Winter Gardening Without a Greenhouse Gardening For Everyone Oct. 8, 2022

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Over-wintering vegetables

Greens & Root Veggies

- Brassicas (Broccoli, Brussels sprouts, Cabbage, Cauliflower, Collards, Kale, Kohlrabi, Mustards, Sprouting Broccoli)
- Many varieties, can be coordinated for early to late harvest throughout fall/winter/spring, i.e., Broccoli, Cauliflower, Cabbage (see Territorial Seed Winter Catalog)
- Misc. (Swiss Chard, Spinach, Chicory, Cabbage, Salad greens, Fennel, Celery)
- Root vegetables (Beets, Carrots, Celery Root, Parsnips)

Overwintering Alliums

Onions

Garlic

Leeks

Shallots

Perennials

Kale

Collards

Artichokes

Planting Your Winter Garden

1. Starting seeds indoors for later transplant*

Late March-Early April

Leeks, Onions, Shallots (seed) Transplant out in May/June

• Mid-April

Brassicas: Broccoli, Brussels sprouts, Cabbage, Cauliflower, Celery, Celery root, Kohlrabi Transplant out in May/June

*Alternative: Purchase veggie starts at the MG Spring Plant Sale in mid May!!

2. Direct planting outdoors

Mid-MayCarrots, Parsnips

Mid-July to Early August

Mustard greens, Swiss chard, Beets, Kale, Collards, Lettuce, Spinach, Radishes, Radicchio

Mid-October

Alliums: Garlic, Shallots, Onion bulbs

Garden Bed Rotation

Year One:

Plant in April/May-Take out in mid-Oct:

Spring greens (Peas, Salad greens, scallions) **Amend** with compost, Veg fertilizer, manure (except peas)

October-Mulch or Cover Crop with Clover for winter

Year Two:

Plant in June- Take out in early Oct:

Tender veggies (tomatoes, peppers, eggplant, beans, cucumbers and summer squash)

Amend with compost, veg fertilizer, Calcium, Phosphorous

Plant in Mid-Oct-Take out in Late June:

Alliums (Onion, Shallots, Garlic from starts) **Amend** with compost, Veg fertilizer, Bone meal/Rock
Phosphate

Year Three:

Plant in Mid-July/Early Aug-Take out in April:

Over-wintering greens (Brassicas, Root crops, Hardy greens)

Amend with compost, agricultural lime, manure

Resources:

extension.wsu.edu/snohomish/fall-and-winter-vegetable-gard ens-for-western-washington/

Winter Gardening in the Maritime Northwest: Cool Season Crops for the Year-Round Gardener, by Binda Colebrook

Territorial Seed Company Winter Catalog

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Vinter Gardening Chart

Vegetable	Sowing Date Range						Harvest	Max Storage Storage		Storage Freeze O	
	May	June	July	Aug.	Sept	Oct.	narvest	Time	Temp	Humidity	Temp
Arugula							Winter-Spring	1 week	34-40°F	90-95%	5-10°F
Beets						1	All Winter	4-5 mo	34-40°F	90-95%	15-20°F
Beans, Fava							Spring-Summer		34-40°F	Dry	10-20°F
Broccoll - Autumn Harvest							Autumn	2 wks	34-40°F	90-100%	Before Severe Fros
Broccoll - Sprouting							Spring	2 wks	34-40°F	90-100%	15-20°F
Brussels Sprouts - Autumn Harvest							Autumn	3-5 wks	34-40°F	90-100%	After Severe Frost
Brussels Sprouts - Winter Harvest							Winter	3-5 wks	34-40°F	90-100%	After Severe Frost
Cabbage - Late Summer Harvest							Late Summer	3-6 wks	34-40°F	90-100%	Before Heavy Freez
Cabbage - Autumn/Winter Harvest							Autumn-Winter	5-6 mo	34-40°F	90-100%	Before Heavy Freez
Cabbage - Winter Harvest							Winter		34-40°F	90-100%	Before Heavy Freez
Carrots							Winter-Spring	4-5 mo	34-40°F	90-95%	5°F
Cauliflower - Summer Harvest	-	-					Late Summer	3-4 wks	34-40°F	90-95%	10-15°F
Cauliflower - Autumn Harvest		-					Autumn	3-4 wks	34-40°F	90-95%	10-15°F
Cauliflower - Spring Harvest							Spring	3-4 wks	34-40°F	90-95%	10-15*F
Chinese Cabbage							Late Fall	2-3 wks	34-40°F	90-95%	20°F
Collards	-						Winter-Spring	1 week	34-40°F	90-95%	5-10°F
Corn Salad							Spring	1 week	35-40°F	90-95%	5°F
Endive		-					Winter	2 wks	34-40°F	90-95%	Before Heavy Freez
Fennel						-	Autumn-Spring	2-3 wks	33-40°F	90-95%	Before Heavy Freez
Garlic & Shallot Bulbs			139				Summer	5-8 mo	34-50°F	60-70%	15°F
Kale							Winter-Spring	2-3 wks	34-40°F	90-95%	5-10°F
Kohlrabi							Winter-Spring	2-3 wks	34-40°F	90-95%	5°F
Leeks - Autumn Harvest	100	-					Fall-Winter	8 wks	34-40°F	90-95%	5°F
Leeks - Winter Harvest					1		Winter-Spring	8 wks	34-40°F	90-95%	51F
Lettuce							Fall-Winter	2 wks	34-40°F	90-95%	5-10°F
Mustard Greens						1	Winter	2 wks	34-40°F	90-95%	8°F
Onion - Bunching		-		-			Winter-Spring	3 wks	34-40°F	90=95%	5-10°F
Onion - Overwintering & Shallots				-			Spring-Summer	4-8 mo	55-65*F	60=70%	5-10°F
Parsnips			-				Winter	4-6 ma	34+40*F	90-95%	8 . E
Peas - Autumn							Fall	2 wks	33-40°F	90-95%	15°F
Peas - Overwintering							Spring	2 wks	33-40'F	90-95%	15°F
Radicchio						1	Fall-Winter	3-4 wks	33:40°F	90=95%	15-20°F
Radishes					-		Winter-Spring	2-4 mo	33-40'F	90=100%	15-20°F
Rutabagas	Units					1	Winter-Spring	4-6 mo	33-40°F	90-95%	20°F
Spinach			-	-		1	Fall-Winter	1-2 wks	33-40°F	90-95%	5-10°F
Swiss Chard	LUG		Name of Street,			1	Fall-Winter	1-2 wks	33-40°F	90-95%	5°F
Turnips	100				-	10000	Winter-Spring	4-5 mo	34-40°F	90-95%	20°F

Sow seeds during this time period. See

Transplant: These seedlings benefit from transplanting.

Move at six weeks to a permanent well-limed location.



Covering or cloching these varieties will lengthen the harvest period.