrates the following:

- Left and right diagonals and change of diagonal at the trot
- Left and right canter leads
- Two point position at the trot
- Two point position at the canter
- Hand gallop
- Hand position and/or crest release—unless using mane while jumping

Overall rider position:

- Legs: Heels down
 - Ankles flexed and relaxed
 - Stirrups correct length
- Two-point position—can hold it at walk, trot, and canter
- Crest release—reins short enough for contact
- Demonstrates correct basic riding position at the halt, walk, trot, and canter
- Demonstrates correct basic jump position at walk, trot and canter.
- Walk and trot over ground poles in jumping position
- Maintain jumping position at the trot on the flat and over ground poles
- Ride a simple jumping course of two obstacles of unrelated distances, not to exceed 18" in height
- Ride with control, maintaining a reasonable secure position at the walk, trot, and canter, while developing balance and a steady position over fences
- Trot over ground poles, followed by a cross-rail

DISTANCE: (A COMBINATION OF OBSERVATION AND DISCUSSION)

Have the rider discuss their approach to the jump with the examiner

- Too long
- Too short
- Just right

Take off

Position over fence

Landing

Transitions

General control, good hands and feet

RESOURCES:

- Hunt Seat & Jumper Manual, 1995
- Performance Horse, Revised 1996
- United States Pony Club Manual of Horsemanship, Basics for Beginners, D Level, 1994