Tuesday News



Tuesday News - April 25, 2023
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Features

Fifth and Final State 4-H Virtual Photo Club Meeting Scheduled for May 14th; April Meeting Recording Now Available!



Our fifth meeting theme/focus will be on matting, mounting, fair entries, scorecards, photo labels, and our virtual contest entries. The meeting will be held on Sunday, May 14th at 2:00 PM and will last about 90 minutes.

This fifth State 4-H Photo Virtual Club meeting will be our last one for this year. Instead of a sixth meeting, we will have a virtual photo contest.

Pre-register now at https://bit.ly/3mXnEBX Join us live or view the recordings to learn about our upcoming virtual photo contest.

Our fourth meeting, "Action, Stop-Action, Special Effects, and Trick Photography," was held on April 16th. The link for that recording is https://bit.ly/3HgnE70.

Remember that the educational portion from the prior meeting is the photo challenge assignment for the next meeting. If you would like to submit any photos for our critique at the 5th meeting please e-mail them to Pam Watson at pwatson@wsu.edu as attachments by Friday, May 12th, make sure you put in the subject line of the e-mail "4-H Photo Club." Each person may send up to three photos, keep in mind we may not get through them all. For now, keep working on the photo challenge assignment. Our meetings are open to anyone interested in learning more about the 4-H photography project or photography in general. We are trying a new system for capturing data on our post-workshop survey. Please use the link in the video or chat box to take the survey when you finish watching the recording.

Learn something new with us!

Pam Watson, M.Ed. WSU Lewis County Extension 4-H Youth Development Agent, WSU Faculty

Washington State 4-H Fair Manager Tom Gwin Has Resigned Washington State 4-H Fair Board

Tom Gwin, long-time State 4-H Fair Manager, has resigned due to his growing family commitments making it too hard for him to continue. Tom has dedicated many years to making our fair the best experience for our 4-H youth and his indepth knowledge of fair operations will be greatly missed. His last day will be May 31; the Board will be arranging for a replacement in the near future.



Celebrating Some Amazing Teens!

Jennifer Fees

Six Youth Advocates for Health (YA4-H!) Teens as Teachers attended the National Ignite by 4-H Conference on Healthy Living, Agri-Science, and STEM March 7-12, 2023. These six teens will be bringing information back to Washington State as workshops and a state-wide service project called Kind Care Kits which will contain social-emotional activities for siblings who have a brother or sister who is sick and spending time at Ronald McDonald House and Children's Hospital locations across our state.

These advocates will be highlighted here over the next few weeks!

This week, we recognize Abby and Kaelynn!



Abby Hepting, a Riverside High School Junior, is a part of the Spokane County Youth Advocates for Health (YA4-H!) for the past 3 years. She is one of 9 Teens as Teachers, going into elementary schools to teach nutrition and healthy living activities. She also participated in a oneyear grant research project called Youth Participatory Action Research (YPAR) where she and other teen interns became researchers about opioid misuse and in our community. Abby attended the 2023 National Ignite by 4-H conference as a Youth Advocate for Health, representing Washington State. Abby also serves on the WSU 4-H Teen Conference planning committee.



Kaelynn Schultz has been involved with the Skamania County 4-H program as a teen teacher for 5 years. As an important member of the Youth Advocates 4-Health (YA4-H!) team, she has supported with a variety of health and nutrition programming at schools in her community. Kaelynn is kind, patient, and adaptable and does a great job of connecting with individuals of all ages. Hundreds of local children have benefitted from working with her and seeing how much she cares about them and their future! Kaelynn attended the 2023 Ignite by 4-H National Conference.

Washington State 4-H Teen Conference Registration is Now Open!



Washington State 4-H Teen Conference 2023 is open for registration!

Registration for 4-H members will take place in 4-H Online https://v2.4honline.com/#/user/sign-in in events. Registration cost is \$295.

We have some amazing workshops lined up and we expect many of them to fill up. So, you'll want to register as soon as possible so that you get your first choice in workshops. On April 24, we will open registration up to those not enrolled in 4-H and to other WSU youth programs. At that time, a paper/fillable registration form will be made available. Please see the WA State 4-H website for details, including workshop descriptions, for this conference.

