Tuesday News – February 22, 2022

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State 4-H Ambassadors Announce 4-H Youth of the Month for February!

The Washington State 4-H Ambassadors recognize the 4-H Youth of the Month honoree for February, Abby Ruddell of Island County! The Ambassadors are proud to highlight 4-H youth monthly throughout the year!

**Abby Ruddell**

*What is your favorite part of 4-H:* My favorite part is working on my project while building new skills.

*What has 4-H taught you:* 4-H has taught me to have more self-confidence with public speaking.

*What is your favorite food:* Spaghetti!

*What do you want to do for a career:* A field that involves genetics.

*What service project has made the greatest impact:* I spent more than 50 hours making PPE including face shields and 3D printed N95 masks. We were able to make over 1,000 items for hospitals and nursing homes.

New STEAM Activity – Code With Coldplay!!

Coldplay and Code.org believe in the power of computer science education for every student, in every classroom around the world. That's why we're teaming up to inspire students everywhere to code and dance – let's celebrate the magic of computer science and music! This interactive coding activity is open to all youth. Join the party by using Code.org's Dance Party activity to code your own choreography to Coldplay's “Higher Power.” Get creative with classic moves, and have fun with new album-inspired visuals and dancer formations!

Post or submit your creations for Coldplay and Code.org to see, and we'll share the best ones on social media. Plus, you'll get a chance to win tickets to see Coldplay on tour, or a chance for your classroom to video chat with the band.
For more information and to get started, go to: https://code.org/coldplay

Contest closes March 4th to all US participants. #STEM #CODEPLAY #CodewithColdplay

The Prairie Hatchers 4-H Club Presents:
The 22nd Annual Youth Invitational Poultry Show!
The Youth Invitational Poultry show is an annual event hosted by the Clark County Prairie Hatchers 4-H Club – the club’s largest fundraising event. In addition to the show, there will be a bird auction, a raffle that will be full of incredible stuff from our local businesses, and – of course – loads of fun. It is put on by the kids for other kids, and they have many events and activities for KIDS!

The building does not have heat, so make sure you wear plenty of layers! It does get chilly in the building.

The 2022 Premium book can be downloaded [HERE](#). Entries are DUE March 12th.

We’ll see you at the show!

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**WSU CAHNRS Corner for Tuesday, February 22nd**

*Schedule of Upcoming Virtual Sessions!*

Elizabeth Perez, Director, Recruitment and Retention, CAHNRS

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Hello, Washington 4-H Community!

Washington State University’s College of Agricultural, Human, and Natural Resource Sciences (CAHNRS) offers live, virtual information sessions for anyone interested in learning more about our majors and resources for future Cougs. Below is the latest information on additional dates. View and register for events at [futurecoug.wsu.edu/portal/cahnrs](http://futurecoug.wsu.edu/portal/cahnrs).
College of Agricultural, Human, and Natural Resource Sciences

PRESENTS

Virtual Information Sessions

Learn about majors, financial aid opportunities, and signature experiences at Washington State University’s College of Agricultural, Human, and Natural Resource Sciences.

cahnrs.wsu.edu

PRESENTATIONS, APPOINTMENTS & TOURS

General information sessions will be held on Tuesdays from 4–5pm, January through May. Visit our website for an up-to-date listing of in-person and virtual college events.

View and register for events: futurecoug.wsu.edu/portal/cahnrs

WASHINGTON STATE UNIVERSITY
College of Agricultural, Human, and Natural Resource Sciences
Prevention and early intervention are of paramount importance in addressing the health of youth. This belief has led Caron, 4-H and the Center for the Study and Prevention of Violence to present a free opportunity to educate youth serving professionals.

Please join us for an engaging and eye-opening event.

Date: Tuesday, March 15, 2022
Time: 10:00AM-12:00 PM PST | 1:00PM-3:00 PM EST

Registration Information: https://www.caron.org/events
Cost: FREE
4-H Shooting Sports News

SAVE THE DATE!

