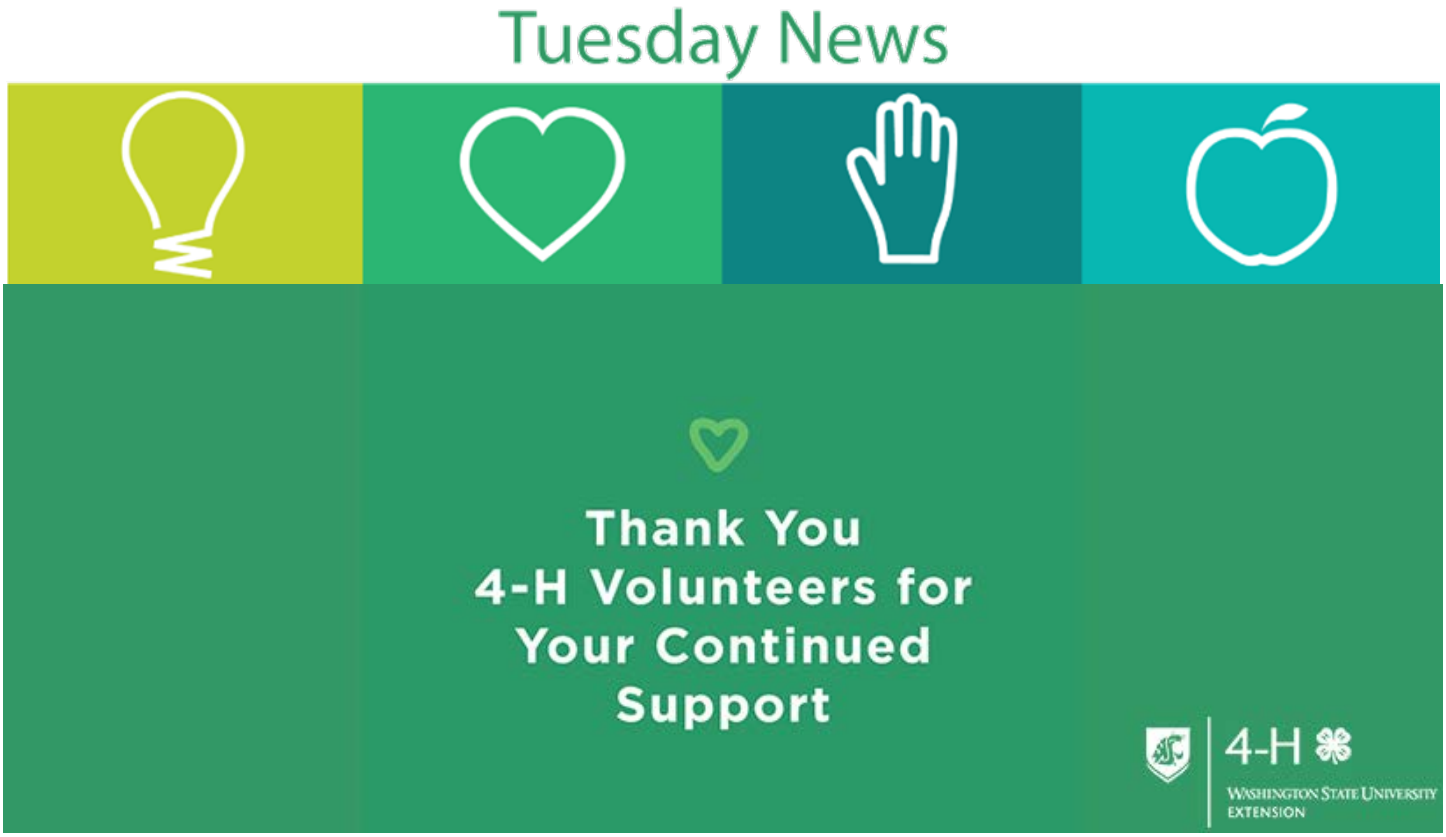

Tuesday News – October 12, 2021

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4-H UPDATE – GOVERNOR INSLEE'S VACCINATION PROCLAMATION

Announcement Revised September 7, 2021

Governor Jay Inslee issued a health and safety proclamation on August 20, 2021, in response to a continued state of emergency that exists in all counties due to the Covid-19 pandemic. The health and safety proclamation, as ordered by the Governor, includes employees, contractors and volunteers engaged in activities with state agencies and in educational settings. **Therefore, WSU (including WSU Extension and the 4-H program) is required to comply with Governor Inslee's recent vaccination proclamation directives.**

