Tuesday News – March 15, 2022

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"Out of the Saddle" Workshop
Making your best Public Presentation, Record Book and Informational Poster Better!

Details
In 2022 the Benton-Franklin 4-H Horse Department will be awarding a High Point Buckle in the “Out of the Saddle” category. To be eligible for the buckle exhibitors must participate in the following events at Fair*:

* Public Presentation
* Record Book
* Informational Poster
* Horse Judging

*If needed Groom Squad will be the tie breaker

To support project development, 4-H Alumni and Seniors will be presenting tips and tricks to take scores from good to great!

When: March 26, 2022
Where: WSU Benton County Extension 7102 W. Okanogan Place, Kennewick
Time: 9 am - Noon with lunch provided at Noon
Other: Free! Donations to the Benton Franklin 4-H Horse Department Trailer Fund gladly accepted.

Please RSVP to Sue Duffy at smarie@duffy@gmail.com so sufficient lunch can be ordered.
Benton-Franklin 4-H Horse Department Hosts Youth Trail, Reining and Showmanship Clinic on April 9th

Youth Trail, Reining and Showmanship Clinic
April 9, 2022 Franklin County Saddle Club 9 a.m. - 3 p.m.

Details & Registration
Information
Clinicians:

Tim McFetridge (Trail)
Laurie Tufford (Reining)
Morgan Dobson (Showmanship)

Cost: Clinic $30; Haul in Fee $5, preregistration required.

Limited to 36 participants.
Registration will open 3/9/2022. To register, please email:
BentonFranklinHorseDept@gmail.com

Participants will be organized into 3 groups of 12, based on experience level and rotate every 90 minutes between disciplines. Youth are encouraged to bring judges comments from recent competitions to work on specific improvements.

A lunch break will be taken at approximately noon.

Proceeds to benefit the Benton-Franklin 4-H Horse Department.
Proposed 2022 Washington State 4-H Fair Equine Schedule Released

The 2022 Equine Schedule for the Washington State 4-H Fair in Puyallup is available by clicking HERE. Fair Manager Tom Gwin reports that there are major changes to the schedule. Please share this schedule with your 4-H equine members.

Virtual Career Fair Scheduled For March 22nd – From Wyoming to the World!
Have you ever thought about designing your own clothing line, tanning hides, becoming a life flight nurse, solving a crime through a forensics lab or working in marketing? Then this event is for YOU! Join us to explore a variety of career options, visit with college recruiters, find out what degree you’ll need, whether you should do an internship, and much more! We also have a guest speaker, as Tris Munsick will be joining us!

We will have door prizes and there will be lots of fun to be had throughout the evening. **Join us March 22 at 6:00 pm (MST)** for a fun evening of exploring careers.

For more information and to register for this free event go to: [https://wyoming4h.org/virtual-career-night/](https://wyoming4h.org/virtual-career-night/)

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**Greensleeves 4-H Club Hosts Spring Small Animal Show on March 26th**

All Washington State 4-H youth are invited to come to the Spring Small Animal Show hosted by Greensleeves 4-H Club on Saturday, March 26th in Monroe, WA. The show will include rabbits and cavies with a cat show also happening on the same date. Greensleeves will also be collecting non-perishable food items for
the Maltby Food Bank, hosting its annual fundraiser auction and drawing, and hosting a breed identification hunt in the barn during the show.

Registration forms can be found at https://extension.wsu.edu/snohomish/2022-spring-small-animal-show/

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The Prairie Hatchers 4-H Club Presents:
The 22nd Annual Youth Invitational Poultry Show!

![Prairie Hatchers Logo]

March 26th, 2022
Clark County Fairgrounds
Ridgefield, Washington

The Youth Invitational Poultry show is an annual event hosted by the Clark County Prairie Hatchers 4-H Club – the club’s largest fundraising event. In addition to the show, there will be a bird auction, a raffle that will be full of incredible stuff from our local businesses, and – of course – loads of fun.

It is put on by the kids for kids, and they have many events and activities for KIDS!
The building does not have heat, so make sure you wear plenty of layers! It does get chilly in the building.

The 2022 Premium book can be downloaded [HERE](#). Entries are DUE March 12th.

We’ll see you at the show!

