

# Snohomish County 4-H Dairy Record Book

(attach a photo or add a drawing here)

NAME:		AGE:
DATE OF BIRTH:	GRADE AS OF 10/1/23:	#YEARS IN 4-H:
4-H DIVISION: (Jr 8-10, Int 11-13, Sr 14 + as of 10/1/23)		
ADDRESS:		
CLUB:		
COUNTY:		

# Instructions

- Use this record book for all things you do in the Dairy 4-H program this year. Put it in a **report folder (NOT a 3 ring binder)** with your Permanent Record Book and separate each section with a **labeled** tab.
- Use your records to look back at your progress during the year. This will be helpful when you make plans for next year.
- The record book is **your** work. Keep it current throughout the year and do your own handwriting or typing.
- Certain sections of the 4-H record book have been modified to fit the needs of this document and the Dairy 4-H Program

## Dairy Planning Calendar

Write down the important events and activities for the Dairy Program. Keep track of what you attend.

If there are no activities for the month, please note “no activities”.

**Dairy Project Inventory Items**-Record items you own. Record the value of each item and how many or how much you have. Record only one item per line and include additional pages if necessary.

**4-H Dairy Goal/Objective**-Determine your personal goal for this 4-H year, how you will measure your goal and who will assist you in achieving this goal. Why is this goal realistic and set a date of completion.

**Dairy Project Photos** -Use a **maximum of two pages** to include photos relevant to your dairy project. Label, date and location should be included.

**4-H Story**-Write your story in a four-part narrative form, as though you were talking to the reader.

- 1) Introduce yourself.
- 2) Write about your projects.
- 3) Share your 4-H Dairy club experiences and how you have been involved in your community and school.
- 4) Write about how you have grown as a result of the 4-H Dairy Program.

**Supplemental Information**-This single page should be related to your club, community, or school. It may contain pictures, news clippings, or letters. Identify and label all items

**4-H Dairy Certificate**-Include a complete Dairy Certificate for ALL animals you are exhibiting this current 4-H year. ***Dairy Certificate needs to include markings if relevant and current signatures.***

**Permanent 4-H Record** -Maintain a record of all your 4-H participation including leadership, public presentations, demonstrations, judging and other contests and activities for all your 4-H years. If you have nothing to enter in a section, list the year and N/A or None.

## Dairy Record Book Score Card

Item	Point Assignment	Deductions	Points	Score
Cover/Folder Score Sheet Dividers Neatness	Cover/Folder Score Sheet Dividers Neatness	-1 for each item missing	<b>5</b>	
Calendar	Events, dates, attendance record	-1 for each month missing	<b>15</b>	
Inventory	Items recorded and amounts and value noted	-1 for each column not completed	<b>10</b>	
4-H Goal for the year	4-H goal established and signed by parent leader and member	-2 for each entry omitted -1 for each signature omitted	<b>15</b>	
Project Photos	Photos with name, date and location labeled	-.5 for missing name, date and location	<b>10</b>	
4-H Story	Introduce self and include highlights, experiences, community involvement, and personal growth through project	-1 for each element missing	<b>15</b>	
Supplemental Information	Club, Community or school related Label items	-.5 for no labels -.5 for only project pictures	<b>10</b>	
Dairy Certificate	Include current year projects	-2 for each project not included -1 for each signature missing	<b>10</b>	
Permanent Record	Points lost for empty spaces	-1 blank section -.5 no date on first entry of year	<b>10</b>	

**Total** \_\_\_\_\_

# MY DAIRY PLANNING CALENDAR



(Include date and name of event – Place X in last column if you attended the event)

<b>October</b>	Example:	
	7 <sup>th</sup> – Car Wash Fundraiser	
	15 <sup>th</sup> – Picked out project animal	X

<b>November</b>		

<b>December</b>		

<b>January</b>		

<b>February</b>		

<b>March</b>		

<b>April</b>		

**April Leader Check** Leader \_\_\_\_\_ Date \_\_\_\_\_

<b>May</b>		

<b>June</b>		

<b>July</b>		

<b>August</b>		

<b>September</b>		

# Project Inventory Items

\*List items you have purchased as well as those that have been given to you. If the item was given to you, list a value you would have to pay to replace it.

<u>Item</u>	<u>Quantity</u>	<u>Value</u>
Example: Rope Halter	3	\$15.00
	Total Replacement Value	\$ _____

**April Leader Check**    Leader \_\_\_\_\_    Date \_\_\_\_\_



## 4-H Goal for the year

As you determine the goals that you would like to reach for this year, use this guide to determine if the criteria are met to make your idea a goal.

### Specific

**Pick a specific item.** Your goal should be straightforward and explain what you want to happen this year. Answer the following questions: what, why and how. What am I going to do or accomplish? Why is this important? How am I going to do this? (Example: Being a better showman is too broad. Narrow it down to something specific like keeping my eyes on the judge and my animal.)

### Measurable

In order for your goal to be manageable, you must be able to measure it. Something you can measure is **something you can see changes and progress**. Answer the question “How will I know when I have reached my goal?” Establish a criteria or measurement to evaluate your progress toward the accomplishment of your goal.

### Attainable

By assigning a goal and determining what is most important you begin to figure how you will achieve this goal. This is where you develop abilities, skills and attitudes that bring you closer to your goal. If your goal is not achievable, you most likely will not be able to accomplish it. Work with your leaders and parents to ensure that the goal you are working toward is something well suited for you.

### Realistic

Here you are asked to show how your goal is “do-able”. This goal should push you to grow your skills and knowledge. Your goal may not be easy and most likely will not be the same as anyone else's. However, you need to work with a goal that is attainable for your skill level. Set your goal so that you can enjoy the success when you accomplish your goal.

### Timely

Determine a time line for your goal. By assigning a “due date” you give yourself a target to work towards. If there is no time set, there is no urgency to start and you may not achieve your goals because you never started.

## 2023-2024 4-H Dairy Goal

- My goal for the 4-H calendar year - (Pick something specific you would like to accomplish this year): (eg. Being comfortable talking in front of a group of people) \_\_\_\_\_

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- What skills are needed to attain my goal?

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- List 3 things you PLAN on doing to help you attain your goal:

1. \_\_\_\_\_

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2. \_\_\_\_\_

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3. \_\_\_\_\_

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- What do I need to help me attain my goal?

Individuals \_\_\_\_\_

Supplies \_\_\_\_\_

Events \_\_\_\_\_

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• What is the timeline for completing your goal? \_\_\_\_\_

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• How will you know you have completed your goal?

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• List 3 things you **HAVE ACCOMPLISHED** in attaining your goal:

1.

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2.

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3.

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Member Signature

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Parent Signature

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Leader Signature

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**April Leader Check** Leader \_\_\_\_\_ Date \_\_\_\_\_

# Dairy Project Photos

# Dairy Project Photos





## Supplemental Information

Please replace this sheet with your  
Permanent 4-H Record Book  
Form C0935

(\*The Permanent Record starts with your first year of 4-H. Each year you will add current year information to your existing permanent record.)