STATE QUALIFYING EVENT
WASHINGTON

Open to Senior 4-H Members

Save the date. Registration opens March 1.
Archery, Rifle, Pistol - $75 | Shotgun - $100
Camping (weekend) - $40

MAY 20-22, 2022

Upper Nisqually Sportsman Club
39919 129th Ave E, Eatonville, WA 98328

Coaches - we can really use your help!
Contact Ashley: a.hernandez-hall@wsu.edu
WASHINGTON STATE TEAM TRAVELS TO 4-H NATIONAL CHAMPIONSHIPS!

We have a team of youths heading to the National Championships in Grand Island Nebraska June 25th! We are very proud to support these seven youths from four Washington counties!! They are currently working hard on travel plans and fundraising. If you are interested in donating to this team, please contact Ashley Hernandez-Hall at a.hernandez-hall@wsu.edu for information.

LEVEL 2 TRAINING OPPORTUNITY IN MAY!

Finally, we have an opportunity to send Level 1 shooting sports volunteers to a Level 2 training in May! Please look at the training details below. If you are interested, please contact your county staff for an application. We have a tight turnaround for this, and as of now, training will have to be self-funded by the volunteers and staff wishing to attend.

Level 2 Training Details
Location: Winton, CA

Date: May 2nd – May 5th
Cost: $200, meals included.

Additional details: You must be currently enrolled as a 4-H Shooting Sports volunteer and have 2-years of leadership experience to qualify for national training. Lodging and travel is not provided. Motel and hotel costs range between $59 and $119 per night for single occupancy.

Please email Ashley at a.hernandez-hall@wsu.edu with any questions.
Save the Date – State 4-H Dog Meeting!

Hold the date for the State Dog Committee meeting on Sunday, April 10th at 3:00 pm. Each county can have one enrolled 4-H leader and one enrolled 4-H member as a voting delegate. A zoom link and agenda will the sent at a later date.

WSU Extension 4-H Small and Companion Animal Committee Presents Zoom on Raising Market Rabbit and Poultry on February 27th!

Don't miss the virtual Market Rabbits & Poultry 4-H workshop on Sunday, February 27, 1 to 3 p.m. PST. It's FREE!

Even during challenging times, 4-H'ers keep learning by doing. #Opportunity4All
Join the Washington State 4-H Small and Companion Animal Committee for a zoom workshop on raising market rabbits and poultry. This introductory workshop will cover raising animals for home use and youth market sales. The presentation will begin with poultry, the middle portion will cover both species, and the presentation will end on rabbits.

You are invited to a Zoom meeting.
When: Feb 27, 2022 – 1:00 PM Pacific Time (US and Canada)

Register in advance for this meeting: https://wsu.zoom.us/meeting/register/tJcsc-iupz8uGdTN4Sjj6vBWdZjLmr21N8pl
After registering, you will receive a confirmation email containing information about joining the meeting.

Opportunity for 4-Hers – Be A Georgia Boot Trailblazer!

4-H partner Georgia Boot is looking to highlight four 4-H’ers on their social media channels to follow along with progress of their 4-H projects throughout the year.
The selected 4-H'ers will be identified as Georgia Boot Trailblazers and will receive a prize pack valued at $500 consisting of a pair of Georgia Boots, a gift card to a local farm & ranch store of their choosing, and Georgia Boot and 4-H swag. They will also be asked to provide Georgia Boot with photos and progress updates on their 4-H project that can be shared on Georgia Boot's social media channels. To enter, eligible 4-H’ers between age 12-18 can complete the entry form by February 28.

This is a great opportunity for 4-H'ers to share their stories and projects with a national audience along with winning a great prize pack!

**From National 4-H Council…**

**LANDMARK GIFT TO 4-H RECOGNIZES EXTENSION IMPACT**

As partner to Cooperative Extension’s 4-H program, we are pleased to share the news of a transformational, $50 million gift to National 4-H Council from writer and philanthropist, MacKenzie Scott.

This gift builds upon the dedicated efforts of thousands of local Cooperative Extension 4-H educators, more than 500,000 volunteers, and millions of 4-H youth, alumni, and donors. It leverages decades of public investment from counties, states, and the National Institute of Food and Agriculture at USDA. And it will sustain 4-H’s commitment to ensuring all young people—regardless of their background or beliefs—are empowered with the skills to lead for a lifetime.

