FEATURES

- 2023 State Dog Judging Contest Comes With Changes >NEW!<
- State 4-H Ambassadors Present the 4-H Youth of the Month for August! >NEW!<
- Addendums for Rule Changes for PNW 4-H Horse Contest Guide Now Available >NEW!<
- National Equine Presentation Information for Senior 4-H Members >NEW!<
- 4-H Giving Page Update – Give Online to Your County 4-H Program!
- Washington State 4-H International Exchange Program Update—Summer 2023
- Donations Needed For State 4-H Fair Horse Medals
- Visit Pullman to Celebrate 4-H Day With Cougar Football On September 23rd!
- 4-H Ambassadors State-Wide Food Drive Reaches Checkpoint 2!
- 2023 Washington 4-H State Livestock Judging Contest Recap
- Volunteer to Support the Washington State 4-H Fair
- Donate to the Washington State 4-H Fair
- State 4-H Fair Board Seeks Qualified Candidates For State 4-H Fair Manager Position Opening
- Washington 4-H State Fair Exhibitor Guide Updated for 2023
- Washington State 4-H Youth Showcase Coming to State Fair Labor Day Weekend
- Ask Dr. Universe: How Does Hair Grow? >NEW!<
Features

2023 State Dog Judging Contest Comes With Changes
Amber Hammond

The state dog judging contest this year will include some changes from past years:

Placement Classes
There will be only four placement classes. This will include an obedience OR fitting & showmanship class. All age levels will place in the same classes.

Identification Portion
Intermediates and Seniors
There will be 25 breeds and 25 parts/anatomy (as has always been done in the past)

Juniors
There will be 15 breeds and 15 parts/anatomy (this is condensed as mentioned in the exhibitor guide)

Oral Reasons
There will be one placement class designated as the oral reasons class.

Intermediates and Seniors are required to do oral reasons.

Juniors have the option to do oral reasons, it is not required. (Junior scores for oral reasons will not count towards their overall total).

Some Housekeeping
Participants should bring their own clipboards and pencils. None will be provided by the state fair for the contest.

Dress attire for oral reasons is Business Casual (it is fine to wear your showmanship attire if you prefer/it is easier). Please no jeans. If juniors do not plan on doing oral reasons, it is fine to just abide by the 4-H dress code but
please no club/county affiliated shirts. There is no opportunity to change clothes once the contest has started, so please enter the contest dressed appropriately.

I will be posting a list of needed volunteer spots soon; if you have volunteered in the past and have a spot you know of that you like, please let me know and I’ll add you in ahead of time.

Thank you!

Amber Hammond
e-mail: bajadenton@gmail.com

State 4-H Ambassadors Present the 4-H Youth of the Month for August!
Berklie Sheppard

The Washington State 4-H Ambassadors recognize the 4-H Youth of the Month honoree for August, Zoey Van Gordon of Clallam County! The Ambassadors are proud to highlight 4-H youth monthly throughout the year!

Zoey Van Gordon

Favorite Part About 4-H: Zoey loves gaining confidence, leadership abilities, and public speaking skills.

Years in 4-H: She has been in 4-H for 10 years!

Past Projects: Hogs, Livestock Judging, Auction Board

Favorite Hobbies: Soccer, Bowling, Softball, and Baking are her favorite hobbies

Favorite Book: Where the Red Fern Grows

Favorite 4-H Memories: One of Zoey’s favorite memories is winning Grand Champion in Livestock Judging and when she would scratch her pigs belly, they would roll over like a dog

Favorite Food: Spaghetti

Future Career: Zoey is thinking about going into the Police Force, but leaning toward Large Animal Vet Tech.

Project You’d Like to Do: She would like to raise and show goats or cattle

Favorite Vacation: Camping

Biggest 4-H Achievement: Last year, Zoey won Grand Champion Market Hog and her second year of 4-H she was Reserve Champion.

