



CLOVER REPORT



Klickitat County 4-H Newsletter JUNE 2021

UPCOMING EVENTS

June 5th – Explore 4-H Composting! 10 am
June 9th – The Global Exploration Series Taiwan 5-6:30 pm
June 9th – Culture of Inclusion Workshop– Making the Best Better: Implicit Bias and Creating a More Inclusive 4-H, Part 1. 7 pm
June 12th – Introducing Soil Part II 4-H Workshop 10 am
June 12th–13th – Free Fishing Weekend, Washington State Parks
June 13th – Sheep & Goat Preshow 3-7 pm
June 15th – Deadline for the 4-H State Fair Patch Design Contest
June 16th – Culture of Inclusion Workshop– Making the Best Better: Implicit Bias and Creating a More Inclusive 4-H, Part 2. 7 pm
June 23rd – Culture of Inclusion Workshop– Addressing the Dress Code: Body Positivity 7 pm
June 25th – The Global Exploration Series Japan 4-5:30 pm
June 28th – Council Meetings – TBD
July 4th – Independence Day (WSU Extension Closed)

COVID-19 LINKS



CDC [here](#)

WA Department of Health [here](#)

WSU COVID-19 Updates [here](#)

4-H
WASHINGTON STATE UNIVERSITY
EXTENSION

*The Clark, Skamania, & Klickitat
4-H Team is here for you!*

OPEN OFFICE HOURS

Fridays, 11 am to 1 pm on Zoom
Bring questions, ideas, or a notepad
for brainstorming!

AROUND THE OFFICE

I'm really excited to have our first virtual health and nutrition program of the year up and running virtually with students at the REACH Afterschool Program.

Join in our Virtual Summer Series, either as a Teen Teacher or as a participant. Learn more below!

For local clubs interested in resuming in-person programming please contact the 4-H Office with any questions.

There are lots of fun opportunities to engage with 4-H this summer. If you are needing FREE learning resources on various projects we have a long list on our website at

extension.wsu.edu/klickitat/4h/virtual-4-h-programs/4-h-virtual-project/

QUICK CLICKS

Virtual 4-H+ Activities [here](#)

State 4-H Newsletter [here](#)

Virtual 4-H Resources [here](#)

Participating in 4-H Before Phase 4 [here](#)

4HOnline [here](#)

4-H Curriculum [here](#)

Leader Resource Page [here](#)

Like us on Facebook [here](#)

Log Volunteer Hours [here](#)

WA State 4-H Projects List [here](#)

County Extension Website [here](#)

Happy Pride!!

WSU 4-H is committed to being inclusive and welcoming all forms of diversity. This month we join in celebrating PRIDE month because we believe every individual has the right to be part of a community that validates and celebrates who they are. We stand with all of our LGBTQ+ Members, Volunteers, and staff! [Learn more about the efforts of the WA State 4-H Equity & Inclusion Task Force.](https://extension.wsu.edu/4h/)



CULTURE OF INCLUSION WORKSHOP SERIES

May 5 LGBTQ+ Inclusion: Intent vs. Impact
May 12 4-H PRIDE
May 19 LGBTQ+ Inclusion: Why Pronouns Matter
May 26 Experiencing Identities
June 2 Anti-Racism: Upstanders vs. Bystanders
June 9 Make the Best Better: Implicit Bias and Creating a More Inclusive 4-H, part 1
June 16 Make the Best Better, part 2
June 23 Addressing the Dress Code: Body Positivity

Extension programs and employment are available to all without discrimination. Evidence of noncompliance may be reported through your local Extension office.

The purpose of the Washington State 4-H Teen Equity and Inclusion Task Force is to facilitate and support an inclusive 4-H youth organization. Using compassion and empathy, the task force strives to create an open and safe environment to celebrate and embrace our diversity. **All adults and teens are welcome to attend Task Force workshops! Register NOW at the task force's webpage, wa4hteenequity.weebly.com/**

States' 4-H

Global Exploration Series June Sessions

This summer, join States' 4-H for a **free virtual trip** around the world! Tour **six countries** to learn about their culture, language, and participate in hands-on activities.

