# **GENERAL ACTIVITIES AND CONTESTS**

## **GENERAL ENTRY INSTRUCTIONS**

- 1. Exhibitor Primary Information form (WS4HF/1.01m) will be required of all participants at the State 4-H Fair who received passes from either the County Extension Office or from the State 4-H Fair Office. Form WS4HF/1.01m should be completed prior to arriving at the fair and turned in to the County Extension Office, or mailed to the State 4-H Fair as instructed by the County Extension Office.
- 2. A Still Life Entry Form will be filled out at the State 4-H Fair at the time of entry in Classes 1-36. Please do not complete this form in advance.
- 3. Activity exhibitors should notify their County Extension Office or the State 4-H Fair Office immediately if they cannot participate in the Fair. This will allow an opportunity for alternates

### **GENERAL INFORMATION FOR GENERAL ACTIVITIES AND CLASSES 1-22**

- 1. Cloverbud members may not participate in the State 4-H Fair in any event or class.
- 2. Junior members may enter classes 1, 7, 8, 9, and 14-22.
- 3. Intermediates may enter any or all of Classes 1-22 (excluding classes 4 and 11), as scheduling allows.
- 4. Seniors may enter any or all of Classes 1-22, as scheduling allows.
- 5. Exhibitors are allowed only one total entry in classes 1-2. Intermediates and seniors are allowed one entry in class 3. Seniors are allowed one entry in class 4. Juniors, intermediates, and seniors are allowed one entry per lot in classes 7, 8, 9, and 11. Seniors, only, are allowed one entry in class 11.
- 6. In all judged activity classes 1-22, all team members must be of the same 4-H age group.
- 7. Still life exhibits entered for judging in Classes 40-330 may not be removed for use in Classes 1-40.
- 8. Refer to general rules on Participant Eligibility.

presentations will be designated by fair management.

9. Exhibitor letters have been prepared for all those participating at the WA State 4-H Fair. They contain additional important information to help make your participation a success. They can be requested from your County Extension Office, or viewed online at <a href="http://extension.wsu.edu/4h/fairs/state-4-h-fair/">http://extension.wsu.edu/4h/fairs/state-4-h-fair/</a>
10. There will be a virtual option for public presentations, classes 1-2. Those 4-H members wishing to present their public presentations in a virtual format should contact the State 4-H Fair Office beginning on August 28 during regular office hours for time availability. Specific days and times for virtual

## CLASS 1 – PUBLIC PRESENTATIONS Premium Points: Blue 30, Red 23, White 17

LOT 1 – Demonstration

LOT 2 – Illustrated Talk

LOT 3 - Power Point Presentation

LOT 4 – Any Public Presentation – Virtual Format

- a. A maximum of 20 minutes is scheduled for each presentation (demonstration or illustrated talk) including setting up, giving the presentation, answering questions, comments from the judges, and removing equipment.
- b. To be eligible to participate in the State 4-H Fair with a public presentation, the 4-H member must have received a blue placing at the county qualifying contest. The County Extension Office is responsible to send a list of qualified individuals, in order for them to be allowed to participate.
- c. Easels, tables, power cords, and microphones will be provided. All participants will use microphones. A computer, screen, TV, and projector are usually available for exhibitor to use.
- d. Public Presentation Evaluation (C0430) will be used to score all presentations. Reference: EM4787.
- e. Participants should report to the check-in clerk in the 4-H Exhibit Building as soon as they arrive at the fairgrounds. The Presentations Superintendent will help the contestant set up for the presentation, and will introduce the contestant if requested.
- f. Team presentations (2 or more members) are encouraged. One team score will be earned and a ribbon and premium points given to each member.
- g. Live animal presentations are not allowed at the State 4-H Fair. 4-H members doing a presentation with a live animal at the county level are encouraged to adapt their presentation by using stuffed animals, charts, posters, etc.

