Tuesday News – October 11, 2022

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4-H Livestock News
Paul Kuber

This year the State Livestock Judging Contest was held June 25th at the Grant County Fairgrounds. The contest was the first Livestock Judging event not tied to the Washington State Fair. It was positioned earlier in the year to facilitate selection of teams that would represent Washington 4-H at the BIG-3 national contests. As a result of this shift, Washington 4-H will be represented at the North American Livestock Exposition (NAILE) in Louisville, KY, the American Royal in Kansas City, MO, and at the National Western Stock Show in Denver, CO in the same year – possibly the first time this has happened.

Teams that were selected to represent Washington from the senior 4-H division were the top three in that contest. The high team, Ritzville-Adams County had the first choice and elected to go to the National Western Stock Show; they will be competing in mid-January 2023. The reserve team from Asotin County elected to go to the American Royal, which is occurring in Kansas City this Sunday, October 16th. Lastly, our third-place team from Grant County will be competing November 15th at the National 4-H Contest, held in conjunction with the North American International Livestock Exposition in Louisville, KY. We wish our teams the best of luck as the National contests will be underway very soon. We look forward to hearing of their successes and experiences on the road!
Here are the teams that will represent Washington 4-H:

The State Livestock Judging Contest would not have been possible without the following sponsors:


In-Kind and Goods Sponsors – Northwest Farm Credit Services, WSU – College of Agriculture, Human and Natural Resources Sciences (CAHNRS), and WSU Extension;

Livestock Supplied By – JR Ranch, Scott Wilson, Pure Country Pork Farms, Lori Bennett and 7W Livestock.

We thank all of our 2022 sponsors and are in the process of gearing up for 2023. If you know anyone that has interest in sponsoring Washington 4-H Livestock Judging, please share the following link. These funds will be used for the 2023 contest, as well as helping with travel for the teams selected to represent Washington State. Share this link [http://bitly.ws/spxe](http://bitly.ws/spxe) or the attached PDF with information about supporting Washington 4-H Livestock activities. No gift or support is too small, and all contributions will be committed to supporting the next generation of livestock enthusiasts.
CONFIDENCE GROWS HERE

WSU EXTENSION IS ELEVATING THE EXPOSURE OF WASHINGTON 4-H LIVESTOCK JUDGING TEAMS ON THE NATIONAL STAGE

Items that are paramount to this annual event include:

- Statewide access for more participation in this educational event.
- A higher number of quality livestock for a better participant experience.
- Recognition of team members and volunteer coaches that give back to youth interested in the livestock community.
- Support for the top 3 teams offered a chance to represent Washington 4-H at a nationally sanctioned contest.

Areas that need sponsorship to facilitate the sustainability of this event, include but are not limited to:

- Travel for officials, volunteers, and livestock producers.
- Awards to recognize the youth participants and volunteer coaches.
- Travel for teams participating in the national learner engaged activities.

Please consider supporting 4-H state livestock judging online at http://billy.ws/spxe or scan the QR code.

For more information on supporting WSU Extension 4-H Programs please contact Denise Echelbarger at denise@wsu.edu or 509-358-7915. extension.wsu.edu/4h

Paul S. Kuber, Ph.D.
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FAFSA/WASFA FEST IS BACK!

October 12 and 13 | 3:00 - 5:30 P.M.
Commons Student Center, Room 210
In-person and Virtual on Zoom

Get assistance from experts while filling your federal and state forms for student financial aid as well as scholarship applications. Enjoy pizza while learning tricks and tips. All attendees are eligible for door prizes.

You will need certain documents to complete the FAFSA/WASFA forms. A detailed list for WASFA can be found here and here for FAFSA. More information can also be found on studentaid.gov and wsac.wa.gov

ADD TO YOUR CALENDAR
Register Now For New Zoom Series Number Three – Watercolor Painting!

Celebrate National Arts and Humanities Month and kick-off the new 4-H year with a FREE Zoom workshop series! Third in the series is Watercolor Painting – Introduction to Light and Shadow on Sunday, October 16, from 2:00 to 3:30 p.m. Pre-register at the link below to receive the Zoom workshop link.

Join 4-H Alumnus Dylan for a Zoom workshop focusing on the topic of light and shadow in animal watercolor painting – specifically, how you can use the white color of the paper to your advantage. We will talk about mixing the paint colors and how to apply them. Be ready with a couple of animal photos you can trace or transfer onto watercolor paper.

