Tuesday News – May 18, 2021

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LIMITED RESUMPTION OF 4-H IN-PERSON ACTIVITIES
Announcement Revised May 5, 2021

On March 11, Governor Inslee announced that all counties would move to phase 3 on March 22. On April 12, the Governor moved Pierce, Cowlitz and Whitman counties back to phase 2. On May 4, the Governor announced a two-week pause on phases. Under the pause, every county will remain in its current phase. At the end of two weeks, each county will be re-evaluated. NOTE THAT CHANGES TO REQUIREMENTS MAY BECOME MORE OR LESS RESTRICTIVE, depending upon the course of the COVID-19 virus.

PLEASE WORK WITH YOUR LOCAL COUNTY EXTENSION 4-H OFFICE IF YOU WOULD LIKE TO HOLD A 4-H IN-PERSON MEETING, ACTIVITY OR EVENT. ALL NEW IN-PERSON PLANS MUST BE APPROVED BY YOUR LOCAL 4-H STAFF/FACULTY AND LOCAL COUNTY DIRECTOR.

We reference the Governor’s Agricultural Events COVID19 Requirements for agricultural and animal events and the Department of Health’s Youth Development guidance for other in-person 4-H activities. We are also following recommendations by WSU’s Department of Environmental Health and Safety.

If the 4-H Event IS NOT an agricultural event, WSU has expanded the group size from 5 (for phase 2) to 15 (for phase 3) youth participants plus at least two adults (Extension personnel and/or Certified 4-H Volunteers). If the event is anticipating larger numbers, please consider staggered participation or “shift” scheduling to stay within the limits. More information can be found on the 4-H In-Person Resources Page linked below.

If the event is an agricultural event, the 4-H Youth Development Program will be following the Governor’s COVID-19 Agricultural Events Guidance, linked below.

As always, all safety protocols must be followed and any activity that can be accomplished at a distance should be.

IMPORTANT LINKS:

4-H In-Person Resources Page
King County Rabbit Vaccine Clinic Pre-Registration Closes May 19th!

Hosted by the WSU Extension 4-H Youth Development Program Small Animal Committee in partnership with the King County 4-H Association and the Thurston County 4-H Council. Cost is $35 per rabbit ($35 includes credit card processing fees). No exam fees required. This is a drive-thru event due to Covid-19 restrictions; please wear a mask. Rabbits will be vaccinated in your vehicle. Please bring rabbits in carriers or pet crates. Please Note: All vaccines must be pre-paid to reserve your spot in line.

Please read the facts about RHD before making a decision to vaccinate your rabbit or rabbits. This event is being held to make it easier for 4-H and FFA youth to access the RHDV-2 vaccine as it is not yet widely available. No day of event registrations. For more information about RHDV-2 and to help families make an educated decision about whether or not to vaccinate, please visit the Washington State Department of Agriculture (WSDA) RHD webpage at https://agr.wa.gov/departments/animals-livestock-and-pets/animal-health/animal-diseases/rabbit-disease and the American Rabbit Breeders Association (ARBA) website at https://arba.net/announcements/.

Other Information links:

Factsheet: Rabbit Hemorrhagic Disease – USDA

Rabbit Hemorrhagic Disease Vaccine – FAQ

Rabbit Hemorrhagic Disease Vaccine Information Sheet

KING COUNTY DRIVE-THRU VACCINE CLINIC
Sunday, May 23, 11 a.m. start
(deadline to pre-register May 19)
Enumclaw Expo Center South Parking Lot (King Co. Fairgrounds)
45224 284th Ave SE, Enumclaw, WA 98022
Pre-pay and sign-up for a timeslot at https://forms.gle/HJUgQ8PjVQM7Qv8B7 – REGISTER BY MAY 19TH

Questions? Contact Nancy Baskett, King County 4-H Coordinator, (425) 738-0104, nbaskett@wsu.edu

More details and a pre-registration link for the June 6 Lewis County Clinic will be included in a future Tuesday News.
2021 Evergreen Junior Dairy Show Scheduled for June 25-26
In Moses Lake!
Registration Deadline is May 24th!