- h. Public presentations requiring the use or display of firearms will not be allowed. Firearms are not permitted on the fairgrounds.
- i. Special Merit rosettes may be awarded at the judge's discretion.
- j. Refer to General Information for Classes 1-22. Request Exhibitor Letter 1/23m.

#### **CLASS 2 – PUBLIC SPEAKING**

# Premium Points: Blue 30, Red 23, White 17

LOT 1 – Public Speaking

- a. A microphone and podium will be available, and will be used by all participants.
- b. Participants should report to the check-in clerk as soon as they arrive at the 4-H Fair.
- 4-H Public Speaking Checklist (C0431) will be used to score public speaking. Participants will be asked questions by the judges on the topic presented.
- d. Special Merit rosettes may be awarded at the judge's discretion.
- e. Refer to General Information for Classes 1-22. Request Exhibitor Letter 1.23m.

### **CLASS 3 – IMPROMPTU SPEAKING**

## Premium Points: Blue 20, Red 16, White 12

LOT 1 – Impromptu Speaking, Intermediate

LOT 2 - Impromptu Speaking, Senior

- a. There is no pre-qualification for this class.
- b. This class will be held on all days of the fair. Sign up with the public presentations and note that you participating in the impromptu speaking activity.
- c. Intermediate and senior members may enter one time each year.
- d. Participants will draw two topics out of a hat. The participant will select one of the topics for their speech. The participant will have one minute after drawing the topics to begin their speech.
- e. Impromptu speeches are a minimum of 90 seconds, and a maximum of 5 minutes. Points will be deducted for either over or under time.
- f. All participants must be listed by their County Extension Office on the public presentation scheduling form.

## **CLASS 4 – NATIONAL EQUINE PRESENTATION CONTEST**

# Premium Points: Blue 40, Red 30, White 22

- Lot 1 Public Presentation individual
- Lot 2 Public Presentation team (2)
- Lot 3 Public Speech individual
- a. Open to Senior 4-H members only.
- b. Business attire or dress appropriate to the subject is acceptable.
- c. Participation in this class will be limited to one entry per county in each lot.
- d. This contest will be conducted on one day only Sunday, September 17. The contest will be conducted via Zoom. We are planning to show this contest in the 4-H still life area via Zoom. All participants must be listed by their County Extension Office on forms WS4HF/1.06m. NO EXCEPTIONS AND BY DUE DATE LISTED ON THE FORM. Participants will be contacted to schedule for their presentation time.
- e. The same judges will judge all presentations. One winner from each lot will be eligible to attend the national equine presentation competition, representing Washington state. Winners will be announced at the conclusion of all presentations on September 17th.
- f. Live animals may not be used as a part of the presentation.
- g. In this contest, electronic sounds amplification will not be used.
- h. Contest rules and score sheets are available on the WSU 4-H website under the equine link. Or contact contest coordinator, Jennifer Leach at LeachJ@cowlitzwa.us
- i. Refer to General Information for Classes 1-22. Request Exhibitor Letter 1.23m.
- j. For contest questions, please email Jennifer Leach, State 4-H horse contact and contest coordinator.

#### **CLASS 7 – PERFORMING ARTS**

## Premium Points: 20 (participation ribbon)

Lot 1 – Performing Arts

- a. This is a non-judged activity.
- b. Generally will perform on county day, schedule permitting. However, in order to provide the best experience for performers, the State 4-H Fair will try to combine performances so that there will be a longer show when possible.87\
- c. Note length of performance on form WS4HF/1.07m. Please list a phone number for participants so final scheduling can be done.
- d. Participants must furnish own equipment (except cassette tape player and a p.a. system).
- e. The State 4-H Fair does not have access to a piano.
- f. All participants should be selected through a program at the county level.
- g. Performance may consist of activities such as singing, drama, chalk talk, puppetry, dancing, musical instrument, etc.
- h. Counties are encouraged to provide a Master of Ceremonies.
- i. Participants may perform on multiple occasions throughout the fair, however, participants will be paid premiums only one time for this class.
- j. Please refer to General Information for Classes 1-22. Request Exhibitor Letter 1.25m.

