



# 4-H GROWS HERE

## 4-H Demonstration Worksheet

Recommended Time: 3 – 15 Minutes

(Cloverbuds: 3 – 5, Juniors: 3 – 8, Intermediates: 5 – 15, Seniors: 8 – 15 minutes)

### I. Introduction

My name is \_\_\_\_\_, and I am \_\_\_\_\_ years old.

I am a member of the \_\_\_\_\_ 4-H Club.

My 4-H projects this year are: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Today, the subject of my demonstration is: \_\_\_\_\_

I have selected this topic because \_\_\_\_\_  
\_\_\_\_\_

For this demonstration, I will need the following items:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*(If you are doing a food demonstration, tell the ingredients needed and quantities. For other kinds of demonstrations, list the supplies, materials, or special tools you will use. You may want to use a poster to list the ingredients or materials needed.)*

II. **Steps (or Body)** – Explain what you are doing as you show how to do it.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

III. **Summary** – Say, “To summarize my demonstration...” Tell briefly what you have demonstrated.

You may want to use another poster that lists the main steps.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

IV. **Questions** – Ask, “Are there any questions?”

**Answering questions** – Restate the question first by saying, “The question asked was...” Then answer it.

V. **Conclusion** – After the questions, say, “If there are no more questions, this concludes my demonstration. Thank you.”