Tuesday News – July 13, 2021

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Features

RESUMPTION OF 4-H IN-PERSON ACTIVITIES UPDATE
Announcement Revised July 6, 2021

On June 30, 2021, Governor Inslee reopened Washington under the Washington Ready plan. For those who are not vaccinated, we recommend that they continue to wear masks indoors. Also, we encourage everyone to wear masks for safety and to model the behavior for youth, who are still required to wear masks.

If an activity is conducted outdoors, there is no requirement to wear masks. However, people should continue to practice physical distancing of six feet, if possible.

Please work with your local County Extension 4-H Office if you have any questions.
Invitation Extended to Washington State 4-H Teens to Participate in California State Virtual Leadership Conference

The California 4-H State Ambassadors and the members of State Leadership Conference Planning Team invite you to an engaging and interactive on-line experience!

2021 California 4-H virtual State Leadership Conference
Mission: Sparks, Explore Your Possibilities
July 23 – 25, 2021

This annual conference will help you strengthen your skills in leadership, communications and goal setting to reach your goals and plan for your future.

Link to the Conference Site at https://ucanr.edu/sites/4hstateleadership/

Link to a post highlighting conference workshops, including Washington State 4-H Teen Equity and Inclusion Task Force’s workshop:

https://urldefense.com/v3/__https://fb.watch/v/eMRt9bf1w/__;!!JmPEgBY0HMszNaDT!8ePa47-RVYB5NSAXSMrtFJCAAdTilVH1s6Cxk-s5z4htXQDAeW8BC1Dqe_w97$
Mayyadah Zagelow Receives Invisalign Changemakers Award

Congratulations to King County 4-H’er Mayyadah Zagelow for receiving the Invisalign Changemakers Award! 4-H and Invisalign have partnered on the award program developed to celebrate and highlight teens making an impact in their communities.

Learn about how Mayyadah pledges her hands to larger service: https://www.invisalign.com/changemakers/winners/mayyadah-zagelow

Invisalign and National 4-H Council recognized 100 teen Invisalign ChangeMakers who are bringing smiles and meaningful change to their local communities through their good works via a virtual celebration on Saturday, July 10th.

The virtual celebration can be viewed at https://www.youtube.com/watch?v=s18U7C-02g4

Note: There is a twenty-minute countdown on the video before the start of the event.
The State 4-H Fair Board met on July 3 to make a decision on how to proceed with this year’s fair.

The Washington State Fair will take place September 3 through 26 in Puyallup with a full face-to-face fair. My direction from fair administration is that we will proceed with a livestock schedule similar to 2019. The 4-H fair board has agreed and will proceed accordingly. A tentative schedule of activities/events for this year’s fair can be found by clicking HERE.

There will be some changes for 2021:

- We will not operate the dormitories this year
- We will not have kitchen activities this year…..there will be a virtual option for kitchen activities….details will be announced in the exhibitor guide
- There will be a virtual option for public presentations
- There will be a junior division in each of the judging contests. Juniors will only do the placement classes and will not do oral reasons.
- County qualifying is not required for participation this year. It is up to each county to determine how their allocation is filled. We will only accept animal and contest entries from county determined personnel. I am currently working on allocations and will send them out in the next week or so.
- Still life entries have limitations to the number of exhibits per exhibitor as listed in the exhibitor guide.
SUPPORT 4-H YOUTH – VISIT THEIR COUNTY FAIR!

July 15 – 18

King County Fair – https://www.kingcofair.com/home
Whidbey Island Fair – https://www.whidbeyislandfair.com/

WSU Veterinarians: Keep Pets Cool This Heat Wave

By Josh Babcock, College of Veterinary Medicine
From WSU Insider – June 28, 2021

If you fear your pet may be experiencing any heat-related illness, WSU veterinarians urge you to seek immediate veterinary medical care.
PULLMAN, Wash.—The early-summer heat wave throughout the Pacific Northwest continues to create potentially dangerous conditions for pets, warn veterinarians at Washington State University’s College of Veterinary Medicine.

And the hottest predicted temperatures across most of the region are yet to come.