## **CLASS 8 – 4-H IN ACTION**

# **Premium Points: 20 (Participation Ribbon)**

LOT 1 – 4-H in Action – Still Life LOT 3 – 4-H in Action – Livestock LOT 2 – 4-H in Action – Promotion LOT 4 – 4-H in Action – Small Animal

- a. This is a non-judged activity, with a one hour minimum.
- b. This activity is not as formal as a demonstration, however the presentation should be planned and practiced. The presentation should reflect current year 4-H project work. Individuals, teams, and groups are encouraged to share an activity with the public. Information should be presented and questions answered. A minimum presentation of one hour is required. No additional points will be earned for longer times or multiple participation events, regardless of subject matter.
- c. Examples of activities that work well in this type of presentation are: spinning wool/fiber, using a serger to construct a garment, showing how to use grooming equipment, how and why to recycle, construction of craft items, needle arts (quilting, knitting, crocheting, or sewing), creation of a photo show on CD, showing how cameras work, showing how to build something, demonstrating creating bonsai, sharing service puppy and training experiences with the public.
- d. You are responsible to provide all supplies and equipment necessary to complete your presentation.
- e. It is not necessary to qualify with this presentation at the county level.
- f. Any exhibits from the video photography project may be entered in this class.
- g. Food products will not be distributed to the public without clearance from the building assistant manager.
- h. Refer to General Information for Classes 1-22.

### **CLASS 9 – 4-H ROBOTICS ACTIVITY**

## Premium Points: 30 for each 4 hours (Participation Ribbons)

- a. This is a non-judged activity, open to juniors, intermediates, and seniors.
- b. There is no pre-qualification at the county level.
- c. Participants are encouraged to showcase their 4-H robotics project on any day of the fair. The participant should select their date and time and inform their County Extension Staff, who will then preregister the participants on Form WS4HF/1.07m.
- d. Participants are encouraged to bring their blue ribbon qualified exhibits with them for judging. Robotics participants will be allowed to take their entries home with them at the end of their activity.
- e. Participants must bring their own computer, robotics kit, and power strip.
- f. Please refer to the 4-H Robotics Activity Exhibitor Letter (WS4HF/1.07m) for additional information.

## CLASS 10 - 4-H YOUTH SHOWCASE

# **Premium Points: 30 (Participation Ribbons)**

LOT 1 –Stewardship for 2 hours promoting 4-H, specific projects, programs or events.

Labor Day Weekend - Friday 10:30 a.m.-7 p.m., Saturday through Monday 9:30 a.m. -7 p.m.

- a. This is a non-judged activity, open to juniors, intermediates, and seniors.
- b. There is no pre-qualification at the county level.
- c. Individuals, teams, and groups are encouraged to share their 4-H experience with the public and answer questions.
- d. Participants should select their date(s) and time(s) (limit 3 time slots) and email their availability to <a href="mailto:st4hfair@gmail.com">st4hfair@gmail.com</a> by August 25.
- LOT 2 Showcase Video promoting 4-H, activities, projects, events or programs such as Know Your Government, Ambassador Program, Teen Conference, Youth Representative.
- a. This is a non-judged activity, open to juniors, intermediates, and seniors.
- b. There is no pre-qualification at the county level.
- c. Videos should be submitted on a CD, jump drive or emailed to <a href="mailto:st4hfair@gmail.com">st4hfair@gmail.com</a> with completed entry forms and tags attached by August 25.
- d. Videos should be a minimum of five minutes and a maximum of 10 minutes.
- e. Washington State 4-H reserves the right to retain possession of videos for 4-H promotional purposes.

