



WSU EXTENSION

Grays Harbor/Mason County

June 23, 2023

**To:** Grays Harbor & Mason County 4-H Community  
**From:** 4-H Fair Committee  
**Re:** Supplemental Info for 2023 GHC Fair – Table Setting, Kitchen Activities, Public Presentations & Judging Contests

Hello 4-H families!

The information below provides background and framework for 4-H members interested in participating in 4-H Still Life Judging Contests, the 4-H Table Setting Activity, a variety of 4-H Kitchen Activities and 4-H Public Presentations during the Grays Harbor County Fair.

While we recommend submitting your digital registration and scheduling information in FairEntry at <https://www.fairentry.com/Fair/SignIn/18760> (Due Thursday, July 20), you can also complete the hard copy registration info at the end of this packet and submit it before Sunday, July 30. Please send forms to [tracie.hanson@wsu.edu](mailto:tracie.hanson@wsu.edu) or [heather.doran@wsu.edu](mailto:heather.doran@wsu.edu), or to PO Box 3018, Elma, WA 98541.

Time slots will be filled on a first-come, first-served basis, to reserve a time. If your form is not received by Thursday, July 20, any remaining scheduling will take place during the still life check-in at the fairgrounds pavilion on Sunday, July 30.

#### **WSU EXTENSION 4-H YOUTH DEVELOPMENT RESOURCES**

- > Enter Still Life exhibit information (baking, kitchen activities, educational posters, presentations, etc.) with the FairEntry platform at <https://www.fairentry.com/Fair/SignIn/18760> using the same email address and password as 4-H Online
- > Information about upcoming educational events is available at: <http://extension.wsu.edu/graysharbor/4-h/links/> and <https://www.facebook.com/graysharbor4h/>

#### **WA STATE 4-H FAIR REMINDERS**

- > The State 4-H Fair Exhibitor Guide will be available online soon at: <http://extension.wsu.edu/4h/fairs/state-4-h-fair/> Please check frequently for updated information!

## **4-H Judging Contests**

In the 4-H Judging Contest, 4-H members use their powers of observation to examine and compare objects, animals, etc. and then decide how to rank them based on the factors that make up an ideal in each scenario and explain why those decisions were made. Seldom does a day go by that you do not have decisions to make. When you buy groceries, you must constantly choose between brands while considering quality, size, end use, and cost. The objective of judging in the 4-H program is to help 4-H members grow in their ability to think, to reason, and to make logical and scientific judgments.

No matter what project area 4-H members are enrolled in, they are invited to practice their judging skills on a still life or food judging contest during the Grays Harbor County Fair. These 4-H Judging Contest activities will be held on **Friday, August 4, between 11 am and 6 pm** in the Pavilion Meeting Room at the Fairgrounds in Elma.

For more information about the project, check out WSU Publication EM4647 “Learning Through Judging” at: <https://pubs.extension.wsu.edu/> along with more specific resources for judging horses, livestock, etc.

34 Elma-McCleary Road ■ P.O. Box 3018 ■ Elma, WA ■ 98541  
Phone: 360-482-2934 ■ <http://graysharbor.wsu.edu> ■ TDD 1-800-833-6388

## 4-H Table Setting Activity

- 1) All table setting activities will be held on **Wednesday, August 2, between 1 pm and 7 pm.**  
Following the activity, the table setting will be left on display for the entire fair.
- 2) Total time allowed is thirty minutes.
- 3) Members will set two place settings on the table in front of the judge. Interview judging will be used.
- 4) Cloverbud, junior, intermediate, and senior 4-H members may participate.  
Cloverbud and junior members will develop table settings for breakfast or lunch.  
Intermediate and senior members may display table settings for foreign foods, lunch, dinner, or a party.  
Include menu and an explanation of culture or theme.
- 5) Plan a coordinated, economical table setting and menu around a specific theme and culture, while taking into consideration the menu's nutritional value as a part of total day's food.
- 6) Contestant will provide their own placemat, centerpiece, dishes, utensils, glassware, and linens.
- 7) Reference materials: EM3443 "Dinner is Served", C1075e "4-H Table Setting Activity" and C1076e "4-H Table Setting Activity Scorecard" (revised in 2013), library books on foods and table setting, magazines, etc.
- 8) The exhibit will consist of: a covering (placemat) and centerpiece, two properly set; complete place settings; an 8 ½" x 11" standing stiff card with the menu listed, and cost.
- 9) Judging will be based on: creativity of theme or enhancement of culture; use of appropriate accessories; eye catching appeal; and accuracy of setting. We will use C1076e "4-H Table Setting Activity Scorecard" (revised in 2013).