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**Change in 2022 – Washington 4-H State Livestock Judging Contest Moves**

It is time for change in 2022 and we are moving the state qualifying contest from Puyallup in September to the Grant County Fair Grounds the end of June. We are committed to making this event the cornerstone for recognition that youth deserve in Washington 4-H.

**When:**

**Saturday, June 25, 2022.** Although it is a challenge to identify the perfect date, the 25th of June seemed to be the one with the least amount of conflicts when communicating with the Grant County Fair Grounds, partner youth organizations such as FFA where 4-H members might have dual enrollment and with Extension professionals and volunteers that will be instrumental in executing the contest. The early contest date will also position teams to participate in other county regional fair contests and events as they prepare for their national trips in the fall and early winter.

**Where:**

**Ardell Pavilion, Grant County Fair Grounds, Moses Lake, WA.** As a central location in Washington State, Grant county offers access to quality and quantity of livestock. The contest committee feels confident that this contest will be the best Washington 4-H has hosted. Additionally, this location offers ease of access for Washington 4-H members, coaches, volunteers, and those who want to come and support the efforts of our youth.
Why:

Washington 4-H is hoping to elevate the exposure of livestock judging teams on the national stage. In order to do this we are creating an opportunity for local teams to participate in a national contest as a county team. Those team members are coached together by the same person or possibly a team of volunteers that will help guide them to success. In 2022 the transition offers the top 3 Senior teams’ eligibility to compete at national and regional contests representing Washington 4-H. With the contest positioned earlier in the year teams, will have more opportunities to engage in fundraising campaigns and local support to facilitate this travel.

For information please go to our website: https://extension.wsu.edu/4h/events/ and you will be able to access information on June 25th on this statewide calendar. This is where you will find the “Washington 4-H State Livestock Judging Contest – Rules and Guidelines” pdf as well as the “Washington 4-H State Livestock Judging – National Contest Team Travel” pdf and the “Schedule” for the day. We are in the process of finalizing the entry form which once is complete we will post and also send out in Tuesday news. Again the Extension office will be required to be signed by your county Extension professional.

There will be more information and reminders in Tuesday news on the Washington 4-H website. If there are questions that go beyond these two documents and the schedule, feel free to contact Paul Kuber at pskuber@wsu.edu or 509-477-2185.

2022 KYG Recap
Thirty-four delegates congregated in Ellensburg on Saturday, March 5th to study the legislative process. Fun activities such as scavenger hunts and icebreakers were mixed with a program that included meetings and participation in interactive exercises and discussions about bills, legislators, and local and state government.

Former Clark County 4-H member Matthew Lubbers joined the conference as an in-person speaker. Soon to graduate from Central Washington University with a degree in Aviation, Matthew credits much of his success as a college student and young adult to 4-H, with emphasis on his participation in the KYG program and promoting himself and his market animal projects, public speaking and record keeping.

A highlight of the day’s activities was a Zoom call with Lieutenant Governor Denny Heck, who joined the group for a great conversation. Next year, we hope to have a full in-person conference, when the topic will be media and civil discourse in government.

Register for “Facilitate the Awesome!” Sessions Scheduled for April!

![](image)

**Facilitate the Awesome!**

**April 20, 21, 27, 28 2022 • 1-3PM**

*WSU Extension 4-H Professional Development Zoom Series*

Do you struggle with getting teens motivated?
Do you want your work with teens to be impactful?
Are you looking for knowledge and skills to improve your teen programs?

The WSU 4-H “Facilitate the Awesome” modules are designed to prepare adults to successfully guide teen-led projects.

This half day session includes these 4 modules:
- Adolescent Development: implications of current research
- Empowering Teens: motivating teens with positive youth development models
- Key Elements of Teen Programming: how to support strengths-based programming
- Creating Safe & Inclusive Programs for Teens: decision-making & risk management

This training includes a lot of experiential activities for different learning styles and lots of group discussion about building life skills and leadership in teen members.

**Spaces are limited, register early!**

[https://tinyurl.com/Spring22FITA](https://tinyurl.com/Spring22FITA)
Springtime Youth Calf Sale Coming To Monroe On March 19th!

2022 CALF SALE CATALOG NOW AVAILABLE!

Mark your calendars for the 29th annual Springtime Youth Calf Sale! The sale will be held on March 19, 2022. at 1:00 pm, in the Dairy Barn at the Evergreen State Fairgrounds in Monroe.