Favorite Ice Cream: Cookie Dough

Wants To Go To: Nevada
If you have any questions about the State Ambassadors, or are interested in joining, please email wa4hsa@gmail.com. We hope to hear from you!

---

**Addendums for Rule Changes for PNW 4-H Horse Contest Guide Now Available**  
Jennifer Leach

As of this date, the Washington 4-H horse program is still waiting for the final version of the PNW 4-H Horse Contest guide from Oregon. This publication is a joint effort between Washington, Oregon, and Idaho.

In the meantime, a sub-committee of the Washington State 4-H equine committee led by Stephanie Roeter Smith, 4-H Regional Specialist, compared the 2015 edition with the soon to be published final version. However, Washington 4-H Horse Program is not sure of the date of the final publication.

These addendums are posted on the WSU 4-H website’s Horse page, located at the link called WA State 4-H Equine Policies and Rules-PNW 4-H Horse Contest Guide-Addendums. The direct link to the Horse Page is [https://extension.wsu.edu/4h/projects/animal-science/companion-performance/horse/](https://extension.wsu.edu/4h/projects/animal-science/companion-performance/horse/)

There are two addendums. Addendum I is specific to the rule changes affecting Washington as related to current PNW 4-H Horse Contest Guide. Find Addendum I [HERE](https://extension.wsu.edu/4h/projects/animal-science/companion-performance/horse/).

Addendum II is a “clarification” of selected rules in the PNW 4-H Horse Contest Guide, but are not rule changes. Find Addendum II [HERE](https://extension.wsu.edu/4h/projects/animal-science/companion-performance/horse/).

The current version of PNW 4-H Horse Contest Guide dated October 1, 2015 will continue to be the contest guide we will use until we (Washington) receive the final from Oregon.

Addendum I (rule changes) will be effective for the remainder of this program year to September 30, 2023. Addendum II may be updated as more questions of clarification are identified – also through to September 30, 2023.

For information or clarification on the PNW 4-H Horse Contest guide process or rules, contact Jennifer Leach, State Horse Contact at [LeachJ@cowlitzwa.gov](mailto:LeachJ@cowlitzwa.gov) or [jleach@wsu.edu](mailto:jleach@wsu.edu).
National Equine Presentation Information for Senior 4-H Members
Jennifer Leach

Seniors are encouraged to participate in the Equine Presentation that is once again being held virtually.

The date of this state contest is Sunday, September 17th. Please hold this day open from 9 am to 7 pm for scheduling purposes. Presentation times will be communicated by email after September 1st.

This state contest is part of the Washington State 4-H Fair and members will be receiving premiums and ribbons from the State 4-H Fair.

Each county may enter up to four senior contestants: one for individual presentation, one for public speaking, and two for team presentation. Seniors may be selected by any procedure the county deems appropriate. But must have participated and qualified at the county level in order to participate at the state contest.

All contestants must be enrolled 4-H members in their respective county for the current 4-H year, and in good standing. Eligibility must be certified by county 4-H staff.

Age for competition is determined by October 1st of the current 4-H year. To be eligible for this contest, the 4-H member must be 14 years old prior to October 1st and cannot be 19 years old prior to October 1st.

SPECIAL NOTE: Age for competition at the Eastern National 4-H Roundup is: As of January 1, of the year in which the event is held, contestants must be at least 14 years of age, but not have reached their 19th birthday. Therefore, it is possible that a contestant who is eligible to participate in the state competition is ineligible to advance to the Eastern National 4-H Roundup Competition.

The complete set of rules for National Equine Presentations is located on the WSU 4-H website. It can be reached by clicking 2023 Virtual Equine Presentation Rules.

The top blue-ribbon winner(s) in public speaking, individual presentations, and team presentations will be eligible to represent Washington at the Eastern National 4-H Horse Roundup, held in Louisville, Kentucky on November 3rd through 5th.
The winners will be announced at the conclusion of the contest on September 17th. Registration will be paid by WSU 4-H, however expenses related to travel to Louisville will not be covered by WSU 4-H.