## 4-H Public Presentation Contest

Learning how to communicate your thoughts and ideas to others is an important life skill and helpful as you prepare your 4-H Public Presentation. "Getting to the Point" is a publication full of ideas, recommendations, and tips for shaping your effective, organized, and successful presentation. Leaders may also want to review the 4-H Leader Guide, which defines the 4-H leader's role in presentations and has suggestions for how leaders can provide guidance for youth – from the beginner to seasoned presenters. So...choose a subject, gather information, work out a plan, practice, and get ready to deliver a memorable presentation! "Getting to the Point" (WSU Publication EM4787) and 4-H Leader Guide (WSU Publication EM4788) are available at <https://pubs.extension.wsu.edu/>

The subject of a presentation need not be related to projects in which member is enrolled.

### Types of 4-H Presentations

- A **DEMONSTRATION** puts words into action. An effective demonstration teaches others how to do something by showing while telling. At the end of a demonstration, you should have a finished product to show your audience.  
*Sample titles include: how to set up a tent, how to groom a dog, how to needle-felt*
- An **ILLUSTRATED TALK** makes use of posters, pictures, digital presentations like PowerPoint, or other visuals to show how to do something or illustrate a process. No finished product is required.  
*Sample titles include: how to plan a garden, how to distinguish horse markings, how to lead a fun and effective carwash*
- **PUBLIC SPEAKING** is a prepared speech on a specific subject for an audience. Usually, no props or visual aids are used. 4-Hers use this type of presentation to teach, entertain, and/or inform their audiences.  
*Sample titles include: why I like the 4-H cat project, 4-H around the world, what compassion looks like in my community*

34 Elma-McCleary Road ■ P.O. Box 3018 ■ Elma, WA ■ 98541  
Phone: 360-482-2934 ■ <http://graysharbor.wsu.edu> ■ TDD 1-800-833-6388

## 4-H Kitchen Activities

Many of the 4-H Kitchen Activities publications were revised in 2011 and 2013. While it is recommended that you use the newest publications, judges will provide leeway for those members using the previous materials.

Publications can be found online at: <https://pubs.extension.wsu.edu/>

C1099e, 4-H Food Activity Worksheet

C1097e, 4-H Food Activity Scoresheet Evaluation Criteria

EM4733e, 4-H Food Activity Guidelines

C1098e, 4-H Food Activity Scoresheet

Many of the 4-H Kitchen Activities publications were revised in 2011 and 2013. Guidelines for all foods activities, except table setting, may be found in EM4733e. The following activities will be conducted this year:

Bread Making (Quick Bread Only)

Lunch on the Go

Quick to Fix Meals

Table Setting Activity (please refer to C1075e and C1076e, which were revised in 2013)

In addition to the guidelines above, we will also use the following additional guidelines in Grays Harbor.