With regard to volunteers, below are a series of references, deadlines and explanations that provide further details.

- **The Proclamation (21-14.1) can be found HERE.**
- **Deadline:** All current WSU Volunteers are required to be fully vaccinated or exempted by October 18th. Volunteers who are not fully vaccinated or who do not have an approved exemption on file by October 18 will be put on inactive status. They will not be able to engage in any volunteer activities with WSU Extension until proof of full vaccination can be observed or until an exemption request has been reviewed.
- **Proof of vaccination:** WSU Extension will announce a county-level process for observing & recording documentation of vaccination status for volunteers.
- **Exemption process:** WSU Extension will seek to implement a state-level exemption process (for religious or medical reasons) for volunteers and will announce details on that process shortly.

More information on WSU's Vaccination Policy is available on the web at **https://extension.wsu.edu/vaccination-policy/**.

Questions regarding WSU's Vaccination Policy can be directed via e-mail to **extension.vaccinepolicy@wsu.edu**

COVID-19 HEALTH AND SAFETY PROTOCOLS

All other protocols for health and safety remain in effect and should be followed. The Washington State 4-H Youth Development Program policy is referencing requirements set forth by the Washington State Department of Health's K-12 COVID-19 Requirements for Summer 2021 and the 2021-2022 School Year document. WHILE INDOORS, EVERYONE IS REQUIRED TO WEAR MASKS, REGARDLESS OF VACCINATION STATUS. This policy is required to protect the safety of all and to model the behavior for youth, who are still required to wear masks.

If an activity is conducted outdoors, it is now required that masks be worn in any outdoor setting involving 500 or more people. People should continue to practice physical distancing of at least six feet whenever possible.

Your county may have more protective protocols in place. County protocols supersede the information presented here. Please contact your local County Extension 4-H Office with any questions.

The Washington State Department of Health released a recap of recent COVID-19 news and updates on September 7, 2021. It is available by clicking **HERE**.

Yakima County Extension Partners With Local Vet to Host Outdoor Vaccination Clinic for Rabbit Hemorrhagic Disease

Yakima County WSU Extension is partnering with local veterinarian Dr. Young to host an outdoor vaccination clinic for Rabbit Hemorrhagic Disease on Saturday, October 16th at the WSU Extension Office parking lot. This disease is highly contagious and fatal for rabbits.

Dr. Young and staff will be available from 8;00 a.m. to 1;00 p.m. to vaccinate and tattoo your rabbits. Pre-registration is required due to the time-sensitive nature of the vaccine. A link to the registration form is included below. The cost is $20 per rabbit to cover the cost of the vaccine and $2 for the tattoo.

Click https://form.jotform.com/212555073922050 to register!

The WSU Yakima County Extension Office is located at 2403 S. 18th St, Union Gap WA 98903

Saturday, October 16th, 2021

8am to 1pm

At the WSU Extension Parking Lot

2403 S. 18th St

Union Gap, WA 98903

$20 per vaccine covers the cost of the vaccine

An additional $2 each rabbit tatooed

Register to Vaccinate here:

https://form.jotform.com/212555073922050

USDA info sheet on Rabbit Hemorrhagic Disease can be found here:

https://www.aphis.usda.gov/pub.../animal_health/fs-rhdv2.pdf

Visit the 4-H Rabbit Project Booth while your rabbits are vaccinated! A fun quick craft will be available for each child.