The link to the 2022 Calf Sale Catalog is HERE.

Questions? Please contact sale chairman, Liz Holtcamp at sycs4h@gmail.com.

For more information about the Springtime Youth Calf Sale please go to this link: https://extension.wsu.edu/4h/dairy-endowment-fund/programactivities/springtime-youth-calf-sale/.

Also find us on Facebook at Springtime Youth Calf Sale

The State Dairy Quiz Bowl contest will also be held on March 19, 2022 at the Evergreen State Fairgrounds, Monroe at 9:00 am in the Dairy Barn.
Washington State 4-H Quiz Bowl Contest To Be Held March 19th!

The State 4-H Dairy Quiz Bowl contest determines the individuals that will represent Washington participating at the National event. This year the contests will be held on March 19, 2022 at the Evergreen State Fairgrounds in Monroe, Washington at 9:00 am.

If you have an individual 4-H'er or team that wants to compete, please contact Gary Fredricks at 360-577-3014 Ext. 3 or at garyf@wsu.edu.

Gary Fredricks
WSU Extension\Cowlitz County
304 Cowlitz Way
Kelso, WA 98626

Evergreen Junior Dairy Show Coming in April!
REGISTRATION DEADLINE MARCH 21ST!
The Evergreen Junior Dairy Show is to promote and educate the public about the dairy industry. It also serves as a spring show for all 4-H and FFA members. The show is open to all 4-H and FFA youth who wish to participate in several fun activities including demonstrations, a poster contest, and showmanship and type contests.

For more information on the Evergreen Junior Dairy Show, click [HERE](#).

Show form links!
- 2022 Registration Form [LINK](#)
- 2022 Registration Form [PDF](#)
- 2022 Dairy/FFA Certificate [LINK](#)
- 2022 Clothing Order Form [LINK](#)

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**WSU CAHNRS Corner for Tuesday, March 15th**

*A Window Into CAHNRS*

Elizabeth Perez, Director, Recruitment and Retention, CAHNRS

Hello, Washington 4-H Community!

At WSU’s College of Agricultural, Human, and Natural Resource Sciences (CAHNRS), we are sharing a series of short videos this semester that feature student ambassadors and their faculty or staff mentors. These provide future Cougs with a window into what it's like to be a college student. Here is the first in this spring’s series, which features an Animal Science (pre-vet) major named Hannah, and her professor, Martin Maquivar.

Go Cougs!

[https://youtu.be/tRLbVpiyT8c](https://youtu.be/tRLbVpiyT8c)
Join us in celebrating the women of 4-H this Women’s History Month. Featuring four female leaders who are the first women to hold their positions, get inspired by their stories and head to the blog to learn more about our growing list of 4-H trailblazers.

LEARN MORE

REGISTER FOR THE HEALTHY LIVING SUMMIT
At the National Youth Summit on Healthy Living, high school students develop the knowledge and skills to address issues surrounding nutrition, physical fitness, wellness, and emotional well-being. Working alongside professionals in family consumer science and healthy living, students will create community action plans. Register by April 4.

REGISTER NOW

APPLY FOR THE 2023 YOUTH IN ACTION AWARDS

Now is the chance for 4-H’ers ages 15-19 to tell their 4-H story of impact, leadership, and purpose. Learn more about the awards and application process. Don’t wait, all applications are due by March 28!

APPLY NOW!
In 4-H many kids get to discover the joys of sewing, crafting, and creating. You can help give them that by shopping for craft and sewing projects of your own! Now through April 30 you can support 4-H at checkout when you shop at JOANN stores. (Be sure to check out the custom 4-H fabrics too!)

LEARN MORE
How do you teach kids what data is? Show them! In the latest 4-H at Home activity, kids can learn exactly what the internet is with the help of augmented reality to visualize all those bits and bytes.

GET STARTED

The Whatcom County Youth Fair Is Back!

WE’VE GOT BIG EXCITING NEWS!

WHATCOM COUNTY YOUTH FAIR IS BACK
APRIL 8-9, 2022

ENTRIES ARE NOW OPEN
and CLOSE MARCH 16
All exhibitors must pay & register online ONLY.
Divisions all have max exhibitors & will be filled as entries come in.
We are VERY excited to be back!