The Teen Conference page is **HERE**.

Kelly Stewart WSU Extension 4-H Program Coordinator

2023 Washington 4-H State Livestock Judging Contest Update



The 2023 Washington 4-H State Livestock Judging Contest is scheduled for June 24, 2023, and will be held at the Ardell Pavilion, centered on the Grant County Fairgrounds. Contest guidelines and rules with NEW for 2023 updates are linked in this article and are up for viewing on the Washington 4-H website.

Additionally, the travel guidelines document and fillable registration forms specific to Junior, Intermediate and Senior contest registrations are linked below. Again as in 2022, the 2023 contest has NO Requirement for Qualifying, just come and participate.

This will be our second year hosting the Livestock Judging Contest at the Grant County Fairgrounds in Moses Lake, WA. The committee is looking forward to another successful contest year. in 2022 we had three senior teams that traveled to national 4-H contests representing the Evergreen state.

New for 2023:

There will be a registration deadline this year for early registration. June 9, 2023 – all registration materials signed by the county extension professional (specialist, educator, coordinator, administrative, etc.) will be due by end of day to qualify for early registration fees (\$15/team; \$5/individual). Late registrations will be accepted with a late fee charged (\$10/individual). All fees (check, credit or cash) will be collected the day of the contest.

- Teams and coaches will need to be prepared to identify the contests they
 would like to travel to by the end of the state contest. If the first place team
 has not determined that when asked then they will forfeit first choice and so
 on. So coaches and parents PLEASE be prepared before you come to the
 contest to compete.
- Also new will be a dress code (see guidelines appropriate dress). Key no hats, torn or ripped or frayed jeans, no shorts, and no t-shirts with graphics or written sentiments.

Registrations will need to be sent to <u>Robert.kestell@wsu.edu</u> and CC <u>pskuber@wsu.edu</u> by end of day June 9, 2023. Late registrations will be charged a late registration fee. Any questions about the contest? Please contact Paul Kuber <u>pskuber@wsu.edu</u>.

Document Links:

2023 Livestock Judging Contest Rules and Guidelines

2023 Livestock Judging Team Travel Guidelines

2023 Livestock Judging Registration Form - Intermediate

2023 Livestock Judging Registration Form - Junior

2023 Livestock Judging Registration Form - Senior

See you on June 24th!



Paul S. Kuber, Ph.D.

Associate Professor
State 4-H Agri-Science Specialist
Northeast Region Livestock and Forage Specialist
Washington State University Extension
222 N. Havana St. Spokane, WA 99202
W: 509-477-2185 C: 614-302-1600 pskuber@wsu.edu

4-H Service Opportunity Update – Scholarship Committee Position Filled!

Denise Echelbarger



UPDATE!

Due to overwhelming response to our request, our opening on the Scholarship Committee has been filled!

Thank you all for your interest in service to Washington State 4-H!

"Cougs Give" Fundraiser Update

Denise Echelbarger



The WSU Extension 4-H Youth Development program is very appreciative of Mary Kohli's support of the 2023 #CougsGive event. It is so heartening when we receive a gift from a generous donor that allows us to say "yes" to one more 4-H member, club, or learner engaged event. All kids deserve a place to belong and a chance to unlock their full potential.

I am thrilled to inform you that \$2,125 was donated and the match of Mary Kohli's \$500 unlocked for a total of **\$2,625** for WSU Extension 4-H Youth.

THANK YOU!



Mary Kohli







Practice Horse Judging Contests Available Online!

See below about two on-line Practice Horse Judging contests that would be great for your 4-H or FFA Horse Judging teams. Each course is only \$20 with unlimited access for 90 days (from your date of enrollment). Each contest has 6 classes with 2 halter and 4 performance.

There are questions, officials, and critiques at the end of each class. Follow the links below or QR code to enroll.



