Tuesday News – February 15, 2022

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WSU Extension 4-H Small and Companion Animal Committee Presents Zoom on Raising Market Rabbit and Poultry on February 27th!

Join the Washington State 4-H Small and Companion Animal Committee for a zoom workshop on raising market rabbits and poultry. This introductory workshop will cover raising animals for home use and youth market sales. The presentation will begin with poultry, the middle portion will cover both species, and the presentation will end on rabbits.

You are invited to a Zoom meeting.
When: Feb 27, 2022 – 1:00 PM Pacific Time (US and Canada)

Register in advance for this meeting: https://wsu.zoom.us/meeting/register/tJcsc-iupz8uGdTN4Sjj6vBWdZjLmr21N8pl
After registering, you will receive a confirmation email containing information about joining the meeting.

Opportunity for 4-Hers – Be A Georgia Boot Trailblazer!

4-H partner Georgia Boot is looking to highlight four 4-H’ers on their social media channels to follow along with progress of their 4-H projects throughout the year. The selected 4-H’ers will be identified as Georgia Boot Trailblazers and will receive a prize pack valued at $500 consisting of a pair of Georgia Boots, a gift card to a local farm & ranch store of their choosing, and Georgia Boot and 4-H swag. They will also be asked to provide Georgia Boot with photos and progress updates on their 4-H project that can be shared on Georgia Boot’s social media channels. To enter, eligible 4-H’ers between age 12-18 can complete the entry form by February 28.

This is a great opportunity for 4-H’ers to share their stories and projects with a national audience along with winning a great prize pack!
Greetings from Washington State University – Pullman, 4-H community!

This week we want to feature two of our WSU CAHNRS Student Ambassadors. Each brings unique experiences and insights to their role, and they are available to meet with future CAHNRS Cougs in person or virtually throughout the year. We have ambassadors for all of our majors, and you can contact them here.

Shelby Smith is a second year Apparel Design student at Washington State University. Shelby is the CAHNRS Ambassadors Public Relations Representative and is also the Executive Creative Director of LUXE Magazine. Shelby has been a Replenishment Merchandiser for over a year and a half. Shelby moved to Pullman from Orange County, CA, but has lived all over the country. Shelby enjoys all
things fashion, iced matcha lattes, and spending time with her beloved cat, Tourmaline.

Aranza Arroyo is a junior pursuing a degree in Fruit and Vegetable Management with minors in Horticulture and Crop Science. She is from Cashmere, Washington where she grew up with an appreciation for agriculture. She is currently a CAHNRS Ambassador, and Vice President, and she also serves as the President for MANRRS-WSU. She’d like to pursue a career in the Tree Fruit Industry in the Wenatchee Valley after graduation.

Attend Washington SoilCon 2022 Virtual Event
February 22 – 23!

This completely virtual event will discuss all aspects of soil health relevant to the agricultural systems of Washington State.
Is it time to sharpen the saw of your forestry knowledge?

Do you want to learn new things about enjoying and caring for your property? Do you want to learn things like:

- How to make your trees more resilient in a changing climate
- How to reduce wildfire hazard risk and simultaneously improve forest health and wildlife habitat
- Heat, drought, *ips* bark beetles, sooty bark disease, and other current forest health threats
- Agroforestry and non-timber forest product opportunities
- Native American uses of the land, first foods, and culturally significant plants

Please register to attend the 2022 Forest Owners’ Winter School, Online! Saturday February 26, 2022 — FREE!

4-H Spotlight – Kimber Jackson

Contributed by Susan Becker, Pierce County 4-H Volunteer

Kimber Jackson joined Just Kidding Around when she was twelve, and had quite the shell around her. She spoke to almost nobody and glared a good bit. She ended up as our excellent president; interacting beautifully with both youth and adults. Look at her talking on camera on a company’s recruiting video!

Live Link: https://youtu.be/vq1ivdeYBpA
When I asked Kimber if I could share this with you guys, this is what she said: “Yes you can share the video. And thank you! 4-H really did help me with presenting. Going from not really being able to present to where I am now, 4-H and its people were a huge steppingstone for me. So, thank you.”

I took this picture of her in the Daffodil Parade in 2019. She got tired of her goat constantly laying down and refusing to walk, and she just plunked her into the poop wagon and pulled her through the parade. It can be embarrassing when you are out in public and your animal is misbehaving, but she is laughing. Resilience is a good skill 4-H members get to learn as well.
Springtime Youth Calf Sale Coming To Monroe On March 19th!

2022 CALF GRANT APPLICATIONS DUE FEBRUARY 22
- APPLICATION LINK HERE!

Mark your calendars for the 29th annual Springtime Youth Calf Sale! The sale will be held on March 19, 2022, at 1:00 pm, in the Dairy Barn at the Evergreen State Fairgrounds in Monroe.