Results of the Washington State COVID-19 Student Survey are Now Available

Results of the Washington State COVID-19 Student Survey are now available. The COVID-19 Student Survey was an anonymous online survey administered to students at participating Washington schools in 6th through 12th grades in March of 2021. The survey was developed to capture the thoughts, feelings, and behaviors of students during the COVID-19 pandemic to help school leaders in their planning and student support programming (particularly for Fall 2021).

The aggregate statewide summary of results from participating schools/students is available in a statewide middle school report and a statewide high school report. Topic summaries have been prepared across several important domains of student functioning and are intended to provide an insight into how different demographic groups were affected during the pandemic. These summaries are available for middle school and high school students separately. These reports include worries related to COVID-19, substance use and mental health, and school experiences.

Links to the aggregate summaries, as well as the topic summaries, can be found by clicking the following link:
https://csswashington.org/

Tools For Supporting Emotional Wellbeing in Children and Youth Are Now Available from the National Academies of Sciences, Engineering, and Medicine

While fewer children and youth have been sick with COVID-19 compared to adults, the COVID-19 pandemic has still had a major impact on their lives. Though typically resilient to everyday stressors, children and youth are dealing with new challenges due to COVID-19, like social distancing, changes to their routines, and a lost sense of security and safety, making them especially vulnerable to feeling stressed, anxious, or depressed.

The National Academies of Sciences, Engineering, and Medicine has developed tools to support emotional well-being in children and youth. The tools on the webpage were created to teach skills that can help children and youth cope with some of the challenges associated with the pandemic, such as:

- Changes in their routines
- Breaks in continuity of learning
- Breaks in continuity of health care
- Missed significant life events
- Lost security and safety

The tools can be accessed by clicking the following link:
https://www.nap.edu/resource/other/dbasse/wellbeing-tools/interactive/?ct=t(wellbeing-tools-announcement)

The National Academies of | SCIENCES ENGINEERING MEDICINE

From National 4-H Council….

TRACTOR SUPPLY COMPANY FALL PAPER CLOVER CAMPAIGN CONTINUES!

Since 2010, Tractor Supply has partnered with 4-H to help create Opportunity4All and raise more than $14 million through the Paper Clover campaign. The success of these campaigns has impacted over 81,500 youth by providing them with the tools and resources they need to move forward and reach their full potential.

100 percent of funds raised through the bi-annual Paper Clover campaign directly benefits 4-H youth. 90 percent of donations directly support 4-H youth in the state where the funds were raised, and the remaining 10 percent supports the overall mission and growth of 4-H nationally. Starting tomorrow, October 6 through October 17, visit your local Tractor Supply Co. to purchase a Paper Clover.

PLEASE NOTE! Due to the recent uptick in COVID cases, Tractor Supply Company is not allowing kids in-store for the Fall Paper Clover. There are a few cases select places where parking lot events are still allowed, but that's on a case-by-case basis in partnership with the local store manager. As always, you should follow your local 4-H program policies.

CLICK HERE TO LEARN MORE ABOUT THE TRACTOR SUPPLY – 4-H PARTNERSHIP!

NATIONAL 4-H COUNCIL

CONGRATULATIONS TO THE 2022 YOUTH IN ACTION WINNERS!

National 4-H Council is proud to announce the 2022 Youth in Action Pillar winners: Tashina Red Hawk (Agriculture, sponsored by Bayer), Brianna Attey Mouanjo (Civic Engagement), Kristin Osika (Healthy Living), and Dhruv Rebba (STEM, sponsored by HughesNet)!

4-H is proud to share the diverse stories and unique perspectives of 4-H'ers who are leaders in their communities. 4-H Youth in Action Award winners come from

every corner of America and are impacting their local communities in astounding ways. Check out the 2022 4-H Youth in Action Award winner and finalists, as well as past award winners, by clicking below!

LEARN MORE!

State 4-H Ambassadors Introduce 4-H Youth of the Month Campaign!

