Tuesday News – April 12, 2022

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The Washington State 4-H Ambassadors continue to highlight a 4-H Youth of the Month from our 39 Washington State counties and 1 tribal program. The purpose of this feature is to give these 4-H members recognition for their hard work throughout the year.

We are looking for your nominations of 4-H members who you believe have gone above and beyond in their clubs, counties, and communities. It would be great to include some counties and the tribal program that have not yet nominated a 4-H member! Please nominate members using the form found at this link: https://forms.gle/1EN2uru7o1ai8SXc6

The Washington State 4-H Ambassador Team
For information on the following contests and opportunities, registration links, and other related information and resources, download the information document [HERE](#).

- **2022 State Hippology Contest Registration**

  The 2022 State Hippology Contest will be held IN PERSON on June 11, 2022 at Evergreen State Fairgrounds, 14405 179th Ave SE, Monroe, WA 98272. Details, including maps, will be emailed to coaches upon receipt of registration. Registration Link [HERE](#).

- **Introduction to Hippology and Horse Bowl – New Opportunity This Year!**

  An introduction to hippology and horse bowl contests will run simultaneously with the state contest for 4-H members who want to learn about the contests in a non-competitive, fun and encouraging environment!

  Questions? Please contact Kim Baker at [kim.baker@wsu.edu](mailto:kim.baker@wsu.edu) or 425-520-3908.

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**Hands-on Fun! Introduction to Horse Bowl & Hippology**

**June 11, 2022 | 9 am - 2 pm**

Evergreen State Fairgrounds - Monroe

- For all 4-H members and adults who want to learn about the contests in a non-competitive and fun environment
- Practical help to get contests going in your county!
- $5 per participant - paid at check in
- Registration required by May 6, 2022

Learn more | Register: [Learn more](#) or [email: kim.baker@wsu.edu](mailto:kim.baker@wsu.edu)
Hello, 4-H community!

At Washington State University’s College of Agricultural, Human, and Natural Resource Sciences, our instructors are a wonderful resource for students, challenging them in exciting ways and serving as mentors and guides throughout their college experience. A couple of months ago we brought together various students with their favorite faculty members, so they can share with us a window into life as a WSU CAHNRS Coug. This video in our Faculty Week series features Estela, a senior Economics major, and Wes, her professor and Honors thesis mentor.

Video Link: https://youtu.be/XHN0Rp7ze14

**Washington State ‘Make It With Wool’ Contest Scheduled For Saturday, October 22, 2022**

The Make It With Wool Contest has been promoting the versatility, beauty and wearability of wool since 1947! Contestants of all ages, from pre-teens through adults, sew, knit, crochet, weave or felt wool garments, which are judged on quality and presentation.

Washington’s state contest will be held on Saturday, October 22nd at Central Washington University, Ellensburg. Contestants are judged on the quality of their construction, fit, and how they answer questions given by the judges.
Won’t you join us, and Make It With Wool?! Enjoy sharing your creativity and skills, gain valuable life experiences, form wonderful friendships with people who share your appreciation of wool, and make precious memories!

For information and updates, click on this link!
https://makeitwithwoolwashington.com/

Host an Academic Year-Long Exchange Student This Summer!

Host an Academic Year long Exchange student this summer! Two host families are still needed in Washington to host an Academic Year Long student from Japan. We are hoping to find two placement families by the end of May. Students stay with families and attend school here in the U.S. from late August through June of 2023. This is a lifelong opportunity for them to experience life in America. You do not need to be in 4-H to host. You can apply directly from this link: Host a Student – Academic Year Programs (AYP) (states4hexchange.org)
Please reach out to Sadie.williams@wsu.edu with any questions!

Register Now For The Great White Tail Run – Wahkiakum County 4-H Fundraiser!
The 38th Annual Great White Tail Run sponsored by Wahkiakum 4-H is on Saturday, May 14th, 2022. Registration begins at 8:30am at the Skamokawa Vista Park Office, Run starts at 10:00 am. We have several walk/runs available: 10K, 5K, 2 mile through Julia Butler Hansen National Refuge in Skamokawa, Washington. Participants can register online or via mail with the brochure, and t-shirts are available for purchase too!