The 2021 Evergreen Junior Dairy Show is now scheduled! The event will be held Friday, June 25 and Saturday, June 26 at the Grant County Fairgrounds in Moses Lake, Washington.

The Registration/Entry Form can be found by clicking here.

PLEASE BE AWARE OF SHORT REGISTRATION TURNAROUND – THE DEADLINE FOR ENTRIES IS MAY 24th.

Show Rules and Schedule can be found by clicking here.

Clothing Order Form can be found by clicking here.

Dairy Travel Grant Application Deadline Extended

The deadline for 4-H dairy travel grant applications has been extended to June 1. The grant is designed to provide travel costs for 4-H youth to attend Dairy Programs. To qualify for funding through the Dairy Travel Fund, the applicant must have residency in Washington and be enrolled in middle school, high school, or college. A maximum of $500 will be awarded for each qualified application. Travel grants are supported by the 4-H Dairy Endowment Fund,
which was established to provide financial support for Washington State 4-H dairy activities.

For more information and how to apply, Check it out at: https://extension.wsu.edu/4h/dairy-endowment-fund/

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New Experience 4-H! Zoom Workshop – Make a Travel Pocket Pillow!!

Welcome to a new Experience 4-H! Activity!!

This project is a cross between quilting and dimensional sewing. You will be making a handy pocket travel pillow. This is a step up from the table runner. If you are comfortable with your sewing machine and can sew a straight seam, please join us.

This is a two-session activity. 22 May and 5 June 1:00 PM – 3:00PM. The first meeting will cover the nine-patch front of the pillow; the second meeting will follow with the pillow pocket back and finishing of the pillow.

To make this activity easier on participants, the Zoom is set up so everyone only needs to register once. On May 24th, participants will receive an email with the code to enter the meeting room on June 5th.

This workshop is hosted by the WSU 4-H Sewing and Textile Advisors of Cowlitz County.

Please register for this sewing activity. It is open for all to participate!

When: May 22, 2021 and June 5, 2021 01:00 PM Pacific Time (US and Canada)
Register in advance for this meeting: https://wsu.zoom.us/…/tJctce2upjkvH9YSw-QxZNQ7RLxGhv_nt4UE

After registering, you will receive a confirmation email containing information about joining the meeting and a follow-up email with material requirements.

Washington 4-H Teen Equity and Inclusion Task Force Presents Workshops

The purpose of the Washington State 4-H Teen Equity and Inclusion Task Force is to facilitate and support an inclusive 4-H youth organization. Using compassion and empathy, the task force strives to create an open and safe environment to celebrate and embrace our diversity.

The Task Force workshop series “A Culture of Inclusion” is running now through June 23 – Register at the task force’s webpage, https://wa4hteenequity.weebly.com/
Task Force members are also available to visit your 4-H group, adults or teens to present workshops. Link to current workshops at https://wa4hteenequity.weebly.com/workshops.html.

Link to other excellent resources on the task force website at https://wa4hteenequity.weebly.com/resources.html

Miss the Youth In Action Event on April 27th? View the Recordings Now!

Washington State 4-H celebrated Mayyadah Zagelow, recently named the Healthy Living Pillar winner, at the 2021 4-H Youth in Action Virtual Celebration on April 27th.

The event, carried live on Facebook and YouTube, featured appearances from several celebrity guests and 4-H alumni, including: Carla Hall, Avery Williamson, Lazarus Lynch, Bill Nye “the Science Guy,” and Dolly Parton.

If you missed the event, recordings are available for viewing on YouTube! Find the playlist at https://www.youtube.com/playlist?list=PLpKw1i-cDY_EGkFm4yfrkB41eKfxiVln4
Following April 27th’s Youth In Action Celebration, the four Pillar winners were asked to participate in a follow-up interview with RFD-TV. RFD-TV is a rural-focused tv network – they’re great partners to 4-H and they streamed the Celebration live on their channels that evening.

A link to Mayyadah’s on-air interview download can be found by clicking here.
Volunteers Wanted for Military Teen Adventure Camp!

WSU Cascade Mountains Military Teen Adventure Camp is seeking volunteers to fill a variety of roles. The camp is hosted by WSU in partnership with GPI and 4-H; and funded through a grant to allow teens of military families an opportunity to attend camp with little to no out-of-pocket expense.

