



WELCOME TO

Grays Harbor County 4-H

A resource guide
for new and
returning families



Grays Harbor County

WASHINGTON STATE UNIVERSITY
EXTENSION

4-H Terms

4-H SLOGAN:
“Learn by doing.”

4-H EMBLEM: A green four-leaf clover with a letter “H” on each leaf. The four H’s stand for Head, Heart, Hands, and Health.

4-H CLUB: A group of at least five youth from three or more families. They meet regularly throughout the year and have adult support and family involvement.

4-H NEWS BLAST: The county 4-H newsletter that is emailed to all 4-H families. This newsletter is published biweekly.

4-H PROGRAM YEAR: October 1 through September 30. Open year-round enrollment.

ACTIVITY & PROJECT COMMITTEES: These county committees are made up of adult and youth volunteers that meet with WSU staff members to determine needs, plan and evaluate county programs and events.

ENROLLMENT OR RE-ENROLLMENT: The yearly process of signing up to join 4-H.

CLUB LEADER(S): This individual or team provides overall club support by working with officers, parents, members and other leaders to plan a successful 4-H club.

What is 4-H?

The 4-H program begins at the club level. Our 4-H members, parents and leaders meet monthly to have fun, learn and work together in project groups, club activities, special interest groups, and many events.

4-H belongs to the members, their families, and other interested adults who serve as volunteer leaders. Leadership is provided by the Washington State University Extension Service. The 4-H program is a joint effort of county government, Washington State University, and the United States Department of Agriculture.



4-H is a community of young people across America who are learning leadership, citizenship and life skills.

4-H is an informal educational program through which parents, other adults, and youth help young people develop confidence, social skills, decision-making abilities, and subject matter knowledge in a variety of project areas.

4-H and Washington State University Extension provides affirmative action and equal opportunity in education, programming and employment for all qualified persons regardless of race, color, gender/sex, creed, disability, religion, national origin, ancestry, age, sexual orientation, pregnancy, marital or parental, arrest or conviction record or veteran status.

Why get involved?

Through 4-H, members develop and practice important life skills. Members will:

- Make **decisions** and solve problems
- Build **self-confidence**
- Accept **responsibility**
- Have a **good time** that makes learning fun
- Feel a sense of **belonging** by being a part of a 4-H club
- Develop **mastery** while learning and practicing skills in areas of interest
- Become **independent** as they are given choices of what to do
- Have a spirit of **generosity** as 4-H clubs give back to their communities through service

4-H Basics

4-H is for the whole family where youth and adults come together to learn new things, meet new friends and have fun. Parents/guardians are encouraged to participate and attend meetings with their children.

Adults help by volunteering time and sharing talents. For example: driving members to activities, supporting project learning, chaperoning and being a positive role model.

COMMON MYTH:

“You need to live on a farm and have animals to join 4-H.”

You do NOT need to live on a farm or own an animal to be in 4-H. Members participate in projects such as arts and crafts, robotics, photography, shooting sports, and so much more!

Clubs 4-H clubs have five or more youth from three or more families who are supported by 4-H leaders. 4-H members, elected by their peers to officer roles, conduct club meetings.

Costs The Washington State 4-H Program assesses an annual \$25 4-H Enrollment Fee for each youth member. Some 4-H clubs may also have local dues. Costs associated with project material are minimal. Some projects and activities have specific costs associated with them. Fundraisers and scholarships help offset costs to keep programs affordable.

Meetings Club meetings include: getting to know other members, youth making decisions about activities, planning and doing community service projects, sharing ideas, recreation and having fun.

4-H Responsibilities

Member

- Attend club meetings
- Participate in club activities (fundraisers, community service, field trips, and project meetings)
- Work on projects throughout the year
- Prepare 4-H County Fair and State 4-H Fair exhibits as appropriate
- Keep accurate records of project work and prepare a record book of their 4-H year
- Consider: demonstrating, speaking, and exhibiting
- Serve as an officer, committee member, or helper in club events
- Read the “4-H News Blast” bi-weekly newsletter



Parents / Adult Mentors

- Attend club meetings with your children
- Serve as a volunteer and share talents
- See that your children meet their responsibilities and complete them
- Encourage your son/daughter to complete their projects
- Help members reflect on their 4-H experience (e.g. record book)
- Read the “4-H News Blast” bi-weekly newsletter

Adult Leaders

- Club leaders provide support for a successful club experience
- Project leaders hold regular meetings to help members learn about specific projects
- Activity leaders work with youth and adults to plan and implement activities
- Attend county leader meetings and workshops
- Assist members to get involved in 4-H events
- Read the “4-H News Blast” bi-weekly newsletter
- Encourage, encourage, encourage!!!

County 4-H Program

The county 4-H program helps provide educational activities beyond 4-H clubs.

Activities

Youth can be part of planning and teaching teams such as Summer Camp, Public Presentations, Celebrate Our Kids recognition event and so much more!

Project Learning

Some projects have extended learning experiences and activities such as dog training, horse events, robotics, and shooting sports.

Fundraisers

Fundraisers are operated by the leaders, members, and parents with 100% of the profit used to support and offset the cost of youth participation.

The main fundraisers are:

- **Paper Clover Campaign:** Twice each year the local Tractor Supply Company holds a Paper Clover Event. 4-H clubs are invited to participate in store by greeting customers or providing a display.
- **Cowboy Breakfast:** 4-H friends and families enjoy catching up over a hearty breakfast during the Grays Harbor County Fair.