“Dogs and cats do not sweat like humans,” said Raelynn Farnsworth, interim director of WSU’s Veterinary Teaching Hospital. “Instead, they pant and seek shade to eliminate excess heat. Pets do lose water through exhaled air, and that needs to be replenished with abundant, clean, free-choice drinking water. Free-choice meaning they can reach water at any time, even if they are in an enclosed space.”

Dr. Farnsworth said it is best to walk pets in the early morning and evening hours, but time outside should be minimal otherwise. Animals also should not be left in vehicles or tethered outside without shade or water. The interior of an automobile can reach temperatures approaching 200 degrees in a matter of minutes.

“Animals left in parked cars during summer heat can develop heat stroke in a very short period of time,” said Farnsworth. “People are best advised to not leave pets unattended in parked cars or similar enclosures during the summer heat at all, whether the windows are down, or not.”

Cracking open the car window is not a solution as it may not prevent the heat buildup or it may provide a way for the pet to escape. Parking in the shade may also seem like a temporary fix, but offers little protection when the sun shifts in the sky.

It is illegal to leave or confine any animal unattended in a motor vehicle or enclosed space if the animal could be harmed or killed by exposure to excessive heat, cold, lack of ventilation, or lack of necessary water. In addition to potential fines, the Washington state law also authorizes and protects animal control personnel and law enforcement officers who break into a vehicle or enclosed space to prevent harm to an animal. Egregious cases could result in animal cruelty charges.

Farnsworth said in the heat, owners need to cautious of hot pavement. “If it’s too hot to walk barefoot, it’s too hot for your pet’s feet.” She said to be especially sensitive to pets with special needs, including those that are old, overweight, or that have heart and lung disease. “Leave these animals at home and protected as much as possible,” she said.

A dehydrated or overheated pet may pant heavily, stagger, vomit, have diarrhea, seizures, or go into a coma. If you fear your pet may be experiencing any heat-related illness, WSU veterinarians urge you to seek immediate veterinary medical care.
Deadline to Submit Award Recognition Nominations Is August 1st!

Live Link:
https://extension.wsu.edu/4h/for-volunteers/wastate-volunteer-recognition/

STATE 4-H VOLUNTEER RECOGNITION AWARDS
DUE AUG 1

Help us recognize amazing volunteers!

- Alumni
- Less than 10 Years Excellence
- Over 10 Years Excellence
- Heather Rider
- Volunteer Staff
- Friend of 4-H

Find application materials here: https://extension.wsu.edu/4h/for-volunteers/wastate-volunteer-recognition/
Welcome to the Global 4-H Digital Summit 2021

In order to stay connected in global 4-H during the pandemic of COVID-19, the Global 4-H Digital Summit 2021, organized by Korea 4-H & Taiwan 4-H from Asia 4-H Network organization and Canada 4-H, will be held from September 7th to 10th.

We are officially inviting you to attend and join us as speakers, presenters, experience sharers, and participants in developing and shaping the future of this great world’s youth.

The invited speakers will bring wisdom and knowledge from their fields of expertise to share with attendees through Thematic Presentations, 10 country reports, and presentations on Competency Building. In addition, there will be engagement activities such as 4-H experiences sharing and cultural show. 4-Hers around the world will demonstrate their amazing talents and share their cultures and traditions.

We look forward to meeting you at the Global 4-H Digital Summit 2021!

A more detailed invitation letter with program information is available by clicking [HERE](#).

Information on Engagement Activity Programs can be found by clicking [HERE](#).

The Global 4-H Network Digital Summit website is LIVE at [https://global4h.org/](https://global4h.org/)
Registration is now open! The registration link is https://forms.gle/1LS4Adjt6DFA5qvh6

REGISTRATION CLOSES JULY 17TH!

Pork Producers Summer Newsletter Features Informative Articles for Swine Project Youth!

The Washington Pork Producers Summer 2021 newsletter features lots of good articles for 4-H youth enrolled in the swine project, their leaders and parents. Pay close attention to information on Heat Stress in Livestock, Feed Costs, Swine Biosecurity, Sunburned Pigs and Know your Pig and Test Your Knowledge. Thanks to Sarah Smith and the Washington Pork Producers for sharing this information.

