



# CloverGram December 9, 2022



#### **4-H Office Closure and Suspension of Office Hours**

The 4-H office will be closed to new business next week, so we can unpack from our recent move. Virtual office hours will be suspended accordingly. Please direct any emergent issues to the 4-H desk at 425-357-6044.



Be sure to check the Virtual Office Hours page during the holidays for dates of operation: https://extension.wsu.edu/snohomish/4h/4-h-stay-home-stay-healthy-resources/virtual-office-hours/

#### **New Masking Recommendation from Health Officials**

Because of the surge in respiratory illnesses across our state, health officials now recommend that everyone wear a high quality, well-fitting mask when around others in indoor spaces. We strongly recommend that all our 4-H gatherings to heed this advise, including at the Youth Leadership Conference this Saturday.

Additionally, we applaud all of you who have chosen to stay home and/or postpone events you are leading when you haven't been well. Thank you for protecting our 4-H community!

#### Question, Persuade, Refer (QPR)

When you are concerned that someone you know might be planning to harm themselves, what should you do? This free, 2-hour training will give you the steps to take as a front-line responder. All adults are welcome. <a href="https://extension.wsu.edu/snohomish/qpr-question-persuade-refer-prevent-suicide/">https://extension.wsu.edu/snohomish/qpr-question-persuade-refer-prevent-suicide/</a>

## **Reminders:**

### **2022 STEM CHALLENGE Next Saturday!**

Join 4-H Technology program leader Kenny Swope for this year's STEM Challenge, **Explorers of the Deep**, on Saturday, December 17<sup>th</sup>, 2-4:00 p.m. in the 4-H building at the Evergreen State Fairgrounds in Monroe!

Activities: 

Ocean Robot Test Tank 
Ocean Expedition 
Ocean Communicator

The challenge is targeted toward youth ages 8 to 14. Open to 4-H members and their guests who are interested in 4-H. Sign up here: <a href="https://wsu.co1.qualtrics.com/jfe/form/SV\_062K4eZ3K3otAGy">https://wsu.co1.qualtrics.com/jfe/form/SV\_062K4eZ3K3otAGy</a> FREE!

Learn more about the activities or order your own kit to participate independently at the <a href="mailto:national-4-H website.">national-4-H website.</a>

## Know Your Government (KYG): Think before you... Politics and the Media

Ask all your questions about Know Your Government or just find out more, any Wednesday, 11:00 – 12:00 in drop-in, virtual office hours with WSU's Dorothy Elsner at <a href="https://wsu.zoom.us/j/96686286603">https://wsu.zoom.us/j/96686286603</a>

Schedule of KYG prep sessions for Snohomish County group: https://s3.wp.wsu.edu/uploads/sites/2053/2022/12/KYG-2023-Flyer.pdf