



Snohomish County



WASHINGTON STATE UNIVERSITY
EXTENSION



Snohomish County

CloverGram

May 19, 2023

Woohoo!

Congratulations to Amy Kovich, who has been awarded a 4-H scholarship from WSU CAHNRS (College of Agricultural, Human, and Natural Resource Sciences)!



PRIDE

Washington State 4-H
Teen Equity & Inclusion Task Force

New/Renewed Stuff:

Teen Conference: Now Open to Youth Outside 4-H! *Deadline Extended to May 22nd!*

Volunteers! Tell the teens in your groups about this opportunity! They can [apply for a grant from 4-H Council!](#)

June 20-23 in Pullman! <https://extension.wsu.edu/snohomish/teen-events/>

Check out all of the benefits of going: <http://extension.wsu.edu/4h/stc/workshop-descriptions/>

- **Tour the Vet School**
- **Participate in the Vet Clinic Simulation Center:** [Watch Video](#)
- **College Prep and Career Workshops:**
 - How to Apply
 - Scholarships
 - Financial Aid
 - Exploring Different Majors
 - Thinking About Your Future
 - It's All About Money
 - You're Hired! Practicing Interview Best Practices
- **Mental Wellness Workshops:**
 - Glow Yoga
 - Stress Management
 - Mentally Preparing for Adulthood
 - Holding Brave Space
 - Teens Helping Teens: A Guide to Mental and Emotional Health

AND SO MUCH MORE!

- Explore our Washington State University Campus in Pullman, WA
- Live in a college dorm for 3.5 days
- Eat cafeteria food with your new friends
- Meet other teens from across Washington State
- Participate in team-building challenges
- Challenge your leadership potential
- Participate in a state-wide service project making KIND CARE KITS for RONALD MCDONALD HOUSE OF CHARITIES across Washington State

Celebrate Pride Month with 4-H

Order a 4-H Pride t-shirt by May 22nd to have it in time for Pride Month! Supports the 4-H Teen Equity & Inclusion Task Force. <https://www.customink.com/fundraising/wa-4-h-pride-23>

Judges Needed for 4-H Jacket Awards!

Volunteers are needed to evaluate submitted applications/nominations and also to interview some youth who choose that option. Can you help for a few hours in early July? Training provided! Contact Kim Baker at kim.baker@wsu.edu or 425-520-3908.

Past CloverGram newsletters can be found at <https://extension.wsu.edu/snohomish/4h/resources/>