Although the above flyer is intended to recruit volunteers, it may also serve to pique interest in attending! If you know a teen who may be interested, please share this link with them:

Military Teen Adventure Camp Webpage (pre-registration is on this page)
Military Teen Adventure Camp Volunteer Information
Military Teen Adventure Camp Recreation Internship Description
WSU Cascade Mountains Military Teen Adventure Camp Webpage
Experience 4-H! Dog First Aid
Zoom Workshop to be Presented on May 26th

Don't miss the virtual Dog First Aid 4-H workshop on May 26, 6:30 to 7:30 p.m. PDT. It's FREE! An introduction to first aid for youth dog owners.

You are invited to attend an introduction to providing basic first aid for your dog. Families with dogs are encouraged to attend. You do not have to be enrolled in the 4-H dog project to participate. All who love dogs are welcome! Parents/guardians are asked to attend with children age 9 and younger.

Register in advance for this meeting: https://wsu.zoom.us/meeting/register/tJAldOitrzItHNyuyOjmlxbYgPovFXLORFFI

After registering, you will receive a confirmation email containing information about joining the meeting.

Snohomish County 4-H Minecraft Project Video Update Now Available!
Thank you to those who attended the Snohomish County Minecraft Showcase! While we did record the Zoom, we felt that this video that the youth made was a much easier way to communicate their hard work than the full Zoom recording. Please enjoy, and if you have any questions, let me know!

Video Link: https://youtu.be/KDDkyPycpns

Ashley Hernandez-Hall (a.hernandez-hall@wsu.edu)

2021 Horse Bowl Results Are In!

Congratulations to the twenty participants from four counties who participated in the 2021 Washington State 4-H Horse Bowl Contest on May 1.

It was a challenge to do a virtual contest, however, all participants, coaches and officials did a magnificent job!

Thank you to all the officials for their contributions, with special appreciation to our Tech Support of RA Mazzola and Erika Kapur, who really made it possible. Ann Vonderau was the Senior Moderator, Kim Baker was the Intermediate Moderator, Katie Huston was the timer, Jennifer Leach was the judge and Molly Verschuyl was the ZOOM/Break out room master!

And a big thank you to Pat Pehling, who coordinated the State Contest.

A special “shout out” to the members and coaches for the work and preparation they did for this equine knowledge contest. Everyone was so respectful of the officials in doing this virtual contest.

RESULTS

Seniors:

Champion Team – Snohomish (Qualified for Eastern 4-H Equine Round-up to be held in Kentucky the first weekend in November)
Reserve Champion Team – Thurston
Third Place Team – Skagit

Top Ten Senior Individuals
1st – Molly Greiner (Skagit) – Gold Medal
2nd – Addison Kapur (Snohomish) – Silver Medal
3rd – Katie Pestinger (Thurston) – Bronze Medal
4th – Julianne Sharpe (Skagit)
5th – Charlotte Pestinger (Thurston)
6th – Hannah Kruchek (Snohomish)
7th – Maddy Durkin (Skagit)
8th – Baeya Kardokus (Thurston)
9th – Tristan Krohn (Snohomish)
10th – Stella Harris (Thurston)

**Intermediates:**

**Champion Team** – Snohomish

**Reserve Champion Team** – Spokane

**Top Ten Intermediate Individuals:**

1st – Avery Hand (Snohomish) – Gold Medal
2nd – Alice Cottrell-Steen (Snohomish) – Silver Medal
3rd – Madison Erickson-Corp (Snohomish) – Bronze Medal
4th – Katelyn Cockrum (Snohomish)
4th – Kashley Brown (Spokane)
5th – Isabelle Pefley (Spokane)
6th – Elise Petermann (Snohomish)
7th – Jason Dodge (Spokane)
8th – Hayley Baker (Spokane)

**Of course, the County Coaches deserve recognition for their commitment to serving the youth in their counties to prepare them for and support them in the Contest:**

