



4-H Horse Member Riding Time

Riding time may be available Wednesdays through March 2014 at the Klickitat County Fairgrounds from 3pm to 5pm for **currently enrolled** 4-H horse project members and leaders. **Completed enrollment forms must have been received at the 4-H office along with 4-H insurance payment (\$2 for horse project).** For more information contact Lisa Harness at the Extension office, 509-773-5817.



4-H Horse Leaders Meeting - February 20th



The next 4-H Horse Leader meeting will be on Thursday, February 20 at 6:30pm in Lyle at the Lyle Activity Center (on 3rd street and Hwy 14). Carpooling may be available from Goldendale. Contact Pat Shamek at 541-993-9560 or Lisa Harness at 509-773-5817 for further details.

Interested 4-H leaders, parents and 4-H horse members who would like to be a part of planning events and education for our county horse program will want to attend these meetings. This is a good way to stay up-to-date on current 4-H Horse project information, too.

4-H Leaders' Council Meeting - February 24th

The February 24 Klickitat County 4-H Leaders' Council training and meeting will be held in the 4-H room at the Klickitat County Fairgrounds in Goldendale. The Leader training session will begin at 6:30 pm. The meeting will begin at 7pm.

These meetings are where the "business" of our county 4-H program is conducted. Leaders, parents and youth who attend these meetings help determine the direction of our county program. Please attend as many meetings as you can. 4-H clubs are encouraged to have a representative regularly attend meetings.

February 9: 4-H Sewing Workshop, 1 to 4pm

Our 4-H sewing workshop will be Sunday, February 9, 1-4pm at the Goldendale Grange. The workshop will be about making a basic, simple pair of pajama bottoms. Plan to bring at least 2 yards of suitable fabric (cotton, flannel) and thread to use. Other basic sewing supplies to consider bringing are pins, scissors and a measuring tape if available. If you have your own sewing machine, you are welcome to bring it to use. We will have some sewing machines available to use as well.



Have questions? Contact Pat Shamek at 541-993-9560 or Lisa Harness at 509-773-5817.

H.U.G.S. FAIR



The annual H.U.G.S. (Help Us Grow Safely) Fair will be held on March 8 from 10 a.m. to 2 p.m. in White Salmon at the Henkle Middle School. The fair is designed primarily for children in pre-school through age 12 and their families. There is no admission charge. There are plenty of hands-on educational activities, door prizes and give-aways. Everyone is welcome!

Volunteers needed for H.U.G.S. Fair - Is your club looking for some community service ideas or opportunities? Come volunteer at the H.U.G.S. Fair! Lots of help is appreciated with event set-up and clean-up at the end. During the event, 4-Hers or 4-H clubs could help with passing out snacks, greeting the public, helping with the 4-H booth – there are lots of possibilities. Contact Lisa Harness to volunteer – it's a great event!

Upcoming Rabbit and Cavy Clinics in March and April



Rabbit and Cavy Clinics will be held Sunday, March 16, 1-4pm and Saturday, April 12, 9am to noon. The location for both clinics will be the Small Animal Building at the Klickitat County Fairgrounds in Goldendale, WA.

The March 16 clinic will cover fitting and showing along with total rabbit and cavy care: ears, eyes, teeth, nails, weights, food/hay, breeding, nests and cages. There will be demonstrations on how to show your rabbit or cavy breed.

The April 12 clinic will cover beginning breed judging for rabbits and cavies. 4-Hers will learn how to develop, write and present oral reasons and learn the basics of judging. All participants will judge both rabbits and cavies. This skill-building clinic will help 4-Hers participate in judging contests and gain additional knowledge about qualifying to be part of a judging team for state fair and other shows. There will be demonstrations and plenty of opportunities for asking questions and getting answers.

What to bring with you to the clinics: Notebook, pencils or pens (be sure to take notes for each clinic); animal(s): please bring fitting and showing rabbit or cavy in a leak-proof carrying case. Questions? Contact Cathy Johnson, 206-261-7055, Brandie Read, 509-773-3006, or Sonya Reed-Shields, 509-493-4147.

4-H Teen Leadership Summit

Looking for that 'something extra' for your middle school teens to strengthen their leadership skills and involvement in your county 4-H Program? Consider Teen Summit, **March 22-23!** This education, fun event is designed just for this audience with all workshops facilitated by the 4-H State Ambassadors. 4-H Teen Leadership Summit will be held at Camp Koinonia in Cle Elum, WA.

Get the schedule, registration forms and additional information at: <http://4h.wsu.edu/members/summit.html>. Promotional flyers are available online at: <http://4h.wsu.edu/members/documents/SummitFlyer14.pdf>. Registration cost is \$95 and is open now. Registration and other forms are due by **March 3**.

Teens interested in attending should contact Lisa Harness at 509-773-5817 as soon as possible for potential transportation options. Partial scholarships may be available for this event.