In order to guarantee a t-shirt purchase, you must register by May 2nd. Please contact our run coordinator Carol Ervest with questions, 360-465-2275 or email Lisa Frink, lfrink@wsu.edu

We look forward to seeing you soon! #gwtr2022

For online registration, brochures, and information: https://extension.wsu.edu/wahkiakum/youth/4-hformsandresources/4-h-great-white-tail-run/

Here is the link to the run website for online registrations and information: https://runsignup.com/Race/WA/Cathlamet/GreatWhiteTailRun

From National 4-H Council….

JOANN

Need to stock up on club or home crafting supplies? Head to JOANN and you’ll see the fantastic new ways to support 4-H’ers at checkout. Start your spring projects before the campaign ends on April 30.

LEARN MORE
Join the 4-H Equity Challenge! Individuals or teams of 2-3 youth ages 13 – 19 will identify problems, define answers, and develop digital media projects that outline possible solutions, empowering teens to become effective change agents and equity leaders in their communities. Participants will present their project in a local or state 4-H Challenge event for an opportunity to win $500+.
INTERNET BASICS

How do you teach kids what data is? Show them. In the latest 4-H at Home activity, kids can learn exactly what the internet is with the help of augmented reality to visualize all those bits and bytes.

GET STARTED

HEARTLAND BEES
Native bees are important pollinators that help plants make fruits and seeds, and the American prairie is home to many different kinds of bees. In this series of activities, kids will learn about the importance of native bees for foods we love to eat, and how they do what they do, and how we can help protect them. Brought to you by Iowa State University Extension and Outreach, Dr. Joseph Wilson, Utah State University, and National 4-H Council’s Ag Innovators Experience Native Bee Challenge.

GET STARTED

State 4-H Ambassadors Present the 4-H Youth of the Month for March!

The Washington State 4-H Ambassadors recognize the 4-H Youth of the Month honoree for March, Dakota Ford of Skagit County! The Ambassadors are proud to highlight 4-H youth monthly throughout the year!

Dakota Ford ★★★

Favorite part about 4-H: Her favorite parts of 4-H are the social interaction/talking with people, meeting new people, and hearing good stories.

Biggest achievement in 4-H: One of her biggest achievements in 4H is qualifying for Round Robin every year, "Best Boer Goat Showman" at state, and "Best Dog Showman" at her county fair.

Fun fact: She was once a costume contestant as Red Riding Hood with her dog as the Big Bad Wolf.

Current Projects: Dakota is working on a 1979 GMC Jimmy to be her ride!
State 4-H Ambassadors Seek YOUR Virtual Monthly Teen Activity Ideas!

Washington State 4-H Ambassadors are planning to start hosting a monthly state-wide virtual teen activity, and we want your help! 4-H members, parents, leaders, and staff – all are encouraged to submit your suggestions and ideas regarding what types of topics and activities for teens you would like Ambassadors to include.

For more information and to submit your suggestions and ideas, use the Google form link https://forms.gle/RRkeLR8A4Yc1cFTMA
Register for “Facilitate the Awesome!” Sessions Scheduled for April!

Facilitate the Awesome! – Live Registration Link: https://tinyurl.com/Spring22FTA
4-H Shooting Sports News

Updated With New Training Opportunities

SAVE THE DATE!

SAVE THE DATE
STATE QUALIFYING EVENT WASHINGTON

Open to Senior 4-H Members
Save the date. Registration opens March 1.
Archery, Rifle, Pistol - $75 | Shotgun - $100
Camping (weekend) - $40

MAY 20-22, 2022
Upper Nisqually Sportsman Club
39919 129th Ave E, Eatonville, WA 98328
Coaches - we can really use your help!
Contact Ashley: a.hernandez-hall@wsu.edu
TRAINS OPPORTUNITIES IN APRIL!

