

WSU Stevens County Extension E-News June 2021

4H News



Outstanding Teen

Congratulations to 4-H members Sami Balcom of Panorama 4-Paws 4-H and Marshall Cornwall of Hunters Community 4-H. These teens were selected through a nomination and interview process as 2020 Outstanding Teens for Stevens County 4-H. Both members have a long history in 4-H and have served in club leadership positions, performed community service, and excelled in their chosen projects. We wish them the best of luck in their future.

Outstanding Leader

Jody Hoffman was selected at the 2020 Outstanding 4-H Leader for her tireless efforts in coordinating cleanup and improvements at Camp Princess Pine over the summer. Jody is a longtime volunteer with the 4-H dog project and in addition to all her work with the camp she serves as the Dog Project Program Leader coordinating clinics, shows, and other opportunities for 4-H members throughout the county. Thank you Jody!

Agriculture News



Cougs Talk Stock Podcast

The Cougs Talk Stock Podcast Team is excited to announce that our first four episodes have been released! Our WSU Extension podcast focuses on science-based, relevant animal science topics for

those interested in livestock production, those that raise livestock, and those that want to learn more about animal science topics such as 4-H and FFA members. Each episode, an industry expert is interviewed by Cougs Talk Stock hosts Dr. Don Llewellyn, Hannah Brause, Natasha Moffitt-Hemmer, and Sarah Dreger. We invite you to check out our current episodes and tune-in every other Wednesday for our new releases.

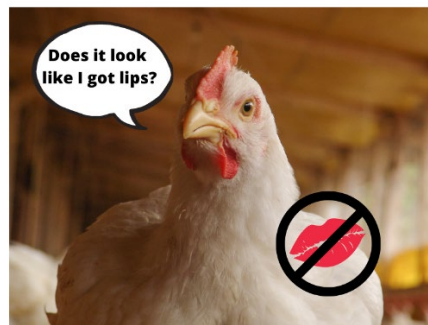
[Episode #1: Animals Support Mental Health of Youth During Pandemic](#)

[Episode # 2: Locally Raised Beef- Marketing, Selling, and Buying](#)

[Episode # 3: What Should I Feed My Pets? Tips From an Animal Nutritionist](#)

[Episode #4: Pasture Management and Grazing in the PNW](#)

Our podcast website can be found at: <https://soundcloud.com/cougstalkstock> or on Apple Podcasts. Attached you will find our podcast flyer for sharing through social media. Suggested educational curriculum for each episode was too large to share in this listserve, but can be found in the show notes of each episode. We encourage you to share our episodes and curriculum with your listserves, newsletters, and through social media. Please contact us with any questions, comments, or episode suggestions at cougstalkstock@wsu.edu.



Only Kiss Chickens On Their Lips

There is an ongoing multi-state salmonella outbreak associated with backyard chickens.

The CDC has this advice for backyard flock owners:

- Always wash your hands with soap and water right after touching backyard poultry or anything in the area where they live and roam.
- Use hand sanitizer if soap and water are not available.
- Don't let backyard poultry inside the house, especially in areas where food or drink is prepared, served or stored. Keep flock supplies outside the house.
- Set aside a pair of shoes to wear while taking care of poultry and keep those shoes outside of the house.
- Children younger than 5, adults over 65 and people with weakened immune systems shouldn't handle or touch chicks, ducklings or other poultry.
- Don't eat or drink where poultry live or roam.
- Don't kiss backyard poultry or snuggle them and then touch your face or mouth.
- Stay outdoors when cleaning any equipment or materials used to raise or care for poultry, such as cages, or feed or water containers.

Here's how to handle eggs safely:

- Collect eggs often, don't let them sit the nest as they can become dirty or break.
 - Throw away cracked eggs. Germs on the shell can more easily enter the egg through a cracked shell.
 - Rub off dirt on eggs with fine sandpaper, a brush or a cloth. Don't wash them because colder water can pull germs into the egg.
 - Refrigerate eggs to keep them fresh and slow the growth of germs.
 - Cook eggs until both the yolk and white are firm. Cook egg dishes to an internal temperature of 160 degrees to kill all germs.
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Emergency Management News



As we get into the peak of fire season a reminder to take a moment and sign up for Hyper-reach, Stevens County's Emergency notification system. All landlines are automatically signed up but if you wish to be notified through email or text you need to go to the website and enter in your information. Click this link: [Stevens County Hyper-reach](#)

Food Safety News



We are excited to announce thanks to a grant from the Stevens and Ferry County Conservation Districts we will be hosting canning education at the local farmers' markets this summer. You will be able to stop by our booth and have your canner tested and get any questions you may have answered. There will also be a Canning 101 class offered in August. This class is also made possible because of the Stevens County Conservation grant.

This class will cover beginning canning basics. For more information on classes and dates at the market please reach out to Adenea Thompson, Food Safety Coordinator at a.thompson@wsu.edu or 509-684-2588.

Gardening News



Save the Date, Fall Plant Exchange, Sept 11

We are making plans for a fall plant exchange. It will happen at our Firewise display garden at the Colville Community Garden, Sept 11 from 9-Noon. On hand will be Master Gardeners to discuss how to divide and split plants for the fall, how to put your garden and flower beds to sleep and many more topics. You are encourage to bring plant and bulbs you yourself have divided but plants are not necessary to attend. Houseplant divisions are welcome as well. Contact Adenea Thompson, Master Gardener Coordinator at a.thompson@wsu.edu or 509.684.2588 with any questions.



Master Gardener Class Applications Available, **Year-round**

Classes were postponed due to COVID-19, but we are excited to announce new applications will be accepted in August. The program is moving to a more user friendly learning platform and the move will be completed at the end of July. Classes are at your own pace, with twelve focused lectures. Learn basic botany, entomology, composting, waterwise gardening and so much more. The program is flexible and can adapt to your volunteer needs. We are child friendly. You can download an application [here](#). For more information contact Adenea Thompson, Master Gardener Coordinator at a.thompson@wsu.edu or 509.684.2588