

4-H LUNCH ON THE GO ACTIVITY SCORECARD

Exhibitor Name _____

Grade Division (Check one)

Years in 4-H _____

_____ Jr. (Gr. 3-5)

Years in 4-H Foods _____

_____ Int. (Gr. 6-8)

_____ Sr. (Gr. 9-12)

Judging Criteria	Possible Points	Points Scored	Comments
1. PERSONAL SKILLS – Neat and clean appearance – Courteous – Explained procedures well	15		
2. FOOD PREPARATION SKILL & TIME MANAGEMENT – Preparation done in logical order – Use and care of equipment done correctly and safely – Made accurate measurements; no pre-measurements – Proper packaging used to avoid drying out – Napkins, sanitized wipes, utensils and condiments included as needed	20		
3. FOOD AND KITCHEN SAFETY – Foods selected would be safe in lunch – Avoided cross-contamination of foods during preparation – Washed hands as needed – Used equipment with ease, skill, and safety – Kept work areas in order – Foods packed to be safe after 5 hours at room temperature – Perishable foods kept below 40 degrees – Appropriate storage container	20		
4. CLEANUP – Done in orderly fashion – Sanitized when and where needed	10		
5. KNOWLEDGE OF PACKED LUNCHES – What Food Groups are represented or missing? – Cost comparison to purchased lunch – How quality is affected by packaging techniques	20		
6. FOODS SERVED/PREPARED – Creative choice of foods – Pleasing combination of flavors, colors, texture, etc. – Is it nutritious? – Does it fit within a day's menus?	15		
TOTAL POINTS	100		

Circle Ribbon Placing

Blue = 90-100

Red = 80-89

White = 70-79

Judges initials _____

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