We have a couple of training opportunities for 4-H volunteers! You must be 21 or older and currently enrolled in 4-H Online. Registration information is included below:

**Dates:**
April 1st through 3rd

**Disciplines:** Archery, Rifle and Shotgun

**Location:** Kittitas Valley Event Center, 901 E. 7th Ave., Ellensburg, WA 98926

**Cost:** $65 paid by check or cash to the local hosting 4-H club (bring with you to training)

**Times:**
Friday, April 1st, all discipline classroom work: 1:00pm-6:00pm
Saturday, April 2nd, Archery discipline: 9:00am-3:00pm
Sunday, April 3rd, Rifle and Shotgun discipline: 9:00am-3:00pm (shotgun at a separate location a 30 min drive away).

Register here: [https://wsu.co1.qualtrics.com/jfe/form/SV_29P4dO6sABV5sN0](https://wsu.co1.qualtrics.com/jfe/form/SV_29P4dO6sABV5sN0)

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**Dates:** April 9th and 10th: *(Registration Deadline is March 18!)*

**Disciplines:** Archery & Pistol; Rifle & Shotgun

**Location:** Post Falls/Hayden Idaho

**Cost:** $90 for 1 discipline, $120 for 2 disciplines

**Times:**
Saturday – Archery & Pistol – 8am – 5:15pm
Sunday – Rifle & Shotgun – 8am – 5:15pm

Find out how to register by clicking this link: [Registration Information flyer](https://wsu.co1.qualtrics.com/jfe/form/SV_29P4dO6sABV5sN0)

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**LEVEL 2 TRAINING OPPORTUNITY IN MAY!**

We have an opportunity to send Level 1 shooting sports volunteers to a Level 2 training in May! Please look at the training details below. If you are interested,
please contact your county staff for an application. We have a tight turnaround for this, and as of now, training will have to be self-funded by the volunteers and staff wishing to attend.

Level 2 Training Details

Location: Winton, CA

Date: May 2nd – May 5th
Cost: $200, meals included.

Additional details: You must be currently enrolled as a 4-H Shooting Sports volunteer and have 2-years of leadership experience to qualify for national training. Lodging and travel is not provided. Motel and hotel costs range between $59 and $119 per night for single occupancy.

Please email Ashley at a.hernandez-hall@wsu.edu with any questions.

WASHINGTON STATE TEAM TRAVELS TO 4-H NATIONAL CHAMPIONSHIPS!

We have a team of youths heading to the National Championships in Grand Island Nebraska June 25th! We are very proud to support these seven youths from four Washington counties!! They are currently working hard on travel plans and fundraising. If you are interested in donating to this team, please contact Ashley Hernandez-Hall at a.hernandez-hall@wsu.edu for information.

State Horse Bowl Contest is April 30th
REGISTRATION PACKET IS NOW AVAILABLE!
NEW! VIRTUAL CONTEST PROCEDURES AND RULES!
This year's Horse Bowl will be a virtual contest once again, using Zoom and Factile, as we have for the past two years.

The Registration Packet Is available [HERE](#).

Download the Procedures and Rules Document [HERE](#).

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**2022 State Equine Zoom Series Starts March 2nd!**

This statewide Equine Science and Horsemanship Series is for everyone – whether you have a horse or not; whether you ever decide to try horse knowledge contests, or not – if you want to learn more about horses, this series is for you!

If you do happen to participate in horse bowl or hippology, this series will help you prepare. We will be delivering content from the approved sources for the state and national contests, so the information you are receiving is current and valuable for contest study.

Register here: [https://wsu.zoom.us/meeting/register/tJLucuygrjspH90RF8ONL3PQcmMlQoXJcxuH](https://wsu.zoom.us/meeting/register/tJLucuygrjspH90RF8ONL3PQcmMlQoXJcxuH) and join us every week – or whenever you can!

Questions? Contact [kim.baker@wsu.edu](mailto:kim.baker@wsu.edu).
Practice Horse Judging Contest Now Available!