[LEARN MORE](#)

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**HONORING BLACK HISTORY MONTH**
Join us as we honor Black History Month and celebrate our trailblazing youth, alumni, volunteers and supporters who are making an impact through 4-H every day. Visit the blog to learn more about this month’s featured trailblazers.

LEARN MORE

APPLY FOR THE 2023 YOUTH IN ACTION AWARDS

Applications are now open for the 2023 4-H Youth in Action Awards! Now is the chance for 4-Hers ages 15-19 to tell their 4-H story of impact, leadership, and purpose. Learn more about the application process and set your calendars to apply by March 28, 2022.

APPLY NOW!

IMPORTANT CHANGES TO THE 2022 NATIONAL HEALTHY LIVING SUMMIT
The current COVID surge and omicron variant have introduced new complexities as states begin to plan their travel to and participation in the National 4-H Healthy Living Summit, scheduled for February 10-13, 2022. After consulting with Extension leadership and the Healthy Living Summit planning team, Council has postponed the National 4-H Healthy Living Summit to April 21-24, 2022. The deadline to register has been extended to April 4, 2022. Any participant currently registered for the Summit who is unable to attend during the new April dates will receive a full refund.

LEARN MORE

CELEBRATE NATIONAL ENGINEER’S WEEK
Thanks to HughesNet, you’ll have the perfect activity for National Engineer’s Week coming up on February 20 – 26. Visit 4-H at Home for the latest Space Exploration quest into deep space. Join the team of fearless scientists as they prepare to sustain life beyond Earth.

GET STARTED

4-H Spotlight – Kimber Jackson

Contributed by Susan Becker, Pierce County 4-H Volunteer

Kimber Jackson joined Just Kidding Around when she was twelve, and had quite the shell around her. She spoke to almost nobody and glared a good bit. She ended up as our excellent president; interacting beautifully with both youth and adults. Look at her talking on camera on a company’s recruiting video!

Live Link: https://youtu.be/vq1ivdeYBpA

When I asked Kimber if I could share this with you guys, this is what she said: “Yes you can share the video. And thank you! 4-H really did help me with presenting. Going from not really being able to present to where I am now, 4-H and its people were a huge steppingstone for me. So, thank you.”
I took this picture of her in the Daffodil Parade in 2019. She got tired of her goat constantly laying down and refusing to walk, and she just plunked her into the poop wagon and pulled her through the parade. It can be embarrassing when you are out in public and your animal is misbehaving, but she is laughing. Resilience is a good skill 4-H members get to learn as well.

Youth Livestock Field Days Are In-Person for 2022!

New! Brochures and Registration Links!!

YOUTH LIVESTOCK FIELD DAYS
WSU and UI Extension are co-sponsoring two in-person Youth Livestock Field Days on Saturday, March 12th, and Saturday, March 26th, 2022. Topics covered at each event include Interstate Livestock Paperwork, Health Care, Meat Science, Feeding and Nutrition, Selection of Project Animals, Low Stress Handling, Fitting and Showing, and other topics.

The cost for each field day is $10, which includes a grab and go lunch and handouts. Participants are encouraged to dress warmly, as most activities will be outside. Respective Washington and Idaho Covid Protocols will be followed.

Please have individuals register via Eventbrite, space is limited.

On Saturday, March 12th, a 4-H/FFA Swine Field Day will be held from 8:30 am to approximately 3:00 p.m. at the Asotin County Fair Grounds in Asotin, WA.

All individuals attending (including adults) are required to pre-register and pay registration fees no later than March 4, 2022 at: [https://2022swine.eventbrite.com](https://2022swine.eventbrite.com)

Download the Swine Field Day Brochure [HERE](https://2022swine.eventbrite.com).

The 4-H/FFA Beef Field Day will be held on Saturday, March 26th from 8:30 am to approximately 3:00 p.m. on the University of Idaho Campus in Moscow, ID.

All individuals attending (including adults) are required to pre-register and pay registration fees no later than March 18, 2022 at: [https://2022beef.eventbrite.com](https://2022beef.eventbrite.com)

Download the Beef Field Day Brochure [HERE](https://2022beef.eventbrite.com).

For more information, please contact Mark Heitstuman at the WSU Asotin County Extension Office at (509) 243-2009, heitstuman@wsu.edu, UI Nez Perce County Extension, 208.799.3096 or UI Benewah County Extension, 208.245.2422.

