

# Tuesday News



**Thank You  
4-H Volunteers for  
Your Continued  
Support**



WASHINGTON STATE UNIVERSITY  
EXTENSION

## Tuesday News – September 21, 2021

### CONTENTS

### FEATURES

- 4-H UPDATE – Governor Inslee’s Vaccination Proclamation - Announcement Revised September 7, 2021
- Reminder – Submit those miles for the Killeen Memorial Challenge! **>NEW! REVISED!<**
- Join the Virtual 4-H Knitting Club – It’ll Keep You In Stitches! **>NEW!<**
- From National 4-H Council....**FIND YOUR SPARK DURING NATIONAL 4-H WEEK! >NEW!<**
- Registration for the 2021 4-H STEM Summit: Galactic Quest Is Open Now! GET \$5 OFF 4-H STEM CHALLENGE KITS!
- From National 4-H Council.... 4-H AUDITIONS FOR AMERICAN IDOL ARE NOW OPEN!
- Pierce County 4-H and the WSU Animal Sciences Program Present Animal Talk Tuesdays!
- SAVE THESE DATES! Mark your calendars for these upcoming events!
- Washington State 4-H Fair Update On Covid-19 Protocols From Fair Manager Tom Gwin

### COVID-19 RESOURCES

- A Reminder: COVID-19 Resources Available from WSU Extension
- WASHINGTON STATE RESOURCE GUIDE FOR PARENTS AND CAREGIVERS: Caring for Your Family During COVID-19

---

## Features

---

### 4-H UPDATE – GOVERNOR INSLEE’S VACCINATION PROCLAMATION

Announcement Revised September 7, 2021

Governor Jay Inslee issued a health and safety proclamation on August 20, 2021, in response to a continued state of emergency that exists in all counties due to the Covid-19 pandemic. The health and safety proclamation, as ordered by the Governor, includes employees, contractors and volunteers engaged in activities with state agencies and in educational settings. **Therefore, WSU (including WSU Extension and the 4-H program) is required to comply with Governor Inslee’s recent vaccination proclamation directives.**

With regard to volunteers, below are a series of references, deadlines and explanations that provide further details.

- **The Proclamation (21-14.1) can be found [HERE](#).**
- **Deadline:** All current WSU Volunteers are required to be fully vaccinated or exempted by October 18th. Volunteers who are not fully vaccinated or who do not have an approved exemption on file by October 18 will be put on inactive status. They will not be able to engage in any volunteer activities with WSU Extension until proof of full vaccination can be observed or until an exemption request has been reviewed.
- **Proof of vaccination:** WSU Extension will announce a county-level process for observing & recording documentation of vaccination status for volunteers.
- **Exemption process:** WSU Extension will seek to implement a state-level exemption process (for religious or medical reasons) for volunteers and will announce details on that process shortly.

More information on WSU’s Vaccination Policy is available on the web at <https://extension.wsu.edu/vaccination-policy/>.

Questions regarding WSU’s Vaccination Policy can be directed via e-mail to [extension.vaccinepolicy@wsu.edu](mailto:extension.vaccinepolicy@wsu.edu)

### COVID-19 HEALTH AND SAFETY PROTOCOLS

All other protocols for health and safety remain in effect and should be followed. The Washington State 4-H Youth Development Program policy is referencing requirements set forth by the Washington State Department of Health’s K-12

COVID-19 Requirements for Summer 2021 and the 2021-2022 School Year document. WHILE INDOORS, EVERYONE IS REQUIRED TO WEAR MASKS, REGARDLESS OF VACCINATION STATUS. This policy is required to protect the safety of all and to model the behavior for youth, who are still required to wear masks.

If an activity is conducted outdoors, it is now required that masks be worn in any outdoor setting involving 500 or more people. People should continue to practice physical distancing of at least six feet whenever possible.