- 1) All kitchen activities will be held on **Thursday, August 3, between 11 am and 6 pm** or on **Friday, August 4, between 11 am and 6 pm.**
- 2) All 4-H Food Activities will take place in the Pavilion Meeting Room at the Fairgrounds in Elma.
- 3) Junior, Intermediate, and Senior members may participate in any of the activities (please check time limits for each age group).
- 4) Cloverbud members may participate only in Table Setting Activity. Comments will be given, and participation ribbons awarded. Cloverbud members are not eligible for premiums.
- 5) Please check in with the 4-H Kitchen Coordinator at least one hour before your scheduled time. We often have to make last minute scheduling adjustments. If you arrive early, we may have limited refrigerator space, so plan to use ice chests.
- 6) Participants will bring a completed 4-H Food Activity Worksheet (C1099e), along with required recipes and/or menus to the activity. Use parts of the worksheet that are suitable for your age group and activity.
- 7) Participants will bring their own cookware, table linens, cooking equipment, and any special equipment they may need.
- 8) Participants will bring their own hot pads or mitts, dishcloths, hand towels, and dish towels.
- 9) A table, sink, refrigerator, range, counter space, cutting board, knife, dish drainer, soap, and bleach will be provided.
- 10) We encourage all food to be purchased from an approved food source. Please keep safety in mind when packing your items and transporting them to the fairgrounds.
- 11) All food containers must be clean and free of foreign material. You no longer have to bring items in their original packages. Judges will closely monitor to see that items are clean and suitable for their use.
- 12) Indicate the total time needed (including set up, clean up, and interview) on the entry form.

34 Elma-McCleary Road ■ P.O. Box 3018 ■ Elma, WA ■ 98541

Phone: 360-482-2934 ■ <http://graysharbor.wsu.edu> ■ TDD 1-800-833-6388

## 2023 Registration for 4-H Kitchen Activities and Public Presentations

Sign up in FairEntry at <https://www.fairentry.com/Fair/SignIn/18760>

**OR DELIVER HARD COPY TO:**

4-H Fair Committee, c/o WSU Extension Grays Harbor, PO Box 3018, Elma, WA 98541

or via email to [tracie.hanson@wsu.edu](mailto:tracie.hanson@wsu.edu) or [heather.doran@wsu.edu](mailto:heather.doran@wsu.edu)

Name of 4-H member: \_\_\_\_\_ Name of Club: \_\_\_\_\_

4-H Age: \_\_\_ Cloverbud \_\_\_ Jr \_\_\_ Int \_\_\_ Sr      Email Address: \_\_\_\_\_

<u>Name of Contest</u>	<u>Date</u> <u>(Circle one)</u>	<u>Time Preference</u> <u>(include am/pm)</u>
Table Setting Activity	Wednesday of fair (1pm - 7pm)	
<i>Do you plan on using the round table provided?</i>	<i>Yes -OR- No, I'll bring my own table</i>	
Bread Making Activity (Quick Bread OR Non-yeast)	Thursday OR Friday (11am - 6pm)	
Lunch on the Go Activity	Thursday OR Friday (11am - 6pm)	
Quick to Fix Meals Activity	Thursday OR Friday (11am - 6pm)	
Public Presentation	WED - THURS - FRI - SAT	
Still Life/Food Judging Contest	Friday of Fair (11am - 6pm)	

Name of 4-H member: \_\_\_\_\_ Name of Club: \_\_\_\_\_

4-H Age: \_\_\_ Cloverbud \_\_\_ Jr \_\_\_ Int \_\_\_ Sr      Email Address: \_\_\_\_\_

<u>Name of Contest</u>	<u>Date</u> <u>(Circle one)</u>	<u>Time Preference</u> <u>(include am/pm)</u>
Table Setting Activity	Wednesday of fair (1pm - 7pm)	
<i>Do you plan on using the round table provided?</i>	<i>Yes -OR- No, I'll bring my own table</i>	
Bread Making Activity (Quick Bread OR Non-yeast)	Thursday OR Friday (11am - 6pm)	
Lunch on the Go Activity	Thursday OR Friday (11am - 6pm)	
Quick to Fix Meals Activity	Thursday OR Friday (11am - 6pm)	
Public Presentation	WED - THURS - FRI - SAT	
Still Life/Food Judging Contest	Friday of Fair (11am - 6pm)	

34 Elma-McCleary Road ■ P.O. Box 3018 ■ Elma, WA ■ 98541  
 Phone: 360-482-2934 ■ <http://graysharbor.wsu.edu> ■ TDD 1-800-833-6388

Cooperating agencies: Washington State University, U.S. Department of Agriculture, and Grays Harbor County. Extension programs and employment are available to all without discrimination. Evidence of noncompliance may be reported through your local Extension office.