Brought to you by:
2022 State Equine Zoom Series Starts March 2nd!

This statewide Equine Science and Horsemanship Series is for everyone – whether you have a horse or not; whether you ever decide to try horse knowledge contests, or not – if you want to learn more about horses, this series is for you! If you do happen to participate in horse bowl or hippology, this series will help you prepare. We will be delivering content from the approved sources for the state and national contests, so the information you are receiving is current and valuable for contest study.

Register here: https://wsu.zoom.us/meeting/register/tJIucuygrjspH90RF8ONL3PQcmMlQoXJcxuH and join us every week – or whenever you can!

Questions? Contact kim.baker@wsu.edu.
State Horse Bowl Contest is April 30th – Introduction Zoom on Friday, March 11th!

This year’s Horse Bowl will be a virtual contest once again, using Zoom and Factile, as we have for the past two years. Registration information will be available soon.

We are providing a horse bowl introduction for 4-H members and 4-H volunteers to cover topics such as contest procedures, horse bowl question sources; how to use Factile, and helpful tips on coaching teams. Also, if counties don’t have a full team, we are encouraging counties to have a combined team.

This “horse bowl introduction” will be Friday, March 11th at 6:30 pm via Zoom. The Zoom link is here:

Join from PC, Mac, Linux, iOS, or Android: https://wsu.zoom.us/j/91048554701?pwd=L0xFZm13T0pncEJCWVZ3NnFQV0hqQT09

Meeting ID: 91048554701
Password: 168848

Practice Horse Judging Contest Now Available!

Do you coach, or participate in, competitive Horse Judging or Hippology? Are you looking for classes to practice? Check out this opportunity. Register for this course and you will have access to 6 classes to judge, along with the official placings, and an official critique, to learn why the classes were placed the way they were. The course becomes available January 15, and closes on July 15. You can access as many times as you want in that time period, and can join anytime. This is completely self-directed, so go at your own pace, whenever you wish.

Go to: https://catalog.extension.org/product?catalog=HorseJudgingContest
REMINDER! Save the Date: Washington State Junior Horse Show!

For updates, please visit https://extension.wsu.edu/yakima/4-h/4-h-events/4-h-horse-events/

Want to be involved? Contact Kim at ms.berly@yahoo.com
You’re Invited! Forest Owners Winter School – Virtual Session on February 26th

Is it time to sharpen the saw of your forestry knowledge?

Do you want to learn new things about enjoying and caring for your property? Do you want to learn things like:

- How to make your trees more resilient in a changing climate
- How to reduce wildfire hazard risk and simultaneously improve forest health and wildlife habitat
- Heat, drought, *Ips* bark beetles, sooty bark disease, and other current forest health threats
- Agroforestry and non-timber forest product opportunities
- Native American uses of the land, first foods, and culturally significant plants

Please register to attend the 2022 Forest Owners’ Winter School, Online! Saturday February 26, 2022 — FREE!

Attend Washington SoilCon 2022 Virtual Event February 22 – 23!

This completely virtual event will discuss all aspects of soil health relevant to the agricultural systems of Washington State.
Registration is free! The event website has the registration link, as well as information on the schedule, sessions, and some of the speakers. The event website link is HERE

Washington State 4-H Quiz Bowl Contest To Be Held March 19th!

The State 4-H Dairy Quiz Bowl contest determines the individuals that will represent Washington participating at the National event. This year the contests will be held on March 19, 2022 at the Evergreen State Fairgrounds in Monroe, Washington at 9:00 am

If you have an individual 4-H’er or team that wants to compete, please contact Gary Fredricks at 360-577-3014 Ext. 3 or at garyf@wsu.edu.

Gary Fredricks
WSU Extension\Cowlitz County
304 Cowlitz Way
Kelso, WA 98626

PLEASE NOTE THIS CORRECTION: Last week’s heading stated that the Dairy Judging Contest was also scheduled for March 19th. The Dairy Judging Contest is not scheduled for March 19th; it will be held this summer. More information to follow soon!
Springtime Youth Calf Sale Coming To Monroe On March 19th!