Cougar Youth Weekend 2014

The WSU Dairy Club invites youth aged 8 to 18 to join them at the Knott Dairy Center in Pullman, March 28-30, for a weekend of learning about the Dairy Industry and fitting and showing heifer calves. This event includes a tour of a WSU facility, and workshops including reproduction, nutrition and dairy products. On Saturday, participants can choose to either participate in a workshop on showmanship or dairy judging. For details go to <https://sites.google.com/site/cougaryouthweekend/register>.

PNW 4-H Shooting Sports Leader Trainings

Plans have now been made for two different 4-H Shooting Sports Leader Trainings to be held in Coeur d'Alene, ID this spring. These trainings are open to past 4-H Shooting Sports leader training participants, along with any new leaders throughout Idaho, Oregon, and Washington to participate in as specified below.

The first training will be held the weekend of **April 26-27**, and is designed for leaders to gain their **initial 4-H shooting sports leader certification in archery, hunting, pistol, rifle, and/or shotgun**. Participants can potentially secure certification in two of these disciplines by completing both days. To best accommodate training requests, there is a space provided on page 2 of the registration form to rank which discipline(s) volunteers seek certification in – if they are interested in more than two disciplines, they need to rank all applicable disciplines. Complete details are contained within the registration flyer. The half-page registration flyer, waiver form and payment must be received no later than **Friday, April 18**.



The second training is an **Advanced Archery** session the weekend of **May 10-11**. This training is for 4-H archery shooting sports leaders who have at least one year of actual archery leader experience (those certifying in archery at the April 26-27 event are not eligible). Our featured instructor is Ken Loucks, who serves as an instructor at national level trainings, is a lead coach trainer for USA Archery and has worked with US Olympic Archery Team coaches. Participants will gain extensive knowledge and skills which will enable them to pass the USA Archery Level 2 certification. Because of the in-depth nature of this training and to insure sufficient individual attention, this training is limited to the first 20 fully-paid registrants. Registrations must be received by **April 25th**. (**Note:** due to instructor availability, this training falls on Mother's Day weekend. We encourage participants to bring their spouse and enjoy a mini-vacation in beautiful Coeur d'Alene).

Registration packets for both trainings can be found online under the Shooting Sports heading at this link: <http://extension.uidaho.edu/kootenai/category/4-h/4-h-workshops-and-training/>. If there are questions about either of these trainings, please contact Jim Wilson at jwilson@uidaho.edu or call 208-446-1685.



It's 4-H Scholarship Time Again!

Washington State 4-H is excited to announce a new scholarship this year to add to our existing ones. It is called the Thomas R. Quann Scholarship Fund and is worth \$500. As with all 4-H state scholarships, high school seniors will have a priority for the award. Current and former Washington State 4-H members are eligible to apply. Applicants must have accumulated at least two years of 4-H affiliation. Previous Washington State 4-H scholarship recipients are not eligible to apply.

Washington 4-H Scholarships **require all six pieces of the [Washington State 4-H Scholarship Application Packet](#)**. Each applicant will be considered for all Washington State 4-H Scholarships. These applications must be postmarked by **March 1, 2014**. These scholarships may be used at any institution offering post-secondary education (i.e. Seattle University, Ohio State University, Technical and Community Colleges, Cosmetology school, etc.). A 4-Her may be awarded only one of the Washington scholarships mentioned below.

1. **Washington State 4-H Scholarships** (postmarked by **March 1, 2014** to State 4-H Scholarship Committee, WSUE Spokane, PO Box 1495, Spokane, WA 99210):
 - J. Orville Young Memorial Scholarship -- One @ \$500
 - Lewis County 4-H Leaders Scholarships -- Five @ \$500
 - O.M. Plummer Memorial Scholarship -- One @ approximately \$550
 - Washington State 4-H Foundation Scholarship -- One @ \$500
 - Thomas R. Quann Scholarship Fund -- one @\$500
2. **4-H Dairy Endowment Scholarship** (only available for those who have been dairy members). Washington State 4-H Foundation Dairy Endowment Scholarship is a separate application from those above. For information and application go to: <http://4h.wsu.edu/foundation/dairyendowment/DE-Scholarship.pdf>.
 - Two @ \$500 (must be/have been a 4-H Dairy member)--one for a HS Senior and one for a current college student.

The Journey Through Adolescence *by Michael Josephson, Josephson Institute*

One of the toughest jobs in the world is being a teenager. Everything is in transition. Everything is intense — even apathy.

Kids on the brink of adulthood have to cope with inconsistencies and conflicts. The desire to be special and different clashes with the need to belong and fit in. The desire for independence collides with an aversion to self-reliance and personal responsibility.