Skagit – Sharrie Nelson and Hannah Brown
Snohomish – RA Mazzola, Erika Kapur and Jaeden Kapur
Thurston – Molly Pestinger
Spokane – Cheryl Paz

submitted by Pat Pehling, State 4-H Horse Bowl Contest Coordinator and Jennifer Leach, State 4-H Equine Specialist
This year, the National 4-H Shooting Sports Committee is offering a virtual five-webinar series for youth currently in 4-H Shooting Sports Ambassador roles. The learning academy will cover a wide variety of intensive youth leadership skills to use in their role as a State 4-H Shooting Sports Ambassador. The schedule gives detailed information on dates, times, and topics. The National 4-H Shooting Sports Committee will provide each participant with the book, *The Student Leadership Challenge*, by Kouzes and Posner, to use throughout the learning experience. Participants that enroll should be committed to being actively engaged in the topic activities, book study, and panel discussions. Webinars will be recorded for youth to view later, however the webinars will build upon each other in content and learning. Youth that complete the five-webinar series will be considered National 4-H Shooting Sports Ambassadors. The committee will work through specifics of this Program (i.e. polos, name tags) after the summer.

Please see the attached Information & Application Process linked [here](#). The committee looks forward to working with youth this summer!

**2021 Tom Knapp Memorial Scholarship Application Open – 4-H Shooting Sports**

*Posted from Lisa Muzzey, National 4-H Shooting Sports Committee:*

4-H Shooting Sports Ambassadors and Coordinators,

It is with great pleasure I announce the 2021 Tom Knapp Memorial Scholarship!!! This scholarship will be given annually to up to two 4-H Shooting Sports Teen Ambassadors that have attended the national institute and are still active with 4-H Shooting Sports.

The shooting sports industry lost a tremendous ambassador, teacher and friend in 2013 with the passing of exhibition shooter Tom Knapp. His combination of shooting skills and stage presence inspired an entire generation of new shooters. To honor his memory and continue his legacy of stewardship, Champion® and
Federal® teamed with the National 4-H Shooting Sports Committee to create the Tom Knapp Memorial Scholarship.

For more than a decade, Knapp represented Champion® and Federal® around the world at live exhibitions, on television and at countless consumer and trade shows. With the support of his wife, Colleen, Champion extended Knapp’s licensed products program to fund an endowed scholarship that will award $2,500 each to up to two National 4-H Ambassadors per year.

The application deadline is May 21st. Please be sure that all sections are complete when you return the application. Any incomplete application will not be considered.

Eligibility:
- Attended the National 4-H Shooting Sports Ambassador Institute
- Be a high school senior or within your freshman, sophomore or junior year
- Active in 4-H (current member or volunteer)

Forms Required:
- Completed Application due May 21, 2021
- Application to include a 250-to-500-word essay. How has participating in shooting sports activities made you a conservationist? Please describe how 4-H Shooting Sports programs have increased your awareness to wildlife conservation and how hunting and shooting sports are critical components of conservation in North America.
- Recommendation from a 4-H coach or equivalent who is not a relative
- Recommendation from state 4-H Shooting Sports Coordinator. Signature on recommendation will serve as signature on application. (Ashley Hernandez-Hall – a.hernandez-hall@wsu.edu)

The Scholarship Application Form is available at THIS LINK.

Ambassadors – If you’ve seen previous applications you will notice a couple of changes – No transcript request, no signature on application required from coordinator as the signature on the recommendation will serve as the coordinator’s signature for your application. If you think that you qualify for this scholarship you immediately ask for your letters of recommendation most of us are working from home. Your references can be directed to me and I will attach them to your completed application when it arrives.

State Coordinators – I ask for your help in helping our ambassadors turn around this application quickly. Please send your reference directly to me as your signature on the reference will serve as the signature on the application. You will
be certifying their continued activity in 4-H Shooting Sports either as a teen ambassador or now as a volunteer.

The ambassadors also received this notice via our Facebook chat. I’m hoping that I have everyone’s current contact information. If an email is returned I may ask for your assistance in contacting anyone that has continued activity within your state.

If you have any questions, don’t hesitate to ask. If you are snail mailing your application please send the items to my home office: Lisa Muzzey, National 4-H Shooting Sports Committee, 1733 Brockways Mills Road, Chester, Vermont 05143; otherwise, email will work great. Lisa.muzzey@uvm.edu I will not receive any faxes while I am working out of the office.