Link to the Newsletter HERE,

Yakima County 4-H Presents Zoom Series On Dairy Nutrition, Sustainability and Innovation
Yakima County’s 4-H National Agri-Summit Team: Jared Sheehan, Claire Sheehan, and Melissa Alberti are presenting a Zoom series on Dairy Nutrition, Sustainability and Innovation

The Zoom Schedule is as follows:

Tuesday, August 3, 2021, 6:30 p.m.  
Feeding the Cow, and What She Gives Back to Us

Tuesday, August 18, 2021, 6:30 p.m.  
Dairy Recycling, Sustainability, & Innovations

For Zoom ID and Passcode, email Sarah at sarah.boerum@co.yakima.wa.us

Priya Kumar Appointed to the National 4-H Youth Alumni Advisory Committee

In a June 15th tweet, Jennifer Sirangelo, President and CEO of National 4-H Council, announced that Priya Kumar of Skagit County 4-H was one of two appointees to the Youth Alumni Advisory Committee. There are only eleven youth on the committee from around the nation; they each serve a three-year term. Jennifer noted that “These young women will provide fresh perspectives on how 4-H – through our young people – addresses our country’s most pressing issues and create change.”

Priya will be traveling to Washington D.C. in mid-September for meetings with National 4-H as well as to attend the Legacy Awards, along with Pillar Winner Mayyadah Zagelow, Nancy Deringer, and Anna Zagelow. This is usually a 4-H Oscar-type celebration live-streamed with a green carpet and fancy dress. No word yet on what this year’s version will look like!
Congratulations, Priya!!

The 4-H State Office wants to hear from you! Check Out “4-H Open Chat” – First Session July 15!

Nancy Deringer, State Director, and Jana Ferris, State Volunteer Specialist, are hosting three listening sessions, on July 15, August 10 and August 26 from 5:00 PM – 7:00 PM each evening. We want to hear from our 4-H Volunteer Leaders, 4-H Members, 4-H Families, and anyone else interested in the 4-H Youth Development Program.

Each session is an open session, so please come with questions, ideas, etc.
Here is the zoom link:

Join Zoom Meeting from PC, Mac, Linux, iOS, or Android:
https://wsu.zoom.us/j/94635029494?pwd=YzQ3dWhVeHduS01jSDNkY0dZeG1aQT09&from=addon

Meeting ID: 946 3502 9494
Passcode: 691120

Or join by phone:

US: +1 253 215 8782 or +1 669 900 9128 or +1 646 558 8656
Meeting ID: 946 3502 9494

We look forward to hearing from you!

Important Note: Both internal and external WSU meeting attendees must be signed into Zoom to join the meeting.

Please refer to this guide on Joining WSU Zoom Meetings before trying to join:
Joining Meetings and Best Practices
Join Zoom Meeting from PC, Mac, Linux, iOS, or Android:
https://wsu.zoom.us/j/94635029494?pwd=YzQ3dWhVeHduS01jSDNkY0dZeG1aQT09&from=addon

Meeting ID: 946 3502 9494
Passcode: 691120

Join from WSU Conference Room System (Polycom)
1. Using the touch panel, or remote control, select ‘Place a call'
2. Enter the IP address including periods: 162.255.37.11
3. Press the pound key twice '##'
4. Enter the Meeting ID: 946 3502 9494
5. Press ‘Call’
6. Enter Passcode: 691120

Join from Conference Room System with SIP:
94635029494@zoomcrc.com
Share Screen/Content Wirelessly,
Go to https://share.zoom.us and enter the Zoom Meeting ID: 946 3502 9494
Join by Telephone (long distance)
For higher quality, dial a number based on your current location.
Dial:
US: +1 253 215 8782 or +1 669 900 9128 or +1 646 558 8656
Meeting ID: 946 3502 9494
Phone one-tap: US: +12532158782,,94635029494# or
+16699009128,,94635029494#
International numbers
Hello KYG supporters,

Here we are in the middle of June 2021, and the KYG Core Team is thinking hard about what KYG 2022 will look like!! We are beginning to plan an in-person KYG Conference in Olympia for February 2022! While we are very excited to get folks together, we need to have your support in encouraging teens to apply for Conference Facilitator positions.