Here are five suggestions for improving the journey through adolescence:

1. **Be yourself.** Mindless conformity is a prison; express yourself authentically and don't be afraid to stand out. But don't dress or behave in extreme ways *just* to be different or to prove you can. You don't need orange hair, a nose ring or tattoos to be special. In the end, it's more important to be respected than noticed.
2. **Don't expect too much or settle for too little.** Don't expect anyone else to make you happy, but don't allow others to treat you badly. Hang out with people who bring out the best in you, and be the kind of person who brings out the best in others.
3. **Think of responsibility as a privilege, not a penalty.** Dependability and self-reliance are the tickets to freedom and independence. Don't waste energy resisting what you *have to do*. Instead, win others' trust by doing what you *should do*.
4. **Think ahead.** The choices you make today will shape tomorrow. Remember that every act has a consequence. Pleasure lasts for a moment, happiness lasts much longer. Be careful: just because it feels good doesn't make it good.
5. **Take charge of your own life.** Your life is your ship; be the captain, not a passenger. Figure out what needs to be done to improve your life and make it happen. Your attitudes are more important than your aptitudes. You can't control what happens *to* you, but you control what happens *in* you. Don't whine, win.

This is Michael Josephson reminding you that character counts.

➤ WSU Klickitat County Extension Website Updated ◀

- Take note of the new link to the website: <http://klickitat.wsu.edu>
- Updated 4-H Calendar and other pages
- Check out the revised project records now posted

Klickitat County 4-H Calendar of Upcoming Events



Mark your calendars! Market animal pre-show/weigh-in dates for 2014

Beef: March 23

Swine: May 12

Sheep/Goat: June 9

Poultry/Rabbit: August 12

Upcoming April 1 Cake Decorating Workshop – plan ahead!

More details to come on this – please plan to bring your own small cakes to decorate (6-inch diameter is a good size). Start planning now for the April 1 date – the workshop will be from 9am to noon at the Goldendale Grange Hall.

FEBRUARY 2014

- 9 4-H Sewing Workshop, 1pm to 4pm at the Goldendale Grange
- 10 4-H Family Living leaders meeting, 6:30pm, Goldendale Grange hall
- 15-18 4-H Know Your Government Conference, Olympia, WA
- 17 President's Day Holiday – County offices closed
- 18 Fair Board meeting, 7pm, Klickitat County Fairgrounds
- 20 Klickitat County 4-H Horse Leaders Meeting, 6:30pm at Lyle Activity Center in Lyle, WA
- 24 Klickitat County 4-H Leaders' Council Meeting, 4-H leader training at 6:30pm, meeting at 7pm, 4-H Room, KC Fairgrounds

2014 Klickitat
County Fair
theme:
**Rock With The
Stock**

MARCH 2014

- 8 HUGS Fair, 10am-2pm, Henkle Middle School, White Salmon, WA
- 9 Demonstrations and Public Presentations: How to Workshop, 1-4pm, Goldendale Grange Hall
- 10 4-H Family Living leaders meeting, 6:30pm, Goldendale Grange hall
- 15 4-H Horse Clinic: Basic Skills & Patterns (Horseless clinic), Goldendale, Grange Hall
- 16 Rabbit and Cavy Clinic, 1-4pm, Small Animal Building, Klickitat County Fairgrounds
- 18 Fair Board meeting, 7pm, Klickitat County Fairgrounds
- 20 4-H Horse Leaders' Meeting, 6:30pm, Lyle Activity Center
- TBA Cattlemen's Banquet, American Legion, Goldendale
- TBA 4-H Quilting Workshop, Goldendale, Grange Hall
- 22-23 4-H Teen Leadership Summit, Cle Elum, WA
- 23 Beef pre-show/weigh-in, Klickitat County Fairgrounds, 1pm to 4pm
- 31 Klickitat County 4-H Leaders' Council Meeting, 4-H leader training at 6:30pm, meeting at 7pm, 4-H Room, KC Fairgrounds

Find us on
Facebook at
[Klickitat County 4H](#)

APRIL 2014

- 1 4-H Cake Decorating Workshop, 9am to noon, Goldendale Grange
- 4-6 Spring Break 4-H Horse Clinic, Klickitat County Fairgrounds
- 12 Rabbit/Cavy Clinic, 9am to noon, Small Animal Bldg, Klickitat County Fairgrounds
- 12 Demonstration Day – State Qualifying Event, starts at 1pm, 4-H Room, Klickitat County Fairgrounds
- 14 4-H Family Living leaders meeting, 6:30pm, Goldendale Grange hall
- 15 Fair Board meeting, 7pm, Klickitat County Fairgrounds
- 17 Klickitat County 4-H Horse Leaders Meeting, 6:30pm at Lyle Activity Center in Lyle, WA
- 26 4-H Container Gardening Workshop, 9am to noon, location TBA
- 28 Klickitat County 4-H Leaders' Council Meeting, 4-H leader training at 6:30pm, meeting at 7pm, 4-H Room, KC Fairgrounds

4-H is a community of young people across America who are learning leadership, citizenship and life skills.

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