Because this state contest is part of the Washington State 4-H Fair, registration must be done using a specific state fair form and must be done through the County Extension office.

The form to use is WS4HF/1.06. County 4-H staff will submit to State Fair office no later than August 25, 2023. Please refer to State 4-H Fair Exhibitor Guide-Section G: General Activities and Contests: Class 4. The 4-H State Fair Exhibitor Guide is located on the WSU 4-H State webpage. Form WS4HF/1.06 must come from County 4-H staff to confirm contestant eligibility for this national contest.

County 4-H Staff—please email Jennifer Leach no later than August 25th to confirm participation from your county. Include member’s name, birthdate, type of presentation (individual, team or public speaking), title of presentation; email address and primary phone number. This is needed to ensure timeliness of receiving registration information for scheduling purposes.

For registration information and/or clarification of rules, contact Jennifer Leach, State 4-H horse contact and National Equine Presentation state coordinator at LeachJ@co.cowlitz.wa.us.

4-H Giving Page Update – Give Online to Your County 4-H Program!
Denise Echelbarger

We’ve Changed!

But it’s all good—we’ve just launched our new 4-H Giving Page design. It’s now even easier to find your county excellence fund give link and give directly to your county 4-H program. With better navigation, we hope you love it as much as we do. CHECK IT OUT! https://extension.wsu.edu/4h/give-to-4-h/
The 4-H International Exchange Program consists of three branches open to participation. Below is a current update on each one:

YEARLONG....last weekend our state welcomed a young man named Gyeol from South Korea. He will be staying with a family in Renton and attending high school this year. Keep an eye out as he shares his experiences with us and offers opportunities to tell us of life in Korea.

INBOUND....This year Washington committed to hosting a combination of 21 delegates from Japan and Taiwan. A big thank you to all our host families who were able to welcome these exciting personalities into their homes. We were able to place all but six who arrived here for orientation and then were flown to Idaho, Kansas, Kentucky and Texas. The inbound delegates will depart for their home countries on Thursday August 17.

OUTBOUND....There were eight youth who participated in four outbound programs this summer – three to the eight-week Japan program, three to the four-week Japan program, one to South Korea for four weeks and another to Costa Rica for four weeks.

If you are interested in learning more about these opportunities, please contact Carolyn Russo at carolyn.russo@wsu.edu
Attention County 4-H Horse Program — 4-H Staff; Volunteers, Donors, and Families!

Donations are needed for medals for the Equine section of the 2023 State Fair for Champion (gold); Reserve Champion (silver); and Third Place (bronze). as well as for Groom Squad teams — Champion, Reserve, and Third Place. These are awarded for all 4-H horse exhibits — performance; driving; small equine, and western games.

For Equine Presentations and Horse Judging, we are blessed to already have donors for this state fair activity. Also, we had donors for the State Horse Bowl and State Hippology contests that occurred in May 2023.

The total cost for 2023 4-H State Fair medals will be approximately $2,000. Any contribution, large or small, will help. From a funding capacity perspective — if
there are not enough donations, there may be a possibility that bronze and/or silver medals may not be offered.

Please encourage folks to donate. The medals have been offered for many years through generous donations and are not provided for by the State 4-H Fair.

Make checks payable to Snohomish County 4-H Horse program and mail to:
Pat Pehling
7310 83rd Ave SE,
Snohomish WA 98290

If you have questions about the medals, please contact Pat, Snohomish County 4-H key volunteer, at pehling@frontier.com.

To those who have donated …
Thank you so much for your generosity and support!

Visit Pullman to Celebrate 4-H Day With Cougar Football On September 23rd!
Denise Echelbarger

Save the date! Celebrate 4-H Day with the Cougs in Pullman on September 23rd vs. the Oregon State University Beavers at Martin Stadium. Game time is yet to be determined. Discounted tickets are available!
4-H Day with the Cougs!
Discounted Tickets Available
PURCHASE HERE

WSUCOUGARS.COM | 1-800-GO-COUGS
Washington State Athletics
Department of Intercollegiate Athletics
PO Box 641602
Pullman, WA 99164-1602

4-H Ambassadors State-Wide Food Drive Reaches Checkpoint 2!
Berklie Sheppard

Hello everyone!