We cannot put on a meaningful KYG conference without the youth voice and involvement in planning and implementing the conference.

Click Conference Facilitator Interest Form to access the application. It is also on the Facebook page, WA State 4-H Know Your Government

Thank you for your interest in becoming a Know Your Government Conference Facilitator! Please be sure to read through all parts of the questions and answer thoroughly! If you have any questions, please contact Carlie Arreola at carlie.arreola@gmail.com. If you are selected, we will follow up with a more formal interview at a later date.

When we hosted a Zoom call in the spring, we found volunteer and staff input was quite helpful in our moving into this next step.

Our topic continues to be the Legislative Process; the curriculum will be familiar to those that participated in 2018.

As we navigate the planning process of so much new, unknown and ever-changing policy and guidelines, we need to know we have support from staff and
volunteers. We are still in early stages of planning and your feedback is valuable to us moving forward.

If at the county level you are able to gauge interest that will be helpful to the direction we take.

Our Core Team continues to meet two times a month – always innovating and rethinking the conference to include and engage high school students.

The SLACK channel is always open, if you need an invite let me know and of course my email is ready to hear from you. Dorothy.elsner@wsu.edu

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June 26th Poultry and Fitting Workshop Recording Now Available!

Did you miss the Basic Poultry Fitting and Handling meeting on Saturday, June 26th with Explore 4-H with WSU Extension? We had many requests to record the session; it is long, about two hours, as we had many questions from participants. Please follow this link to watch the zoom recording of Basic Poultry Fitting and Handling:

https://wsu.zoom.us/rec/share/vx8zldzKknDpLEXDKqruViVgdkowbZgLrD4pagWT2_0YCeNwrTo8ne_zeTTHiNI.b2F9zOsJeMxQLgbC?startTime=1624737241000
Avian Influenza Webinar Scheduled for July 13th!

Please join APHIS leadership and poultry experts for a webinar on Tuesday, July 13, at 2:00 p.m. ET to discuss the global status of highly pathogenic avian influenza (HPAI), wild bird surveillance efforts, and our Defend the Flock outreach and education campaign.

Webinar Details
When: Tuesday, July 13 from 2:00-3:30 p.m. ET
Who Should Attend: Poultry producers, poultry industry associations and representatives of poultry sector auxiliary services.

Registration: Click here to register. Once you submit your registration you will receive an email providing instructions on how to join the webinar. Please feel free to forward this invitation to your colleagues but don’t share your registration information.

Agenda:
- Welcome–Dr. Jack Shere, Associate Administrator
- Global HPAI Situation and OIE Chapter Updates–Dr. Fidel Hegngi, APHIS Senior Staff Veterinarian
- U.S. Wild Bird AI Surveillance Updates–Dr. Tom Gidlewski, APHIS Program Manager
- Global AI Wild Bird Surveillance–Dr. Hon Ip, USGS Diagnostic and Research Virologist
- Defend the Flock Campaign–Joelle Hayden, APHIS Public Affairs Specialist
- Questions

Animal and Plant Health Inspection Service
U.S. DEPARTMENT OF AGRICULTURE

ANIMAL ALERT: Heat Wave On Its Way May Cause Problems For Livestock Producers and Their Animals

Date: June 24, 2021
From:

Donald A. Llewellyn, Ph.D.
Associate Professor/Livestock Extension Specialist
Washington State University Extension
don.llewellyn@wsu.edu  509-335-8759
A heat wave is expected to engulf much of the Inland Northwest over the next week with daytime temperatures above 100 degrees in many areas. These temperatures will put livestock and pet well-being at risk. Commercial producers and youth with animal projects should prepare now for the upcoming heat and dangerous conditions. Here are a few general suggestions to keep your animals safe, but also keep in mind each of the various species of domesticated animals will have specific needs.

- Avoid stressful handling of livestock and if necessary only do so in the early morning hours or late in the evening.
- If animals are in a barn or shed, ensure that they have proper ventilation and air circulation.
- For animals outside, provide shade if possible.
- Provide a continuous supply of cool, clean water.