You will need the following supplies:
Watercolor set (Crayola brand is just fine)
Fine tip brush
Cup of water
Watercolor paper
Tracing paper (kitchen parchment paper can also work)
Pencil
Reference animal photo (either printed or on a computer screen)
Be sure to pre-register to receive the Zoom link!

You are invited to a Zoom meeting.  
When: Oct 16, 2022 02:00 PM Pacific Time (US and Canada)

Register in advance for this meeting:  
https://wsu.zoom.us/meeting/register/tJ0uf-yhrjosGN2ymSsqORSmJJeWXnPxxGxzB

After registering, you will receive a confirmation email containing information about joining the meeting.

Washington State ‘Make It With Wool’ Contest Scheduled For Saturday, October 22, 2022

The Make It With Wool Contest has been promoting the versatility, beauty and wearability of wool since 1947! Contestants of all ages, from pre-teens through adults, sew, knit, crochet, weave or felt wool garments, which are judged on quality and presentation.

Washington’s state contest will be held on Saturday, October 22nd at Central Washington University, Ellensburg. Contestants are judged on the quality of their construction, fit, and how they answer questions given by the judges.  
Won’t you join us, and Make It With Wool?! Enjoy sharing your creativity and skills, gain valuable life experiences, form wonderful friendships with people who share your appreciation of wool, and make precious memories!

For information and updates, click on this link!  
https://makeitwithwoolwashington.com/

State 4-H Ambassadors Present the 4-H Youth of the Month for September!

The Washington State 4-H Ambassadors recognize the 4-H Youth of the Month honoree for September, Bailey Anderson of Clallam County! The Ambassadors are proud to highlight 4-H youth monthly throughout the year!
Upcoming Strengthening Families Training for Facilitators
Scheduled For October 14-16 in Wenatchee
Jennifer Leach

A Strengthening Families, 10-14 Training has been scheduled for new facilitators working as a team of three. The training information is as follows:

Date: Friday through Sunday, October 14-16. Facilitators must attend all three days of training to be a “certified SFP facilitator”

Time: 8:30 am to 4:30 pm

Where: Wenatchee, WA at Confluence Technology Center

Cost: FREE as the training is being provided in partnership with WSU Extension Parenting Team and DBHR (Division of Behavioral Health and Recovery)

Deadline Date to Register: October 3, 2022.

For registration and general SFP questions: Contact Ana Maria Diaz Martinez at a.martinez@wsu.edu
Questions about training: Contact Jennifer Leach at jleach@wsu.edu

Questions about facilities or accommodations: Contact Margaret Viebrock at viebrock@wsu.edu

The registration link is

https://wsu.co1.qualtrics.com/jfe/form/SV_4JgS4V0grRi6kwm

The Athena Forum Training Calendar Link is https://theathenaforum.org/event-calendar/month/2022-10

Do you wonder about water pollution? Think fun times speed by too quickly? Curious about the nails on your fingers and toes? Read on, cool cats!

Hispanic Heritage Month STEM activities here!

How are sea animals affected by water pollution? – Natalia, 10, Florida

If you ever visit the beach, take a look at all the animals: crabs scuttling across the sand, seals bobbing on the waves and sea stars tucked into tide pools. Maybe there are even whales spouting on the horizon. Earth’s oceans are home to thousands of creatures. But, as you know, human pollution reaches our waterways and all the animals that live in them.

To learn more, I talked to my friend Erica Crespi, an associate professor in the Washington State University School of Biological Sciences. Crespi studies how animals that live in water respond to all kinds of stresses, including pollution.

Get the full answer here!

Why does time fly when we are having fun? – Isaac, 7, Australia

If you’re having a great time playing at the beach or camping with your family this summer, the day might zip right by. But the long drive to get to your fun destination might seem to take forever.
To understand why time seems to change based on our activities, I asked my friend Alana Anderson, who just earned her Ph.D. at Washington State University. Anderson studies how people, especially babies and little kids, manage their behaviors and emotions.

Get the full answer here!

**Why do we have toenails and fingernails? – Chloe, 12, Texas**

Maybe you like to paint your toenails beautiful colors or admire the dirt under your fingernails when you come in from playing outside. But you’re right to notice that nails must be more than just decoration.