“Hunger Doesn’t Take a Vacation” Food Drive Checkpoint 2 is here! If you and your county collected food for the drive in the month of July, please fill out the google form below by August 4th. Whichever county donated the most items will receive recognition on social media and be sent a certificate of achievement! Click This Google Form Link: Copy of “HDTV” Food Drive: Check 2

The Food Drive Flyers link below will take you to our flyer template. This way you can let your community know where and when you will be collecting food. The QR code on the Printing Flyer will take you to our information page. This just has our general rules and guidelines. We ask that, if you decide to spread the word on social media, you add the link in the description so that the viewers have access to the page as well.


Information Page
Link: https://docs.google.com/document/d/15JYnE_sbauHI8FJRHC9MGpOy_yzWFNx8GA-6cNEgQ/edit

The end of our Food Drive and the last Checkpoint will be August 31st. If you have not already done so, we encourage you to take pictures and send them to
the WA 4-H State Ambassador email below. We love hearing updates and getting the opportunity to answer your questions!

Berklie Sheppard, Asotin County
WA State Ambassador Team
wa4hsa@gamil.com
The 2023 Washington 4-H State Livestock Judging contest took place on Saturday, June 24th, with 112 contestants participating over the three divisions. The event was a success as a result of the many hands that pulled it together.

A big thank you goes out to my colleagues and volunteers, our sponsors for the event, and most importantly to the Grant County Fairgrounds and Staff – their in-kind donations of staff and facilities made this event possible.

Below are the results of the Senior, Intermediate and Junior Divisions, listed by the top three teams in each division. Detailed Scoring Summaries can be found HERE, and Final Results can be found HERE.

**Junior Division (26 Individuals and 5 Teams)**

First – Adams County  
Second – Lincoln County  
Third – Spokane County

**Intermediate Division (42 Individuals and 9 Teams)**

First – Lincoln County  
Second – Garfield County  
Third – Grant County

**Senior Division (44 Individuals and 9 Teams)**

First – Adams County  
Second – Pend Oreille County  
Third – Snohomish County
We are in the process of determining the best location for access to additional photos aside from the first-place teams attached here. A future feature will include more contest reports, as well as the travel opportunities chosen by the first-place teams. Stay tuned!
Volunteer to Support the Washington State 4-H Fair
State Fair Board

The Washington State 4-H Fair board encourages individuals with an interest in serving youth development to offer their time and talents in support of the State 4-H Fair as volunteers.

Please send an email to 4-H Fair Board President Kirk Gresham at st4hfair@gmail.com with any questions, for more information, or to volunteer.

Thank You!

Donate to the Washington State 4-H Fair
4-H State Fair Board

Every year, the Washington State 4-H Fair Board ensures the continuation and success of 4-H programs old and new alike, from purchasing trophies and ribbons, buckles and banners for awards to fair participants to scheduling and facilitating events and more. This year, the State 4-H Fair Board is asking for your donations to assist the board in its efforts to provide youth an environment that fosters caring relationships, constructive learning experiences, leadership opportunities and to serve our communities.

Please contact a State 4-H Fair board member for more information.

st4hfair@gmail.com
State 4-H Fair Board Seeks Qualified Candidates For State 4-H Fair Manager Position Opening

The State 4-H Fair Manager Position Is Now Open!

The job description for the State 4-H Fair Manager position is available for download by clicking HERE.

The State 4-H Fair Manager is not a WSU position, but reports directly to the State 4-H Fair Board. The salary is $32,500, paid in twelve monthly installments. There are no benefits associated with this position.