LOT 3 – Showcase Promotional Display

- This is a non-judged activity. Entries in this class will be accepted from 4-H members, clubs or county/state programs. A contact person and complete mailing address must be provided with the entry form.
- 2. There is no pre-qualification at the county level.
- 3. This display shall consist of one 3-panel display board. The display board shall be no more than 36 inches tall. The center panel shall be no larger than 24 inches wide and the two side panels shall be no larger than 12 inches wide.
- 4. The intent of the promotional display is to inform the public of the wide variety of 4-H programs across the state of Washington.
- 5. The display may include photos, drawings, diagrams, statistics, etc. that represent the work of the club/group.
- 6. Displays must be constructed by 4-H members. Adults may offer guidance and advice only.
- 7. If qualified, entries may also be submitted for Class 48 4-H Club/Group Displays for judging if entry form for that class is also submitted.

Additional premium may be awarded to any exhibit entered in other classes that are used for display in the Showcase event on Labor Day weekend.

#### **CLASS 11 – GROOM SQUAD**

Please refer to Equine Section for contest rules.

# JUDGING CONTESTS

### **GENERAL JUDGING CONTEST INFORMATION AND RULES**

- SEE THE DAILY PROGRAM SCHEDULE FOR SCHEDULE OF DATES, TIMES, AND LOCATIONS
  OF JUDGING CONTESTS. Request Exhibitor Letter 1.12m. In all judging contests, registration of all
  contestants will be completed prior to beginning the contest. Late registration will not be allowed. All
  judging contests will follow this rule.
- 2. All participants in all State 4-H Fair judging contests must be a part of their county allocation of no more than ten individuals in each age division (junior, intermediate, and senior). It is the responsibility of County Extension personnel to identify eligible participants. All participants will be considered eligible unless State 4-H Fair received notification from County Extension personnel. All participants

- in the Senior Equine Judging contest must be listed on WS4HF/1.07m in order to be allowed to participate in these contests.
- 3. Entry forms and placing cards must be filled out carefully and legibly. Cards that are blank, illegible, or marked with more than one placing will receive a score of zero for that class. Participants should ask for help from a contest official.
- 4. If offered, junior participants may be allowed to participate in oral reasons but their scores for that class will not be counted in their total.
- 5. If participant does not feel prepared to give Oral Reasons, they should still present themselves to the Oral Reasons Judge and state how they placed the class but that they cannot give reasons for their placing. They will still receive a small score for this attempt; this will preserve the rest of their score and their premium payment.
- 6. Participants will use a small, one-class card for each class judged. Marked cards should be turned in where indicated in the pre-contest instructions as the class is completed. If the placement card is not turned in at the right time, a zero score will be received. Do not hold cards to turn in all together at the end of the contest.
- 7. The superintendent will announce in pre-contest instructions if written notes are allowed during your oral reasons presentation. If allowed, referring to notes should be very brief and discreet.
- 8. No coaching, use of electronic devices or conferring with anyone except for the superintendent or contest official will be allowed during contest or participant will be disgualified.
- 9. In the event of a tied score, the tie will be broken using the following criteria: a) the first tie breaker is the total oral reasons score; b) the second tie breaker is the score of the classes on which the oral reasons were given; c) the third tie breaker is the total written reasons score; d) the fourth tie breaker is the score of the classes on which the written reasons were given; e) if a tie remains after the fourth tie breaker, the last tie breaker is the flip of a coin.
- 10. State teams for national judging contests are not official until announced by WSU Extension personnel.

#### **JUDGING CONTESTS**

Premium Points: Blue 30, Red 23, White 17

LOT 1 – Juniors

LOT 2 – Intermediates

LOT 3 - Seniors

## **CLASS 14/294 - ARCHERY JUDGING CONTEST**

Please refer to the Shooting Sports activity section for contest details.

## **CLASS 15 – CAT JUDGING CONTEST**

Please refer to Livestock/Small Animal section for contest details.

### **CLASS 16 – DOG JUDGING CONTEST**

Please refer to Livestock/Small Animal section for contest details.