To learn more, I talked to my friend Edward Johnson, an assistant professor of anatomy and physiology at Washington State University. Johnson reminded me that humans are primates, just like gorillas or orangutans. If you look closely at a primate’s hand or foot, you’ll see their nails look a lot like yours. They’re wide and flat at the ends of their fingers and toes.

Get the full answer here!

Know a kid with a science question? Help them submit it for a chance to be featured in a future Q&A.

Submit a question!
Hello, WSU 4-H Shooting Sports Volunteers and Families!

We are excited to let you know we have three Level 1 training opportunities coming up for volunteers interested in getting certified as Archery, Rifle, or Shotgun project leaders.

Please sign up via this link below: 
https://wsu.co1.qualtrics.com/jfe/form/SV_29P4dO6sABV5sN0

Here are the training options. Please let me know if you have any questions.

Eligibility for attending includes:

1. Be a fully enrolled 4-H volunteer in WA
2. Successful completion of the National 4-H Online Shooting Sports modules. 
   The fee for the online course is $20.00.

Required Range Training Options

Spokane WA

Cost: $45 for one discipline, $60 for two
Date: October 28th-30th, 2022
Disciplines: Archery and Shotgun or rifle (shotgun and rifle occur concurrently, so you need to pick one)
Times: October 28th, all disciplines 5:00pm – 8:00pm classroom training
       October 29th, Rifle and Shotgun, 9:00am – 6:00pm (with 1-hour working lunch)
       October 30th, Archery, 9:00am – 6:00pm (with 1-hour working lunch)
Location: 222 N. Havana St, Spokane, WA 99202
Notes: Lunch on 10/29 & 10/30 will be provided. Bring your own hearing and eye protection

Silverdale WA
**Cost:** $0  
**Date:** November 4th & 5th, 2022  
**Discipline:** Archery only  
**Times:** November 4th, 4:00pm – 7:00pm classroom training  
November 5th, Archery 9:00am – 6:00pm (with 1-hour working lunch)  
**Location:** 10315 Silverdale Way NW, Silverdale, WA 98383  
**Notes:** Meals not provided, but training is in the Kitsap Mall which has a variety of options to choose from.

Puyallup WA

**Cost:** $40  
**Date:** November 18th & 19th, 2022  
**Discipline:** Archery or Rifle only (both disciplines will occur concurrently, so you need to pick one)  
**Times:** November 18th, both disciplines 4:00pm – 7:00pm classroom training  
November 19th, Archery & Rifle, 9:00am – 6:00pm (with 1-hour working lunch)  
**Location:** 2606 W Pioneer Ave, Puyallup, WA 98371  
**Notes:** Dinner on 11/18 and lunch on 11/19 will be provided. If you are doing rifle, please bring eye protection.

Ashley Hall, Ph.D.  
she/her/hers *(why is this here?)*  
4-H Assistant Professor  
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**“Prepare2Respond” – Mitigating Disease Risk through a Learner Engaged Approach**  
Paul Kuber

As the 2022 fair season ends, it is time to engage with fair management and their employees and volunteers, encouraging them to participate in “Prepare2Respond”, mitigating the risk of a serious disease outbreak at fairs and expositions. The summer of 2022 offered a glimpse of the impact that could potentially happen with High Pathogen Avian Influenza (HPAI). WSDA’s immediate
call to action by limiting bird movement and asking fairs to keep domestic foul off the grounds helped limit the potential impact. What happens when diseases first point of discovery is during the event? Are fairs and fair management ready to respond? When a fair is the first point of contact, prior planning and awareness could speed up the response and minimize the effect that the disease has on the fair or exhibition, the spread of the disease, and the impact, if zoonotic, to attendees and participants.

Prepare2Respond is a national offering that has been developed by experts in the field of biosecurity and animal management and has been peer reviewed for accuracy. This free training opportunity aims to:

- Protect the livestock show and exposition participants, staff and attendees;
- Public perceptions of the livestock industry; and the
- Economic stability of communities hosting fairs and expositions

Participants will be offered 3 learner engaged modules:

- **Introductory**
  - Audience all who are interested in disease response or an understanding of biosecurity. Livestock event personnel and first responders would be the primary target audience
  - Secondary audience would be anyone who has a need in understanding biosecurity and disease management spread.