The link to the 2022 Calf Grant Application is HERE. The due date for grant applications is February 22, 2022.

The link to the 2022 Calf Scholarship Application is HERE. The due date for scholarship applications is March 1, 2022.

Questions? Please contact sale chairman, Liz Holtcamp at sycs4h@gmail.com. For more information about the Springtime Youth Calf Sale please go to this link: https://extension.wsu.edu/4h/dairy-endowment-fund/programactivities/springtime-youth-calf-sale/.

Also find us on Facebook at Springtime Youth Calf Sale

The State Dairy Quiz Bowl contest will also be held on March 19, 2022, at the Evergreen State Fairgrounds, Monroe at 9:00 am in the Dairy Barn.
Washington State 4-H Quiz Bowl Contest To Be Held March 19th!

The State 4-H Dairy Quiz Bowl contest determines the individuals that will represent Washington participating at the National event. This year the contests will be held on March 19, 2022 at the Evergreen State Fairgrounds in Monroe, Washington at 9:00 am.

If you have an individual 4-H’er or team that wants to compete, please contact Gary Fredricks at 360-577-3014 Ext. 3 or at garyf@wsu.edu.

Gary Fredricks
WSU Extension\Cowlitz County
304 Cowlitz Way
Kelso, WA 98626
Please note this correction: Last week’s heading stated that the Dairy Judging Contest was also scheduled for March 19th. The Dairy Judging Contest is not scheduled for March 19th; it will be held this summer. More information to follow soon!

Youth Livestock Field Days Are In-Person for 2022!

New! Brochures and Registration Links!!

WSU and UI Extension are co-sponsoring two in-person Youth Livestock Field Days on Saturday, March 12th, and Saturday, March 26th, 2022. Topics covered at each event include Interstate Livestock Paperwork, Health Care, Meat Science, Feeding and Nutrition, Selection of Project Animals, Low Stress Handling, Fitting and Showing, and other topics.

The cost for each field day is $10, which includes a grab and go lunch and handouts. Participants are encouraged to dress warmly, as most activities will be outside. Respective Washington and Idaho Covid Protocols will be followed.

Please have individuals register via Eventbrite, space is limited.

On Saturday, March 12th, a 4-H/FFA Swine Field Day will be held from 8:30 am to approximately 3:00 p.m. at the Asotin County Fair Grounds in Asotin, WA.

All individuals attending (including adults) are required to pre-register and pay registration fees no later than March 4, 2022 at: https://2022swine.eventbrite.com

Download the Swine Field Day Brochure HERE.

The 4-H/FFA Beef Field Day will be held on Saturday, March 26th from 8:30 am to approximately 3:00 p.m. on the University of Idaho Campus in Moscow, ID.

All individuals attending (including adults) are required to pre-register and pay registration fees no later than March 18, 2022 at: https://2022beef.eventbrite.com

Download the Beef Field Day Brochure HERE!

For more information, please contact Mark Heitstuman at the WSU Asotin County Extension Office at (509) 243-2009, heitstuman@wsu.edu, UI Nez Perce County Extension, 208.799.3096 or UI Benewah County Extension, 208.245.2422.
This year’s Horse Bowl will be a virtual contest once again, using Zoom and Factile, as we have for the past two years. Registration information will be available soon.

We are providing a horse bowl introduction for 4-H members and 4-H volunteers to cover topics such as contest procedures, horse bowl question sources; how to use Factile, and helpful tips on coaching teams. Also, if counties don’t have a full team, we are encouraging counties to have a combined team.

This “horse bowl introduction” will be Friday, March 11th at 6:30 pm via Zoom. The Zoom link is here:

Join from PC, Mac, Linux, iOS, or Android: https://wsu.zoom.us/j/91048554701?pwd=L0xFZm13T0pncEJCWVZ3NnFQV0hqQT09

Meeting ID: 91048554701
Password: 168848
Practice Horse Judging Contest Now Available!

Do you coach, or participate in, competitive Horse Judging or Hippology? Are you looking for classes to practice? Check out this opportunity. Register for this course and you will have access to 6 classes to judge, along with the official placings, and an official critique, to learn why the classes were placed the way they were. The course becomes available January 15, and closes on July 15. You can access as many times as you want in that time period, and can join anytime. This is completely self-directed, so go at your own pace, whenever you wish.

Go to: https://catalog.extension.org/product?catalog=HorseJudgingContest

Program Update – State’s 4-H International Exchange
Summer inbound exchange student programs are open for students from Japan, Korea, Finland and Costa Rica. Host families are found in many shapes and locations, but have one thing in common: a willingness to open their hearts to youths from another country.

