Tuesday News – October 5, 2021

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Features

4-H UPDATE – GOVERNOR INSLEE’S VACCINATION PROCLAMATION

Announcement Revised September 7, 2021

Governor Jay Inslee issued a health and safety proclamation on August 20, 2021, in response to a continued state of emergency that exists in all counties due to the Covid-19 pandemic. The health and safety proclamation, as ordered by the Governor, includes employees, contractors and volunteers engaged in activities with state agencies and in educational settings. **Therefore, WSU (including WSU Extension and the 4-H program) is required to comply with Governor Inslee’s recent vaccination proclamation directives.**

With regard to volunteers, below are a series of references, deadlines and explanations that provide further details.

- **The Proclamation (21-14.1) can be found** [HERE](#).
- **Deadline:** All current WSU Volunteers are required to be fully vaccinated or exempted by October 18th. Volunteers who are not fully vaccinated or who do not have an approved exemption on file by October 18 will be put on inactive status. They will not be able to engage in any volunteer activities with WSU Extension until proof of full vaccination can be observed or until an exemption request has been reviewed.
- **Proof of vaccination:** WSU Extension will announce a county-level process for observing & recording documentation of vaccination status for volunteers.
- **Exemption process:** WSU Extension will seek to implement a state-level exemption process (for religious or medical reasons) for volunteers and will announce details on that process shortly.

More information on WSU’s Vaccination Policy is available on the web at [https://extension.wsu.edu/vaccination-policy/](https://extension.wsu.edu/vaccination-policy/).
Questions regarding WSU’s Vaccination Policy can be directed via e-mail to extension.vaccinepolicy@wsu.edu

COVID-19 HEALTH AND SAFETY PROTOCOLS

All other protocols for health and safety remain in effect and should be followed. The Washington State 4-H Youth Development Program policy is referencing requirements set forth by the Washington State Department of Health’s K-12 COVID-19 Requirements for Summer 2021 and the 2021-2022 School Year document. WHILE INDOORS, EVERYONE IS REQUIRED TO WEAR MASKS, REGARDLESS OF VACCINATION STATUS. This policy is required to protect the safety of all and to model the behavior for youth, who are still required to wear masks.

If an activity is conducted outdoors, it is now required that masks be worn in any outdoor setting involving 500 or more people. People should continue to practice physical distancing of at least six feet whenever possible.

Your county may have more protective protocols in place. County protocols supersede the information presented here. Please contact your local County Extension 4-H Office with any questions.

The Washington State Department of Health released a recap of recent COVID-19 news and updates on September 7, 2021. It is available by clicking HERE.

From National 4-H Council….  

HAPPY NATIONAL 4-H WEEK!  
Find Your Spark!

Where will you find your spark? Explore the possibilities during National 4-H Week, coming October 3 through 9! This important week provides a platform to highlight the remarkable 4-H youth in our communities and showcase the incredible experiences that 4-H offers young people!
Since 2010, Tractor Supply has partnered with 4-H to help create Opportunity4All and raise more than $14 million through the Paper Clover campaign. The success of these campaigns has impacted over 81,500 youth by providing them with the tools and resources they need to move forward and reach their full potential.

100 percent of funds raised through the bi-annual Paper Clover campaign directly benefits 4-H youth. 90 percent of donations directly support 4-H youth in the state where the funds were raised, and the remaining 10 percent supports the overall mission and growth of 4-H nationally. Starting tomorrow, October 6 through October 17, visit your local Tractor Supply Co. to purchase a Paper Clover.

PLEASE NOTE! Due to the recent uptick in COVID cases, Tractor Supply Company is not allowing kids in-store for the Fall Paper Clover. There are a few cases select places where parking lot events are still allowed, but that’s on a case-by-case basis in partnership with the local store manager. As always, you should follow your local 4-H program policies.

CLICK HERE TO LEARN MORE ABOUT THE TRACTOR SUPPLY – 4-H PARTNERSHIP!
CONGRATULATIONS TO THE 2022 YOUTH IN ACTION WINNERS!

National 4-H Council is proud to announce the 2022 Youth in Action Pillar winners: Tashina Red Hawk (Agriculture, sponsored by Bayer), Brianna Attey Mouanjo (Civic Engagement), Kristin Osika (Healthy Living), and Dhruv Rebba (STEM, sponsored by HughesNet)!

4-H is proud to share the diverse stories and unique perspectives of 4-H’ers who are leaders in their communities. 4-H Youth in Action Award winners come from every corner of America and are impacting their local communities in astounding ways. Check out the 2022 4-H Youth in Action Award winner and finalists, as well as past award winners, by clicking below!

LEARN MORE!

