



### **4-H Horse Leaders Meeting on Thursday, March 20**

The next 4-H Horse Leader meeting will be on Thursday, March 20 at 6:30pm in Lyle at the Lyle Activity Center (on 3<sup>rd</sup> street and Hwy 14). Carpooling may be available from Goldendale. Contact Pat Shamek at 541-993-9560 or Lisa Harness at 509-773-5817 for further details.

Interested 4-H leaders, parents and 4-H horse members who would like to be a part of planning events and education for our county horse program will want to attend these meetings. This is a good way to stay up-to-date on current 4-H Horse project information, too.

### **4-H Leaders' Council Meeting - March 31, 2014**

The March 31 Klickitat County 4-H Leaders' Council training and meeting will be held in the 4-H room at the Klickitat County Fairgrounds in Goldendale. The Leader training session will begin at 6:30 pm. The meeting will begin at 7pm.

These meetings are where the "business" of our county 4-H program is conducted. Leaders, parents and youth who attend these meetings help determine the direction of our county program. Please attend as many meetings as you can. 4-H clubs are encouraged to have a representative regularly attend meetings.

### **March 15: 4-H Horse Basic Skills & Patterns at the Grange Hall, 9am to 11:30am**

Basic Skills & Patterns at the Goldendale Grange Hall from 9:00am to 11:30am. This is a horseless event. Attendees will learn about bits and biting, cueing your horse by leg, seat and voice commands, and leads. Come prepared to enjoy a fun experience by being the rider or the horse. We will work on caring for your tack, preparing for spring riding and developing skills in pattern work. Contact Pat Shamek for more information at 541-993-9560.



### **Upcoming Rabbit and Cavy Clinics in March and April**

Rabbit and Cavy Clinics will be held Sunday, March 16, 1-4pm and Saturday, April 12, 9am to noon. The location for both clinics will be the Small Animal Building at the Klickitat County Fairgrounds in Goldendale, WA.

The March 16 clinic will cover fitting and showing along with total rabbit and cavy care: ears, eyes, teeth, nails, weights, food/hay, breeding, nests and cages. There will be demonstrations on how to show your rabbit or cavy breed.

The April 12 clinic will cover beginning breed judging for rabbits and cavies. 4-Hers will learn how to develop, write and present oral reasons and learn the basics of judging. All participants will judge both rabbits and cavies. This skill-building clinic will help 4-Hers participate in judging contests and gain additional knowledge about qualifying to be part of a judging team for state fair and other shows. There will be demonstrations and plenty of opportunities for asking questions and getting answers.

What to bring with you to the clinics: Notebook, pencils or pens (be sure to take notes for each clinic); animal(s): please bring fitting and showing rabbit or cavy in a leak-proof carrying case. Questions? Contact Cathy Johnson, 206-261-7055, Brandie Read, 509-773-3006, or Sonya Reed-Shields, 509-493-4147.

### **March 23: 4-H Workshop: Fun with Fabric!, Goldendale Grange, 1 to 4pm**

Fabric is so versatile! Participants will have the opportunity to learn to do a project in an afternoon. Plan to bring a 1/2 yard each of cotton fabric in 2 or 3 coordinated colors for your project. We will give you several ideas to choose from. Other basic sewing supplies to consider bringing are pins and scissors. If you have your own sewing machine, you are welcome to bring it to use. We will have some sewing machines available to use as well. For more information, contact Pat Shamek at 541-993-9560.

### **April 1: 4-H Clinic: Cake Decorating, Goldendale Grange, 9am-noon**

Back by popular demand! Plan to bring a six inch single layer cake to decorate at this clinic. First time? This is a great way to learn and practice different techniques for working with frosting and designs. Have some decorating practice? This will be a chance for you to pull past experiences together to decorate your cake or to learn some new techniques. Please contact Pat Shamek at 541-993-9560 if you plan to attend or if you have questions.

### **Cougar Youth Weekend 2014**

The WSU Dairy Club invites youth aged 8 to 18 to join them at the Knott Dairy Center in Pullman, March 28-30, for a weekend of learning about the Dairy Industry and fitting and showing heifer calves. This event includes a tour of a WSU facility, and workshops including reproduction, nutrition and dairy products. On Saturday, participants can choose to either participate in a workshop on showmanship or dairy judging. For details go to <https://sites.google.com/site/cougaryouthweekend/register>.

### **Klickitat County 4-H Spring Break Horse Clinic – April 4, 5, and 6**

Don't miss the 4-H Spring Break Horse Clinic April 4-6, 2014 at the Klickitat County Fairgrounds.

**Friday, April 4 - Check-in and orientation at noon. Clinic runs 1-5pm:** The focus will be on ground training, lunge line work, and beginning work with your horse.

**Saturday and Sunday, April 5 & 6 - Check-in and orientation at 8am (both days). Clinic runs 8am-4pm:** the focus will be on showmanship, proper equipment, trail, and horsemanship.