Do you coach, or participate in, competitive Horse Judging or Hippology? Are you looking for classes to practice? Check out this opportunity. Register for this course and you will have access to 6 classes to judge, along with the official placings, and an official critique, to learn why the classes were placed the way they were. The course becomes available January 15, and closes on July 15. You
can access as many times as you want in that time period, and can join anytime. This is completely self-directed, so go at your own pace, whenever you wish.

Go to: https://catalog.extension.org/product?catalog=HorseJudgingContest
COVID-19 RESOURCES

4-H COVID-19 HEALTH AND SAFETY PROTOCOLS
UPDATED MARCH 12, 2022

Washington State University has adopted the Governor’s updated mask policy which is effective March 12, 2022. This policy eliminates the general masking requirement in both indoor and outdoor situations, unless specifically required for a particular location for health reasons (such as clinics). Also eliminated is the general requirement for social distancing among vaccinated individuals. WSU has extended the relaxation of the masking and distancing requirements to those employees who have exemptions from the vaccine requirement (for religious or medical reasons) and have approved accommodations at their workplace.

WSU Extension has therefore adopted the following:

Vaccination Requirements Continue
The vaccine mandate for WSU employees and volunteers remains in place. WSU employees and volunteers must be fully vaccinated or have an approved exemption with an accommodation on file to engage in work with WSU Extension.

Masking Policy Changes
WSU Extension has adopted the Governor’s mask policy effective March 12, 2022. This policy eliminates the general masking requirement in both indoor and outdoor situations, unless specifically required for a particular location such as health care settings and public transportation. This extends to individuals who have an approved accommodation based on a medical or religious exemption, who no longer are required to wear a mask as a condition of that accommodation.

Social Distancing Changes
WSU Extension applies the relaxation of social distancing requirements to those volunteers who are fully vaccinated or have an approved exemption with an accommodation (for religious or medical reasons) on file at their workplace or county office.

PLEASE NOTE – individual offices and locations may continue to require masking and/or distancing at the office level for all office programs in light of local risks and conditions.
GOVERNOR INSLEE’S VACCINATION PROCLAMATION
Announcement Revised September 7, 2021

Governor Jay Inslee issued a health and safety proclamation on August 20, 2021, in response to a continued state of emergency that exists in all counties due to the Covid-19 pandemic. The health and safety proclamation, as ordered by the Governor, includes employees, contractors and volunteers engaged in activities with state agencies and in educational settings. Therefore, WSU (including WSU Extension and the 4-H program) is required to comply with Governor Inslee’s recent vaccination proclamation directives.

With regard to volunteers, below are a series of references, deadlines and explanations that provide further details.

• The Proclamation (21-14.1) can be found HERE.
• Deadline: All current WSU Volunteers are required to be fully vaccinated or exempted by October 18th. Volunteers who are not fully vaccinated or who do not have an approved exemption on file by October 18 will be put on inactive status. They will not be able to engage in any volunteer activities with WSU Extension until proof of full vaccination can be observed or until an exemption request has been reviewed.
• Proof of vaccination: Contact your local 4-H office for information on how to share proof of your vaccination status.
• Exemption process: The state-level exemption process (for religious or medical reasons) can be found at https://extension.wsu.edu/volunteer-exemption/

More information on WSU’s Vaccination Policy is available on the web at https://extension.wsu.edu/vaccination-policy/.

Questions regarding WSU’s Vaccination Policy can be directed via e-mail to extension.vaccinepolicy@wsu.edu

A Reminder: COVID-19 Resources Available from WSU Extension

The WSU Extension COVID-19 Updates and Resources page is updated as new information becomes available. The Link to the page is https://extension.wsu.edu/covid-19/
WASHINGTON STATE RESOURCE GUIDE
FOR PARENTS AND CAREGIVERS:
Caring for Your Family During COVID-19

The Washington State Department of Children, Youth and Families has created a resource for parents during COVID-19. The WASHINGTON STATE RESOURCE GUIDE FOR PARENTS AND CAREGIVERS: Caring for Your Family During COVID-19 was developed to help parents and their families navigate the pandemic and the days to follow.

The publication is available at https://www.dcyf.wa.gov/sites/default/files/pubs/FS_0039.pdf