This is a part time position of about 1,000 hours annually, with extended hours during August and September, during the fair cycle in Puyallup, Washington.

The position will remain open until filled.

Please forward your cover letter and resume to:

Washington State 4-H Fair Board
PO Box 1225
Puyallup, Washington, 98371-0233

or by email to the Fair Board at st4hfair@gmail.com.

Washington 4-H State Fair Exhibitor Guide Updated for 2023
Kirk Gresham

The State 4-H Fair Board has updated the 2023 Fair Exhibitor guide. Several sections, including the judging contest and equine portions, have undergone major changes. There is also a new Class 10 – 4-H Youth Showcase which gives our youth an opportunity to display their 4-H experiences on Labor Day Weekend!

Links to the complete guide, as well as each separate section, can be found at https://extension.wsu.edu/4h/fairs/state-4-h-fair/exhibitor-guide/

Please read the guide carefully and let us know if there are additional refinements which may be helpful at st4hfair@gmail.com.

Kirk Gresham, State 4-H Fair Board, President
Washington State 4-H Youth Showcase Coming to State Fair Labor Day Weekend
Peggy Gresham, State Fair Board

Announcing a great new opportunity to Promote 4-H...

Washington State 4-H Youth Showcase

Presented in the Dog/Cat Barns Labor Day Weekend – Friday thru Monday

Come and help us spread the word about 4-H to State Fair goers Labor Day weekend. Both adults and youth are encouraged to come and share their experiences. This is the Fair’s opening weekend and we want to share clovers with everyone!

Drawing everyone into the two buildings will be an opportunity to take part in a fun, hands-on recycling challenge.

The Dog/Cat Benching Barn will have general 4-H Information booths for counties to share program information, volunteer opportunities, and project membership promotion.

Teen Programming opportunities will be presented with members sharing their learning opportunities at Teen Conference, participating in the WSU 4-H Know Your Government Program, and being a youth representative as a State Ambassador or Fair Board member.

The Dog/Cat Showring Building will host even more action where members can sign up to do a Public Presentation and earn premium while educating the public about agriculture, home arts and healthy living, leadership, civic engagement, science and technology.

Make your project come to life in the 4-H In Action arena! Come as an individual or bring your whole club to demonstrate what you have learned from taking part in 4-H!

Class 10 – 4-H Youth Showcase has been created for you to participate in this exciting event! AND additional premium may be awarded to entries for 4-H Club/Group Displays (Class 48), Public Presentation or Speech (Class 1-3), 4-H In Action (Class 8), Educational Displays promoting 4-H (Class 70), WA Agricultural Product Ed Displays (Class 75), 4-H Videography (Class 156), and 4-H Promotional Photos (Class 157) used for display during this Showcase event.

Get a pass for you & your chaperone from your County 4-H Office - Arrive early to set up your display!

Can’t attend the Washington State Fair this year?

No problem!! We are encouraging youth from across the State to send in videos of their 4-H experiences for us to share during the entire weekend.

Help to showcase how Washington State University 4-H Youth Development is developing young people to become productive citizens who are engaged in positive change, meeting the needs of a diverse and changing society.

WASHINGTON STATE UNIVERSITY

Display Ideas Welcome!

Adults interested in sharing your 4-H volunteer experiences and promoting our programs are encouraged email us to select a time slot, too.

For more info or questions, please email st4hfair@gmail.com

Extension programs and employment are available to all without discrimination. Evidence of noncompliance may be reported through your local Extension office.
Dear Aidric,

My whole body is covered in thick, glossy cat fur. Humans look mostly furless. But people grow hair on every part of their bodies except the palms of the hands and soles of the feet. Most human hair is just super fine and hard to see.

That’s what my friend Edward Johnson told me. He teaches classes about the human body in the School of Biological Sciences at Washington State University. He also told me hair grows from follicles. Those are special organs in the top layer of the skin. Everything you need to grow hair is inside the follicle.