Please visit our website www.Whatcomcountyouthfair.org for more information on divisions, including two NEW divisions this year!

All exhibitors MUST preregister online by March 16th. Divisions will fill in the order entries are placed, so register soon to guarantee your spot! Cost is $15.00

To register, please go to https://whatco.fairwire.com

See y’all April 8-9, 2022!!

4-H Shooting Sports News
Updated With New Training Opportunities
SAVE THE DATE!

Open to Senior 4-H Members
Save the date. Registration opens March 1.
Archery, Rifle, Pistol - $75 | Shotgun - $100
Camping (weekend) - $40

MAY 20-22, 2022
Upper Nisqually Sportsman Club
39919 129th Ave E, Eatonville, WA 98328
Coaches - we can really use your help!
Contact Ashley: a.hernandez-hall@wsu.edu
TRAINING OPPORTUNITIES IN APRIL!

We have a couple of training opportunities for 4-H volunteers! You must be 21 or older and currently enrolled in 4-H Online. Registration information is included below:

**Dates:**
April 1st through 3rd

**Disciplines:** Archery, Rifle and Shotgun

**Location:** Kittitas Valley Event Center, 901 E. 7th Ave., Ellensburg, WA 98926

**Cost:** $65 paid by check or cash to the local hosting 4-H club (bring with you to training)

**Times:**
Friday, April 1st, all discipline classroom work: 1:00pm-6:00pm
Saturday, April 2nd, Archery discipline: 9:00am-3:00pm
Sunday, April 3rd, Rifle and Shotgun discipline: 9:00am-3:00pm (shotgun at a separate location a 30 min drive away).

Register here: [https://wsu.co1.qualtrics.com/jfe/form/SV_29P4dO6sABV5sN0](https://wsu.co1.qualtrics.com/jfe/form/SV_29P4dO6sABV5sN0)

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**Dates:** April 9th and 10th: *(Registration Deadline is March 18!)*

**Disciplines:** Archery & Pistol; Rifle & Shotgun

**Location:** Post Falls/Hayden Idaho

**Cost:** $90 for 1 discipline, $120 for 2 disciplines

**Times:**
Saturday – Archery & Pistol – 8am – 5:15pm
Sunday – Rifle & Shotgun – 8am – 5:15pm

Find out how to register by clicking this link:
[Registration Information flyer](mailto:Registration%20Information%20flyer)
LEVEL 2 TRAINING OPPORTUNITY IN MAY!

We have an opportunity to send Level 1 shooting sports volunteers to a Level 2 training in May! Please look at the training details below. If you are interested, please contact your county staff for an application. We have a tight turnaround for this, and as of now, training will have to be self-funded by the volunteers and staff wishing to attend.

Level 2 Training Details

Location: Winton, CA

Date: May 2nd – May 5th
Cost: $200, meals included.

Additional details: You must be currently enrolled as a 4-H Shooting Sports volunteer and have 2-years of leadership experience to qualify for national training. Lodging and travel is not provided. Motel and hotel costs range between $59 and $119 per night for single occupancy.

Please email Ashley at a.hernandez-hall@wsu.edu with any questions.

WASHINGTON STATE TEAM TRAVELS TO 4-H NATIONAL CHAMPIONSHIPS!

We have a team of youths heading to the National Championships in Grand Island Nebraska June 25th! We are very proud to support these seven youths from four Washington counties!! They are currently working hard on travel plans and fundraising. If you are interested in donating to this team, please contact Ashley Hernandez-Hall at a.hernandez-hall@wsu.edu for information.
Scientists Live Virtual Career Series Starts March 2nd!

University of Wisconsin-Madison Extension invites you to an upcoming Scientists Live Virtual Career Series – episodes for youth (grades 8-12), their parents, and teachers. Scientists Live is designed to grow participants’ knowledge about and spark their interest in science-related careers.
Scientists Live will be happening live via Zoom every Wednesday in March (starting March 2nd) from 12:00-12:30 p.m. CT (10:00-10:30 a.m. PT); recordings of each episode will be available shortly after their live date. This year’s series will feature five scientists representing unique careers in the field of agriculture.