Water is an important factor in allowing animals’ bodies to cool down and stay cool. Sufficient water is particularly important for animals that are lactating or pregnant to ensure health of the nursing young and health of offspring at birth. Watch for signs of dehydration (e.g. lethargy, drying of the mucous membranes and eyes, or eyes that appear sunken and dull). Clean water is also important: Note that excessive heat and stagnant water can promote blue-green algae growth which has shown to be toxic to livestock, wildlife, and humans. More information on blue-green algae can be found at [https://www.ag.ndsu.edu/publications/livestock/cyanobacteria-poisoning-blue-green-algae](https://www.ag.ndsu.edu/publications/livestock/cyanobacteria-poisoning-blue-green-algae). The following table provides some insight into the amount of water and feed required by livestock.
Remember that during times of heat stress, it may be necessary to reduce the energy intake (e.g. grains and concentrates) and increase fiber in the diets of animals such as 4-H steers and lambs to help mitigate heat stress. In addition, endophyte infected forages (e.g. fescue or other forages or crop residues containing endophyte) should be avoided as they may exacerbate heat stress in cattle.

Heat stress can also be made worse by high humidity. Animals find it more difficult to cool during times of high humidity. In general, the Inland Northwest does not experience high humidity during the summer. However, west of the Cascade Range the marine environment is more prone to higher humidity. In addition, areas to the east of the Cascade Range with vast areas of irrigated farmland are an exception and can experience higher humidity.

During and following heat stress, watch for signs of respiratory disease and digestive disorders in livestock. Wide temperature swings between day and night (say 40 degrees or more) can predispose livestock to infection.

Finally, high temperatures with low humidity increase the likelihood of wildfires across our region. Have an emergency plan in place to guide you in times of high temperatures and also for disaster preparedness such as wildfires. If you need assistance navigating this heat wave please contact your WSU Extension Specialists, County Extension Educators, Extension Veterinarians, or your local veterinarian. Our animals depend on us!
WSU Extension Publication Details Mitigation of Livestock Heat Stress

Susan Kerr, DVM, PhD, WSU Livestock and Dairy Extension Specialist notes:

The things to focus on are shade, COOL WATER, and no activity. Ice water bottles great for small animals. If using sprinklers to cool off animals such as cattle, pigs, horses or goats (HA! good luck catching them for this), use just a few minutes of big drops of cool water, then let it evaporate– that is how they will discharge heat the best. You can repeat this every half hour or as needed.

A very detailed publication is available at https://pubs.extension.wsu.edu/management-practices-to-mitigate-livestock-heat-stress; it may provide useful information.

Disaster Preparedness Fact Sheets Available Here!

Agencies and knowledgeable personnel are already predicting that we could have a terrible fire season this year. Are you prepared for fire or other disasters? These publications will help you, your family, communities be prepared for whatever natural disaster my strike. Thanks to Drs. Craig McConnel and Dale Moore for sharing these materials.

Janet L. Schmidt, WSU Extension Whitman County Director and 4-H Youth Educator

To view and/or download the fact sheet, click on the title below:

Ag Producer Safety During Wildfires

Establishing and Operating Animal Shelters

Establishing and Operating Disaster Information Centers

Forming and Engaging County Ag Response Teams

Disaster Go Bags

Livestock Handling During Disasters

Mitigating Impacts of Livestock Transportation Accidents

Practical Livestock Evacuation

Should an emergency strike, a handy publication that provides guidance on feeding large and small livestock can be found at the following link:

Feeding Livestock In a Disaster
Participate in the SFC Killeen 4-H Summer Outdoor Challenge!

Sergeant First Class (SFC) Killeen was an outdoor enthusiast and 4-H volunteer. Washington State 4-H youth members are invited to take part in the 2021 4-H Summer Outdoor Challenge. Hike, bike, ride an equine, walk or paddle at least 25 miles outdoors between June 19 and September 26, 2021, to receive recognition and be entered to win prizes. Special recognition for 25 miles, 50 miles, and 100 miles completed. Submit an outdoor challenge log and photographs documenting your adventures to be entered to win! Get outdoors with or without your 4-H project (dog, pack goat, equine, llama); take your camera and record your miles!
The idea is to be physically active and enjoy the outdoors! Please! No ATV’s or other motorized recreational vehicles!