Early registration is appreciated. Cost is \$50 per participant for all three days or \$30 per day. For families with three or more participants, the cost is \$40 per participant for all three days. Registration cost includes lunch (Saturday and Sunday) for clinic participants. All other attendees can purchase lunch for \$5 at the event.

Contact Martha Parsons at 509-637-4016 or Pat Shamek at 541-993-9560 for additional information. Registration forms are available at the Extension office and online at <http://klickitat.wsu.edu>.

### **Goldendale Grange Mini-Fair is Coming in April**

Calling all entries! The annual Grange Mini-Fair is coming soon! Arts and crafts, paintings and drawings, photography, sewing, needlework, quilting, baking and canning entries – there are many classes in which items can be entered. All Klickitat County residents over 5 yrs old can enter.

Entries may be brought to the Goldendale Grange Tuesday, April 15 from 1pm to 7pm and Wednesday morning, April 16 from 7am to 9:30am. The grange will be closed for judging from 9:30am to noon. Entries will be on display for the public from noon to 5:30pm. Entries can be picked up after 5:30pm. Contact Lucille Bevis at 509-773-9122, Mary Ann Enyeart at 509-773-4283 or Glenda Bowdish at 509-773-3608 for more additional information.

### **2014 Swine Pre-Show Cancelled**

Due to the recent confirmed cases of Porcine Epidemic Diarrhea (PED) virus in Idaho and California, the Klickitat County Fair Board has chosen to take some additional bio-security precautions in 2014.

There WILL NOT be a swine pre-show this year. Market swine exhibitors are still required to complete a swine pre-show entry form and return it (postmarked) by May 12, 2014 to Helen Rolfe, 148 Hactor Rd, Goldendale, WA 98620. To confirm ownership of the hog by the pre-show date, the form MUST be signed and dated by the producer that you are getting your hogs from. All hogs that make weight (240 lbs to 290 lbs) will be tagged at the fair at weigh-in.

Due to the severity of this PED virus, there will be NO swine breeding stock exhibited at the fair in 2014. And, for this year only, the swine show will be a terminal show. Any swine that come to the fair must go to a slaughter facility at the end of the fair.

There is no public risk from PED virus as it is not transferred to other animals or humans. It is also not transferred through pork products so it is safe to purchase a hog for human consumption at the fair.

Detailed letters were sent out from the fair board to potential swine exhibitors and club leaders with additional materials and forms. If you have any questions or concerns, you may call either Sara Link, Swine Superintendent at 509-250-2299 or WSDA Animal Services at 360-902-1878.

### **Links for more information:**

<http://agr.wa.gov/News/2014/14-05.aspx>

<http://www.capitalpress.com/article/20140221/ARTICLE/140229970/1318>

<http://eden.lsu.edu/Topics/AgDisasters/Documents/PED%20fact%20sheet.pdf>

<http://agr.wa.gov/>

### **Washington State 4- H Hall of Fame Nomination**

It's time once again to start thinking about submitting Washington State 4-H Hall of Fame nominations!

The Washington State 4-H Hall of Fame was established in 2002 to recognize individuals and organizations that have had a significant impact upon the 4-H Youth Development Program and/or its members and leaders at any time since 4-H's beginning. Each year at the WA State 4-H Forum in October, we recognize and induct additional members into the Washington State 4-H Hall of Fame. Anyone who has made a significant contribution to the development of 4-H or 4-H'ers in Washington State is eligible to be nominated for this honor.

See the [application form](#) on the state 4-H website for additional details. Hall of Fame nominations for this year are due by **June 1**.

### **April Fools Boer Goat Weekend**

The Cascade Boer Goat Association invites 4-H and FFA youth to the April Fools Boer Goat Weekend to take place on **March 29-30**, at the Kittitas Valley Event Center in Ellensburg. The event includes ABGA-sanctioned shows, educational seminars, a market goat pen sale, prospect wether jackpot classes, and group classes. For complete details and registration information, visit the [event website](#) or see the [Market Goat Sale flyer](#) for details for sellers/buyers.

### **The Healthy Lunchtime Challenge is Back**

First Lady Michelle Obama is again teaming up with the U.S. Department of Education, the U.S. Department of Agriculture, and Epicurious to host a nationwide recipe challenge to promote cooking and healthy eating among America's youth. Parents or guardians and their children, ages 8-12, are invited to submit an original lunch recipe that is healthy, affordable, and tasty, with the opportunity to be invited to attend a [Kids' "State Dinner"](#) here at the White House where a selection of the winning healthy recipes will be served. [Click here](#) for more information.

Don't forget to use USDA's [MyPlate](#) as a resource to make sure your recipe meets the healthy standards incorporated into the *MyPlate* icon. Entries should represent each of the food groups, either in one dish or as parts of a lunch meal, including fruits, vegetables, whole grains, lean proteins and low-fat dairy foods, with fruits and veggies making up roughly half of the plate or recipe. The challenge deadline is **April 5<sup>th</sup>**, so head into the kitchen and get cooking!