Register at: https://forms.gle/XAKDh4vMNo4obL2P9

Thirty-two previously recorded episodes are available from 2020 and 2021. A huge range of careers were covered—everything from electrician to marine biologist! Learn more about available recordings and how to access them for free at: https://forms.gle/Kw3gXtct7991Vnra6.

State Horse Bowl Contest is April 30th
REGISTRATION PACKET IS NOW AVAILABLE!
NEW! VIRTUAL CONTEST PROCEDURES AND RULES!

This year’s Horse Bowl will be a virtual contest once again, using Zoom and Factile, as we have for the past two years.

The Registration Packet Is available HERE.
Download the Procedures and Rules Document HERE.

Save the Date – State 4-H Dog Committee Meeting!
Hold the date for the State Dog Committee meeting on Sunday, April 10th at 3:00 pm. Each county can have one enrolled 4-H leader and one enrolled 4-H member as a voting delegate. A zoom link and agenda will be provided at a later date.

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**Youth Livestock Field Days Are In-Person for 2022!**

*New! Brochures and Registration Links!!*

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**Youth Livestock Field Days**

WSU and UI Extension are co-sponsoring two in-person Youth Livestock Field Days on Saturday, March 12th, and Saturday, March 26th, 2022. Topics covered at each event include Interstate Livestock Paperwork, Health Care, Meat Science, Feeding and Nutrition, Selection of Project Animals, Low Stress Handling, Fitting and Showing, and other topics.

The cost for each field day is $10, which includes a grab and go lunch and handouts. Participants are encouraged to dress warmly, as most activities will be outside. Respective Washington and Idaho Covid Protocols will be followed. Please have individuals register via Eventbrite, space is limited.

On **Saturday, March 12th**, a 4-H/FFA Swine Field Day will be held from 8:30 am to approximately 3:00 p.m. at the Asotin County Fair Grounds in Asotin, WA. All individuals attending (including adults) are required to pre-register and pay registration fees no later than March 4, 2022 at: [https://2022swine.eventbrite.com](https://2022swine.eventbrite.com)

Download the Swine Field Day Brochure **HERE**.

The 4-H/FFA Beef Field Day will be held on **Saturday, March 26th** from 8:30 am to approximately 3:00 p.m. on the University of Idaho Campus in Moscow, ID. All individuals attending (including adults) are required to pre-register and pay registration fees no later than March 18, 2022 at: [https://2022beef.eventbrite.com](https://2022beef.eventbrite.com)

Download the Beef Field Day Brochure **HERE**!

For more information, please contact Mark Heitstuman at the WSU Asotin County Extension Office at (509) 243-2009, heitstuman@wsu.edu, UI Nez Perce County Extension, 208.799.3096 or UI Benewah County Extension, 208.245.2422.
2022 State Equine Zoom Series Starts March 2nd!

This statewide Equine Science and Horsemanship Series is for everyone – whether you have a horse or not; whether you ever decide to try horse knowledge contests, or not – if you want to learn more about horses, this series is for you! If you do happen to participate in horse bowl or hippology, this series will help you prepare. We will be delivering content from the approved sources for the state and national contests, so the information you are receiving is current and valuable for contest study.

Register here: https://wsu.zoom.us/meeting/register/tJIucuygrjspH90RF8ONL3PQcmMIQoXJcxuH and join us every week – or whenever you can!

Questions? Contact kim.baker@wsu.edu.
Practice Horse Judging Contest Now Available!

Do you coach, or participate in, competitive Horse Judging or Hippology? Are you looking for classes to practice? Check out this opportunity. Register for this course and you will have access to 6 classes to judge, along with the official placings, and an official critique, to learn why the classes were placed the way they were. The course becomes available January 15, and closes on July 15. You can access as many times as you want in that time period, and can join anytime. This is completely self-directed, so go at your own pace, whenever you wish. Go to: https://catalog.extension.org/product?catalog=HorseJudgingContest
Washington State AgrAbility Project Announces Webinar Series!

**So you've had a farm injury? What next.**

Washington State AgrAbility Project is pleased to announce a series of webinars focused on the resources and services available if you’ve experienced a farm injury or otherwise acquired a disability.