2022 CALF GRANT APPLICATIONS DUE FEBRUARY 22
- APPLICATION LINK HERE!

Mark your calendars for the 29th annual Springtime Youth Calf Sale! The sale will be held on March 19, 2022. at 1:00 pm, in the Dairy Barn at the Evergreen State Fairgrounds in Monroe.

The link to the 2022 Calf Grant Application is HERE.
The due date for grant applications is February 22, 2022.

The link to the 2022 Calf Scholarship Application is HERE.
The due date for scholarship applications is March 1, 2022

Questions? Please contact sale chairman, Liz Holtcamp at sycs4h@gmail.com. For more information about the Springtime Youth Calf Sale please go to this link: https://extension.wsu.edu/4h/dairy-endowment-fund/programactivities/springtime-youth-calf-sale/.

Also find us on Facebook at Springtime Youth Calf Sale

The State Dairy Quiz Bowl contest will also be held on March 19, 2022 at the Evergreen State Fairgrounds, Monroe at 9:00 am in the Dairy Barn.
Program Update – State’s 4-H International Exchange

Summer inbound exchange student programs are open for students from Japan, Korea, Finland and Costa Rica. Host families are found in many shapes and locations, but have one thing in common: a willingness to open their hearts to youths from another country.

If families wish to apply to host a summer delegate, they can apply at: Host a Student – Summer – states4hexchange.org

More information can be found at www.states4hexchange.org or contact sadie.williams@wsu.edu
So you've had a farm injury? What next.

Washington State AgrAbility Project is pleased to announce a series of webinars focused on the resources and services available if you've experienced a farm injury or otherwise acquired a disability.

Fridays at 1 pm PST - March 2022

**AgrAbility**
What is it? What does it do and can it help me?  
4 March 2022

**Assistive Technology**
What's available, How to choose it, How to fund it  
11 March 2022

**Medical Debt and Charity Care**
Income-Eligible Programs for Emergency Medical Care Expenses  
18 March 2022

**Applying for Social Security Disability**
Eligibility, Application process, Cash and health benefits, and Returning to farming  
25 March 2022

Register Today!  

Join us for all webinars or choose the sessions that look most interesting!
The Snoqualmie Valley Evergreen 4-H Club’s Rabbit Show will be held on March 5, 2022 at the Evergreen State Fairgrounds, Monroe, Washington, at 9:00 am.

Rabbit Health Check and Registration starts at 8:00 am.

The full show catalog can be accessed for download via the QR code above, or by clicking the link HERE.

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**EPA Launches “Companies Crushing Pollution” Video Challenge for High School and College Students**

The Environmental Protection Agency (EPA) has launched the “Companies Crushing Pollution” Video Challenge. EPA will award a total of $50,000 in prize money through the video challenge. The Challenge invites high school and college students and others including people who live near industrial facilities to create videos illustrating how businesses in the U.S. are reducing toxic chemical releases through innovative pollution prevention (P2) practices, and by having a positive impact on the environment and communities. Participants have a chance to win up to $5,000. All videos must be submitted by March 1, 2022.
The recorded webinar that discusses challenge logistics and rules can be found at [https://youtu.be/mVoMxtQha4Y](https://youtu.be/mVoMxtQha4Y)

Challenge Website: [https://www.epa.gov/toxics-release-inventory-tri-program/companies-crushing-pollution-video-challenge](https://www.epa.gov/toxics-release-inventory-tri-program/companies-crushing-pollution-video-challenge)

TRI P2 Search Tool Website: [https://www3.epa.gov/enviro/facts/tri/p2.html](https://www3.epa.gov/enviro/facts/tri/p2.html)

Quick Facts on the Challenge:

**Eligibility**

- Students: high school (grades nine -12) or college/university
- Other members of the public (those living close to a TRI facility)
- Must live in the United States or U.S. Territories
- Participants may be an individual or a team

**Timing**

Submissions accepted: December 1, 2021 – March 1, 2022

Review of submissions: March – May 2022

Prizes awarded: Late May/Early June 2022

**Prizes**

EPA will award a total of $50,000 in prize money to multiple participants as outlined below:
Attention 12th grade 4-Hers!