“In the epidermis, which is the outermost layer of the skin, the cells dip inward,” Johnson said. “At the bottom, they form the hair bulb. That’s part of the hair follicle. There are cells there that multiply. They grow upward from the follicle, and as they grow up, the hair gets longer and longer.”

Each hair has a root. That’s the part of a hair that’s inside the follicle. The hair bulb is at the bottom of the hair root. It’s connected to nerves and blood vessels under the skin. The blood brings nutrients to the cells in the hair bulb. Those cells begin to multiply.

The nerves and blood supply are in the papilla.
The new cells clump together and get stiffer. They push the hair up. That makes the hair outside the skin longer. A head hair grows about one centimeter—or a little less than half an inch—every month.

But hairs fall out, too. Humans shed between 50 and 100 hairs every single day. You probably see them in your hair brush. Or in a big slimy clump in the bath tub drain.

That happens because hair has a resting phase. At a time set by your genes, a hair separates from the nerve and blood vessel at the bottom of the follicle. Without any nutrients, the cells stop multiplying. The skin slowly pushes the rest of the hair out of the follicle until it sheds.

Eventually the growing phase starts again. The cells get nutrients and begin to multiply. Soon, a brand-new hair starts growing in the follicle.

Head hair has a longer growing phase than other kinds of hair. The hair on your head can get very long. The growing phase is much shorter for other kinds of hair. That’s why your eyelashes and nose hairs don’t grow as long as your head hair.

Johnson told me that hair color happens inside the follicle, too. That’s because of a pigment called melanin. Special cells in the follicle inject two kinds of melanin into new hair cells. Eumelanin makes brown to black shades. Pheomelanin makes yellow to red shades. The amount and type of melanin determines the color of your hair.

There’s sure a lot going inside that tiny organ in your skin. You could say it’s pretty folli-cool.

Sincerely,
Dr. Universe

---

**Dr. Universe: Why don’t birds get electrocuted when they sit on power lines?**

– Angel, 14, California

Dear Angel,

I’ve never sat on a power line. I like to keep my paws firmly on the ground. But birds love resting there, especially in winter. Power lines give off a little heat, so it’s a good spot for birds to snuggle together and stay warm.

I talked about how they do that safely with my friend Javier Guerrero. He’s a professor of electrical and computer engineering at Washington State University. He told me birds do get electrocuted on power lines sometimes. But that won’t happen if the bird touches just the power line—and doesn’t touch other lines or the pole at the same time.
Power lines carry electricity. To understand how this works, we have to talk about atoms. Everything in the world is made of atoms. The air, the water, the bird sitting on the power line. Even you and me. Atoms are the basic building blocks for everything.

Atoms are made of three kinds of particles: protons, neutrons and electrons. The protons and neutrons stick together in the middle of the atom. The electrons float around the outside of the atom. Electrons closer to the middle stick to the atom. But electrons farther away aren’t as stuck. They can be pulled off.

Power plants use magnets to pull off electrons and send them through power lines. They flow down the power line to people’s homes. That’s electricity. There are also electrons in the ground.

“The electrons in the power line and the electrons in the ground want to get together,” Guerrero said. “But that’s not possible unless you provide a path for them to get together. Anything you put between the power line and the ground provides a path for them to hang out.”

The big poles that hold up power lines are buried deep in the ground. If that pole touched the power line, it could be a path for electrons to get together.

But power companies stop the pole from touching the power line by installing insulators. They’re made of glass or plastic or some other material that electrons can’t move through easily. They cut off the path, so the electrons don’t move.

That’s why a bird can safely stand on the power line. All the electrons stay in the power line and out of the bird’s body.
But if a bird stretches its wings and touches the pole and the power line at the same time, it makes a connection between the pole and the power line. The electrons will flow through the bird’s body—also known as electrocution.

That doesn't happen very often because power companies design their equipment to minimize accidents. Sometimes they even build nesting platforms to give birds a safe, cozy spot away from any electrical danger. Because unsafe power lines are for the birds.