**Fridays at 1 pm PST - March 2022**

**AgrAbility**
What is it? What does it do and can it help me? 4 March 2022

**Assistive Technology**
What's available, How to choose it, How to fund it 11 March 2022

**Medical Debt and Charity Care**
Income-Eligible Programs for Emergency Medical Care Expenses 18 March 2022

**Applying for Social Security Disability**
Eligibility, Application process, Cash and health benefits, and Returning to farming 25 March 2022

**Register Today!**

Join us for all webinars or choose the sessions that look most interesting!

COVID-19 RESOURCES

4-H COVID-19 HEALTH AND SAFETY PROTOCOLS
UPDATED MARCH 12, 2022

Washington State University has adopted the Governor's updated mask policy which is effective March 12, 2022. This policy eliminates the general masking requirement in both indoor and outdoor situations, unless specifically required for a particular location for health reasons (such as clinics). Also eliminated is the general requirement for social distancing among vaccinated individuals. WSU has extended the relaxation of the masking and distancing requirements to those employees who have exemptions from the vaccine requirement (for religious or medical reasons) and have approved accommodations at their workplace.

WSU Extension has therefore adopted the following:

**Vaccination Requirements Continue**

The vaccine mandate for WSU employees and volunteers remains in place. WSU employees and volunteers must be fully vaccinated or have an approved exemption with an accommodation on file to engage in work with WSU Extension.

**Masking Policy Changes**

WSU Extension has adopted the Governor’s mask policy effective March 12, 2022. This policy eliminates the general masking requirement in both indoor and outdoor situations, unless specifically required for a particular location such as health care settings and public transportation. This extends to individuals who have an approved accommodation based on a medical or religious exemption, who no longer are required to wear a mask as a condition of that accommodation.

**Social Distancing Changes**

WSU Extension applies the relaxation of social distancing requirements to those volunteers who are fully vaccinated or have an approved exemption with an accommodation (for religious or medical reasons) on file at their workplace or county office.

**PLEASE NOTE** – individual offices and locations may continue to require masking and/or distancing at the office level for all office programs in light of local risks and conditions.
Governor Inslee issued a health and safety proclamation on August 20, 2021, in response to a continued state of emergency that exists in all counties due to the Covid-19 pandemic. The health and safety proclamation, as ordered by the Governor, includes employees, contractors and volunteers engaged in activities with state agencies and in educational settings. Therefore, WSU (including WSU Extension and the 4-H program) is required to comply with Governor Inslee’s recent vaccination proclamation directives.

With regard to volunteers, below are a series of references, deadlines and explanations that provide further details.

- **The Proclamation (21-14.1)** can be found [HERE](https://extension.wsu.edu/volunteer-exemption/).
- **Deadline:** All current WSU Volunteers are required to be fully vaccinated or exempted by October 18th. Volunteers who are not fully vaccinated or who do not have an approved exemption on file by October 18 will be put on inactive status. They will not be able to engage in any volunteer activities with WSU Extension until proof of full vaccination can be observed or until an exemption request has been reviewed.
- **Proof of vaccination:** Contact your local 4-H office for information on how to share proof of your vaccination status.
- **Exemption process:** The state-level exemption process (for religious or medical reasons) can be found at [https://extension.wsu.edu/volunteer-exemption/](https://extension.wsu.edu/volunteer-exemption/)

More information on WSU’s Vaccination Policy is available on the web at [https://extension.wsu.edu/vaccination-policy/](https://extension.wsu.edu/vaccination-policy/).

Questions regarding WSU’s Vaccination Policy can be directed via e-mail to extension.vaccinepolicy@wsu.edu

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**A Reminder: COVID-19 Resources Available from WSU Extension**

The WSU Extension COVID-19 Updates and Resources page is updated as new information becomes available. The Link to the page is [https://extension.wsu.edu/covid-19/](https://extension.wsu.edu/covid-19/)
WASHINGTON STATE RESOURCE GUIDE FOR PARENTS AND CAREGIVERS:
Caring for Your Family During COVID-19

The Washington State Department of Children, Youth and Families has created a resource for parents during COVID-19. The WASHINGTON STATE RESOURCE GUIDE FOR PARENTS AND CAREGIVERS: Caring for Your Family During COVID-19 was developed to help parents and their families navigate the pandemic and the days to follow.

The publication is available at