Practice Judging 1 Live Link:

https://catalog.extension.org/product?catalog=HorseJudgingContest

Practice Judging 2 Live Link:

https://catalog.extension.org/product?catalog=1676909671DNE4F



Dr. Kathy Anderson, PhD

Professor, Extension Horse Speciist University of Nebraska-Lincoln Animal Science

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Submitted by Jennifer Leach, 4-H Faculty Liaison State Horse Committee

State 4-H Ambassadors Present the 4-H Youth of the Month for April!

The Washington State 4-H Ambassadors recognize the 4-H Youth of the Month honoree for April, **Berklie Sheppards of Asotin County!** The Ambassadors are proud to highlight 4-H youth monthly throughout the year!



Berklie Sheppards



Favorite Part About 4-H; Everything...Berklie is so thankful for how 4-H has taught her people skills, knowledge about different types of animals, and responsibility. Fair is her favorite time of year, mostly because it's when she feels closest to her 4-H and FFA community.

Years in 4-H: She has been in 4-H since first grade—9 years!

<u>Past Projects</u>: Berklie has done it all, from showing pigs, goats, steer, cats, and horses to sewing and cooking.

<u>Favorite Hobbies:</u> Outside of 4-H, she loves art, reading, and calligraphy, and is obsessed with cooking.

Favorite Book: The Twilight Saga series

Favorite 4-H Memories: Berklie fondly remembers helping out at 4-H summer camps starting when she was in third grade.

Favorite Food: Pumpkin pie

<u>Future Career:</u> Berklie is considering a career in the field of engineering. <u>Project You'd Like to Do:</u> She would like to pursue a project involving breeding and genetics.

Favorite Vacation: Cody, Wyoming

<u>Biggest 4-H Achievement:</u> Berklie earned the Small Animal Round Robin Champion last year, making her third time competing in Round Robin very memorable.

Favorite Ice Cream: Jamoca almond fudge

Wish I could Go: New Zealand, Italy, Hawaii—basically the whole world.

If you have any questions about the State Ambassadors, or are interested in joining, please email wa4hsa@gmail.com. We hope to hear from you!

Spokane County Extension Hosts Spring Three-Day 4-H Horse Clinic May 12 – 14

Spokane County Extension invites you to a 4-H Horse Clinic!

Saddle up and get ready for the show season with top notch clinicians. All 4-H youth welcomed. Our large and diverse clinic plans to cover a variety of disciplines: performance, western games, jumping, dressage, and greenhorse.

Our clinic is ideal for both advanced and beginner riders, small size class and affordable rates. We hope to see you in May.

3-day: 4-H Horse Clinic

May 12-14th

Spokane County Fair Grounds

Flyer: https://s3.wp.wsu.edu/.../03/Spring-clinic-flyer-2023.pdf

Sign up here: https://forms.office.com/Pages/ResponsePage.aspx...



4-H Horse Spring Clinic

May 12-14th 2023



Spokane County Fair Grounds

The 4-H Spring Clinic is a perfect opportunity to learn, gain new skills and get ready for the show season with top notch clinicians. For an affordable price. Neighboring 4-H counties welcome. https://extension.wsu.edu/spokane/4h/

Western Games • Performance • Jumping • Dressage • Green Horse •

Kelsey Masterson



Bucky Robinson



Becky Parrish



Sharon Fouts



Aubrey Roth



Brianna Randall







Registration is Open for the Annual Wahkiakum 4-H Great White Tail Run!

The 39th Annual Wahkiakum 4-H Great White Tail Run is on Saturday, May 20. 2023. Registration begins at 8:30 am at the Skamokawa Vista Park Office, Run starts at 10:00 am. We have several walk/runs available: 10K, 5K, 2 mile through Julia Butler Hansen National Refuge in Skamokawa, Washington. Participants can register online or via mail with the brochure and t-shirts are available for purchase too!

In order to guarantee a t-shirt purchase, you must register by May 5th.