- **Livestock event Personnel**
  - Primary audience anyone that helps execute the fair – managers, boards, superintendents, veterinarians, livestock and/or animal directors
  - Secondary audience would be exhibitors (youth and adult), volunteers, and anyone interested in career exploration

- **First Responder/Emergency Response**
  - Primary audience anyone that helps execute the fair – law enforcement, fire and rescue, and EMT
  - Secondary audience would be exhibitors (youth and adult), volunteers, and anyone interested in career exploration

Please share this website with your local fair management and staff including volunteers. Encourage them to act on this to prepare for disease mitigation through “Prepare2Respond”.

https://prepare2respondprogram.org

For more information, please contact Paul Kuber at pskuber@wsu.edu.

You can also use this QR code for a factsheet on P2R and YQCA.
Livestock and poultry are susceptible to infectious diseases and many of these diseases are zoonotic, meaning they can be transmitted to people. A few more well-known zoonotic diseases include ringworm, rabies, and soremouth. The most effective strategy for protecting farm animal health is to prevent or reduce the chances of introducing a disease into a herd or flock.

An online learning experience about livestock biosecurity was developed during a five-year livestock biosecurity grant project, directed by Animal and Veterinary Sciences Research Associate Professor Julie Smith. The result was the Healthy Farms Healthy Agriculture (HFHA) Biosecurity Learning Module Series. The learning modules are appropriate for students in grades 6 to 12, FFA and 4-H participants, college students studying animal science, and other agriculturally related youth groups.

The link for the learning modules, teaching guide, certificates of completion and more is [https://learn.healthyagriculture.org](https://learn.healthyagriculture.org).

The goal of the series is to create a new generation of biosecurity advocates. The first four modules help youth in agriculture discover biosecurity, the preventative measures that protect farm animals from the spread of infectious diseases. The last two prepare youth to communicate what they have learned with others.

Topics for the six modules—plus a hands-on activity—include:

1. What is animal biosecurity – an introduction to biosecurity concepts.
2. Routes of infection and means of disease transmission.
4. Farm biosecurity management plan – students learn how to develop a biosecurity plan.
5. Public speaking for biosecurity advocates I – students create a persuasive public presentation.
6. Public speaking for biosecurity advocates II – students learn how to deliver a persuasive speech.
7. A “SCRUB Kit” was also developed during the project, with hands on activities that complement the learning modules.

Updated learning modules were released in 2022, incorporating interactive elements and accessibility improvements.

Discovery learning is key to the design of the learning modules’ interactive curriculum. Students are presented with questions or tasks to complete to which they might not know the answers. They are also given supplemental information that introduces biosecurity concepts and helps the students make logical decisions. A printable guide is available for instructors with additional ideas and activities, career suggestions, and sets of homework and quiz bank questions. There are three paths available for interacting with the biosecurity learning modules:

1. A self-guided experience for students where the modules are hosted at Wisc-Online through Wisconsin’s Technical Colleges system.
2. Learn as part of a course – this option is for learners who are assigned one or more modules to complete on their own as a course requirement.
3. Learn with a leader – club and group leaders guiding learners through any of the modules.

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Rabbit Virus and Avian Influenza Updates From the State Veterinarian – WSDA
Pam Watson, M.Ed. – 4-H Faculty, WSU Lewis County Extension

**Rabbit Hemorrhagic Disease**

The Washington State Department of Agriculture has provided an update on RHDV2. They have had two detections of the virus this year, both in single premises homes where all the rabbits perished (one in King County and one in Thurston County). The King County whole genomic sequencing indicated that it
was the SW strain. The Thurston county case WGS results are pending. Individual infected sites are quarantined for 60 days. There are no detections in wild or feral domestic populations at this time in Washington State.

RHDV2 is now considered a stable endemic disease in the Western United States and there is a domestic vaccine now available for conditional use. More information on the virus, biosecurity recommendations, and the vaccine is available at:

Amber J Itle, VMD MS, Washington State Veterinarian, recommends all exhibitors vaccinate their rabbits.

New WSDA Self-reporting Health Status Survey for Your Flock

The WSDA (Washington State Department of Agriculture) has a new way for people in surveillance zones to self-report the health status of their flocks. Current active zones are in Jefferson and Snohomish Counties! If you search on their map and you are located in an active surveillance zone, you’ll have the opportunity to report on the health of your birds and request a consultation with a state vet on steps you can take to improve biosecurity in your flock. The searchable map can be found here:
Washington State Avian Influenza Outbreak Map (arcgis.com)

Self-reporting can help the WSDA and the poultry industry in WA State get back to normal earlier than 30 days in the affected zones. There are just a couple of questions for you to answer on the e-form and it should take you 5 minutes or less to fill out the survey. Thank you for participating and supporting our avian health efforts in Washington State.

