

Tuesday News



Tuesday News – August 17, 2021

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Features

RESUMPTION OF 4-H IN-PERSON ACTIVITIES UPDATE

Your county may have more protective protocols in place. County protocols supersede the information presented here. Please contact your local County Extension 4-H Office with any questions.

Announcement Revised July 20, 2021

On June 30, 2021, Governor Inslee reopened Washington State under the [Washington Ready](#) plan.

The Washington State 4-H Youth Development Program policy will now reference requirements set forth by the Washington State Department of Health's [K-12 COVID-19 Requirements for Summer 2021 and the 2021-2022 School Year](#) document.

WHILE INDOORS, EVERYONE IS REQUIRED TO WEAR MASKS, REGARDLESS OF VACCINATION STATUS.

This change to policy is required to protect the safety of all and to model the behavior for youth, who are still required to wear masks.

If an activity is conducted outdoors, there is no requirement to wear masks. However, people should continue to practice physical distancing of six feet, if possible.

Refer to the graphic below, provided by the Washington State Department of Health, for guidance on when to wear a mask:

When do you need your mask?



Washington reopened on **June 30**, but masks remain part of daily life for many. Keep one in your car, your pocket, your backpack — you never know when you'll need it.



Situation	If fully vaccinated	If not yet vaccinated
Outdoors		 Mask not required, but encouraged in crowded locations like concerts or fairs
Outdoor sports training or competition		
Outdoors at K-12 schools, childcare facilities, camps or other youth settings		
Small indoor gatherings		 Mask not required if event is primarily attended by people who are fully vaccinated and if unvaccinated people are from a single household
Indoor sports training or competition		 Mask required except during low- or moderate-contact sports
Indoor public places like the grocery store, library, or movie theater		
Indoors at K-12 schools, childcare facilities, camps, on the school bus, or other youth settings		
Health care settings such as hospitals, medical offices, long-term care facilities, and supported living agencies		
On public transportation and in hubs such as airports, train stations, and ferry terminals		
Indoor congregate settings such as correctional facilities or homeless shelters		
In businesses, cities, counties, or other places that request you wear a mask		
At your place of work	Employer guidance is available on the Washington State Department of Labor & Industries website.	

For more information and specific guidance about when to wear your mask, visit doh.wa.gov/masks



DOH 820-198 June 2021

To request this document in another format, call 1-800-525-0127. Deaf or hard of hearing customers, please call 711 (Washington Relay) or email civil.rights@doh.wa.gov.



Memorial Service Set for Linda Schultz 1953 – 2021

View the service remotely via Zoom or on Facebook!



The following notes were provided by Pat BoyEs, former Washington State 4-H Program Director:

It is with profound sorrow and deep regret that I share the news that our friend and colleague, Linda Schultz, passed away on July 29th. Linda began her career with WSU as the 4-H Faculty for Kitsap County. In the mid-90's, Linda transitioned to the position of 4-H faculty lead for Grays Harbor, Mason, Thurston, and Lewis counties. In 1998, Linda became the 4-H Volunteer Specialist for New Mexico State University.

With her retirement from Extension in 2015, Linda continued her passion for Global Education with extensive travel throughout Europe, the Middle east, Africa, Australia and Mexico. She battled cancer with courage and good humor for the past nine months. She passed away surrounded by a wide circle of family and friends.

A memorial service for our friend and colleague Linda Schultz will be conducted at 1:00 pm on Sunday, August 22 at St. John's Lutheran Church, 2190 Jackson Highway, Chehalis WA. Notes of condolence should be directed to Linda's sister, Susan Donaldson, at 500 Hamilton Road, Chehalis WA 98532-8884.

For those who may be hesitant to attend the service due to the increase in Covid-19 cases:

Linda's service will be streamed live, starting at 1:00 on August 22. Google "St. John's Lutheran Church Chehalis WA" and click on "Worship Streaming Hints St. John's Lutheran Church ELCA." There will be a link there that says worship, but it will get you to the service. The service can be viewed on Facebook by searching St John's Lutheran Church Chehalis WA - click on <http://stjohnschehalis.net/> and scroll down to Worship streaming hints.

A detailed obituary can be viewed [HERE](#).

