**Week 5 November 2**

**Topic: Recycling Right and the Problem with Plastics**

**Facilitators/Speakers:**

* Heather Teegarden, Sustainable Community Stewards Program Coordinator, SnoCo
* Sarah Bergquist, Waste Wise Program Coordinator – Island County
* Jerilyn Ritzman, Waste Wise Program Coordinator – Camano Island

**Agenda**

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| 600-603 | Welcome/Check-in/Introduction to Week 5 |
| 603-608 | “What’s Your Why?” |
| 608-613 | Review week 4–Nature’s Bounty |
| 613-645 | Food Waste Audit Reflection |
| 645-715 | *It’s Not All Garbage – Proper Recycling* |
| 715-725 | Break/ Grab an item |
| 725-735 | *Recycling Right Activity* |
| 735-815 | *The Problem(s) with Plastic* |
| 815-829 | Household Waste Audit |
| 830 | Closing Checkout |

**Learning Goals**

* I can learn about and be inspired by my classmates.
* I can adapt and change actions going forward, based on assessment of my current practices.
* I can share my experience with others to encourage action.
* I can identify the three main rules of recycling that apply everywhere.
* I know where to look to learn what is recyclable in my area.
* I can understand the meaning of the numbers in the chasing arrows on packaging.
* I can identify many of the problems with how our society uses plastic.
* I can make a plan for a personal waste audit.
* I can summarize my learning.

**Notes:**

What do I expect to discover in my household waste audit? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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What are the 3 main rules of recycling, applicable anywhere? \_\_\_\_\_\_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_\_\_, & \_\_\_\_\_\_.

\_\_\_\_\_% of plastic is recycled in the United States. The amount that is effectively recycled is closer to \_\_\_\_\_%

My biggest takeaway is:

**Action items/Deliverables:**

* Complete and submit Gisela Dumm’s Graduate Degree Project Documents (please!)
* Complete and submit “What your why” (slide, photo, word doc) - 2 weeks left to participate!
* 4-day Household waste audit (report out Tuesday, 11/9)
	+ What you learned
	+ What practices are you going to change?
	+ How can you communicate your new food waste reduction knowledge to others?



**Resources:**

[The Story of Plastic (2020)](https://www.youtube.com/watch?v=PCNanJNJ8JA&t=5s)— Emmy award winning documentary. Available for free on YouTube until November 30th.

[Plastic Wars (full film) | Frontline](https://www.youtube.com/watch?v=-dk3NOEgX7o) Have efforts to solve the plastic pollution problem made it worse? Go inside the battle over plastics, recycling and what’s at stake.

[Microfiber Pollution](https://s3.wp.wsu.edu/uploads/sites/2065/2020/05/Shore-Stewards_Spring-2020-Newsletter.pdf) – Shore Stewards Newsletter written by Jerilyn

**Plastic in Our Lives: How to Be an Informed Consumer**, Dr. Mahmoud Adbel-Monem, retired WSU

* + [**Session Recording on YouTube**](https://youtu.be/YFpY9fvRrZQ)
	+ [**PDF of Presentation**](https://s3.wp.wsu.edu/uploads/sites/2053/2021/03/Abdel-Monem-2021-Plastics-and-Microplastics.pdf)

**Stemming the Tide on Plastic: Can Washington Lead the Way?** [Heather Trim, Zero Waste Washington](https://zerowastewashington.org/)

* + [**Session recording on YouTube**](https://youtu.be/SGp3TnHsvGA)

**Household Waste Audit Directions**

(short and sweet) <https://earth911.com/home-garden/conducting-home-waste-audit-part-1/>

(more informative) <https://www.conserve-energy-future.com/how-to-conduct-a-household-waste-audit.php>

Rob Greenfeild Trash Suit <https://youtu.be/9vCstrZ7ilk>

**Waste Management Cascade Recycling Center**

[Cascade Recycling Center - Waste Management Northwest - Washington, Oregon, Idaho (wmnorthwest.com)](https://www.wmnorthwest.com/cascaderecycling/profile.html)

**Island County Recycling:**

[Solid Waste Recycle (islandcountywa.gov)](https://www.islandcountywa.gov/PublicWorks/solidwaste/Pages/Recycle.aspx)

**Snohomish County Recycling:**

[Recycling | Snohomish County, WA - Official Website (snohomishcountywa.gov)](https://snohomishcountywa.gov/530/Recycling)

**Snohomish County Recycling Guides:**

* Waste Management: [Snohomish County, including Unincorporated Snohomish County (South of the Stillaquamish River) Brier, Lynnwood (East of Hwy. 99)and Gold Bar Washington - Recycling Service - Waste Management Northwest (wmnorthwest.com)](https://www.wmnorthwest.com/ssnohomishcounty/recycling.html)
* Republic Services Recycling: [SnohomishR2Y1.pdf (republicservices.com)](https://www.republicservices.com/cms/documents/municipality/Washington/SnohomishR2Y1.pdf)
* City of Everett: [Rubatino-Recycle-2018.pdf (secureservercdn.net)](https://secureservercdn.net/198.71.233.159/29b.3e3.myftpupload.com/wp-content/uploads/2018/09/Rubatino-Recycle-2018.pdf)
* Recology: [Sorting Guides | Recology Cleanscapes | Bothell](https://www.recology.com/recology-cleanscapes/bothell/sorting-guides/)

**King County Solid Waste**:

* [Recycling - Garbage & recycling services - King County Solid Waste Division - King County](https://kingcounty.gov/depts/dnrp/solid-waste/garbage-recycling/recycling.aspx)

**WSU Island County Extension:**

* Main page: [WSU Extension, Island County | Washington State University](https://extension.wsu.edu/island/)
* Waste Wise Program: [Waste Wise | WSU Extension, Island County | Washington State University](https://extension.wsu.edu/island/nrs/waste-wise/)
* Waste Wise Program Training page: [Training Page – Fall 2021 | WSU Extension, Island County | Washington State University](https://extension.wsu.edu/island/nrs/waste-wise/training-page-fall-2021/)

**WSU Snohomish County Extension sites:**

* Main page: [Snohomish County | Washington State University (wsu.edu)](https://extension.wsu.edu/snohomish/)
* Sustainable Community Stewards Program: [Sustainable Community Stewards Outreach Program | Snohomish County | Washington State University (wsu.edu)](https://extension.wsu.edu/snohomish/naturalresources/sustainable-community-stewards/)
* Training Files/References: [2021 Snohomish County Sustainable Community Stewards & Waste Warrior Training Resources | Snohomish County | Washington State University (wsu.edu)](https://extension.wsu.edu/snohomish/naturalresources/sustainable-community-stewards/sustainable-community-steward-and-waste-warrior-trainings/2021-sustainability-training-resources/)