### **CLASS 17 – LIVESTOCK JUDGING CONTEST**

Please refer to Livestock/Small Animal section for contest details.

# **CLASS 18 – EQUINE JUDGING CONTEST**

Please refer to the Equine section for contest details.

## **CLASS 19 - RABBIT JUDGING CONTEST**

Please refer to Livestock/Small Animal section for contest details.

## **CLASS 20 – GOAT JUDGING CONTEST**

Please refer to Livestock/Small Animal section for contest details.

## **CLASS 21 – DAIRY JUDGING CONTEST**

Please refer to Livestock/Small Animal section for contest details.

### **CLASS 22 - CAVY JUDGING CONTEST**

Please refer to Livestock/Small Animal section for contest details.

## FAMILY LIVING ACTIVITIES

#### **GENERAL INFORMATION FOR CLASSES 23-36**

- 1. Juniors may enter a maximum of two classes from classes 23-30, except junior members may not enter Class 27. Junior members may also enter Class 34.
- 2. Intermediates and seniors may enter a maximum of three classes from classes 23-31 and may also enter both classes 34 and 36.
- 3. County qualifying is required in all activities.
- 4. Team members in Classes 27, 28, 30 and 31 must be of the same 4-H age group. Two members constitute a team. Team entries are not permitted in Classes 23, 24, 25, 26, or 29.
- 5. Please refer to the rules on Activity Entries and Participant Eligibility.
- 6. Exhibitor letters have been prepared for those participating in the activities at the State 4-H Fair. They contain additional important information to make your participation a success. These letters may be requested from your County Extension Office or on the State 4-H website: <a href="https://extension.wsu.edu/4h/fairs/state-4-h-fair/exhibitor-forms/">https://extension.wsu.edu/4h/fairs/state-4-h-fair/exhibitor-forms/</a>

# FOODS ACTIVITIES

#### **GENERAL REQUIREMENTS FOR FOODS ACTIVITIES**

- 1. Food activities will all be conducted virtually in 2023.
- 2. Be familiar with the specific rules for your foods activity found in your current project materials. Be sure to use the newest revised edition of Publication EM4733E "4-H Food Activity Guidelines" for all 4-H foods activities.
- 3. Worksheets for the respective contests must be completed in advance and emailed with the other requirements for each contest. Check each class rules for requirements. Teams should prepare one worksheet. Worksheet C1099E "4-H Food Activity Worksheet" (2011) is the worksheet for all 4-H foods activities. It is available online only.
- 4. Bread making machines may not be used in any foods activity. The intent of 4-H bread making activities is to demonstrate basic bread making skills and knowledge.
- 5. Members are encouraged to utilize food from approved food sources. Home canned foods are not to be used in any of the foods activities. Safe food handling and transporting procedures must be followed.
- 6. See exhibitor's letter, WS4HF/1.22m for more information on the foods activity classes.
- 7. Alcoholic beverages are not to be used.

# CLASS 23 – TABLE SETTING ACTIVITY (VIRTUAL) Premium Points: Blue 20, Red 15, White 11

LOT 1 - Table Setting

- a. Contestant will submit a written plan for the table setting listing menu and planned occasion. A copy of this plan shall be submitted.
- b. Contestant will use their own dishes, utensils, glassware, linens, and centerpiece to demonstrate a correct place setting for two persons.
- One picture of the contestant preparing the place setting and one picture of the completed setting shall be submitted.
- d. The three items (written plan and two pictures) shall be submitted with a completed entry form via email to <a href="mailto:st4hfair@gmail.com">st4hfair@gmail.com</a>
- e. Read the General Requirements for Foods Activities. This contest does not permit team competition.