Announcement! Change in Date and Venue For the 2021 National Equine Contest

Jennifer Leach, 4-H Equine Specialist



Due to the recent enactment of 4-H masking requirements for all adults and youth in indoor settings, a change in venue and event date for the National Equine Presentation Contest has been made.

As The Paulhamus Meeting room is indoors at the Washington State Fairgrounds, the contest will be held virtually (as in 2020) and will be held Saturday, September 25th via Zoom beginning at 10:00 am.

Please plan to register as usual using the form WS4HF/1.06 through the County Extension office. The Extension office will verify eligibility to participate.

Once registration is received, participants will be notified with presentation times and the zoom link.

UPDATED CONTEST RULES ARE NOW AVAILABLE [HERE!](#)

Two Volunteers Recall Guiding a Half-Century of 4-H Participants!

By Trevor Pyle @gorskagit - Originally appeared August 13, 2021



Longtime Skagit County Fair volunteers Bonita Elfstrom (left) and Shirley Stiles pose for a portrait in front of the dog barn Tuesday at the Skagit County Fairgrounds in Mount Vernon. The two have volunteered for 50 and 48 years respectively. Photo Credit: Oliver Hamlin, Skagit Valley Herald

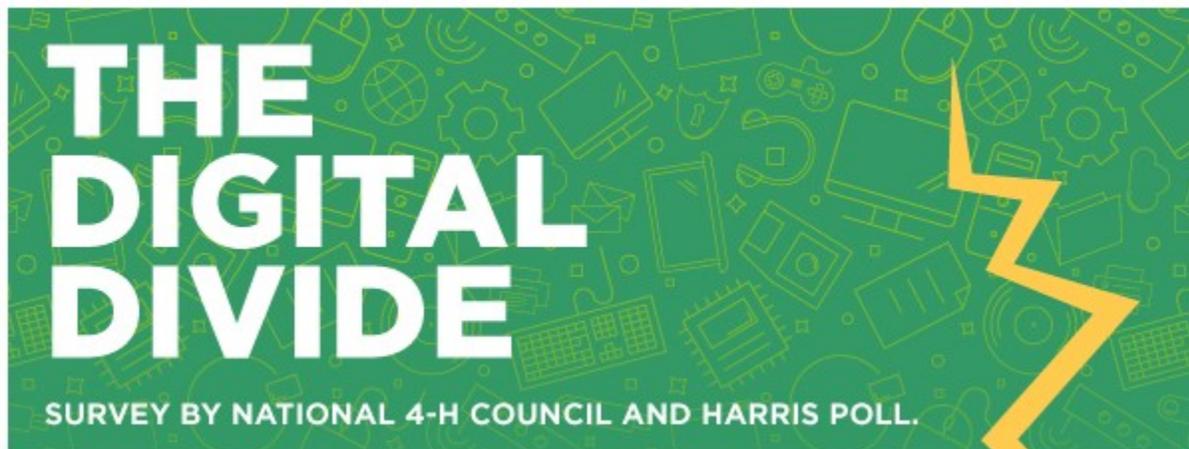
MOUNT VERNON — With whirring fans and masked visitors, this year's Skagit County Fair had a few changes from previous years.

That said, if visitors poked their heads into Building C earlier this week, they'd see two volunteers who've been a steady presence for around a half-century: Bonita Elfstrom and Shirley Stiles.

[CLICK HERE TO READ THE ARTICLE!](#)

From National 4-H Council....

CLOSING THE DIGITAL DIVIDE



A new survey by National 4-H Council, the Harris Poll and the 4-H Tech Changemakers coalition found that teens believe unreliable broadband access contributes to economic and social inequities. The results reveal the drastic impact that slow internet speeds have on opportunities for success and urge the government to pick up the pace toward universal broadband access.

[READ MORE!](#)

Order Your Galactic Quest 4-H STEM Challenge Kit NOW!



This year's 4-H STEM challenge, Galactic Quest, explores the history of humans in space, the technology and resources needed for missions, and the obstacles humans encounter in orbit. Activities explore important STEM topics ranging from physics and engineering to computer science and space agriculture. [Join the](#)

[webinar](#) on Sep 1 at 1:00 PM EST to learn more about the activities in this year's challenge and pre-order your kit today.