**Your county may have more protective protocols in place. County protocols supersede the information presented here. Please contact your local County Extension 4-H Office with any questions.**

The Washington State Department of Health released a recap of recent COVID-19 news and updates on September 7, 2021. It is available by clicking [HERE](#).

## Reminder – Submit those miles for the Killeen Memorial Challenge!

WASHINGTON STATE UNIVERSITY EXTENSION

Hwy 101 Tunnel 2 Mi →  
Fort Clatsop 6 Mi →

**CAN YOU LOG 100 MILES IN 100 DAYS?  
FIFTY MILES IN 100 DAYS?  
TWENTY-FIVE MILES IN 100 DAYS?**

Washington State 4-H youth members are invited to participate in the Sergeant First Class (SFC) Killeen Memorial 4-H Summer Outdoor Challenge.  
Questions? [tc4h@co.thurston.wa.us](mailto:tc4h@co.thurston.wa.us)

We are coming to the end of the Sergeant First Class (SFC) Killeen Memorial 2021 4-H Summer Outdoor Challenge. 4-H members are encouraged to submit their outdoor adventure miles by Sunday, October 10, 2021 – This is an extended deadline! It isn't too late to submit your miles for hiking, biking, riding an equine, walking or paddling to receive recognition and be entered to win prizes. Special recognition for 25 miles, 50 miles, and 100 miles completed. Submit an

outdoor challenge log and photographs documenting your adventures to be entered to win! You can still get outdoors with or without your 4-H project (dog, pack goat, equine, llama); take your camera and record your miles! The idea is to be physically active and enjoy the outdoors! **Please – No ATV’s or other motorized recreational vehicles!**

Washington State 4-H members and family members can participate! Simply do the following:

\*Hike, bike, ride an equine, walk or paddle outdoors between June 19 to September 26, 2021.

\*Keep track of your miles and take photographs of your adventures!

\***Submit your miles and photographs via an electronic form** <https://forms.gle/iAtqwttmHMFIPnm9> by Sunday, October 10, 2021.

\*Questions? please e-mail to [tc4h@co.thurston.wa.us](mailto:tc4h@co.thurston.wa.us)

## Join the Virtual 4-H Knitting Club – It’ll Keep You In Stitches!



For more information, contact Toni Gwin at [tgwin@wsu.edu](mailto:tgwin@wsu.edu)

### Virtual 4-H Knitting Club



#### Beginning Knitting

October 9 and 23, 2021

@ 12:00 p.m. PDT

For anyone new to knitting  
or needs a refresher.

#### Sit & Knit

#### With Your 4-H Leaders

November 9, 2021

@ 6:30 p.m. PST

Ask questions, be  
encouraged, and get help  
with your knitting project.

[More dates to follow!](#)

Explore 4-H!



#Opportunity4All

Have you always wanted to learn to knit or is your knitting project now in a bag because you don't understand the directions? Join the statewide Virtual 4-H Knitting Club! Whatever your skill level, we will meet you there on Zoom.

The first two meetings will be lessons on beginning knitting. An email will be sent to you with supplies you will need to complete the lessons.

**When: Oct 9 and 23, 2021 12:00 PM Pacific Time (US and Canada)**

**Register in advance for this meeting:**

**[https://wsu.zoom.us/j/tJlpcOiorjMtGtG\\_Bqbe12XXFOwazPsuM9Zp](https://wsu.zoom.us/j/tJlpcOiorjMtGtG_Bqbe12XXFOwazPsuM9Zp)**

Then we will offer monthly knitting meetings. The first one will be on a Tuesday evening but at that time we will evaluate what works for the group and may change times and dates. This is your opportunity to continue knitting what we started in class or bring something you are struggling with.