The Washington State 4-H Ambassadors are starting a campaign to select a 4-H Youth of the Month from each Washington State county and tribal 4-H program. These 4-H members will be recognized for their hard work throughout the year. The initial honoree, for the month of September, is Elian Bayas of San Juan County. The Ambassadors will be expanding the program to highlight various youth monthly throughout the year!

ELIAN BAYAS

Favorite part about 4-H: Working with Animals & Friends, Elian enjoys helping friends with their animals.

What 4-H has taught you: A lot of things by trial and error, especially with chickens, learning how to feed them and make sure they don't die

Favorite Ice Cream: Rocky Road

Favorite 4-H experience: One time going to the Champion Showmanship round and getting to work with a guinea pig and a rat

Next Project: Market steer. Elian believes that a Market Steer is the height of all 4-H livestock projects

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4-H International Exchange Program Begins Recruitment for Summer 2022 Season

The States' 4-H International Exchange Program is beginning the new Outbound recruitment season for summer 2022, and they have partnered with seven amazing countries (Argentina, Costa Rica, Japan, Korea, Norway, Romania, and Taiwan), who are ready to share their homes and culture with our youth! After the lull in 2020 and 2021, with delegates unable to travel due to the pandemic, States' 4-H is hopeful the summer of 2022 will be a dynamic and immersive experience for all.

A general flyer describing the program with country information can be found by clicking **HERE**. An information sheet with dates and program cost breakdowns can be found by clicking **HERE**. Families can apply directly for the Outbound Program from the following link: **https://smr.to/p71518** . This link can also be found on the Outbound Program Information and cost PDF documents.

Informative flyers Have been created for each host country. Contact your County Extension 4-H office, or International Exchange Coordinator Sadie Williams at **sadie.williams@wsu.edu** for more information.

The vaccination policy for States' Exchange is posted below. This policy is ever changing and fluid, which means it could be updated at any time: States' 4-H strongly recommends that all students and chaperones receive vaccinations, but that at this time COVID vaccinations are not required by States' 4-H. However, this policy could change in the future and either States' 4-H, airlines, or international partners may require vaccines to travel/participate in the future.

- **Coronavirus health and safety guidelines will continue to evolve throughout the year, and are subject to local, state, and national health policies and restrictions**
- **We are having ongoing discussions with international partners to establish COVID-19 policies and procedures that prioritize the health, safety, and well-being of our travelers throughout their international exchange. These full guidelines will be shared later this Fall.**
- **States' 4-H follows travel guidelines and recommendations issued by the Center for Disease control and U.S. Department of State.**

States' 4-H International will also be hosting students through the summer Inbound Program. Information and flyers regarding the Inbound Programs will be shared soon for any families interested in hosting an exchange student.

The States' 4-H Exchange Page with more information can be found here: **States' 4-H International Exchange Programs (states4hexchange.org)**

We hope this will be a very exciting summer where travel will again be a safe and fun experience!

State 4-H Advisory Board Meeting Minutes are Now Available

The Washington State 4-H Advisory Board meeting minutes are now available for viewing for the following dates:

March 11, 2021 – Executive Meeting Minutes
March 12, 2021 – Minutes
May 14, 2021 – Minutes
June 4, 2021 – Minutes
July 9, 2021 – Minutes

Other minutes and information can be found at https://extension.wsu.edu/4h/state-advisory-board/

Register for “Facilitate the Awesome!” Sessions Scheduled for November!

Facilitate the Awesome! - Live Registration Link: https://tinyurl.com/ftasbfta

Join the 4-H Fair Board! Apply by December1st!!

It was a warm Sunday afternoon with a slight breeze. The public presentation about how to clean a saddle had just ended and the annual 4-H Fashion Revue was about to begin. You could hear the sheep bleating in the distance and the cows mooing. Record times were being displayed as the horse gamers completed their runs.

These are just a few of the activities put together by the State 4-H Fair Board under the leadership of Tom Gwin, 4-H Fair Manager. The State 4-H Fair operates within the Washington State Fair in Puyallup every year during the month of September. The fair board works all year to provide our youth a venue to showcase the results of their year-long efforts and hard work with their 4-H projects.