[CLICK HERE TO ORDER!](#)

More information about the 2021 4-H STEM Challenge, including activity descriptions, and digital guides, can be found at

<https://4-h.org/parents/4-h-stem-challenge/>

Watch the Teen Mental Health Discussion – The Recording Is Now Available!



In 2020, 4-H surveyed young people as COVID-19 changed all of our lives. We learned that 7 in 10 teens were struggling with their mental health. But how are they coping now and what do they wish you knew about mental health?

Lexi Underwood, actress and advocate best known for her role on Hulu's Little Fires Everywhere, joined three brave 4-H'ers last night for an honest conversation, brought to you with support from The Allstate Foundation. Watch as they discuss all the struggles, growth, stumbles, and self-love.

[WATCH NOW](#)

Walk Your Mile in Pacific County – Again! Come to Ilwaco On August 21st!



Photo Credit – Terry Richardson/The Oregonian

Had Fun Walking in Pacific County? Let's do it again!

We had a good time at the Willapa Hills Trail Head so we are repeating the adventure. Those of you participating in the Sergeant First Class Killeen 2021 4-H Summer Outdoor Challenge, please come to Pacific County Saturday, August 21st and walk all or part of the Discovery trail. Between 10:00 AM and 2:00 PM, find the 4-H booth at the Ilwaco Saturday Market at the port, 165 Howerton Way, Ilwaco WA 98624. Look for the clovers! We will have prizes, help and free advice for those 4-H families that participate until we run out!!

The Discovery Trail in Ilwaco starts with brass sculpture of a California Condor spreading its wings. This is one point to start of the 8.5-mile-long hiking and biking trail named after the Corps of Discovery. You may do as little or much as you want. There are several art installments and interpretive panels along the trail. You may watch the fishboats and climb a steep hillside that takes you to Cape Disappointment State Park. The trail ends behind the Breakers condos in Long Beach with a bronze replica of the tree Clark carved his initials into over two hundred years ago! Most of the trail is paved, and there are multiple access

points, making it easy to enjoy for adventurers of any age or skill level. Bonus!! – It is cool at the beach in summer!

Questions? Contact Toni Gwin at tgwin@wsu.edu or 360-875-9331.

Remember to submit your miles and photographs via an electronic form at <https://forms.gle/iAtqwttmHMFIPnm9> by September 30!

State 4-H Horse Medallion Donations Needed

Jennifer Leach, 4-H Faculty and State Equine Specialist



Now that State 4-H Fair is an in-person event, we need to quickly collect donations to provide Gold, Silver and Bronze medals for all the Equine classes, plus the Groom Squad and Equine Presentations Contests. The total cost is approximately \$1,300. Please consider a donation so that our outstanding members may receive this special recognition! All donors will be listed on posters in the barns and announced during the events.

Contributions are welcome from County Programs, individuals and businesses.

Please make checks payable to Snohomish County 4-H Horse Program (who have been acting as the banker since the 1980's)

Mail to Pat Pehling, 7310 83rd AVE SE, Snohomish WA 98290

Please contact Pat Pehling at pehling@frontier.com with any questions.

Thank you for your support!



Washington State 4-H Fair Update From Fair Manager Tom Gwin

THE 4-H FAIR EXHIBITOR GUIDE IS NOW AVAILABLE!

The Washington State Fair will take place September 3 through 26 in Puyallup with a full face-to-face fair. My direction from fair administration is that we will proceed with a livestock schedule similar to 2019. The 4-H Fair Board has agreed and will proceed accordingly. A tentative schedule of activities/events for this year's fair can be found by clicking [HERE](#).

NEW! The 4-H Fair Exhibitor Guide is now available by clicking [HERE](#)!
Any errors or revisions will be shared via 4-H talk and Tuesday News.

There are several changes this year:

- The dormitories will not be available
- Kitchen activities will be virtual
- Juniors will be eligible for participation in all judging contests
- County qualifying is not required this year; however, we are limited in many animal project areas by available space and time
- Counties are still responsible for determining who will represent their county at the state 4-H fair

Information on allocations was sent last week. Next up will be the revision of the exhibitor letter and forms. That info will be sent as it is revised.

We will have a virtual option for public presentations. Information on that class will be forthcoming soon.