### **Changing Lives**

*by Michael Josephson, Josephson Institute*

Long ago when I was a law professor, I was at a conference and a man I didn't recognize greeted me warmly. He said he wanted to thank me for changing his life.

I was embarrassed as I listened to him tell me that he had met me after a speech I had given at his law school. He said he was discouraged and disheartened about ever becoming a lawyer and that he was ready to quit. But I had counseled him and he had decided to stick it out.

He said he had been looking for me so he could tell me personally that not only had he graduated but had just become the nation's first Mexican-American law school dean.

His decision to seek me out to share the story was a generous and much-appreciated gift I'll never forget. But his description did not ignite my memory and I felt shallow and ashamed. Here this fellow was expressing deep gratitude for something I could not recall. I only began to forgive myself when I realized I didn't remember the incident because I engaged in this sort of discussion with students often, and this conversation was not extraordinary for me. That's what teachers are supposed to do: share their knowledge, provide alternative perspectives and offer encouragement and inspiration.

"Teachable moments" often arise unannounced and unnoticed. Teachers and parents hardly ever know what will be remembered and what will be forgotten. But if we want to have an occasional lasting impact we have to have faith that at least some of the things we say will really matter. And since we can't always know what those things are, we have to presume that everything we say will matter.

*This is Michael Josephson reminding you that character counts.*

## Klickitat County 4-H Calendar of Upcoming Events

### **REVISED: Market animal pre-show/weigh-in dates for 2014**

Beef: March 23

Swine: Cancelled

Sheep/Goat: June 9

Poultry/Rabbit: August 12

Contact the Extension office for details

### **MARCH 2014**

- 20 4-H Horse Leaders' Meeting, 6:30pm, at Lyle Activity Center in Lyle, WA
- 22 Cattlemen's Banquet, 7pm, Elks Lodge, White Salmon
- 22-23 4-H Teen Leadership Summit, Cle Elum, WA
- 23 4-H "Fun with Fabric!" Workshop, 1 to 4pm, Goldendale Grange Hall
- 23 Beef pre-show/weigh-in, Klickitat County Fairgrounds, 1pm to 4pm
- 31 4-H Leaders' Council Meeting, 4-H leader training at 6:30pm, meeting at 7pm, 4-H Room, KC Fairgrounds

### **APRIL 2014**

- 1 4-H Cake Decorating Workshop, 9am to noon, Goldendale Grange
- 4-6 Spring Break 4-H Horse Clinic, Klickitat County Fairgrounds
- 12 4-H Rabbit/Cavy Clinic, 9am to noon, Small Animal Bldg, Klickitat County Fairgrounds
- 12 Demonstration Day – State Qualifying Event, starts at 1pm, 4-H Room, Klickitat County Fairgrounds
- 14 4-H Family Living leaders meeting, 6:30pm, Goldendale Grange hall
- 15 Fair Board meeting, 7pm, Klickitat County Fairgrounds
- 17 4-H Horse Leaders Meeting, 6:30pm at Lyle Activity Center in Lyle, WA
- 26 4-H Container Gardening Workshop, 9am to noon, location TBA
- 28 4-H Leaders' Council Meeting, 4-H leader training at 6:30pm, meeting at 7pm, 4-H Room, KC Fairgrounds

### **MAY 2014**

- 1 **DEADLINE: Horse / Dairy Cattle / Dairy Goat certificates DUE to Extension office by 5pm**
- 12 Deadline/postmark date for 2014 4-H/FFA swine exhibitor forms
- 12 **NO SWINE PRE-SHOW** – Cancelled for 2014 – contact the Extension Office for more information
- 12 4-H Family Living leaders meeting, 6:30pm, Goldendale Grange hall
- 15 4-H Horse Leaders Meeting, 6:30pm at Lyle Activity Center in Lyle, WA
- 18 4-H Photography Workshop, 1pm to 4pm, location TBA
- 19 4-H Leaders' Council Meeting, 4-H leader training at 6:30pm, meeting at 7pm, 4-H Room, KC Fairgrounds
- 20 Fair Board meeting, 7pm, Klickitat County Fairgrounds
- 26 Memorial Day Holiday – County offices closed

### **JUNE 2014**

- 22-24 Washington State 4-H Teen Conference, Pullman

4-H is a community of young people across America who are learning leadership, citizenship and life skills.

---

*WSU Extension programs and policies are consistent with federal and state laws and regulations on nondiscrimination regarding race, color, gender, national origin, religion, age, disability, and sexual orientation. Evidence of noncompliance may be reported through your local Extension office. Persons with a disability requiring special accommodation while participating in Washington State University-Klickitat County Extension programs may call 509-773-5817 in advance of the program. If accommodation is not requested in advance, we cannot guarantee the availability of accommodation on-site.*