You’re invited! Join the Youth to Power 4-H Book Club!

4-H youth and friends ages 14-18 and 19-25, join us in reading and discussing Jamie Margolin’s 2020 book, “Youth to Power”. This virtual book club, led by 4-H teens, will discuss strategies for youth activism as well as explore climate change and its intersections with race, class and gender.

The book club for ages 14-18 meets Mondays, 5:30 – 6:30 PST From Oct.11 through Nov.15.

The book club for ages 19-25 meets Sundays, 5:30-6:30 PST From October 10 through November 14.

A free copy of the book will be mailed to you after registering.

Register at wa4hteenequity.weebly.com

Thank you!
REGISTER AT
WA4HTEENEQUITY.WEEBLY.COM

4-H BOOK CLUB

OCT. 10- NOV. 15

YOUTH TO POWER
YOUR VOICE AND HOW TO USE IT
JAMIE MARGOLIN

ages 14-18
MONDAYS 5:30-6:30

ages 19-25
SUNDAYS 5:30-6:30

Sponsored by
WA State 4-H Teen Equity & Inclusion Task Force
Rainbow Over the Rockies, Montana State University
State 4-H Ambassadors Introduce 4-H Youth of the Month Campaign!

The Washington State 4-H Ambassadors are starting a campaign to select a 4-H Youth of the Month from each Washington State county and tribal 4-H program. These 4-H members will be recognized for their hard work throughout the year. The initial honoree, for the month of September, is Elian Bayas of San Juan County. The Ambassadors will be expanding the program to highlight various youth monthly throughout the year!

**ELIAN BAYAS 🌷🌷🌷**

- **Favorite part about 4-H**: Working with Animals & Friends, Elian enjoys helping friends with their animals.
- **What 4-H has taught you**: A lot of things by trial and error, especially with chickens, learning how to feed them and make sure they don’t die.
- **Favorite Ice Cream**: Rocky Road
- **Favorite 4-H experience**: One time going to the Champion Showmanship round and getting to work with a guinea pig and a rat.
- **Next Project**: Market steer. Elian believes that a Market Steer is the height of all 4-H livestock projects.
The States’ 4-H International Exchange Program is beginning the new Outbound recruitment season for summer 2022, and they have partnered with seven amazing countries (Argentina, Costa Rica, Japan, Korea, Norway, Romania, and Taiwan), who are ready to share their homes and culture with our youth! After the lull in 2020 and 2021, with delegates unable to travel due to the pandemic, States’ 4-H is hopeful the summer of 2022 will be a dynamic and immersive experience for all.

A general flyer describing the program with country information can be found by clicking [HERE](#). An information sheet with dates and program cost breakdowns can be found by clicking [HERE](#). Families can apply directly for the Outbound Program from the following link: [https://smr.to/p71518](https://smr.to/p71518). This link can also be found on the Outbound Program Information and cost PDF documents.

Informative flyers have been created for each host country. Contact your County Extension 4-H office, or International Exchange Coordinator Sadie Williams at [sadie.williams@wsu.edu](mailto:sadie.williams@wsu.edu) for more information.

The vaccination policy for States’ Exchange is posted below. This policy is ever changing and fluid, which means it could be updated at any time: States’ 4-H strongly recommends that all students and chaperones receive vaccinations, but that at this time COVID vaccinations are not required by States’ 4-H. However, this policy could change in the future and either States’ 4-H, airlines, or international partners may require vaccines to travel/participate in the future.
• Coronavirus health and safety guidelines will continue to evolve throughout the year, and are subject to local, state, and national health policies and restrictions
• We are having ongoing discussions with international partners to establish COVID-19 policies and procedures that prioritize the health, safety, and well-being of our travelers throughout their international exchange. These full guidelines will be shared later this Fall.
• States’ 4-H follows travel guidelines and recommendations issued by the Center for Disease control and U.S. Department of State.

States’ 4-H International will also be hosting students through the summer Inbound Program. Information and flyers regarding the Inbound Programs will be shared soon for any families interested in hosting an exchange student.

The States’ 4-H Exchange Page with more information can be found here: States’ 4-H International Exchange Programs (states4hexchange.org)

We hope this will be a very exciting summer where travel will again be a safe and fun experience!

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**State 4-H Advisory Board Meeting Minutes are Now Available**

The Washington State 4-H Advisory Board meeting minutes are now available for viewing for the following dates:

March 11, 2021 – Executive Meeting Minutes
March 12, 2021 – Minutes
May 14, 2021 – Minutes
June 4, 2021 – Minutes
July 9, 2021 – Minutes

Other minutes and information can be found at https://extension.wsu.edu/4h/state-advisory-board/
Register for “Facilitate the Awesome!” Sessions Scheduled for November!

