**Week 3 October 19, 2021**

**Topic:** Zero Waste Washington state Update & Creative Zero Waste Tips/Tricks

**Facilitators/Speakers:**

* Heather Teegarden, Sustainable Community Stewards Program Coordinator, SnoCo
* Sara Bergquist, Waste Wise Program Coordinator – Island County
* Jerilyn Ritzman, Waste Wise Program Coordinator – Camano Island
* Heather Trim, Executive Director, Zero Waste Washington
* Gisela Dumm, Graduate Student/Teacher Mentor, WSU Snohomish County Beach Watcher

**Agenda**

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| 600-610 | Welcome Waste Warriors/Check-in |
| 610-615 | What’s Your Why: Mary King, Isabel Hutson, Dar & Kath Christopherson |
| 615–625 | This Week’s Eco-Challenge Highlight |
| 625-650 | Moving towards Zero Waste |
| 650-700 | *10-minute Break (and log into the webinar)* |
| 700-800 | *Zero Waste Washington State Update – Heather Trim* |
| 800-815 | Follow-up Q&A with Heather Trim |
| 815-820 | What will you reduce? Zero Waste Idea Share |
| 820-830 | Closing Checkout – Questions? Final Notes – Deliverables Reminders |
| 830 | Have a great week! |

**Learning Goals**

* Will get from HTRM
* Will get from HTRM
* I can share my ideas for Zero Waste tips/I have new ideas for waste reduction
* I can make a plan to accomplish environmental goals
* I can summarize my learning.

**Notes:**

My Eco-challenge this week is:

The six Rs around waste are:

1. 4.
2. 5.
3. 6.

My big takeaways from today are \_\_\_\_\_.

**Action items/Deliverables:**

Complete Prior-knowledge survey: [10-15 minute web survey through Qualtrics](https://wsu.co1.qualtrics.com/jfe/form/SV_74okaRTKOsYpVxY)

Create your “poster” - and email to your coordinator

Email hopes and barriers for participation (optional)

1. What is the one hope you have for this training?
2. What is the one barrier that may keep you from achieving your hope or prevent you from fully engaging?

Sign up for the Eco-Challenge, (see directions under resources) and send your share your selected goals with your primary coordinator: [Welcome to Ecochallenge.org - Ecochallenge.org](https://ecochallenge.org/)

##

## “*Reduce, reuse, and recycle. When it comes to zero waste,*

## *the first step is to REFUSE all things that are not needed.”*

**Zero Waste Resources:**

[Zero Waste Washington](https://zerowastewashington.org/newsletters/2nd-quarter-june-2021-enewsletter/)

Zero Waste Pioneer Bea Johnson in her book [Zero Waste Home](https://www.betterworldbooks.com/search/results?q=Zero%20Waste%20Home) (borrow it from the Library or friend)

Our local Zero Waste Hero: [One Glass Jar](http://www.oneglassjar.com) blog – Siobhan McComb (lives on Vashon Island, WA)

Zero Waste + Race article: [The zero waste movement is not only for white folks | by Lauren Fernandez | Medium](https://medium.com/%40laurenfernz2/the-zero-waste-movement-is-not-only-for-white-folks-f7f53b0339d0)

**WSU Island County Extension:**

* Main page: [WSU Extension, Island County | Washington State University](https://extension.wsu.edu/island/)
* Waste Wise Program: [Waste Wise | WSU Extension, Island County | Washington State University](https://extension.wsu.edu/island/nrs/waste-wise/)
* Waste Wise Program Training page: [Training Page – Fall 2021 | WSU Extension, Island County | Washington State University](https://extension.wsu.edu/island/nrs/waste-wise/training-page-fall-2021/)

**WSU Snohomish County Extension sites:**

* Main page: [Snohomish County | Washington State University (wsu.edu)](https://extension.wsu.edu/snohomish/)
* Sustainable Community Stewards Program: [Sustainable Community Stewards Outreach Program | Snohomish County | Washington State University (wsu.edu)](https://extension.wsu.edu/snohomish/naturalresources/sustainable-community-stewards/)
* Training Files/References: [2021 Snohomish County Sustainable Community Stewards & Waste Warrior Training Resources | Snohomish County | Washington State University (wsu.edu)](https://extension.wsu.edu/snohomish/naturalresources/sustainable-community-stewards/sustainable-community-steward-and-waste-warrior-trainings/2021-sustainability-training-resources/)

**The first step to reducing waste in your life is to prevent the waste from entering your life.**