If families wish to apply to host a summer delegate, they can apply at: Host a Student – Summer – states4hexchange.org

More information can be found at www.states4hexchange.org or contact sadie.williams@wsu.edu

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Washington State AgrAbility Project Announces Webinar Series!

**So you've had a farm injury? What next.**

Washington State AgrAbility Project is pleased to announce a series of webinars focused on the resources and services available if you've experienced a farm injury or otherwise acquired a disability.

**Fridays at 1 pm PST - March 2022**

- **AgrAbility**  
  What is it? What does it do and can it help me?  
  4 March 2022

- **Assistive Technology**  
  What's available, How to choose it, How to fund it  
  11 March 2022

- **Medical Debt and Charity Care**  
  Income-Eligible Programs for Emergency Medical Care Expenses  
  18 March 2022

- **Applying for Social Security Disability**  
  Eligibility, Application process, Cash and health benefits, and Returning to farming  
  25 March 2022

**Register Today!**


Join us for all webinars or choose the sessions that look most interesting!

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Register Today! The live link is https://bit.ly/Agrability2022
The Snoqualmie Valley Evergreen 4-H Club’s Rabbit Show will be held on March 5, 2022 at the Evergreen State Fairgrounds, Monroe, Washington, at 9:00 am.

Rabbit Health Check and Registration starts at 8:00 am.

The full show catalog can be accessed for download via the QR code above, or by clicking the link HERE.
Join us as we honor Black History Month and celebrate our trailblazing youth, alumni, volunteers and supporters who are making an impact through 4-H every day. Visit the blog to learn more about this month’s featured trailblazers.

**LEARN MORE**

![National 4-H Council Logo]

**APPLY FOR THE 2023 YOUTH IN ACTION AWARDS**

Applications are now open for the 2023 4-H Youth in Action Awards! Now is the chance for 4-Hers ages 15-19 to tell their 4-H story of impact, leadership, and purpose. Learn more about the application process and set your calendars to apply by March 28, 2022.

**APPLY NOW!**

![4-H Youth in Action Logo]
The current COVID surge and omicron variant have introduced new complexities as states begin to plan their travel to and participation in the National 4-H Healthy Living Summit, scheduled for February 10-13, 2022. After consulting with Extension leadership and the Healthy Living Summit planning team, Council has postponed the National 4-H Healthy Living Summit to April 21-24, 2022. The deadline to register has been extended to April 4, 2022. Any participant currently registered for the Summit who is unable to attend during the new April dates will receive a full refund.
Thanks to HughesNet, you’ll have the perfect activity for National Engineer’s Week coming up on February 20 – 26. Visit 4-H at Home for the latest Space Exploration quest into deep space. Join the team of fearless scientists as they prepare to sustain life beyond Earth.

GET STARTED
State 4-H Ambassadors Announce 4-H Youth of the Month for January!

The Washington State 4-H Ambassadors recognize the 4-H Youth of the Month honoree for January, Anna Hansen of Skagit County! The Ambassadors are proud to highlight 4-H youth monthly throughout the year!

Anna Hansen

What 4-H has taught you: Responsibility, Anna feels a lot more organized because of 4-H.

Future Career: Anna wants to have a career in genetics.

Favorite 4-H Experience: Anna remembers the older members in the program helping her, and now she is doing the same for younger members.

Next Project: Anna wants to raise a Dairy Cow because her neighbor owns a dairy farm.

Best 4-H Achievement: Anna was once featured in her local newspaper for winning Grand Champion and being an all around amazing kid.

REMINDER! Save the Date: Washington State Junior Horse Show!

2022 Washington State Junior Horse Show

4-H Show June 24-26 | Open Show June 25-26
Sue Sultze Ranch Horse Clinic June 23

Buckles and Premium Money will be awarded!

For updates, please visit https://extension.wsu.edu/yakima/4-h/4-h-events/4-h-horse-events/

Want to be involved? Contact Kim at ms.berly@yahoo.com
The Environmental Protection Agency (EPA) has launched the “Companies Crushing Pollution” Video Challenge. EPA will award a total of $50,000 in prize money through the video challenge. The Challenge invites high school and college students and others including people who live near industrial facilities to create videos illustrating how businesses in the U.S. are reducing toxic chemical releases through innovative pollution prevention (P2) practices, and by having a positive impact on the environment and communities. Participants have a chance to win up to $5,000. All videos must be submitted by March 1, 2022.