Please contact our run coordinator Carol Ervest with questions, 360-465-2275 or email Lisa Frink, Wahkiakum 4-H Program Coordinator, Ifrink@wsu.edu

We look forward to seeing you soon! #gwtr2023



DATE: Saturday, May 20th, 2023

TIME: Registration begins at 8:30 am; Run at 10 am

COURSE: 10K, 5K, 2-mile run/walk through Julia Butler Hansen National Refuge in Skamokawa, Washington

AWARDS: Recognition given for overall male and female winners in each event, ribbons for top three finishers in each age division.

OFFICIAL DOG RULES: Socialized dogs only. Dogs should be at least 6 months old with current vaccinations. Dogs must be on leash at all times and stay on designated course. Female dogs in season are not permitted.

REGISTRATION INFORMATION AND LINKS:

Mail in Registration: 2023 4-H GWTR Brochure

Online: https://runsignup.com/Race/WA/Skamokawa/GreatWhiteTailRun

Must register by 5/5/23 to guarantee a shirt. For further information, call: 360-465-2275 or 360-795-3278

The Julia Butler Hansen National Wildlife Refuge, in addition to protecting endangered deer, is also a wintering area for waterfowl on the Pacific flyway. Skamokawa Vista Park has showers, playgrounds, yurts, overnight campsites & RV accommodations. For reservations at this park, call 360-795-8605.

Ask Dr. Universe: How Do You Tell If Your Betta Fish is Happy or Depressed?

Neely, 10, Oregon



Did plate tectonics help make Earth a planet that supports life? Listen to the most recent <u>Ask Dr.</u> <u>Universe podcast episode</u> about our amazing planet, featuring WSU geologist Johannes Haemmerli.

How do you tell if your betta fish is happy or depressed? Neely, 10, Oregon

Dear Neely,

As a science cat, I handle going to the veterinarian better than most. I see it as a meeting of scientific minds. But I had no idea some veterinarians specialize in fish.

I learned all about fish medicine from my friend Nora Hickey. She's a fish veterinarian at Washington State University. She works in the <u>Washington Animal</u> <u>Disease Diagnostic Laboratory</u>. She helps fish at zoos and hatcheries stay healthy.

Hickey told me you can watch a betta's behavior to see if it's happy. Happy bettas swim around. They interact with things in their tanks and act interested when you come close.

Unhappy bettas are lethargic. They lay around and seem uninterested. All bettas rest sometimes, but a betta that's always inactive may need help.

"The biggest reason for betta fish to be unhappy is that they're not properly kept," Hickey said.

She told me <u>bettas are tropical fish</u> and need heaters. Their ideal water temperature is 78 F. A lethargic betta without a heater may be cold.



You might be surprised to hear that bettas don't always need filters or bubblers. Hickey says filtration systems that churn the water may annoy bettas. Their native waters are still, and they aren't strong swimmers.

Most fish use gills to get oxygen from the water. But bettas belong to a fish family called <u>labyrinth fish</u> or anabantoids. In addition to gills, these fish have a breathing organ inside their heads—called a labyrinth organ. They can breathe air by poking their mouths above the surface of the water.

It's an adaptation that helps wild bettas survive. Wild bettas live in <u>warm</u>, <u>shallow</u> <u>waters</u> with lots of plants. Sometimes their homes dry up a bit. That would be bad news for most fish. But labyrinth fish can breathe air. As long as they stay wet, they can wait until their homes fill back up with water.

That's why the shape of a betta's tank is more important than its size. Bettas need lots of <u>surface area</u>—space where the air touches the top of the water—so they can gulp air. A betta in a wide tank can breathe better than a betta in a vase or a bowl with a small opening.

Food is another way to make your betta happy. Hickey told me wild bettas eat insects. Betta food made from insect protein is a diet closer to their normal one. As a treat, offer bettas frozen foods—like blood worms or water fleas.

Bettas are solitary animals, but they do like to have one friend—you. "I think they're one of the most interactive fish," Hickey said. "Bettas like to interact with or respond to people."

She told me some people train bettas to do tricks like **jump through hoops**. You can enrich your betta's life by talking to it and offering it tasty nibbles. You can give it new things to explore in its tank.