The WSU 4-H Scholarship Applications will open on January 1, 2022. There are a variety of scholarship available! The deadline to apply is March 15, 2022.

Like last year, the scholarships are available to all approved 12th grade 4-Hers who have accumulated at least 2 years of 4-H participation. An applicant must have an approved 4-H enrollment prior to the application deadline.

Please note that the supplemental documents required for the application (resume, essay, letters of recommendation, and academic transcripts) must be combined into a single PDF file before uploading to 4-H Online. The scholarship requirements as well as instructions on how to apply can be found at [http://extension.wsu.edu/4h/youth/scholarship-opportunities/](http://extension.wsu.edu/4h/youth/scholarship-opportunities/)

Questions regarding the requirements or scholarships themselves, should be directed to Britta Nitcy ([nitcy@wsu.edu](mailto:nitcy@wsu.edu)).
COVID-19 RESOURCES

4-H UPDATE – GOVERNOR INSLEE’S VACCINATION PROCLAMATION

Announcement Revised September 7, 2021

Governor Jay Inslee issued a health and safety proclamation on August 20, 2021, in response to a continued state of emergency that exists in all counties due to the Covid-19 pandemic. The health and safety proclamation, as ordered by the Governor, includes employees, contractors and volunteers engaged in activities with state agencies and in educational settings. Therefore, WSU (including WSU Extension and the 4-H program) is required to comply with Governor Inslee’s recent vaccination proclamation directives.

With regard to volunteers, below are a series of references, deadlines and explanations that provide further details.

- **The Proclamation (21-14.1) can be found [HERE](#).**
- **Deadline:** All current WSU Volunteers are required to be fully vaccinated or exempted by October 18th. Volunteers who are not fully vaccinated or who do not have an approved exemption on file by October 18 will be put on inactive status. They will not be able to engage in any volunteer activities with WSU Extension until proof of full vaccination can be observed or until an exemption request has been reviewed.
- **Proof of vaccination:** Contact your local 4-H office for information on how to share proof of your vaccination status.
- **Exemption process:** The state-level exemption process (for religious or medical reasons) can be found at [https://extension.wsu.edu/volunteer-exemption/](https://extension.wsu.edu/volunteer-exemption/)

More information on WSU’s Vaccination Policy is available on the web at [https://extension.wsu.edu/vaccination-policy/](https://extension.wsu.edu/vaccination-policy/).

Questions regarding WSU’s Vaccination Policy can be directed via e-mail to [extension.vaccinepolicy@wsu.edu](mailto:extension.vaccinepolicy@wsu.edu)

COVID-19 HEALTH AND SAFETY PROTOCOLS

All other protocols for health and safety remain in effect and should be followed. The Washington State 4-H Youth Development Program policy is referencing requirements set forth by the Washington State Department of Health’s K-12 COVID-19 Requirements for Summer 2021 and the 2021-2022 School Year document. WHILE INDOORS, EVERYONE IS REQUIRED TO WEAR MASKS,
 REGARDLESS OF VACCINATION STATUS. This policy is required to protect the safety of all and to model the behavior for youth, who are still required to wear masks.

If an activity is conducted outdoors, it is now required that masks be worn in any outdoor setting involving 500 or more people. People should continue to practice physical distancing of at least six feet whenever possible.

Your county may have more protective protocols in place. County protocols supersede the information presented here. Please contact your local County Extension 4-H Office with any questions.

The Washington State Department of Health released a recap of recent COVID-19 news and updates on September 7, 2021. It is available by clicking HERE.

A Reminder: COVID-19 Resources Available from WSU Extension

The WSU Extension COVID-19 Updates and Resources page is updated as new information becomes available. The Link to the page is https://extension.wsu.edu/covid-19/

WASHINGTON STATE RESOURCE GUIDE FOR PARENTS AND CAREGIVERS:
Caring for Your Family During COVID-19

The Washington State Department of Children, Youth and Families has created a resource for parents during COVID-19. The WASHINGTON STATE RESOURCE GUIDE FOR PARENTS AND CAREGIVERS: Caring for Your Family During COVID-19 was developed to help parents and their families navigate the pandemic and the days to follow.

The publication is available at https://www.dcyf.wa.gov/sites/default/files/pubs/FS_0039.pdf