Washington State 4-H members can participate! Simply do the following:
- Hike, bike, ride an equine, walk or paddle outdoors between June 19 and September 26, 2021.
- Keep track of your miles and take photographs of your adventures!

Questions? please e-mail to tc4h@co.thurston.wa.us

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Reminder: Washington State 4-H Dairy Judging and Quiz Bowl Contests Coming July 20!

![4-H Logo](image)

The State 4-H Dairy contests for Judging and Quiz Bowl determines the individuals that will represent Washington participating at the National events. **This year both contests will be held:**

- **July 20, 2021**
  - Fairgrounds in Monroe, Washington
  - 9:00 am 4-H Dairy Quiz Bowl Contest
  - 12:30 pm 4-H Dairy Judging Contest

If you have an individual 4-H’er or team that wants to compete, please contact Gary Fredricks at 360-577-3014 Ext. 3 or at garyf@wsu.edu.
Virtual Table Setting Results Are In!

Thank you to all who entered the first statewide virtual table setting contest. Every entry received a certificate of participation but seven skilled youth are winners. Prizes were sent to the winners. The judges hope everyone enters their table setting into the 4-H State Fair.

The Winners Are:

- **Linnea** from Frog Hollow 4-H Club Spokane County
- **Clairese** from Quincy Sportsmen 4-H Club Grant County
- **Saren** from Kalama Rough and Ready 4-H Club Cowlitz County
- **Jourdyn** from Kalama Rough and Ready 4-H Club Cowlitz County
- **Jennifer** from Pin Cushion Pals 4-H Club Kitsap County
- **Heidi** from Clover Rovers 4-H Club Kittitas County
- **Olivia** from Kalama Rough and Ready 4-H Club Cowlitz County

Congratulations to the Virtual Table Setting Contest Winners!!
Dr. Universe Wants to Answer Your Questions!

Northwest Public Broadcasting is teaming up with Dr. Universe to answer video questions from kids about plants, flowers, fruits, and rocks, volcanoes, and earthquakes! They are looking for video submission questions from curious kids and thought our 4-H members might be interested in submitting video questions.

A short “how-to submit” video can be found at askDrUniverse.wsu.edu
WSU’s Dr. Katie Cooper will help answer the geology questions and Dr. Amit Dhingra will help with the plant questions.

Rabbit Hemorrhagic Disease and WA Fairs Document From WA ST Department of Agriculture Available Here!

A document requested in last week’s 4-H small animal call, from the State of Washington Department of Agriculture – Animal Health Program regarding Rabbit hemorrhagic disease and 2021 Washington fairs is now available by
clicking [HERE](https://www.freep.com/story/news/local/michigan/2021/05/21/salmonella-outbreak-backyard-chickens-michigan/5204451001/). The link to the USDA map referenced in the call is included in the letter.

Please direct any questions to:

Susan Kerr, DVM, PhD  
WA State Dept. of Ag Educational Outreach Specialist  
360-789-7664  
[skerr@agr.wa.gov](mailto:skerr@agr.wa.gov)

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**REMINDER! Play It Safe Around Poultry!**

There is an ongoing multi-state salmonella outbreak associated with backyard chickens. The story link is below, along with extracted CDC advice about how to stay healthy around chickens. ONLY KISS CHICKENS ON THEIR LIPS!

👉🏻

Susan Kerr, DVM, PhD  
WA State Dept. of Ag Educational Outreach Specialist  

The CDC has this advice for backyard flock owners:

- Always wash your hands with soap and water right after touching backyard poultry or anything in the area where they live and roam.
- Use hand sanitizer if soap and water are not available.
- Don’t let backyard poultry inside the house, especially in areas where food or drink is prepared, served or stored. Keep flock supplies outside the house.
- Set aside a pair of shoes to wear while taking care of poultry and keep those shoes outside of the house.
- Children younger than 5, adults over 65 and people with weakened immune systems shouldn’t handle or touch chicks, ducklings or other poultry.
- Don’t eat or drink where poultry live or roam.
- Don’t kiss backyard poultry or snuggle them and then touch your face or mouth.
- Stay outdoors when cleaning any equipment or materials used to raise or care for poultry, such as cages, or feed or water containers.