If your betta still seems lethargic, it may need a <u>fish veterinarian</u>. They can help you and your betta get on swimmingly.

Sincerely, Dr. Universe

Dr. Universe: What happens if you get sucked up by a black hole? Amari, 10, North Carolina

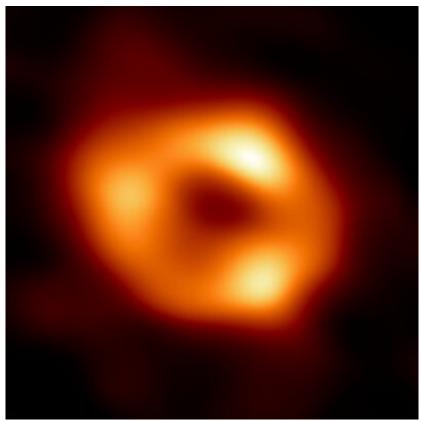
Dear Amari,

I was fascinated by black holes as a kitten. I liked them because they were scary. But they're also far away so I knew I was safe.

I talked about this with my friend <u>Vivienne Baldassare</u>. She's an <u>astronomer</u> at Washington State University.

Baldassare told me a black hole is an area in space with lots of gravity. That's the same force that pulls your body toward the Earth.

"If we want to send a spacecraft somewhere else in the solar system, it has to travel fast enough to escape the gravity of Earth—so the rocket doesn't just fall back down to Earth," she said. "A black hole is a place where that escape speed is the speed of light. Nothing can move faster than the speed of light. So, nothing can escape from inside the black hole."



The first image of the black hole at the center of our galaxy, named Sgr A*.

Credit: EHT Collaboration

If you were sucked into a <u>black hole</u>, it wouldn't be pleasant. Let's say you fell in feet-first. The gravity of the black hole would pull much harder on your feet than your head. It would squeeze your sides together. You would be stretched into a long, thin noodle shape. Scientists call it spaghettification—like being turned into

spaghetti. At some point, you would stretch so much that you were no longer one piece.

A small black hole is a few times heavier than the sun. If a small black hole sucked you in, you would become a noodle before you got to the point of no return—called the **event horizon**.

A big black hole is a million or billion times heavier than the sun. If you fall into one of those, you'd pass the event horizon before you started stretching. So, you'd probably be able to see what's inside the black hole before you became a noodle. Sadly, you couldn't tell anyone what you saw. That's because you can't send information faster than the speed of light. Your radio signal would be trapped in the black hole with you.

So, what would you see inside that big black hole? Nobody knows!

Black holes form when a massive star dies. There's a huge explosion called a <u>supernova</u>. The inside of the star collapses. Everything in the massive star squishes into a point so tiny you couldn't see it—called a <u>singularity</u>. That's a black hole.

That black hole sucks in the gas and dust around it. If it's close to a star, it will suck in star material. Everything a black hole ever sucked up is still inside it. We can only imagine what that looks like.

The good news is there's no way you'll ever get sucked into a black hole. You would have to get really close to one. The nearest black hole is about 1,500 light years away. So, you would have to travel at the **speed of light**—which we can't do—for 1,500 years to get there.

You will never be spaghettified. It's im-pasta-ble!

Sincerely, Dr. Universe

Get more questions and answers here!



Dressage Clinic Coming to Franklin County in June!



Please mark your calendars for a dressage clinic with Abby Welch on June 18th in Franklin County.

The clinic is open to 4-H horse members and is a great way to receive practice and guidance in preparation for the Washington State Junior Horse show.

For more information, contact Sue Duffy, 4-H Horse Superintendent for Benton/Franklin County. Sue's email address is smarieduffy@gmail.com.

Read Abby Welch's Bio **HERE**

2023 Dressage Show Entry Form is **HERE**

Entry Form for Dressage Clinic with Abby is <u>HERE</u>

Submitted by Jennifer Leach, State 4-H horse contact.