SUPPORT 4-H YOUTH – VISIT THEIR COUNTY FAIR!



Grant County Fair – August 17 – 21 – <https://www.gcfairgrounds.com/>

Klickitat County Fair – August 19 – 22 – <https://klickitatcountyfair.com/>

Lewis County (Southwest Washington Fair) – August 17 – 21:
<https://southwestwashingtonfair.net/>

Pend Oreille County Fair & Rodeo – August 19 – 22: <https://www.pocfair.com/>

San Juan County Virtual Fair – August 18 – 21: <https://www.sjcfair.org/default.aspx>

Skamania County Fair & Timber Carnival – August 18 – 21:
<https://www.skamaniacounty.org/departments-offices/events-and-recreation/events-festivals/skamania-county-fair-and-timber-carnival/-fsiteid-1>

Wahkiakum County Fair – August 19 – 21:
<https://wahkiakumfair.org/>

Whatcom County (Northwest Washington Fair) – August 12 - 21:
<https://www.nwwafair.com/>

Disaster Preparedness Fact Sheets Available Here!

Agencies and knowledgeable personnel are already predicting that we could have a terrible fire season this year. Are you prepared for fire or other disasters? These publications will help you, your family, communities be prepared for whatever natural disaster may strike. Thanks to Drs. Craig McConnel and Dale Moore for sharing these materials.

Janet L. Schmidt, WSU Extension Whitman County Director and 4-H Youth Educator

To view and/or download the fact sheet, click on the title below:

[Ag Producer Safety During Wildfires](#)

[Establishing and Operating Animal Shelters](#)

[Establishing and Operating Disaster Information Centers](#)

[Forming and Engaging County Ag Response Teams](#)

[Disaster Go Bags](#)

[Livestock Handling During Disasters](#)

[Mitigating Impacts of Livestock Transportation Accidents](#)

[Practical Livestock Evacuation](#)

Should an emergency strike, a handy publication that provides guidance on feeding large and small livestock can be found at the following link:

[Feeding Livestock In a Disaster](#)



Rabbit Hemorrhagic Disease and WA Fairs Document From WA ST Department of Agriculture Available Here!

A document requested in last week's 4-H small animal call, from the State of Washington Department of Agriculture – Animal Health Program regarding Rabbit hemorrhagic disease and 2021 Washington fairs is now available by clicking [HERE](#). The link to the USDA map referenced in the call is included in the letter.

Please direct any questions to:

Susan Kerr, DVM, PhD

WA State Dept. of Ag Educational Outreach Specialist

360-789-7664

skerr@agr.wa.gov

REMINDER! Play It Safe Around Poultry!

There is an ongoing multi-state salmonella outbreak associated with backyard chickens. The story link is below, along with extracted CDC advice about how to stay healthy around chickens. ONLY KISS CHICKENS ON THEIR LIPS!



Susan Kerr, DVM, PhD
WA State Dept. of Ag Educational Outreach Specialist

<https://www.freep.com/story/news/local/michigan/2021/05/21/salmonella-outbreak-backyard-chickens-michigan/5204451001/>

The CDC has this advice for backyard flock owners:

- Always wash your hands with soap and water right after touching backyard poultry or anything in the area where they live and roam.
- Use hand sanitizer if soap and water are not available.
- Don't let backyard poultry inside the house, especially in areas where food or drink is prepared, served or stored. Keep flock supplies outside the house.
- Set aside a pair of shoes to wear while taking care of poultry and keep those shoes outside of the house.
- Children younger than 5, adults over 65 and people with weakened immune systems shouldn't handle or touch chicks, ducklings or other poultry.
- Don't eat or drink where poultry live or roam.
- Don't kiss backyard poultry or snuggle them and then touch your face or mouth.
- Stay outdoors when cleaning any equipment or materials used to raise or care for poultry, such as cages, or feed or water containers.