4-H Pledge

“I pledge my head to clearer thinking,
my heart to greater loyalty,
my hands to larger service, and
my health to better living,
for my club,
my community,
my country, and
my world.”

4-H Beyond the Club and County Level

4-H is a state and national program. As members mature in their 4-H experiences, state/national/international opportunities become available.

Ready to sign up? Flip to the next page to see all the 4-H Clubs that are located in Grays Harbor County...

Grays Harbor County clubs (east):

Barnyard Wranglers

Primary Projects: Swine, Beef, Livestock
Leader: Sarah Sigler
360-470-2133
barnyardwranglers@yahoo.com

Barrel Blazers

Primary Projects: Horse
Leader: Maddie Spencer
360-861-1976
mspencer1919@gmail.com

Best Of Times

Primary Projects: Gardening, Cooking, Food Preservation, Community Service, Horse
Leader: Denise Schupbach
360-249-5022, 360-580-4452
denise4heq@gmail.com

Bigfoot 4-H

Primary Projects: Community Service, Health, Creative Arts, Food & Nutrition, etc.
Leader: Julie Barnes
360-470-2233
bigfoot4-H@outlook.com

Brady Bunch

Primary Projects: Poultry, Rabbit, Garden, Creative Arts, etc.
Leaders: Tammy Kallgren, Mary Pederson
360-249-0582, bradybunch4h@yahoo.com

Country Pride

Primary Projects: Horse, Rabbit, Animals, Photography, Creative Arts, etc.
Leaders: Megan Totten, Heidi Kesler
360-556-0886 (Megan) 360-346-0096 (Heidi)
thetottens06@gmail.com

Country Dreamers

Primary Projects: Garden, Food & Nutrition, Photography, Creative Arts, Woodworking, etc.
Leader: Kathy Watts
360-495-3089
watts3089@centurytel.net

Critter Crew

Primary Projects: Swine, Beef, Dairy, Livestock
Leaders: Nora Doelman, Roger/Julie Swalander
(360)451-9492 (Nora)
harborcrittercrew@gmail.com

East County Alliance

Primary Projects: Goats, Beef, Poultry, Robotics Garden, Woodworking
Leader: Mandy Biggs
360-580-7384, mandak98@yahoo.com

4-H Factory

Primary Projects: Presentations, Food Activities, Animal Projects, Creative Arts
Leader: Nancy Graham
360-273-9714
busy4hmom@aol.com

GH 4-H Shooting Sports

Primary Projects: Archery
Leaders: Vince & Darcy Potts
360-482-5956
gh4hshootingsports@gmail.com

Klassy K-9's

Primary Projects: Dog
Leader: Rhonda Borden
360-482-5528
nooperdoo@aol.com

Live to Lope

Primary Projects: Horse
Leader: Gwen Carrell
360-481-2234
gwencar@msn.com

Phantom Riders

Primary Projects: Horse, Creative Arts, Photography, Small Animals
Leader: Rachel Tuttle
360-268-3584

Add Your New Club Here...

Grays Harbor County clubs (west)

Humptulips Valley Hustlers

Primary Projects: Presentations, Photography
Garden, Food Activities
Leader: Cathy Cozad
360-593-1609, cathleencozaad@gmail.com

Ocosta Robotics

Primary Projects: Robotics, STEM
Leader: Steve Wood, Joe Prieur, et al.
360-268-7280, frc3787@gmail.com, www.frc3787.com

Thundering Hooves

Primary Projects: Horse
Leader: Ranie Creamer
360-581-2824, raniecreamers@hotmail.com

Wild At Heart

Primary Projects: Horse, Photography,
Food Activities (cooking), Presentations
Leader: Peggy Williamson
360-581-4935, peggyandhal@hotmail.com

Add Your New Club Here...

Grays Harbor County

Resources:

Hope From Horses

Primary Project: provide horse riding
opportunities for youth (and approved adults) with disabilities
Leader: J Rosenbach
360-580-0803, rosenbachplumbing@hotmail.com

Quilting & Clothing Advisors (GH & Pacific Counties)

Primary Projects: Clothing & Textiles
Leader: Tobi Buckman
360-580-7134, drtobi@usa.com

4-H Terms

PROJECT: 4-H members select one or more subjects to learn about during the year. Projects may be taken one year to explore a subject, or if taken repeatedly can result in very high knowledge and skill level. Projects often result in 4-H Fair exhibits.

RECORD BOOKS: Members reflect and record learning that happened during the 4-H year. Booklets and forms are provided to help members focus and organize their thoughts. Members may supplement their records with photos and other items.

4-H YOUTH DEVELOPMENT REGIONAL SPECIALIST: The professional who guides, teaches, and oversees the 4-H program in the county. This person is a faculty member of Washington State University-Extension.

4-H YOUTH DEVELOPMENT PROGRAM COORDINATOR: The professional who provides program support including volunteer training and extensive communication throughout the county.

4-H at the Grays Harbor County Fair

Many 4-H members participate in the annual Grays Harbor County Fair. The Fair is an opportunity for youth to display items they have made, or exhibit animals they have raised. Members also give public presentations and share their 4-H pride with the community. Fair visitors see 4-Hers demonstrate their skills and knowledge, and certified judges evaluate the exhibits to provide suggestions for improvement.



For more information, contact the WSU Grays Harbor County Extension Office at 360-482-2934 or find us at www.graysharbor.wsu.edu

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