**When: Nov 9, 2021 06:30 PM Pacific Time (US and Canada)**

**Register in advance for this meeting:**

**<https://wsu.zoom.us/j/tJYvcu-qgT4rHt251IG89rtnktnD2IGMG4IB>**

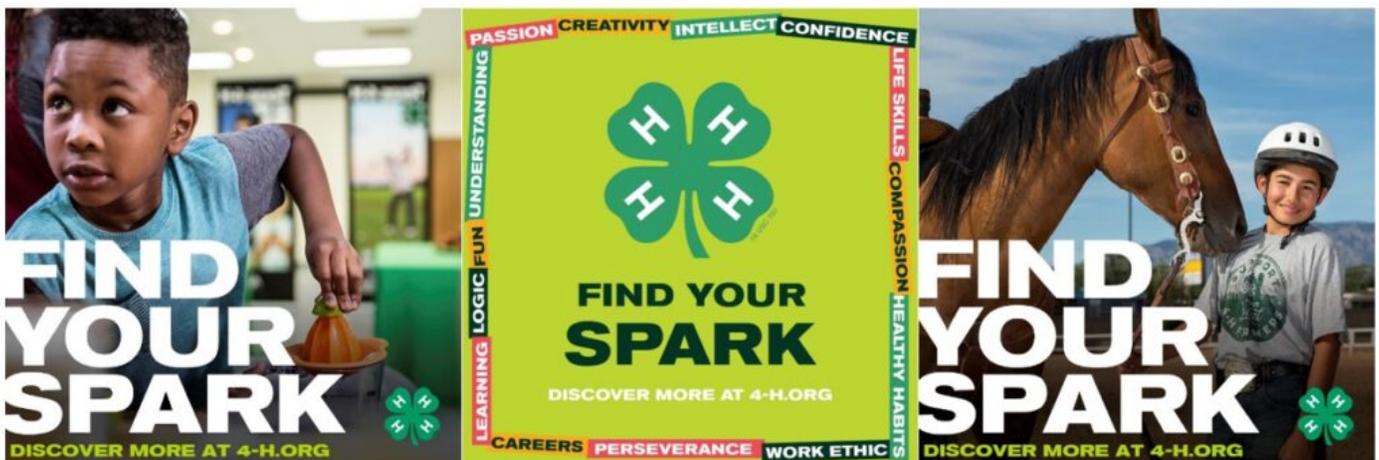
**Knit for Fun, Knit for Pleasure, Knit for LIFE!**

---

***From National 4-H Council....***

**FIND YOUR SPARK DURING NATIONAL 4-H WEEK!**

Where will you find your spark? Explore the possibilities during National 4-H Week, coming October 3 through 9! This important week provides a platform to highlight the remarkable 4 H youth in our communities and showcase the incredible experiences that 4 H offers young people!



# Registration for the 2021 4-H STEM Summit: Galactic Quest Is Open Now!

GET \$5 OFF 4-H STEM CHALLENGE KITS!



**Unlock the mysteries of  
space exploration!**

Even though you may not know it, your daily life is connected to space. Hospitals, banks, streetlights, gas pumps, phones, televisions and, and more use a vast network of satellites orbiting our planet. At the 2021 STEM Summit, participants will work with peers and group leaders on a variety of workshops and collaborative exercises. Each virtual session will test and strengthen foundational STEM skills while participants wrestle with the same questions as today's top aerospace scientists and engineers.

At the National 4 H Youth STEM Summit, high school students (grades 9-12) develop the skills and knowledge needed for the challenges facing science, technology, engineering, and math. Students meet like-minded peers from across the country, learn more about career opportunities, and network with experts in the STEM community in this collaborative, hands-on educational setting. Young people will also have the opportunity to take part in various workshops and team-based challenges that will challenge both their STEM knowledge and their collaboration skills.

The Summit Agenda can be found at:

[https://cdn.shopify.com/s/files/1/0650/2997/files/STEM\\_Summit\\_2021\\_Agenda\\_8.3.pdf?v=1628170841](https://cdn.shopify.com/s/files/1/0650/2997/files/STEM_Summit_2021_Agenda_8.3.pdf?v=1628170841)

Please complete the following form for youth interested in attending: <https://forms.gle/NadNBZHLYU6WmGqc8>

## GET \$5 OFF 4-H STEM CHALLENGE KITS!

This year's 4-H STEM challenge, Galactic Quest, explores the history of humans in space, the technology and resources needed for missions, and the obstacles humans encounter in orbit. Activities explore important STEM topics ranging from physics and engineering to computer science and space agriculture.

