**Pump Up Your Financial** Fitness!

**October 27, 2018** 

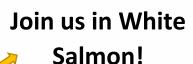
in agriculture Conference

WomenInAg.wsu.edu

Strengthen Your Farm Operation with a Healthy Cash Flow

Our networks keep getting bigger in 2017, over 600 women at 39 (wow!) locations gathered to learn, network and be inspired - be one of the women in agriculture who attends this year!

Women (and men) at each location will watch our featured speakers on videoconference, with the opportunity to interact. The rest of the day will include a local panel of women farmers who will talk about how they balance their lives - with their top tips for handling finances and their personal lives. The final take-away messages will be all about making it possible to do what you love most! Join us for learning and networking!



8:00 am to 3:30 pm **Pioneer Center** 501 Washington St.

(509) 773-5817

### In Washington:

Bremerton Chehalis Colville Coupeville **Mount Vernon** Nespelem Olympia Pasco **Port Hadlock** Pullman Renton Republic Ritzville Spokane Vancouver Walla Walla White Salmon Wenatchee

#### In Montana:

Bozeman

Yakima

### In Alaska:

**Delta Junction Fairbanks** Kenai **Palmer** 

## In Oregon:

La Grande Prineville Salem The Dalles

## In Idaho:

**Bonners Ferry** Caldwell Coeur d'Alene McCall Sandpoint **Twin Falls** 

Watch the website for more to come!

# **Featured Speakers**

# **How Does Your Cash Flow?**



Robin Reid, Farm Economist, Kansas State University Extension LaVell Winsor, Farm Analyst, Kansas State University Extension



Robin was raised on a family farm and now as a farm economist, she helps farmers understand farm financial management. She knows the importance of sound recordkeeping. LaVell is a third generation farmer and helps farmers analyze their businesses and make decisions based on the farm financials. Together they will help you build and improve your annual cash flow system. Learn strategies to start projections for the coming year, monitor cash flow against actual income and manage family living expenses. You will leave with a document to do your own cash flow and strategies to improve the bottom line.

# **Attention Women: YOU are a Valuable Part of Agriculture**



Sarah Beth and her husband raise cattle in Indiana and as an entrepreneur launched a retail meat business. Her mission as a farmer and ag

business consultant is to help women be successful and profitable doing "what they love the most." Her message includes new ways to prioritize and do the most important things first. Hear the "fresh facts" from research that prove the distinct value women bring to the farm. You won't want to miss her ideas for encouraging women to farm and some easy ways to develop the women you employ. This is the right time for women to celebrate their contribution to agriculture and be recognized for their unique impact.

To receive updates and details on the conference: Email: donna.rolen@wsu.edu or call: 509.745.8531

WSU Extension program and employment are available to all without discrimination.