Here’s how to handle eggs safely:
• Collect eggs often, don’t let them sit the nest as they can become dirty or break.
• Throw away cracked eggs. Germs on the shell can more easily enter the egg through a cracked shell.
• Rub off dirt on eggs with fine sandpaper, a brush or a cloth. Don’t wash them because colder water can pull germs into the egg.
• Refrigerate eggs to keep them fresh and slow the growth of germs.
• Cook eggs until both the yolk and white are firm. Cook egg dishes to an internal temperature of 160 degrees to kill all germs.

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**Highly Pathogenetic Avian Influenza (HPAI) Info Available for Poultry Project Youth**

Highly pathogenic avian influenza is very active right now around the globe. Outbreaks are presently occurring in North Korea, China, Netherlands, Sweden, Spain, Germany, Belgium, Italy, Iran, Poland, Norway, France, and Ukraine.

Wild waterfowl are one of the main ways the virus moves around. A major migratory flight path for wild waterfowl includes Washington State; many waterfowl species (swans, ducks, geese) overwinter in the state as well. These birds can carry the avian influenza virus and spread it to chickens, in which it is much more deadly. Please refresh your knowledge of the biosecurity practices recommended to keep your birds safe and take these actions every day!

Here are some good resources:


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**More Information on HPAI:**

**Washington State Veterinarian News: Batten Down the Hatches Against Avian Influenza**

Outbreaks of highly pathogenic avian influenza are happening in several countries around the globe now. Please share this important info with 4-H members, commercial poultry owners, and any other stakeholders who would be affected by an outbreak in the U.S. We do NOT want this disease to get a foothold here! Thanks.

Plea for 4-H Horse Project Youth to Vaccinate for Equine Influenza

Dr. Susan Kerr, WSDA Education and Outreach Coordinator

4-H horse project youth, your horse depends on YOU to keep him/her safe and healthy!

There were 33 confirmed cases of equine influenza in Washington State in 2020. There were an additional 29 suspected cases, and 25 more horses were exposed to the virus by infected horses. These cases were distributed throughout the state. Fortunately, none of these horses died, which is typical for this disease.

Part of influenza treatment involves strict rest, and some horses do not return to normal for six months! Can you imagine not being able to ride or exercise your sick horse for weeks or months? Horses infected with the influenza virus can develop secondary pneumonia, which can be much more serious and require antibiotic treatment.

If your horse is at risk of catching influenza from other horses, why not prevent this disease and all its complications by vaccinating him/her? The American Association of Equine Practitioners (AAEP) recommends horses at risk be vaccinated for influenza every six months.

Is your horse at risk of influenza? YES if he/she has contact with other horses “outside its bubble” at shows, trail rides, schooling, etc. Also YES if you keep your horse at a stable where other horses are coming and going and mixing with other horses. Even if your horse doesn’t go anywhere, another horse can bring the virus to him/her.

If your horse stays at your home barn with a steady “bubble” of barn mates and doesn’t have direct or indirect contact with other horses, he/she is at minimal risk of influenza.

A very good article with more details about equine influenza is available at https://www.equinediseasecc.org/disease-information.
For more information about equine vaccinations, see the AAEP's recommendations at https://aaep.org/horse-owners/owner-guidelines/owner-vaccination-guidelines or speak with your veterinarian.

The foundation of animal welfare is preventing animal illness, pain, and suffering. Vaccinating against diseases of concern is a very simple and effective way to do this.

COVID-19 RESOURCES

A Reminder: COVID-19 Resources Available from WSU Extension

The WSU Extension COVID-19 Updates and Resources page is updated as new information becomes available. The Link to the page is https://extension.wsu.edu/covid-19/

WASHINGTON STATE RESOURCE GUIDE FOR PARENTS AND CAREGIVERS: Caring for Your Family During COVID-19

The Washington State Department of Children, Youth and Families has created a resource for parents during COVID-19. The WASHINGTON STATE RESOURCE GUIDE FOR PARENTS AND CAREGIVERS: Caring for Your Family During COVID-19 was developed to help parents and their families navigate the pandemic and the days to follow.

The publication is available at https://www.dcyf.wa.gov/sites/default/files/pubs/FS_0039.pdf