For a limited time, get \$5 off each educator kit and \$3 off each family kit (limit 20 discounted kits per transaction) thanks to the generous support of our 2021 signature partner the United States Space Force.

**ORDER NOW!**

---

*From National 4-H Council....*

**4-H AUDITIONS FOR AMERICAN IDOL ARE NOW OPEN!**

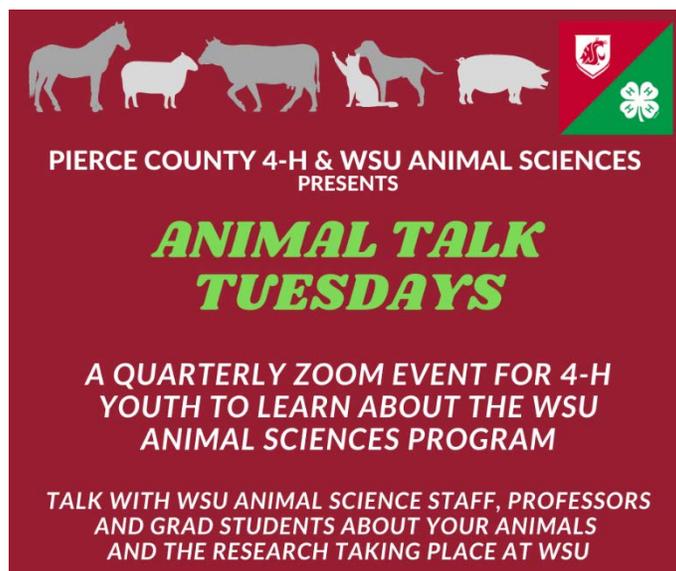


On Friday, September 24, American Idol will host a virtual audition day dedicated to 4-H'ers—current members and alumni ages 15-28. 4-H singers nationwide will audition over Zoom for a chance to become the next American Idol. Help us spread the word to get your 4-H'ers a chance at their big break!

**[CLICK HERE TO REGISTER!](#)**

---

# Pierce County 4-H and the WSU Animal Sciences Program Present Animal Talk Tuesdays!



Pierce County 4-H and the WSU Animal Sciences Program are collaborating on a new series called **Animal Talk Tuesdays!**

These talks are a new quarterly series for 4-H youth to learn about WSU Animal Sciences. This series will feature Staff, Professors and Grad Students from WSU Animal Sciences showing where they work and what they are researching. We will also have questions and answer time so 4-H youth can ask the experts about their animals or what it is like to study Animal Sciences at WSU. Hope you can join us! Stay tuned for future dates.

The first session is scheduled for **October 19th from 6:00 to 7:00 PM**, featuring Amber Adams-Progar, WSU Associate Professor, who will discuss her work on Animal Behavior.

A flyer for the October 19th session. It features the same animal silhouettes and logos as the main poster. A photo of Amber Adams-Progar, a woman with blonde hair wearing a blue shirt, is shown petting a black and white cow. The text includes: "PIERCE COUNTY 4-H &amp; WSU ANIMAL SCIENCES PRESENT ANIMAL TALK TUESDAYS October 19th 6:00 PM Register at https://tinyurl.com/szbur4ws Amber Adams-Progar WSU Associate Professor &amp; Dairy Management Specialist Amber's lab at WSU studies animal behaviors. She has worked with all kinds of animals, from Lizards to Cows. Do you have questions about why your Dog, Rabbit, Cat, or Goat is doing what it is doing? Come join us and ask an expert! Pierce County WASHINGTON STATE UNIVERSITY EXTENSION".

Register now to get your Zoom link and to get access to the recorded program if you can't attend the live sessions.

