



## Starting Crops Outdoors

CROP	PLANT DATE	SEED DEPTH	COMMENTS
Asparagus	Feb.-Mar.	crown 10"	Plant roots/crown. (Seeds take 3+ years to harvest.)
Green Beans Bush Pole	May-July May-June	1" 1"	Sow 3" apart and thin to 6-8". Pre-soak seeds an hour to speed germination. Grow pole beans on trellises or poles made into teepees: 2-3 seeds per pole.
Beets	Mar.-Aug.	1/4"-1/2"	Sow thick; thin for greens. Thin 3-4".
Carrots	April-July	1/8"-1/4"	Thin to 2" for half-long and baby types; 4" for full size.
Corn	May-June	3/4"	Start under cold frame or pre-warm soil with plastic.
Cucumber	May-June	3/4"	Sow 2 or 3 seeds per hill and thin to one plant.
Garlic	Oct.-Nov. Feb.	1"	Plant cloves with tips just below soil.
Mustard	Feb.-Sept.	1/8"-1/4"	Start heading types, "Choys", in pots indoors.
Onions	Jan.-Aug.	1/8" seed 1/2" sets	Use big sets for green onions & save small ones for bulb onions.
Parsnips	April-May	1/4"	Sweetest after a frost.
Peas Bush Pole	Feb.-July Feb.-July	3/4"-1" 3/4"-1"	Plantings after April should be virus-resistant varieties. Provide sticks as supports. Build trellis before planting.
Potatoes	Mar.-June	4"	Plant only "certified seed". Hill up plants as they grow.
Pumpkin	May-June	3/4"	May be started indoors in peat pots.
Radish Daikon	Jan.-Sept Jan.-July.	1/4" 1/4"	Some varieties planted only in July.
Spinach	Feb.-May July-Sept.	1/4"	Plant "winter" varieties in Sept. for fall and spring harvest.
Squash Summer Winter	May-June May-June	3/4" 3/4"	Can be started indoors in peat pots.
Swiss Chard	Mar.-Sept.	1/4 - 1/2"	Can be started in cups indoors.
Turnips	Mar.-Aug.	1/4"	Thin for greens.

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## Starting Crops Indoors

CROP	START DATE (Indoors)	TRANSPLANT	COMMENTS
Broccoli	Feb. - July	* Transplant twice: (or thin to 3" in flats and fertilize.)	Start fall varieties in June and July - Purple Sprouting, etc.
Brussels Sprouts	April - May	1st. time, with 1 true leaf to 3" apart in flats or to 4" pots. 2nd time, with 3-5 true leaves to outdoor beds.	Later crop over-winters.
Cabbage	Feb. - July	* Transplant deeply, bury stem to 1st or 2nd leaf (pick off buried leaf when planting).	Close spacing yields smaller heads.
Cauliflower	Feb. - June		Difficult to grow. Transplant promptly. Fertilize, water regularly.
Chinese Cabbage	Feb. - Mar. June - July (late var.)	Sow 2-3 seeds in pot/cup. Thin to 1 plant. Transplant with all soil intact.	Important to grow spring varieties for early crop. Other types will bolt.
Celery	Mar. - April	Transplant to 4" pots or to flats. Put out in May or June.	Difficult to grow.
Collards	Mar. - Apr. August	Thin to 2" in flats. Plant out when flats are crowded.	May be direct sown in spring.
Kale	Feb. - April July	May be handled like broccoli or collards.	May be direct sown in spring.
Leek	Jan. - April	When 1/8-1/4" diameter. Do not bury growing center.	Can sow in garden in Mar. for later transplanting. Plant over-winter varieties at same time.
Lettuce	Feb. - Aug	Thin to 1" in flats. Transplant out when crowding.	May be direct sown in beds from March on.
Onions, bulbing	Jan. - Mar. August	Plant out when stems are 1/8" diameter.	Over-winter varieties may be sown in August.
Peppers	March - April	May - June Grow in pots inside or in cold frames until mid-May.	Grow against south wall or under cold frame until July 1.
Swiss Chard	Feb. - Sept.	Sow 2-3 seeds in pot/cup. Thin to 1 plant. Transplant <b>with</b> soil.	Over-winters for spring harvest. May also be direct sown into beds.
Tomatoes	March - April	May - June Grow in pots inside or in cold frames until mid-May.	Grow against south wall or under cold frame until mid-June.