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**International Exchange Program Update:**

**Summer Program Cancellation**

**Academic Year Long Program Hosting Opportunities**

**From States’ 4-H International** – Unfortunately, our Japanese partners have cancelled the month-long Summer Inbound Program as of April 16th of this year. This decision was made due to some international travel restrictions on safety around Covid-19. This is very sad for many families and students who were looking forward to the Exchange Program this summer. However, we are expecting next year’s month-long Summer Exchange Program to be bigger than ever. Many students in other countries and our own wait many years to finally have an exchange opportunity. Our hope is that 2022 will allow these students this great trip of a lifetime!

We are excited that our Academic Year Long Exchange Program is still taking place! Many students are looking for placements for the school year starting in September. If you would like more information on this great program,, check out the States’ website at: [https://www.states4hexchange.org/year-long/](https://www.states4hexchange.org/year-long/)
Program Basics:
States’ 4-H places students from Japan and South Korea through the Academic Year Program. States’ 4-H also places students participating in the Future Leaders Exchange Program (FLEX), and Kennedy-Lugar Youth Exchange & Study Program (YES), which are sponsored by the US Department of State. Over 60 countries participate in the FLEX and YES Programs from Eastern Europe, Asia, Africa and the Middle East.

Who can apply:
Anyone who wants to welcome a high school student into their family and is able to provide the student meals and a bed.

Program Details:
- Host for one academic year (August–June)
- Students are enrolled in public high school and arrive in the USA in August
- Your family and exchange student will be supported by local and state coordinators.

How to apply:
Contact your State Coordinator!
Sadie Williams
253-798-7160
sadie.williams@wsu.edu

Host Family Applications are being Accepted now!

2021 Citizen Washington Focus Virtual Program
Registration Open Through June 1st

Citizenship Washington Focus (CWF), is National 4-H Council’s premier leadership
and citizenship program for high school age students. While it typically takes place in Washington, D.C., this year it will be held in a virtual format.

CWF will return to in-person programming in the Washington, D.C. metro area in Summer 2022. Get more information about the future of the National 4-H Conference Center.

The virtual CWF program will take place once a week, for five weeks, beginning Sunday, June 20, 2021. When they register, participants will be able to indicate if they would prefer to participate on Sundays or Mondays. Preferences will be honored on a first come first served basis.

Elevating youth voice and strategies for being effective change agents are the focus of the entire five-week virtual CWF experience. Each week will explore new topics.

Program Fee:

Youth: $250 per person
Adults: One Lead Coordinator can attend free of charge. Additional adult participants are $250 per person.

Registration Deadline is June 1. Join an info session on May 19 to learn more. Information on program sessions and details can be found at https://4-h.org/parents/citizenship-washington-focus/

Third Annual True Leaders In Equity Institute Application Period Open Now

From September 10-12 and on October 9, 2021 the True Leaders in Equity Institute will prepare up to 20 teams to be change agents within the Cooperative Extension System as we work to create more welcoming and inclusive environments. This training and leadership opportunity challenges participants to work together to ideate and champion equity-related projects that will grow 4-H in their communities.

4-H believes in youth and adults working together to leverage the strengths that each group brings to their communities and world.
At the Institute, teams will:

- Gain a deeper understanding of key principles and concepts related to equity and inclusion.
- Identify a particular equity indicator and/or issue to focus on for the next year.
- Develop their skills and competencies in equity leadership and make connections to people, organizations and tools that can be helpful for their projects.
- Create an overall framework for their project for the next year and a specific 90-day action plan to implement when they return home.

The 2021 True Leaders in Equity application is open now through June 30, 2021.

If you have questions, you may download Frequently Asked Questions or email Hayat Essa at HEssa@fourhcouncil.edu.

This program is supported by the W.K. Kellogg Foundation and the Robert Wood Johnson Foundation.

Enter the Experience 4-H! Table Setting Contest by June 1st!