Registration link - <https://tinyurl.com/szbur4ws>



The Upcoming Animal Talk Tuesdays Schedule:

**October 19th** with Amber Adams-Progar, WSU Associate Professor who will discuss her work on Animal Behavior.

**January 18th** with Michael Phelps, WSU Assistant Professor and his work with Aquaculture (the breeding, rearing, and harvesting of fish).

**April** - Date and speaker confirmation to be announced soon!

**July 19th** will feature a WSU Animal Sciences Graduate Student Roundtable - Learn about how WSU students chose their area of study and what they love about their work.



*Mark your calendars for these upcoming events!*

## State Council Meeting

The annual State 4-H Council meeting will be held via Zoom on **Saturday, October 9th** at 3:00 pm. We would love to have you join us!

### Join Zoom Meeting

<https://us02web.zoom.us/j/86026377260?pwd=RFUxbGtsWWUySXZGTVREU2tCY0hGZz09>

Meeting ID: 860 2637 7260

Passcode: 939179

One tap mobile

+12532158782,,86026377260#,,,,\*939179# US (Tacoma)

+14086380968,,86026377260#,,,,\*939179# US (San Jose)

Dial by your location

+1 253 215 8782 US (Tacoma)

Meeting ID: 860 2637 7260

Passcode: 939179

Find your local number: <https://us02web.zoom.us/j/86026377260>

## Volunteer Recognition Virtual Celebration

**Saturday, October 30th** at 3:00 pm, we will celebrate YOU! Join us for a virtual celebration of our volunteers from around the state. We'll meet via Zoom.

Join Zoom Meeting

<https://us02web.zoom.us/j/86026377260?pwd=RFUxbGtsWWUySXZGTVREU2tCY0hGZz09>

Meeting ID: 860 2637 7260

Passcode: 939179

One tap mobile

+12532158782,,86026377260#,,,,\*939179# US (Tacoma)

+14086380968,,86026377260#,,,,\*939179# US (San Jose)

Dial by your location

+1 253 215 8782 US (Tacoma)

Meeting ID: 860 2637 7260

Passcode: 939179

Find your local number: <https://us02web.zoom.us/j/86026377260>

## Join the State 4-H Advisory Board!

State Advisory Board is a place to share ideas in the 4-H world. Adult and teen positions are available from all four districts around the state. Apply today!

Application deadline has been extended to October 1st. Applications can be found here: <https://extension.wsu.edu/4h/state-advisory-board/>

---

## Washington State 4-H Fair Update On Covid-19 Protocols From Fair Manager Tom Gwin

Covid-19 protocols for participants in the Washington State 4-H Fair have been updated as of Saturday, September 4. The updated protocol document is available by clicking [HERE](#). Please review the protocols carefully; some of the protocols are project and class-specific. Please share with your county delegation.

As previously noted, the fair is in a fluid situation. Please make your exhibitors aware that change could come at any time. The State 4-H Fair Board of Trustees and staff will endeavor to provide the best possible show for our 4-H members within the guidelines we are given.



---

## COVID-19 RESOURCES

---

### **A Reminder: COVID-19 Resources Available from WSU Extension**

The WSU Extension COVID-19 Updates and Resources page is updated as new information becomes available. The Link to the page is

<https://extension.wsu.edu/covid-19/>

---

### **WASHINGTON STATE RESOURCE GUIDE FOR PARENTS AND CAREGIVERS: Caring for Your Family During COVID-19**

The Washington State Department of Children, Youth and Families has created a resource for parents during COVID-19. The WASHINGTON STATE RESOURCE GUIDE FOR PARENTS AND CAREGIVERS: Caring for Your Family During COVID-19 was developed to help parents and their families navigate the pandemic and the days to follow.

The publication is available at

[https://www.dcyf.wa.gov/sites/default/files/pubs/FS\\_0039.pdf](https://www.dcyf.wa.gov/sites/default/files/pubs/FS_0039.pdf)

---