The Fair Board's goal is to provide a memorable and positive experience for all our state 4-H youth. Putting on a successful fair is a huge undertaking, and this year was particularly challenging with COVID and the constantly changing policies to keep our youth safe. But seeing them reach their goals and feel the reward of achievement made it all worthwhile!

If this kind of challenge and undertaking sounds interesting to you as a volunteer or leader, consider joining our board either as a one-year appointee or a full three-year member. Applications may be found on our WSU 4-H website. Applications are due by December 1 to the Washington State 4-H Fair, PO Box 1225, Puyallup WA 98371.

Join the Virtual 4-H Knitting Club – It'll Keep You In Stitches!

Have you always wanted to learn to knit or is your knitting project now in a bag because you don't understand the directions? Join the statewide Virtual 4-H Knitting Club! Whatever your skill level, we will meet you there on Zoom.

The first two meetings will be lessons on beginning knitting. An email will be sent to you with supplies you will need to complete the lessons.

When: Oct 9 and 23, 2021 12:00 PM Pacific Time (US and Canada)

Register in advance for this meeting:
https://wsu.zoom.us/…/tJIpcOiorjMtGtG_Bqbe12XXFOwazPsuM9Zp

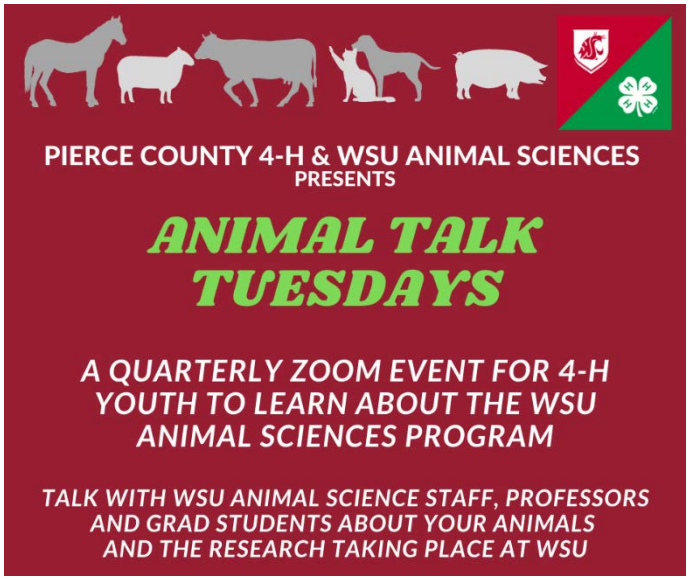
Then we will offer monthly knitting meetings. The first one will be on a Tuesday evening but at that time we will evaluate what works for the group and may change times and dates. This is your opportunity to continue knitting what we started in class or bring something you are struggling with.

When: Nov 9, 2021 06:30 PM Pacific Time (US and Canada)

Register in advance for this meeting:
https://wsu.zoom.us/…/tJYvcu-qqT4rHt251lG89rtnktnD2lGMG4lB

Knit for Fun, Knit for Pleasure, Knit for LIFE!