# CLASS 24 – LUNCH ON THE GO (VIRTUAL)

Premium Points: Blue 30, Red 23, White 17

LOT 1 – Lunch on the Go

- a. Read General Requirements for Foods Activities. This contest does not permit team competition.
- b. Participants will make lunch from beginning to end during the activity. Lunch preparations should demonstrate food and kitchen safety, appropriate preparation skills, and knowledge.
- c. Up to one hour (60 minutes) will be allowed for the completion of the entire activity. This includes set up, the activity, judge's interview, and clean up.
- d. Please refer to contest rules EM4733E 4-H Food Activity Guidelines.

# CLASS 25 - QUICK TO FIX MEALS (VIRTUAL)

Premium Points: Blue 40, Red 30, White 22

LOT 1 - Quick to Fix Meals

- 1. Read General Requirements for Foods Activities.
- 2. This contest does not permit team competition.
- 3. Participants may not enter both this class and class 27 (Foods for All Occasions).
- 4. Participants will prepare a simple meal that will demonstrate food and kitchen safety, appropriate food preparation skills, and knowledge.
- 5. Participants must complete C1099E "4-H Food Activity Worksheet". The completed worksheet must be submitted as a part of the entry.
- 6. The following items must be submitted electronically via email to st4hfair@gmail.com
  - one picture of the contestant preparing the meal
  - one picture of the each completed food item in the original preparation pan/dish
  - one picture of the place setting, including the prepared food on/in dishes
  - the completed 4-H Food Activity Worksheet
  - completed entry form for the class

# CLASS 26 – FOODS OF THE PACIFIC NORTHWEST/NATIVE FOODS (VIRTUAL)

Premium Points: Blue 40, Red 30, White 22

LOT 1 – Foods PNW/Native Foods Activity

- a. Read the General Requirements for Foods Activities. This contest does not permit team competition.
- b. Participants will prepare a dish which features an agricultural product produced in the Pacific Northwest of a food native to the Pacific Northwest.
- c. Contestant must submit a report listing the nutritional, historical, and/or cultural aspects of the agricultural product used in the activity.
- d. The following items must be submitted electronically via email to <a href="mailto:st4hfair@gmail.com">st4hfair@gmail.com</a>
  - one picture of the contestant preparing the food item
  - one picture of the each completed food item in the original preparation pan/dish
  - one picture of one serving of the prepared food item on/in serving dishes
  - the completed 4-H Food Activity Worksheet; include the report listing the nutritional, historical and/or cultural aspect of the agricultural product used the activity
  - completed entry form for the class

## CLASS 27 - FOODS FOR ALL OCCASIONS (VIRTUAL)

Premium Points: Blue 40, Red 30, White 22

LOT 1 - Foods for All Occasions Activity - Individual

LOT 2 – Foods for All Occasions Activity – Team (all team members must be the same age group)

1. Read the General Requirements for Foods Activities.

- 2. This class is open to individuals and teams. If a team, both team members should be in the same age division.
- 3. 4-H members utilizing any international foods curriculum should enter this class if a complete meal is prepared.
- 4. The maximum cost of the food is \$10 per person. That amount is not mandatory; economy is encouraged. Spices and seasoning do not need to be considered in the cost limit.
- 5. A complete meal for four persons (six persons if a team is cooking) must be prepared.
- 6. The following items must be submitted electronically via email to st4hfair@gmail.com
  - one picture of the contestant(s) preparing the food item
  - one picture of the each completed food item in the original preparation pan/dish
  - one picture of the plated foods
  - one picture of the completed place setting/table décor
  - the completed 4-H Food Activity Worksheet
  - · completed entry form for the class

# CLASS 28 - MY FAVORITE FOODS (VIRTUAL)

Premium Points: Blue 40, Red 30, White 22

LOT 1 – My Favorite Foods Activity

- 1. Read General Requirements for Foods Activities.
- 2. 4-H members utilizing any international foods curriculum should enter this class if a single item is prepared.
- 3. The following items must be submitted electronically via email to st4hfair@gmail.com
  - one picture of the contestant preparing the food item
  - one picture of the each completed food item in the original preparation pan/dish
  - one picture of one serving of the prepared food item on/in serving dishes
  - the completed 4-H Food Activity Worksheet; be sure to include the nutritional value of the food item
  - completed entry form for the class