Upcoming 4-H Horse Events to be Hosted By Yakima County Extension 4-H

Hay!!! Do you love horses? Upcoming Yakima County horse events at https://extension.wsu.edu/.../4-h-events/4-h-horse-events/



Announcement of Dressage Tests for the 2023 4-H State Fair

The dressage tests for English dressage at the 2023 4-H State Fair will be Test 3 for both Training Level 1 and First Level.

Western Dressage has come back for the 2023 4-H State Fair and Test 3 for both Basic Level and Level 1.

4-H horse members will only be able to ride either English Dressage or Western Dressage, but not both, due to time constraints related to arena time.

These tests are available on the respective governing organizations—United States Dressage Federation (USDF) for English (https://www.usdf.org/) and the the Western Dressage Association of America for Western dressage (https://www.westerndressageassociation.org)

The Western Dressage Association of America is the governing body for the Washington State 4-H Horse program. The information in the 2015 PNW 4-H

Horse Contest guide on page 20 is outdated. In Washington, we do not use the North American Western (NAW) dressage tests.

Submitted by Jennifer Leach, WSU Extension 4-H State Fair Board Staff Liaison. E-mail Jennifer at LeachJ@co.cowlitz.wa.us.

Reining Pattern for 2023 4-H State Fair Now Available

The 4-H State Fair reining pattern is now posted on the horse page on the WSU 4-H webpage located at https://extension.wsu.edu/4h/projects/animal-science/companion-performance/horse/

Reining will once again be offered at State Fair for Seniors only. The reining pattern is the same as last year to encourage participation since this is only the second year of 4-H reining. And also includes the scoresheet as an educational and judging tool.

There will be additional reining patterns for county level use that are reflective of basic reining and/or introductory reining. More to come next week. For those who do reining-it is a series of circles, stop, back, figure 8, flying changes, roll backs, and/or spins. And based on skill level and/or complexity of the series of movements.

Submitted by Jennifer Leach, Chair of the "Ad Hoc Reining Committee" and 4-H State Fair board 4-H Staff Liaison. **E-mail Jennifer at LeachJ@co.cowlitz.wa.us.**

Food Preservation Requirement Completion - Guidelines for 4-H Food Preservation Leadership

Jana Ferris

After further review, the following will be accepted as meeting the requirement of having completed food preservation training to leader 4-H Food Preservation Projects:

4-H Food Preservation, https://extension.wsu.edu/4h/for-volunteers/volunteer-training/

Master Food Preserver (MFP) – active participation in the program Consumer Food Safety (CFS) – currently serving as a CFS advisor for WSU

To demonstrate serving as an active MFP or CFS, the supervising faculty, staff, or county director sends an email affirming your participation to the Extension Volunteer Development Specialist (ferrisj@wsu.edu).

Also, we will be reviewing the requirement in the next few months and determine what, if any, future training might be required. Stay tuned for further information.



Graphic - WSU Kitsap County Extension 4-H

SAVE THE DATE - 2023 4-H Dairy Judging Contest



The 4-H Dairy Judging Contest will be **July 18 at 11:00 am** at the Evergreen State Fairgrounds during the State Holstein Show.

Gary Fredricks

WSU Extension\Cowlitz County 304 Cowlitz Way Kelso, WA 98626 360-577-3014 Ext. 3 garyf@wsu.edu

Q and A Sessions for the Washington 4-H Horse Program Continue

Have questions about the Washington 4-H horse program? We are planning to have a monthly Q and A for leaders, parents, members, and staff on the third Thursday of each month via Zoom from 6:30 to 7:30 pm. Zooms will start in February and run at least through June.

There will be no specific topics for this first zoom but will be around the theme/parameters of horses and youth development. It will be more than "what are the rules." However, there will be time set aside for input on future topics for the subsequent Zooms.

The Zoom meeting ID is 452-082-9765 with no passcode. You must have a zoom account to participate.

The meeting will be facilitated by Jennifer Leach, WSU Extension 4-H State Fair Board Staff Liaison. If you need further clarification of the meeting, feel free to contact Jennifer at jleach@wsu.edu



Pierce County Leaders Council Presents April Fun'Raiser



Get a jump on qualifying shows and county fairs! The Pierce County Leaders Council Fun'Raiser is an open show for cats, dogs, and horses happening on April

29, 2023 at Frontier Park in Graham, WA. Get extra experience in the ring or arena!