The recorded webinar that discusses challenge logistics and rules can be found at https://youtu.be/mVoMxtQha4Y

Challenge Website: https://www.epa.gov/toxics-release-inventory-tri-program/companies-crushing-pollution-video-challenge

TRI P2 Search Tool Website: https://www3.epa.gov/enviro/facts/tri/p2.html

Quick Facts on the Challenge:

**Eligibility**
- Students: high school (grades nine -12) or college/university
- Other members of the public (those living close to a TRI facility)
- Must live in the United States or U.S. Territories
- Participants may be an individual or a team

**Timing**
Submissions accepted: December 1, 2021 – March 1, 2022

Review of submissions: March – May 2022
Prizes awarded: Late May/Early June 2022

Prizes

EPA will award a total of $50,000 in prize money to multiple participants as outlined below:

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<th>1st Place (1 award)</th>
<th>2nd Place (1 award)</th>
<th>3rd Place (2 awards)</th>
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4-H Scholarship Applications Open January 1

Attention 12th grade 4-Hers!

The WSU 4-H Scholarship Applications will open on January 1, 2022. There are a variety of scholarship available! The deadline to apply is March 15, 2022.

Like last year, the scholarships are available to all approved 12th grade 4-Hers who have accumulated at least 2 years of 4-H participation. An applicant must have an approved 4-H enrollment prior to the application deadline.

Please note that the supplemental documents required for the application (resume, essay, letters of recommendation, and academic transcripts) must be combined into a single PDF file before uploading to 4-H Online. The scholarship requirements as well as instructions on how to apply can be found at [http://extension.wsu.edu/4h/youth/scholarship-opportunities/](http://extension.wsu.edu/4h/youth/scholarship-opportunities/)
Questions regarding the requirements or scholarships themselves, should be directed to Britta Nitcy (nitcy@wsu.edu).

COVID-19 RESOURCES

4-H UPDATE – GOVERNOR INSLEE’S VACCINATION PROCLAMATION

Announcement Revised September 7, 2021

Governor Jay Inslee issued a health and safety proclamation on August 20, 2021, in response to a continued state of emergency that exists in all counties due to the Covid-19 pandemic. The health and safety proclamation, as ordered by the Governor, includes employees, contractors and volunteers engaged in activities with state agencies and in educational settings. Therefore, WSU (including WSU Extension and the 4-H program) is required to comply with Governor Inslee’s recent vaccination proclamation directives.

With regard to volunteers, below are a series of references, deadlines and explanations that provide further details.

- **The Proclamation (21-14.1) can be found** HERE.
- **Deadline:** All current WSU Volunteers are required to be fully vaccinated or exempted by October 18th. Volunteers who are not fully vaccinated or who do not have an approved exemption on file by October 18 will be put on inactive status. They will not be able to engage in any volunteer activities with WSU Extension until proof of full vaccination can be observed or until an exemption request has been reviewed.
- **Proof of vaccination:** Contact your local 4-H office for information on how to share proof of your vaccination status.
- **Exemption process:** The state-level exemption process (for religious or medical reasons) can be found at https://extension.wsu.edu/volunteer-exemption/

More information on WSU’s Vaccination Policy is available on the web at https://extension.wsu.edu/vaccination-policy/.

Questions regarding WSU’s Vaccination Policy can be directed via e-mail to extension.vaccinepolicy@wsu.edu

COVID-19 HEALTH AND SAFETY PROTOCOLS

All other protocols for health and safety remain in effect and should be followed.
The Washington State 4-H Youth Development Program policy is referencing requirements set forth by the Washington State Department of Health’s K-12 COVID-19 Requirements for Summer 2021 and the 2021-2022 School Year document. WHILE INDOORS, EVERYONE IS REQUIRED TO WEAR MASKS, REGARDLESS OF VACCINATION STATUS. This policy is required to protect the safety of all and to model the behavior for youth, who are still required to wear masks.

If an activity is conducted outdoors, it is now required that masks be worn in any outdoor setting involving 500 or more people. People should continue to practice physical distancing of at least six feet whenever possible.

Your county may have more protective protocols in place. County protocols supersede the information presented here. Please contact your local County Extension 4-H Office with any questions.

The Washington State Department of Health released a recap of recent COVID-19 news and updates on September 7, 2021. It is available by clicking HERE.

A Reminder: COVID-19 Resources Available from WSU Extension

The WSU Extension COVID-19 Updates and Resources page is updated as new information becomes available. The Link to the page is https://extension.wsu.edu/covid-19/

WASHINGTON STATE RESOURCE GUIDE FOR PARENTS AND CAREGIVERS: Caring for Your Family During COVID-19

The Washington State Department of Children, Youth and Families has created a resource for parents during COVID-19. The WASHINGTON STATE RESOURCE GUIDE FOR PARENTS AND CAREGIVERS: Caring for Your Family During COVID-19 was developed to help parents and their families navigate the pandemic and the days to follow.

The publication is available at https://www.dcyf.wa.gov/sites/default/files/pubs/FS_0039.pdf