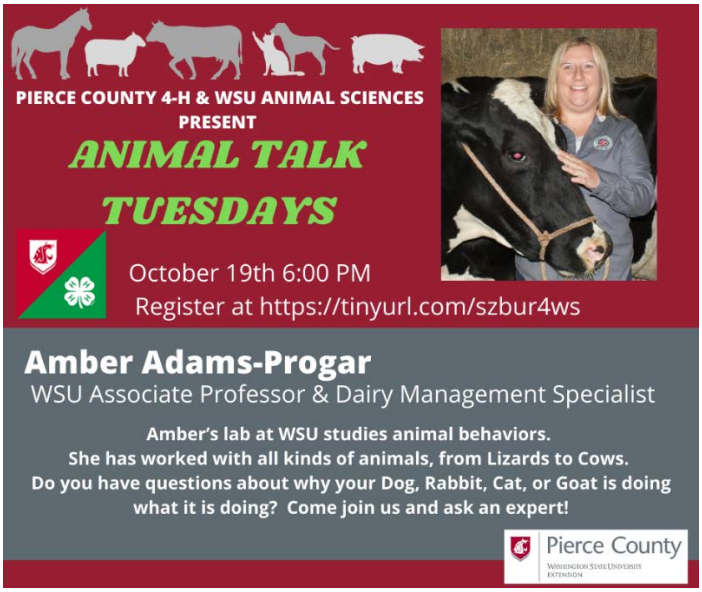
Pierce County 4-H and the WSU Animal Sciences Program Present Animal Talk Tuesdays!



Pierce County 4-H and the WSU Animal Sciences Program are collaborating on a new series called **Animal Talk Tuesdays!**

These talks are a new quarterly series for 4-H youth to learn about WSU Animal Sciences. This series will feature Staff, Professors and Grad Students from WSU Animal Sciences showing where they work and what they are researching. We will also have questions and answer time so 4-H youth can ask the experts about their animals or what it is like to study Animal Sciences at WSU. Hope you can join us! Stay tuned for future dates.

The first session is scheduled for **October 19th from 6:00 to 7:00 PM,** featuring Amber Adams-Progar, WSU Associate Professor, who will discuss her work on Animal Behavior.



Register now to get your Zoom link and to get access to the recorded program if you can't attend the live sessions.

Registration link – https://tinyurl.com/szbur4ws

The Upcoming Animal Talk Tuesdays Schedule:

October 19th with Amber Adams-Progar, WSU Associate Professor who will discuss her work on Animal Behavior.

January 18th with Michael Phelps, WSU Assistant Professor and his work with Aquaculture (the breeding, rearing, and harvesting of fish).

April – Date and speaker confirmation to be announced soon!

July 19th will feature a WSU Animal Sciences Graduate Student Roundtable – Learn about how WSU students chose their area of study and what they love about their work.

Mark your calendars for the

Volunteer Recognition Virtual Celebration!

On **Saturday, October 30th** at 3:00 pm, we will celebrate YOU! Join us for a virtual celebration of our volunteers from around the state. We'll meet via Zoom.

Join Zoom Meeting
https://us02web.zoom.us/j/86026377260?pwd=RFUxbGtsWWUySXZGTVREU2tCY0hGZz09

Meeting ID: 860 2637 7260
Passcode: 939179

One tap mobile
+12532158782,,86026377260#,,,,*939179# US (Tacoma)
+14086380968,,86026377260#,,,,*939179# US (San Jose)
Dial by your location
+1 253 215 8782 US (Tacoma)
Meeting ID: 860 2637 7260
Passcode: 939179
Find your local number: https://us02web.zoom.us/u/kbpAmN4o49

Join the State 4-H Advisory Board!

State Advisory Board is a place to share ideas in the 4-H world. Adult and teen positions are available from all four districts around the state. Apply today!

Application deadline has been extended to October 1st. Applications can be found here: **https://extension.wsu.edu/4h/state-advisory-board/**

COVID-19 RESOURCES

A Reminder: COVID-19 Resources Available from WSU Extension

The WSU Extension COVID-19 Updates and Resources page is updated as new information becomes available. The Link to the page is **https://extension.wsu.edu/covid-19/**

WASHINGTON STATE RESOURCE GUIDE FOR PARENTS AND CAREGIVERS: Caring for Your Family During COVID-19

The Washington State Department of Children, Youth and Families has created a resource for parents during COVID-19. The WASHINGTON STATE RESOURCE GUIDE FOR PARENTS AND CAREGIVERS: Caring for Your Family During COVID-19 was developed to help parents and their families navigate the pandemic and the days to follow.

The publication is available at **https://www.dcyf.wa.gov/sites/default/files/pubs/FS_0039.pdf**