Fun'Raiser is open to all ages and is open to the general public. The Cat Show offers Fitting & Showmanship, Type and Agility. The Dog Show offers Showmanship, Obedience, Rally, and AKC-Canine Good Citizen Test and Novice Trick Test. The Horse Show offers Showmanship, Performance, Driving, In-hand, and Western Games.

Times and fees vary based on individual animal type. More information can be found at https://extension.wsu.edu/pierce/4-h/current-member-leader-info/.

For the Dog Fun'Raiser Flyer, CLICK HERE

For the Horse Fun'Raiser Flyer, CLICK HERE

March 26th 4-H Market Poultry Zoom Recording Now Available!





Recording- 4-H Market Poultry





This presentation is for any youth or volunteer who has an interest in market poultry and how to get started.

Brought to you by the WSU Extension 4-H Youth Development Small & Companion Animal Committee

If you are working on a Market Poultry Project and need to get some basics or more advanced info, check out our recording from March 26th, 2023. We covered

fryers, turkeys, ducks, and geese, with the focus being on fryers and turkeys. This program is available to all, not just 4-H youth.

Find the link to the recording below. http://bit.ly/3ze4SbT (WSU Zoom Recording)

Please take our post-workshop survey after viewing the recording at (WSU Qualtrics) this link is also in the recording. http://bit.ly/3LRPppq

Thanks for watching our workshop!

Pam Watson, M.Ed., pwatson@wsu.edu
WSU Lewis County Extension
4-H Youth Development Agent, WSU Faculty

Explore 4-H with WSU Extension Recording - Basic 4-H Cat Project





Recording-Basic 4-H Cat Project





From March 5th, 2023

This presentation is for anyone who has an interest in the 4-H Cat Project and how to get ready for a show.

Brought to you by the WSU Extension 4-H Youth Development Small & Companion Animal Committee

This presentation is for anyone who has an interest in the 4-H Cat Project and how to get you and your cat ready for a 4-H Show. 4-H Volunteer Caroline Vadino presents with us on Explore 4-H with WSU Extension the "Basic 4-H Cat Project" from Sunday, March 5th, 2023. You can find the recording for this presentation at http://bit.ly/3Zlo3Wk.

There is a short survey at the end of the presentation with a link that will take you to a WSU Qualtrics page, please take a few minutes to complete the survey.

Thank you and enjoy the workshop,

Pam Watson, M.Ed. WSU Lewis County Extension 4-H Youth Development Agent, WSU Faculty

RECORDING! Backyard Flock -Poultry Housing, Part 2, Chicks 8-28 Weeks







Backyard Flock Poultry Housing-Recording



Part 2, 8 Weeks-28 Weeks

This presentation is for anyone who has an interest in poultry and how to set up age-appropriate housing.

Brought to you by the WSU Extension 4-H Youth Development Small & Companion Animal Committee

Are you thinking about getting chicks? What sort of brooder should you have before you bring them home? Where will they live as they get older? Let's discuss some safe, inexpensive, and healthy designs for your poultry housing. This presentation is for 4-H members, volunteers, families, and anyone from the public who has an interest in small and backyard poultry and how to set up ageappropriate housing.

You can find the second half of the recording "Chicks 8-28 Weeks" at http://bit.ly/3ELEidv

This recorded session of Explore 4-H with WSU Extension is brought to you by the WSU 4-H Small & Companion Animal Committee.

Thanks for watching,

Pam Watson, M.Ed., pwatson@wsu.edu WSU Lewis County Extension 4-H Youth Development Agent, WSU Faculty

RECORDING! Backyard Flock-Poultry Housing, Part 1, Chicks 0-8 Weeks







Backyard Flock Poultry Housing-Recording



Part 1, Chicks 0-8 Weeks

This presentation is for anyone who has an interest in poultry and how to set up age-appropriate housing.