## CLASS 29 - BREAD BAKING (VIRTUAL)

Premium Points: Blue 40, Red 30, White 22

LOT 1 – Bread Baking Activity – Yeast Breads (int and sr only, 3 hour time limit)

LOT 2 – Bread Baking Activity – Quick Breads, loaves (2 ½ hour time limit)

LOT 3 – Bread Baking Activity – Quick Breads, other than loaves (2 hour time limit)

- 1. Read General Requirements for Foods Activities.
- 2. Participant will prepare a yeast or quick bread product.
- 3. After preparing the bread product and taking a picture, the item should be sliced and/or broken in half to allow the judge to see the inside of the product.
- 4. The following items must be submitted electronically via email to st4hfair@gmail.com
  - one picture of the contestant preparing the food item
  - one picture of the each completed food (uncut)
  - one picture of bread product (sliced or broken in half) illustrating the inside of the product
  - the completed 4-H Food Activity Worksheet; be sure to include the nutritional value of the food item
  - completed entry form for the class

## CLASS 30 - FOOD PRESERVATION ACTIVITY (VIRTUAL)

Premium Points: Blue 40, Red 30, White 22

LOT 1 – Food Preservation Activity – Drying (1 hour time limit)

LOT 2 – Food Preservation Activity – Freezing (1 ½ hour time limit)

LOT 3 – Food Preservation Activity – Water Bath Canning (2 hour time limit)



- 1. Read the General Requirements for Foods Activities.
- 2. Pressure canning may not be done at the State 4-H Fair due to equipment limitations. Juniors may do food drying and food freezing only.
- 3. Processing methods and times must follow current Washington State University and USDA recommendations. All boiling water canning must follow current USDA or Ball Blue Book recommendations. Recipes and processing times listed by the National Center for Home Food Preservation are approved by USDA. Youth may find this information at their website: <a href="https://nchfp.uga.edu/">https://nchfp.uga.edu/</a> Due to the potential presence of e-coli and salmonella bacteria on raw meat, extension –approved instructions on making jerky must be followed. Instructions can be found in the publication PNW 632 Making Jerky at Home Safety (<a href="https://pubs.wsu.edu">https://pubs.wsu.edu</a>). Dried prepared using this publication will be accepted.
- 4. Participants using the drying method should prepare a food for drying during the allotted time for the activity. Since there will not be time for drying to be completed, a sample of the same food should be dried at home, packaged, and brought in for discussion with the judge. Drying of raw meats will not be permitted.
- 5. Contestants will freeze, dry, or can food (maximum of two containers each, except for jam or jelly where one recipe may be made).
- 6. The following items must be submitted electronically via email to st4hfair@gmail.com
  - one picture of the contestant preparing the food item
  - one picture of the each completed food (uncut)
  - one picture of bread product (sliced or broken in half) illustrating the inside of the product
  - the completed 4-H Food Activity Worksheet; be sure to include the nutritional value of the food item
  - completed entry form for the class