Taiwan

Wednesday, June 9
5 - 6:30 PM PT
8 - 9:30 PM ET

Japan

Friday, June 25
4 - 5:30 PM PT
7 - 8:30 PM ET

June Sessions

**Register for the
June Sessions
today!**

Registration
Link

Each 75-90 minute session will feature:



Language 101
Intro to language learning, basic phrases, songs



Country Trivia
Learn about each country's history and culture in an interactive way



Hands On Activity
Join a hands-on craft or cooking activity that is unique to each country



Global Connection
Learn from program partners and youth across the world!

6 Sessions • 6 Countries • 6 Interactive Experiences

Don't miss the virtual
**Introducing Soil
Part II**

4-H workshop
on June 12, 10 a.m. PDT.
It's FREE!

Join us to learn why
understanding soil is
important for gardening.

**You can attend Part II without
having completed Part I.**

#Opportunity4All

When: Jun 12, 2021 10:00 AM Pacific Time (US and Canada)
Register in advance for the zoom.

Contact Us

228 W Main, MS-CH 12 Goldendale, WA 98620

Leave a message at (509)773-5817

Klickitat County 4-H

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For questions comments, concerns, or to be featured in the newsletter, please email



HEALTHY HABITS

VIRTUAL SUMMER SERIES



Who: Kids in Clark, Klickitat, and Skamania ages 5 - 12



What: Join us for virtual lessons on nutrition, gardening, cooking, and physical activities taught by local teen-teachers!

When: Choose an offering

FREE

Day Camp Daily 10 - 11:30 am June 28th - July 2nd

Weekly Sessions Thursdays 3:30 - 4:30 pm July 1st - August 5th

Get a free kit, earn a Farmers Market Certificate, and earn prizes along the way!

Where: Sign up by June 19th at extension.wsu.edu/klickitat/

4HOnline is all new!



Youth may still enroll after the deadline to ensure they are covered by 4-H insurance.

Go to: v2.4honline.com



HEAD



HANDS



HEART



HEALTH



YOUTH WILL:

LEARN TO MAKE HEALTHY CHOICES

GROW FOOD AT HOME

EAT NEW FOODS AND MAKE NEW RECIPES

GO MOVE AROUND WITH FUN ACTIVITIES

Register for Creative Connecti-ons at:
<https://forms.gle/pW9SRL2dhxKSBntv7>



JOIN IN ON THE VIRTUAL FUN!

CREATIVE CONNECTIONS

TWO MEETINGS TO JOIN IN JUNE

June 3rd @ 5:00pm: Volcano Science!

Register to receive the links to plug in for these fun events!

June 18th @ 4:00pm: Garden Science!

WSU Extension programs are available to all!

Brought to you by:



Skamania County

WASHINGTON STATE UNIVERSITY EXTENSION

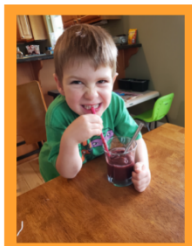


Be a Healthy Living Teen Ambassador!



What does a Healthy Living Teen Ambassador do?

- Attend fun training sessions with other teens where you will learn to help younger kids have fun while they learn about health, nutrition, and fitness
- Facilitate lessons on healthy living, including reading books, asking questions, and engaging with kids
- Lead active games and exercises
- Show kids how to make simple, healthy snacks



Why should you be an Ambassador?

- Earn an Amazon gift card
- Add experience to your resume
- Flex your leadership skills
- Optional future travel opportunities to local, regional, state, or national conferences
- Build your social group
- Give back to your community
- Learn by doing!

Virtual Teen Teacher Training Saturday, June 19th
Program Dates Daily Camp June 28th-July 2nd
Weekly Sessions Thursdays July 1st-August 5th

The Market Sale and Pre-Shows are hosted by the Klickitat County Fairboard.

Print off Pre-Show Forms here!