Here's how to handle eggs safely:

- Collect eggs often, don't let them sit the nest as they can become dirty or break.
 - Throw away cracked eggs. Germs on the shell can more easily enter the egg through a cracked shell.
 - Rub off dirt on eggs with fine sandpaper, a brush or a cloth. Don't wash them because colder water can pull germs into the egg.
 - Refrigerate eggs to keep them fresh and slow the growth of germs.
 - Cook eggs until both the yolk and white are firm. Cook egg dishes to an internal temperature of 160 degrees to kill all germs.
-

Highly Pathogenetic Avian Influenza (HPAI) Info Available for Poultry Project Youth

Highly pathogenic avian influenza is very active right now around the globe. Outbreaks are presently occurring in North Korea, China, Netherlands, Sweden, Spain, Germany, Belgium, Italy, Iran, Poland, Norway, France, and Ukraine.

Wild waterfowl are one of the main ways the virus moves around. A major migratory flight path for wild waterfowl includes Washington State; many waterfowl species (swans, ducks, geese) overwinter in the state as well. These birds can carry the avian influenza virus and spread it to chickens, in which it is much more deadly. Please refresh your knowledge of the biosecurity practices recommended to keep your birds safe and take these actions every day!

Here are some good resources:

<https://www.aphis.usda.gov/aphis/ourfocus/animalhealth/animal-disease-information/avian/defend-the-flock-program/df-resources>

<https://agr.wa.gov/departments/animals-livestock-and-pets/avian-health/ai-in-humans>

More Information on HPAI: Washington State Veterinarian News: Batten Down the Hatches Against Avian Influenza

Outbreaks of highly pathogenic avian influenza are happening in several countries around the globe now. Please share this important info with 4-H members, commercial poultry owners, and any other stakeholders who would be affected by an outbreak in the U.S. We do NOT want this disease to get a foothold here! Thanks.

Link to the WSDA document [here](#).

Susan Kerr, DVM, PhD
WSDA Education and Outreach Specialist
skerr@agr.wa.gov



Plea for 4-H Horse Project Youth to Vaccinate for Equine Influenza

Dr. Susan Kerr, WSDA Education and Outreach Coordinator

4-H horse project youth, your horse depends on YOU to keep him/her safe and healthy!

There were 33 confirmed cases of equine influenza in Washington State in 2020. There were an additional 29 suspected cases, and 25 more horses were exposed to the virus by infected horses. These cases were distributed throughout the state. Fortunately, none of these horses died, which is typical for this disease.

Part of influenza treatment involves strict rest, and some horses do not return to normal for six months! Can you imagine not being able to ride or exercise your sick horse for weeks or months? Horses infected with the influenza virus can develop secondary pneumonia, which can be much more serious and require antibiotic treatment.

If your horse is at risk of catching influenza from other horses, why not prevent this disease and all its complications by vaccinating him/her? The American Association of Equine Practitioners (AAEP) recommends horses at risk be vaccinated for influenza every six months.

Is your horse at risk of influenza? YES if he/she has contact with other horses “outside its bubble” at shows, trail rides, schooling, etc. Also YES if you keep your horse at a stable where other horses are coming and going and mixing with other horses. Even if your horse doesn’t go anywhere, another horse can bring the virus to him/her.

If your horse stays at your home barn with a steady “bubble” of barn mates and doesn’t have direct or indirect contact with other horses, he/she is at minimal risk of influenza.

A very good article with more details about equine influenza is available at <https://www.equinediseasecc.org/disease-information>.

For more information about equine vaccinations, see the AAEP’s recommendations at <https://aaep.org/horse-owners/owner-guidelines/owner-vaccination-guidelines> or speak with your veterinarian.

The foundation of animal welfare is preventing animal illness, pain, and suffering. Vaccinating against diseases of concern is a very simple and effective way to do this.

COVID-19 RESOURCES

A Reminder: COVID-19 Resources Available from WSU Extension

The WSU Extension COVID-19 Updates and Resources page is updated as new information becomes available. The Link to the page is

<https://extension.wsu.edu/covid-19/>

WASHINGTON STATE RESOURCE GUIDE FOR PARENTS AND CAREGIVERS: Caring for Your Family During COVID-19

The Washington State Department of Children, Youth and Families has created a resource for parents during COVID-19. The WASHINGTON STATE RESOURCE GUIDE FOR PARENTS AND CAREGIVERS: Caring for Your Family During COVID-19 was developed to help parents and their families navigate the pandemic and the days to follow.

The publication is available at

https://www.dcyf.wa.gov/sites/default/files/pubs/FS_0039.pdf