Brought to you by the WSU Extension 4-H Youth Development Small & Companion Animal Committee

Are you thinking about getting chicks? What sort of brooder should you have before you bring them home? Where will they live as they get older? Let's discuss some safe, inexpensive, and healthy designs for your poultry housing. This presentation is for 4-H members, volunteers, families, and anyone from the public who has an interest in poultry and how to set up age-appropriate housing.

You can find the first half of the recording "Chicks 0-8 Weeks" at http://bit.ly/3Eat7uy This recorded session of Explore 4-H with WSU Extension is brought to you by the WSU 4-H Small & Companion Animal Committee.

Thanks for watching,

News for Washington State 4-H Equine

Save the Date! State Horse Bowl and State Hippology May 6-7, 2023

The 2023 WA State 4-H Horse Bowl Contest and WA State 4-H Hippology Contest will be held over the first weekend in May at the Grant County Fairgrounds in Moses Lake. Horse Bowl will be on Saturday, May 6 and Hippology will be on Sunday, May 7. All the details are in the registration packets, available below.

2023 Horse Bowl Registration Packet

2023 Hippology Contest Registration Packet

We hope 4-H members will try both!!

Lodging Information for teams needing overnight accommodations:

- Camping is available at the Grant County Fairground, including RV spaces. Those interested in this option may make arrangements directly with the fairgrounds here: https://www.gcfairgrounds.com/p/fair/fair-camping For hotel accommodations, we recommend national name hotels with rooms that open to hallways rather than the outdoors.
- As with all State 4-H Equine Contests, each county may select their teams in any manner they choose (e.g. County Contests, Tests, Tryouts, Attendance) and those teams are approved by the County 4-H Educator. Other members are welcome to



attend to observe the Contest but only designated County Teams may participate.

The list of sources that state contest questions and materials will be drawn from has been condensed to those are that free and/or easily accessible in hopes that addressing accessibility challenges will increase participation in state equine knowledge contests.

These sources are free downloads from our WA State 4-H website:

- The 4-H Horse Member Manual https://pubs.extension.wsu.edu/the-4h-horse-project
- The 4-H Horse Judging Manual https://pubs.extension.wsu.edu/4h-horse-judging-manual
- Beginning Horsemanship https://pubs.extension.wsu.edu/beginning-horsemanship-mm

- Contest
 Guide https://s3.wp.wsu.edu/uploads/sites/2050/2022/06/PNW574-REV-2015.pdf
- 4-H Driving Manual https://pubs.extension.wsu.edu/4h-driving-manual
- 4-H Dressage Manual https://pubs.extension.wsu.edu/4h-dressage-manual
- Hunt Seat & Jumper https://pubs.extension.wsu.edu/hunt-seat-and-jumper-manual
- Groom Squad https://pubs.extension.wsu.edu/washington-state-4h-fair-groom-squad-contest

And one additional source, available for purchase or digital rental: https://www.ayhc.com/shop

• Equine Science by Jean T. Griffiths

Remember to Sign Up for 4-H Equine Science and Horsemanship Series Thursdays!!

We are excited to launch the 2022-2023 WA State 4-H Equine Science and Horsemanship Series!! Hosted virtually on the 4th Thursday of the month, December 2022 - December 2023 (*5th Thursday in November 2023, due to Thanksgiving) from 6:30 - 7:30 pm.

All are invited to attend to learn more about horses! Sessions will incorporate hands-on opportunities and fun learning games! **Use this link to sign up and receive the zoom link:** https://bit.ly/WA4-HEquineScience

Registered participants will be emailed a suggested supply list prior to each session for the hands-on component.

NOTE: Instructors are needed for some of our upcoming sessions. If you have interest in teaching, please contact kim.baker@wsu.edu | 425-520-3908. We are interested in hearing from staff, equine professionals, and alumni of the horse program that would like to share their area of expertise with an audience of youth.

Interested parties should be prepared to share an overview of their topic and how they envision incorporating a hands-on component in a virtual format. More details about the review process are available upon request.

Thank you!