Be an Amazing Resource to Teens:
Facilitate the Awesome!

FREE for new & continuing Adult 4-H Volunteers!

Fall 2021 Workshop Options:

**November 1, 3, 8, & 10**
“Mondays & Wednesdays”
1:00 – 3:00pm

**or**

**November 6 & 13**
“Saturdays”
10:00 – 3:00pm

*Facilitate the Awesome is a series of workshops intended to build important skills in adults who are helping teens achieve their highest potential.*

The workshops will cover:
- The What and Why of Positive Youth Development
- Adolescent Development: Implications of Current Research
- Empowering Teens: Motivating Teens with Positive Youth Development Models
- Key Elements of Teen Programming: How to Support Strengths-based Teamwork

Training includes experiential activities for different learning styles and models for virtual engagement.

**Registration:** [https://tinyurl.com/ftasbfta](https://tinyurl.com/ftasbfta)

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Extension programs and employment are available to all without discrimination. Evidence of noncompliance may be reported through your extension office. Reasonable accommodations will be made for persons with disabilities and special needs who contact the Washington State University Extension office at least 2 weeks prior to the event.

Facilitate the Awesome! - Live Registration Link: [https://tinyurl.com/ftasbfta](https://tinyurl.com/ftasbfta)
Join the 4-H Fair Board! Apply by December 1st!!

It was a warm Sunday afternoon with a slight breeze. The public presentation about how to clean a saddle had just ended and the annual 4-H Fashion Revue was about to begin. You could hear the sheep bleating in the distance and the cows mooing. Record times were being displayed as the horse gamers completed their runs.

These are just a few of the activities put together by the State 4-H Fair Board under the leadership of Tom Gwin, 4-H Fair Manager. The State 4-H Fair operates within the Washington State Fair in Puyallup every year during the month of September. The fair board works all year to provide our youth a venue to showcase the results of their year-long efforts and hard work with their 4-H projects.

The Fair Board’s goal is to provide a memorable and positive experience for all our state 4-H youth. Putting on a successful fair is a huge undertaking, and this year was particularly challenging with COVID and the constantly changing policies to keep our youth safe. But seeing them reach their goals and feel the reward of achievement made it all worthwhile!
If this kind of challenge and undertaking sounds interesting to you as a volunteer or leader, consider joining our board either as a one-year appointee or a full three-year member. Applications may be found on our WSU 4-H website. Applications are due by December 1 to the Washington State 4-H Fair, PO Box 1225, Puyallup WA 98371.

Reminder – Submit those miles for the Killeen Memorial Challenge!

We are coming to the end of the Sergeant First Class (SFC) Killeen Memorial 2021 4-H Summer Outdoor Challenge. 4-H members are encouraged to submit their outdoor adventure miles by Sunday, October 10, 2021 – This is an extended deadline! It isn't too late to submit your miles for hiking, biking, riding an equine, walking or paddling to receive recognition and be entered to win prizes. Special recognition for 25 miles, 50 miles, and 100 miles completed. Submit an outdoor challenge log and photographs documenting your adventures to be entered to win! You can still get outdoors with or without your 4-H project (dog, pack goat, equine, llama); take your camera and record your miles! The idea is to be physically active and enjoy the outdoors! Please – No ATV’s or other motorized recreational vehicles!

Washington State 4-H members and family members can participate! Simply do the following:
*Hike, bike, ride an equine, walk or paddle outdoors between June 19 to September 26, 2021.

*Keep track of your miles and take photographs of your adventures!


*Questions? please e-mail to tc4h@co.thurston.wa.us

Join the Virtual 4-H Knitting Club – It’ll Keep You In Stitches!

Virtual 4-H Knitting Club

**Beginning Knitting**
October 9 and 23, 2021 @ 12:00 p.m. PDT
For anyone new to knitting or needs a refresher.

**Sit & Knit With Your 4-H Leaders**
November 9, 2021 @ 6:30 p.m. PST
Ask questions, be encouraged, and get help with your knitting project.

For more information, contact Toni Gwin at pgwin@wsu.edu

Explore 4-H! #Opportunity4All

Have you always wanted to learn to knit or is your knitting project now in a bag because you don’t understand the directions? Join the statewide Virtual 4-H Knitting Club! Whatever your skill level, we will meet you there on Zoom.

The first two meetings will be lessons on beginning knitting. An email will be sent to you with supplies you will need to complete the lessons.

