



May 22, 2020

Dear Snohomish County 4-H Community,

We have been asked to absorb a lot of information and make many adjustments over the past two months. Many of us are feeling the strain of constant change. This weekend, I encourage you to give yourself permission to spend time indulging in activities that fill your cup, like taking a long nap, bringing your coffee or tea out to the porch, settling into a good book, or whatever else that refreshes you. I have given the 4-H staff very specific instructions to not think about work for just this weekend (a challenge, to be sure). Please, take the time just as they will be to be with yourself and be with your families, in whatever way you are able.

In addition, our long weekend will culminate on Monday when we will observe Memorial Day. We encourage you to take time to reflect on the meaning of this national day of observance, when we do what we can to honor the men and women who have died serving our country. To all those currently serving, and to those who have served in the past, we thank you. Many of you know firsthand what the meaning of sacrifice is, and many of you reading this have friends and family who gave all protecting us. I hope you can find comfort knowing we are thankful and honor their sacrifice.

A few updates for our 4-H community:

Bandana Design Contest! To help our 4-H members feel more connected to each other while they are apart, long-time 4-H supporter Flyin' Lions generously donated enough bandanas to provide one for each 4-H youth in Snohomish County. We are hosting a county-wide contest for members to submit a design that will be voted on. The winning design will be printed on all the bandanas! You can find full instructions here: [4-H Weekly Challenge](#)

We recognize that some of our community is still having a hard time connecting to the internet during this time. Approximately 485 drive-up WiFi hotspots have been installed across our state, one being at our local WSU Everett campus. These hotspots are available for all to use. An interactive map showing all locations can be found here: [State Drive-Up WiFi Hotspots](#)

We invite you to join an informational meeting to introduce plans to form a **Snohomish County Youth Advisory Council** on Friday, May 29th at 7 pm. Zoom link: [SnoCo 4-H Youth Forum Meeting](#) Password: 4-HFUN! Please feel free to share the event invite posted on our Snohomish County 4-H Facebook page in your program and club groups. If you would like a calendar invite, please email kim.baker@wsu.edu.

And finally, we are excited to invite you to join in our **Snohomish County 4-H Participation Hack-a-thon** event to brainstorm ways that we can respond to, adjust, and modify 4-H participation for our current situation, and beyond. Youth and adult members, as well as family and community members, are invited to attend! Two dates are currently reserved for this event: June 3rd, & June 4th at 6:30pm. <https://wsu.zoom.us/j/92281795129?pwd=RkZRWGFNeTFWOFdCVHZqSE03S28zUT09> or call 253 215 8782 and enter meeting ID 922 8179 5129

Thank you all, and I hope you can take some time for yourself this weekend.

Ashley Hall | 4-H Assistant Professor

And the Snohomish County 4-H Team

Beth Wangen | Volunteer Development Coordinator

Kim Marie Baker | 4-H Program Coordinator

Kristi Boyd | 4-H Administrative Assistant

HEAD

HEART

HANDS

HEALTH