HEAD



HEART



HANDS



HEALTH

Learn more about the Klickitat County Fair & the Market Stock Sale
klickitatcountyfair.com/

WEIGH IN 2021

Youth must be enrolled
FFA or 4-H Members by
all applicable deadlines

Steer Pre-Show

March 21st
1-4 pm

Pre-Show
no minimum weight



Swine Pre-Show

May 10th
4-8 pm

Pre-Show
45- 105 lbs



Sheep Pre-Show

June 13th
3-7 pm

Pre-Show
50-100 lbs



Goat Pre-Show

June 13th
3-7 pm

Pre-Show
45 lbs minimum



Rabbits Entry Form Due

July 23rd

see premium
book for weights



Poultry Entry Form Due

July 23rd

see premium
book for weights



WSU EXTENSION
CAHNRS COMMUNICATIONS

ANIMAL SCIENCE PODCAST

The Cougs Talk Stock Podcast Team is excited to announce that their first four episodes have been released! Their WSU Extension podcast focuses on science-based, relevant animal science topics for those interested in livestock production, those that raise livestock, and those that want to learn more about animal science topics, such as 4-H and FFA members. Each episode, an industry expert is interviewed by Cougs Talk Stock hosts Dr. Don Llewellyn, Hannah Brause, Natasha Moffitt-Hemmer, and Sarah Dreger. The team invites you to check out the first four episodes and tune-in every other Wednesday for new releases.

The Cougs Talk Stock podcast website can be found

at: <https://soundcloud.com/cougstalkstock> or on Apple Podcasts.

Please contact us with any questions, comments, or episode suggestions at cougstalkstock@wsu.edu.

The 2021 Washington 4-H State Fair Patch Design Contest is now open to all Washington State 4-H members! The winning patch design will be selected by members of the Washington State 4-H Fair Board, 4-H State Fair Manager, and a representative from the company that manufactures the patches. The creator of the winning patch design will receive a patch and a cash award.

- Guidelines and General Rules for entering can be found [here](#).
- The Official Entry Form can be found [here](#).
- THE DEADLINE FOR ENTRIES IS JUNE 15, 2021

For more information, contact: Tom Gwin, WA State 4-H Fair Manager Email: tagwin@wsu.edu

2021 4-H State Fair Patch Design Contest Open Now!

THE DEADLINE FOR ENTRIES IS JUNE 15, 2021



Your Design Could Be Here!



SKILLS CONTEST

For the remainder of this 4-H year, we are offering Skill Builder monthly challenges and participating is simple!

1. Go to our website and view the instructions for each challenge.
2. Complete the challenges.
3. Send in a photo of the completed challenge by the end of the month (instructions are provided) to the 4-H Office.

That's it! For each challenge you complete and submit a photo of, you will be entered into a drawing for prizes at the end of the 4-H year. The Skill Builder Monthly Challenges will be offered through September 2021, and the drawing will take place during National 4-H week at the start of October. Have fun, and build those skills!

Reminder

While it has been some time since we have all been able to gather as clubs, we must remain diligent to keep our personal distance and remember that we must continue to only meet virtually.



Skill Builders MONTHLY 4-H CHALLENGE



Complete any of our monthly Skill Builders challenges and send a photo of the finished project to the 4-H office to be entered into a drawing for prizes! Detailed instructions at <http://extension.wsu.edu/klickitat/4-h-skill-builders/>

FOOD CHALLENGE



Build a Link Chain to track new foods tried throughout the summer months. Set a goal for how many links you want to add and become a more adventurous eater!

STILL CHALLENGE



Start a collection! Make a plan for a display, choose what and how you want to collect things, and prepare to share them.

JUNE

LEADERSHIP CHALLENGE



Plan a day of fun for your family! Follow our scenario guides and create a plan for safe learning and play.

ANIMAL CHALLENGE



Go Fishing on Washington State Free Fishing Weekend (June 12-13, 2021) and make flashcards or a poster to help you remember how to identify local fish.

For more information, email abby.brandt@wsu.edu

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Klickitat County
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Read, create, explore, and learn with the Library all summer long!

- **Who?** All ages. Library card not needed!
- **When?** June 15–August 15, 2021
- **What?** Track your reading and other activities for a chance to win prizes, and join each week for fun, free [virtual programs](#)!