# CLOTHING ACTIVITIES

# Superintendent – Laura Mendoza GENERAL RULES FOR CLOTHING ACTIVITIES

- 1. All juniors are invited to participate in Class 34 on their assigned show date for their county. All intermediates and seniors are invited to participate in Classes 34 and 36 on their assigned show date for their county. County day assignments are:
  - <u>September 9</u> Clark, Cowlitz, King, Lewis\*\*, Clallam, Pierce\*\*, Skamania, Thurston, Whatcom, San Juan
  - <u>September 17</u> Yakima, Lewis\*\*, Pierce\*\*, Grays Harbor/Mason, Pacific, Jefferson, Skagit, Island, Kittitas, Kitsap, Wahkiakum, Snohomish
- <u>September 23</u> Asotin, Columbia, Adams/Lincoln, Stevens, Garfield, Whitman, Okanogan, Pend Oreille, Spokane, Walla Walla, Benton/Franklin, Chelan/Douglas, Ferry, Grant, Klickitat A limited number of participants may be allowed to switch to another weekend day. <u>You must receive approval from Fair Management prior to switching to another day.</u>
- 2. All participants should bring their outfits with them. No outfits should be mailed or brought to the fairgrounds prior to the scheduled activity. EXCEPTION: GARMENTS THAT WILL BE JUDGED FOR BOTH CONSTRUCTION AND FASHION REVUE MUST BE ENTERED PRE-FAIR OR BY THE LATE FAIRS ENTRY DAY AS APPROPRIATE. CONSTRUCTION JUDGING WILL TAKE PLACE BEFORE BEING MODELLED FOR FASHION REVUE AND THE ITEM WILL BE DISPLAYED THROUGHOUT THE FAIR. NO CONSTRUCTION JUDGING WILL TAKE PLACE AFTER THE GARMENT HAS BEEN MODELLED.
- 3. Participants in Class 34 must prepare "Personal Data Sheet" (EM0682E). Participants in Class 36 must prepare "Creative Consumers of Fashion Data Sheet" (C1077E). Data sheet must be brought by the exhibitor with him/her to the contest.
- 4. The commentary portion of the sheet must be typed. Photos rather than sketches must be attached to the sheet.

- 5. An Exhibitor Letter (1.24m) that gives detailed information for participants in these activities is available from your County Extension Office and on the WA State 4-H Fair website.
- 6. State Fashion Revue Finals will be held on Sunday, September 24.

#### **CLASS 34 – FASHION REVUE**

Premium Points: Blue 75, Red 55, White 40

LOT 1 – Fashion Revue Activity

- 1. The outfit entered in Class 34 must be an item made (sewn, knitted, crocheted) and modeled by the participant and be the same garment entered in the county qualifying event. The outfit worn may include purchased incidental items or items not made in a 4-H project, such as blouse, shirt, sweater, accessories, etc.
- 2. Contestants shall bring completed Fashion Revue Personal Data Sheet (EM0682E) with them on the day of their activity.
- 3. All sleepwear made for children through size 12 must be made of flame-retardant fabrics.
- 4. All judging of this activity will be done on stage before the public. This includes both modeling and interview judging.

## **CLASS 36 – CREATIVE CONSUMERS OF FASHION**

**Premium Points: Blue 75, Red 55, White 40** LOT 1 – Creative Consumers of Fashion Activity

- 1. The garment entered in Class 36, Lot 1 may consist of garments and accessories purchased by the participant and/or remodeled or recycled clothing. Complete data sheets (C1079E), photos, etc. must be provided.
- 2. Each separate piece must have a permanently attached care label, or a 3 x 5 inch card with care instructions.
- 3. All sleepwear made for children through size 12 must be made of flame-retardant fabrics.
- 4. All judging of this activity will be done on stage before the public. This includes both modeling and interview judging

# Class 37 - \$20 Challenge for remodeled or recycled garments. Premium Points: Blue 75, Red 55, White 40

Lot 1

- 1. The garment entered in Class 36, Lot 2 must include a top (shirt, blouse, etc) and a bottom (pants, shorts, skirt, etc) or may be a one piece total garment. Complete data sheets (C1079E), photos, etc. must be provided. Receipts for purchasing the outfit must be attached. Total cost of the outfit must be no more than \$20. The cost figure does not apply to shoes and/or accessories.
- 2. Lot is open to all 4-H members who may be purchasing clothing for their own specific project (i.e. show clothes) Shopping may be done at thrift stores, consignment shops, garage sales, ebay, or any other source of used clothing. If repairs and embellishments are done to the outfit, the cost of repairs and embellishments must be included in the total cost.
- 3. Participants may enter either lot 1 or lot 2.