Poultry and Fairs!

Here are The WSDA is providing some new links and information specifically focused on fairs and education. They have also created some signage to support biosecurity and reporting efforts. For more information, click Fairs | Washington State Department of Agriculture.

Washington State Veterinarian Releases Letter Addressing Avian Influenza and Fairs Recommendations
The WSDA strongly recommends temporarily suspending poultry shows, exhibitions, or swap meets until 30 days after the last detection of HPAI in the state. Commingling birds from many farms is extremely high-risk for disease transmission and has potential to create a superspreader event.

Read and download the complete letter HERE

AVIAN INFLUENZA UPDATES
Articles and Links

All About Avian Influenza

If you have poultry or know someone who does, please read through this material and use the links as needed. Currently, the surveillance areas are for 10 kilometers/about 6.2 miles and for 30 days from the point of origin, current information at https://agr.wa.gov/departments/animals-livestock-and-pets/avian-health/avian-influenza/bird-flu-2022, you can see when and where there are confirmed cases around the state. This first one is the updated WSDA website it has the daily update and a brand-new interactive quarantine area map. There is also a new map showing all of the positive locations in the U.S. As of May 17th, at 10 AM there are eight confirmed positive backyard flocks (small flocks), in eight different counties in the State of WA.

Fairs will make their own decisions but remember it is still early for most fairs to make a call on hosting poultry shows at county/community fairs and the surveillance is for 30 days. At this time, this is not a quarantine other than for the properties that have been depopulated.

Currently, migrations of wild waterfowl are the major mode/vector/fomite that is spreading Avian Influenza. However, attention to bio-security practices should be enhanced so that we (people) and our modes of transportation as well as other animals do not become fomites. There is MUCH more information below and many links to help answer your questions and a link to watch a recorded broadcast via YouTube with our WA State Veterinarian Dr. Amber Itle from 5/12/22.

Pam Watson, WSU Lewis County Extension 4-H and Poultry

Avian Influenza in Washington State – What all bird owners should know and think about ...

Avian Influenza is in Washington State and since birds use a flyway and don’t stick to the freeways it should be considered everywhere. Be extra careful during wild bird migration seasons (spring and fall) particularly wild waterfowl, to protect your flock from infectious diseases. Where possible
keep birds inside or undercover and check coops, pens, and poultry houses regularly for areas that allow wild birds to perch, nest, or interact with domesticated fowl. Learn more about biosecurity at: bit.ly/DefendtheFlock-
Resources (available in several languages).

Please report any unusual or high rates of illness or death in your flocks: WSDA Sick Bird Hotline at 1-800-606-3056.

For food safety questions, call WSDA Food Safety Program at 1-360-902-1876
Contact the Washington Department of Fish and Wildlife to report sick or dead wild birds Report Wildlife Observations (arcgis.com)

AVIAN INFLUENZA – HOW POULTRY OWNERS CAN PROTECT THEIR FLOCK

Below is a recording of a 2021 WSDA webinar on highly pathogenic avian influenza (HPAI) and steps poultry owners can take to protect their birds from this disease. In this webinar you will learn:

• What HPAI is and signs to look for in your flock
• How the global conditions are similar to the 2014/2015 outbreak of HPAI that reached Washington
• What effective biosecurity means and practical steps you can take to protect your flock
• Where to find additional resources about biosecurity
• When and how to report bird health issues, including suspected avian influenza

You can watch the avian influenza webinar on YouTube.

Pam Watson, M.Ed.
WSU Lewis County Extension
4-H Youth Development Agent, WSU Faculty

May 13, 2022  |  Contact: State Veterinarian (360) 902-1878
Quick Links to HPAI Information in Washington
Dr. Amber Itle, Washington State Veterinarian

Good morning! With an all-hands-on-deck response effort at WSDA to contain HPAI, I’m having trouble getting these emails out to you all in a timely way. Please regularly check these resources for up-to-date information. You can join our WSDA bird flu Facebook group, watch pre-recorded you tube videos, monitor our bird flu website and check our WSDA new release website for information about detections in new counties, as well as any guidance about shows and fairs. Please distribute widely. Don’t hesitate to reach out if you have questions or concerns. Responses may be delayed, but we will get back to you as soon as we can.