Sincerely,
Dr. Universe

Get more questions and answers here!

Know a kid with a science question?
Help them submit it for a chance to be featured in a future Q&A.

Submit a question!

Updated PNW Horse Judges List Is Now Available!

Jennifer Leach

An updated PNW Horse Judges List is now available. It can be found at https://s3.wp.wsu.edu/uploads/sites/2050/2023/05/PNW-Horse-Judges-3.14.23..pdf

Counties are encouraged to select 4-H Horse judges off the PNW 4-H horse judges list. However, in Washington our policy is not to mandate that judges come from this list. However, if a county choose to hire a judge that is not on the PNW 4-H horse judge’s list—we encourage the counties to select a judge that understands 4-H youth development, has access to the PNW 4-H Horse contest guide, understands and judges according to the Danish system of judging and understands the value of providing positive comments in judging. The philosophy in the Washington 4-H program in horses—is that the “judge is an educator.”

In regard to the PNW 4-H Horse Contest Guide—Washington is still waiting for the final version from our PNW partner, Oregon. In the meantime, we are working on
an “addendum” to specifically outline the very minimal changes to the PNW 4-H Horse Contest Guide.

Questions? Please reach out to Jennifer Leach, State Contact for 4-H horses at jleach@wsu.edu

Q and A Sessions for the Washington 4-H Horse Program Continue – Now On First Wednesdays!

Have questions about the Washington 4-H horse program? Our monthly Q and A for leaders, parents, members, and staff will now be meeting on the first Wednesday of each month via Zoom from 6:30 to 7:30 pm. beginning June 7th.

Zooms are structured around the theme/parameters of horses and youth development. They are more than “what are the rules.” There is also time set aside for input on future topics for subsequent Zooms. The Zoom meeting ID is 452-082-9765 with no passcode. You must have a zoom account to participate.

The meeting will be facilitated by Jennifer Leach, WSU Extension 4-H State Fair Board Staff Liaison.

Feel free to contact Jennifer with any questions at LeachJ@co.cowlitz.wa.us.

Announcement of Dressage Tests for the 2023 4-H State Fair

The dressage tests for English dressage at the 2023 4-H State Fair will be Test 3 for both Training Level 1 and First Level.
Western Dressage has come back for the 2023 4-H State Fair and Test 3 for both Basic Level and Level 1.

4-H horse members will only be able to ride either English Dressage or Western Dressage, but not both, due to time constraints related to arena time.

These tests are available on the respective governing organizations—United States Dressage Federation (USDF) for English (https://www.usdf.org/) and the Western Dressage Association of America for Western dressage (https://www.westerndressageassociation.org)

The Western Dressage Association of America is the governing body for the Washington State 4-H Horse program. The information in the 2015 PNW 4-H Horse Contest guide on page 20 is outdated. In Washington, we do not use the North American Western (NAW) dressage tests.

Submitted by Jennifer Leach, WSU Extension 4-H State Fair Board Staff Liaison. E-mail Jennifer at LeachJ@co.cowlitz.wa.us.

---

Reining Pattern for 2023 4-H State Fair Now Available

The 4-H State Fair reining pattern is now posted on the horse page on the WSU 4-H webpage located at https://extension.wsu.edu/4h/projects/animal-science/companion-performance/horse/

Reining will once again be offered at State Fair for Seniors only. The reining pattern is the same as last year to encourage participation since this is only the second year of 4-H reining. And also includes the scoresheet as an educational and judging tool.

There will be additional reining patterns for county level use that are reflective of basic reining and/or introductory reining. More to come next week.
For those who do reining—it is a series of circles, stop, back, figure 8, flying changes, roll backs, and/or spins. And based on skill level and/or complexity of the series of movements.

Submitted by Jennifer Leach, Chair of the “Ad Hoc Reining Committee” and 4-H State Fair board 4-H Staff Liaison. E-mail Jennifer at LeachJ@co.cowlitz.wa.us.