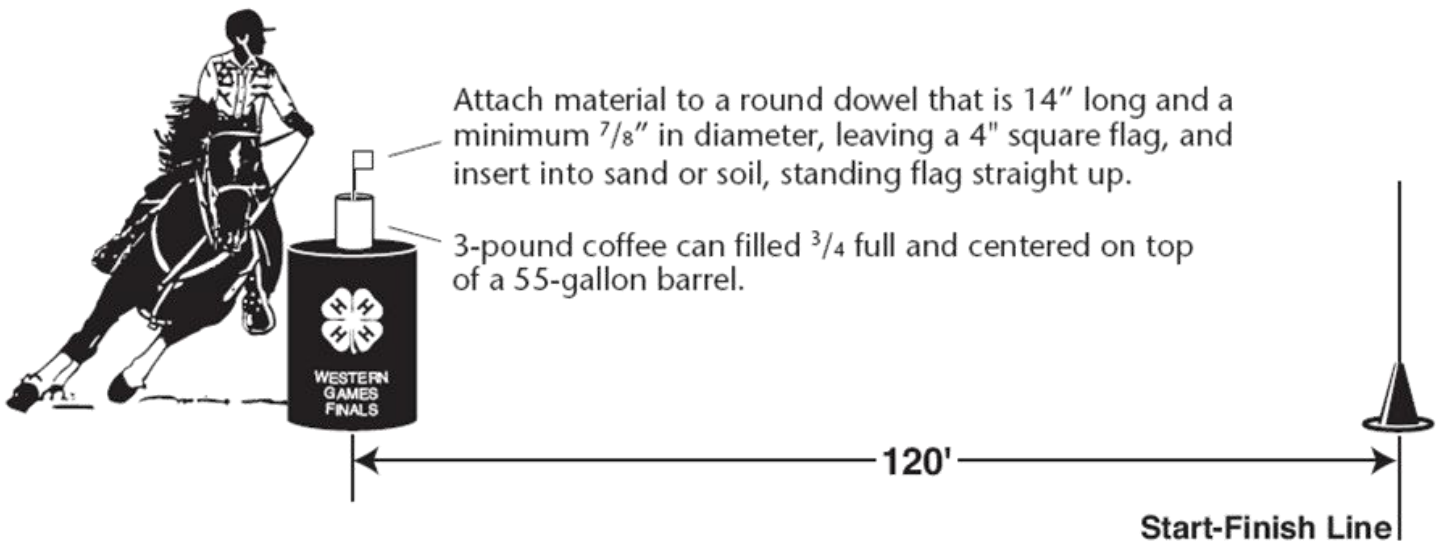


4-H INTERNATIONAL FLAG RACE



NSCA (International) Flag Race

A barrel set 120' from the starting line with a 3-pound coffee can filled $\frac{3}{4}$ full of sand or soil and centered on top of the barrel, a round dowel, 14" long and a minimum of $\frac{7}{8}$ " in diameter, placed in the can with a flag wrapped and tacked with a 4" square remaining. A rider crosses the start-finish line, goes down and around the barrel in either direction, and carries the flag back across the start-finish line. Knocking over a can is a 5-second penalty. Knocking over a can and barrel is a 10-second penalty. Dropping the flag before crossing the finish line is a disqualification.



*Information from PNW574 4-H Horse
Contest Guide, provided by:*