Washington Bird Flu Updates 2022 | Facebook
WA State Veterinarian Bird Flu Q and A
WSDA News Releases-
2022 Washington Bird Flu Detections
2022 Confirmations of Highly Pathogenic Avian Influenza in Commercial and Backyard Flocks
2022 Detections of Highly Pathogenic Avian Influenza in Wild Birds

COVID-19 RESOURCES

4-H COVID-19 HEALTH AND SAFETY PROTOCOLS
UPDATED MARCH 12, 2022

Washington State University has adopted the Governor’s updated mask policy which is effective March 12, 2022. This policy eliminates the general masking requirement in both indoor and outdoor situations, unless specifically required for a particular location for health reasons (such as clinics). Also eliminated is the general requirement for social distancing among vaccinated individuals. WSU has extended the relaxation of the masking and distancing requirements to those employees who have exemptions from the vaccine requirement (for religious or medical reasons) and have approved accommodations at their workplace.

WSU Extension has therefore adopted the following:

Vaccination Requirements Continue

The vaccine mandate for WSU employees and volunteers remains in place. WSU employees and volunteers must be fully vaccinated or have an approved exemption with an accommodation on file to engage in work with WSU Extension.
Masking Policy Changes

WSU Extension has adopted the Governor’s mask policy effective March 12, 2022. This policy eliminates the general masking requirement in both indoor and outdoor situations, unless specifically required for a particular location such as health care settings and public transportation. This extends to individuals who have an approved accommodation based on a medical or religious exemption, who no longer are required to wear a mask as a condition of that accommodation.

Social Distancing Changes

WSU Extension applies the relaxation of social distancing requirements to those volunteers who are fully vaccinated or have an approved exemption with an accommodation (for religious or medical reasons) on file at their workplace or county office.

PLEASE NOTE – individual offices and locations may continue to require masking and/or distancing at the office level for all office programs in light of local risks and conditions.

GOVERNOR INSLEE’S VACCINATION PROCLAMATION

Announcement Revised September 7, 2021

Governor Jay Inslee issued a health and safety proclamation on August 20, 2021, in response to a continued state of emergency that exists in all counties due to the Covid-19 pandemic. The health and safety proclamation, as ordered by the Governor, includes employees, contractors and volunteers engaged in activities with state agencies and in educational settings. Therefore, WSU (including WSU Extension and the 4-H program) is required to comply with Governor Inslee’s recent vaccination proclamation directives.

With regard to volunteers, below are a series of references, deadlines and explanations that provide further details.

- **The Proclamation (21-14.1) can be found [HERE](#).**
- **Deadline:** All current WSU Volunteers are required to be fully vaccinated or exempted by October 18th. Volunteers who are not fully vaccinated or who do not have an approved exemption on file by October 18 will be put on inactive status. They will not be able to engage in any volunteer activities with WSU Extension until proof of full vaccination can be observed or until an exemption request has been reviewed.
- **Proof of vaccination:** Contact your local 4-H office for information on how to share proof of your vaccination status.
- **Exemption process:** The state-level exemption process (for religious or medical reasons) can be found at https://extension.wsu.edu/volunteer-exemption/

More information on WSU’s Vaccination Policy is available on the web at https://extension.wsu.edu/vaccination-policy/.

Questions regarding WSU’s Vaccination Policy can be directed via e-mail to extension.vaccinepolicy@wsu.edu

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**A Reminder: COVID-19 Resources Available from WSU Extension**

The WSU Extension COVID-19 Updates and Resources page is updated as new information becomes available. The Link to the page is https://extension.wsu.edu/covid-19/

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**WASHINGTON STATE RESOURCE GUIDE FOR PARENTS AND CAREGIVERS: Caring for Your Family During COVID-19**

The Washington State Department of Children, Youth and Families has created a resource for parents during COVID-19. The WASHINGTON STATE RESOURCE GUIDE FOR PARENTS AND CAREGIVERS: Caring for Your Family During COVID-19 was developed to help parents and their families navigate the pandemic and the days to follow.

The publication is available at https://www.dcyf.wa.gov/sites/default/files/pubs/FS_0039.pdf