Submit a photo of decorated table and menu to tgwin@wsu.edu by June 1, 2021

Contact Toni with any questions,
Washington State 4-H Dairy Judging and Quiz Bowl Contests
Coming July 20th

The State 4-H Dairy contests for Judging and Quiz Bowl determine the individuals that will represent Washington by participating at the National events. This year both contests will be held on July 20, 2021 at the Fairgrounds in Monroe, Washington.

General Dairy Judging Team information can be found by clicking here.
General Quiz Bowl Team information can be found by clicking here.

If you have an individual 4-H’er or team that wants to compete, please contact Gary Fredricks at 360-577-3014 Ext. 3, or at garyf@wsu.edu.

Highly Pathogenetic Avian Influenza (HPAI) Info Available for Poultry Project Youth

Highly pathogenic avian influenza is very active right now around the globe. Outbreaks are presently occurring in North Korea, China, Netherlands, Sweden, Spain, Germany, Belgium, Italy, Iran, Poland, Norway, France, and Ukraine.

Wild waterfowl are one of the main ways the virus moves around. A major migratory flight path for wild waterfowl includes Washington State; many waterfowl species (swans, ducks, geese) overwinter in the state as well. These birds can carry the avian influenza virus and spread it to chickens, in which it is much more deadly. Please refresh your knowledge of the biosecurity practices recommended to keep your birds safe and take these actions every day!

Here are some good resources:


More Information on HPAI:
Washington State Veterinarian News: Batten Down the Hatches Against Avian Influenza

Outbreaks of highly pathogenic avian influenza are happening in several countries around the globe now. Please share this important info with 4-H members, commercial poultry owners, and any other stakeholders who would be affected by an outbreak in the U.S. We do NOT want this disease to get a foothold here! Thanks.
Plea for 4-H Horse Project Youth to Vaccinate for Equine Influenza

Dr. Susan Kerr, WSDA Education and Outreach Coordinator

4-H horse project youth, your horse depends on YOU to keep him/her safe and healthy!

There were 33 confirmed cases of equine influenza in Washington State in 2020. There were an additional 29 suspected cases, and 25 more horses were exposed to the virus by infected horses. These cases were distributed throughout the state. Fortunately, none of these horses died, which is typical for this disease.

Part of influenza treatment involves strict rest, and some horses do not return to normal for six months! Can you imagine not being able to ride or exercise your sick horse for weeks or months? Horses infected with the influenza virus can develop secondary pneumonia, which can be much more serious and require antibiotic treatment.

If your horse is at risk of catching influenza from other horses, why not prevent this disease and all its complications by vaccinating him/her? The American Association of Equine Practitioners (AAEP) recommends horses at risk be vaccinated for influenza every six months.

Is your horse at risk of influenza? YES if he/she has contact with other horses “outside its bubble” at shows, trail rides, schooling, etc. Also YES if you keep your horse at a stable where other horses are coming and going and mixing with other horses. Even if your horse doesn’t go anywhere, another horse can bring the virus to him/her.

If your horse stays at your home barn with a steady “bubble” of barn mates and doesn’t have direct or indirect contact with other horses, he/she is at minimal risk of influenza.
A very good article with more details about equine influenza is available at https://www.equinediseasecc.org/disease-information.

For more information about equine vaccinations, see the AAEP's recommendations at https://aaep.org/horse-owners/owner-guidelines/owner-vaccination-guidelines or speak with your veterinarian.

The foundation of animal welfare is preventing animal illness, pain, and suffering. Vaccinating against diseases of concern is a very simple and effective way to do this.

COVID-19 RESOURCES

A Reminder: COVID-19 Resources Available from WSU Extension

The WSU Extension COVID-19 Updates and Resources page is updated as new information becomes available. The Link to the page is https://extension.wsu.edu/covid-19/

WASHINGTON STATE RESOURCE GUIDE FOR PARENTS AND CAREGIVERS: Caring for Your Family During COVID-19

The Washington State Department of Children, Youth and Families has created a resource for parents during COVID-19. The WASHINGTON STATE RESOURCE GUIDE FOR PARENTS AND CAREGIVERS: Caring for Your Family During COVID-19 was developed to help parents and their families navigate the pandemic and the days to follow.

The publication is available at https://www.dcyf.wa.gov/sites/default/files/pubs/FS_0039.pdf