**When:** Oct 9 and 23, 2021 12:00 PM Pacific Time (US and Canada)
Register in advance for this meeting: https://wsu.zoom.us/…/tJIpcOiorjMtGtG_Bqbe12XXFOwazPsuM9Zp

Then we will offer monthly knitting meetings. The first one will be on a Tuesday evening but at that time we will evaluate what works for the group and may change times and dates. This is your opportunity to continue knitting what we started in class or bring something you are struggling with.

When: Nov 9, 2021 06:30 PM Pacific Time (US and Canada)

Register in advance for this meeting: https://wsu.zoom.us/…/tJYvcu-qqT4rHt2511G89rtnktuD2lG41B

Knit for Fun, Knit for Pleasure, Knit for LIFE!

Pierce County 4-H and the WSU Animal Sciences Program Present Animal Talk Tuesdays!

Pierce County 4-H and the WSU Animal Sciences Program are collaborating on a new series called Animal Talk Tuesdays!

These talks are a new quarterly series for 4-H youth to learn about WSU Animal Sciences. This series will feature Staff, Professors and Grad Students from WSU Animal Sciences showing where they work and what they are researching. We will also have questions and answer time so 4-H youth can ask the experts about their animals or what it is like to study Animal Sciences at WSU. Hope you can join us! Stay tuned for future dates.

The first session is scheduled for October 19th from 6:00 to 7:00 PM, featuring Amber Adams-Progar, WSU Associate Professor, who will discuss her work on Animal Behavior.
Register now to get your Zoom link and to get access to the recorded program if you can’t attend the live sessions.

Registration link – [https://tinyurl.com/szbur4ws](https://tinyurl.com/szbur4ws)

### The Upcoming Animal Talk Tuesdays Schedule:

**October 19th** with Amber Adams-Progar, WSU Associate Professor who will discuss her work on Animal Behavior.

**January 18th** with Michael Phelps, WSU Assistant Professor and his work with Aquaculture (the breeding, rearing, and harvesting of fish).

**April** – Date and speaker confirmation to be announced soon!

**July 19th** will feature a WSU Animal Sciences Graduate Student Roundtable – Learn about how WSU students chose their area of study and what they love about their work.
Mark your calendars for these upcoming events!

**State Council Meeting**

The annual State 4-H Council meeting will be held via Zoom on **Saturday, October 9th** at 3:00 pm. We would love to have you join us!

**Join Zoom Meeting**

https://us02web.zoom.us/j/86026377260?pwd=RFUxbGtsWWUySXZGTvREU2tCY0hGZz09

Meeting ID: 860 2637 7260
Passcode: 939179

One tap mobile
+12532158782,,86026377260#,,,*939179# US (Tacoma)
+14086380968,,86026377260#,,,*939179# US (San Jose)

Dial by your location
+1 253 215 8782 US (Tacoma)

Meeting ID: 860 2637 7260
Passcode: 939179
Find your local number: https://us02web.zoom.us/u/kbpAmN4o49

**Volunteer Recognition Virtual Celebration**

**Saturday, October 30th** at 3:00 pm, we will celebrate YOU! Join us for a virtual celebration of our volunteers from around the state. We’ll meet via Zoom.

**Join Zoom Meeting**

https://us02web.zoom.us/j/86026377260?pwd=RFUxbGtsWWUySXZGTvREU2tCY0hGZz09

Meeting ID: 860 2637 7260
Passcode: 939179

One tap mobile
+12532158782,,86026377260#,,,*939179# US (Tacoma)
+14086380968,,86026377260#,,,*939179# US (San Jose)

Dial by your location
+1 253 215 8782 US (Tacoma)
Meeting ID: 860 2637 7260
Passcode: 939179
Find your local number: https://us02web.zoom.us/u/kbpAmN4o49

**Join the State 4-H Advisory Board!**

State Advisory Board is a place to share ideas in the 4-H world. Adult and teen positions are available from all four districts around the state. Apply today!
Application deadline has been extended to October 1st. Applications can be found here: https://extension.wsu.edu/4h/state-advisory-board/

COVID-19 RESOURCES

A Reminder: COVID-19 Resources Available from WSU Extension

The WSU Extension COVID-19 Updates and Resources page is updated as new information becomes available. The Link to the page is https://extension.wsu.edu/covid-19/

WASHINGTON STATE RESOURCE GUIDE FOR PARENTS AND CAREGIVERS: Caring for Your Family During COVID-19

The Washington State Department of Children, Youth and Families has created a resource for parents during COVID-19. The WASHINGTON STATE RESOURCE GUIDE FOR PARENTS AND CAREGIVERS: Caring for Your Family During COVID-19 was developed to help parents and their families navigate the pandemic and the days to follow.

The publication is available at https://www.dcyf.wa.gov/sites/default/files/pubs/FS_0039.pdf