

Tuesday News



Tuesday News – June 30, 2020

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FEATURES

Summer Fireside July Chat Hosted by Southeast Washington 4-H Advisory Board Members is Tomorrow!



The graphic is a vertical banner for the 2020 Fireside Chat Series. At the top is a green four-leaf clover logo with '4-H' on each leaf. Below it, the text reads '2020 FIRESIDE CHAT SERIES' in large, bold, dark blue letters. Underneath, it says 'HOSTED BY SOUTHEAST WA ADVISORY BOARD MEMBERS'. A dark blue horizontal band contains the text: '1ST WEDNESDAY OF EACH MONTH AT 7PM', 'PRE-REGISTER FOR ZOOM INFO', and 'HTTPS://REBRAND.LY/FIRESIDECHAT2020'. The main body of the graphic is divided into colored sections. The first section is light yellow and features the text 'How to Recognize Youth Without the Fair Setting' next to a dark blue circle containing 'July 1st'. The second section is light green and features 'Aug 5th' in a dark blue circle next to the text 'Fundraising at the Club and County Levels'. The third section is light yellow and features 'Conflict Management' next to a dark blue circle containing 'Sept 2nd'. Below this is a light green section with the text 'What topic would you like covered? Let us know in the post comments!'. At the bottom is another dark blue band with the same text as the first band: '1ST WEDNESDAY OF EACH MONTH AT 7PM', 'PRE-REGISTER FOR ZOOM INFO', and 'HTTPS://REBRAND.LY/FIRESIDECHAT2020'. The graphic ends with the same green four-leaf clover logo at the bottom.

2020 FIRESIDE CHAT SERIES

HOSTED BY SOUTHEAST WA ADVISORY BOARD MEMBERS

1ST WEDNESDAY OF EACH MONTH AT 7PM
PRE-REGISTER FOR ZOOM INFO
[HTTPS://REBRAND.LY/FIRESIDECHAT2020](https://rebrand.ly/firesidechat2020)

How to Recognize Youth Without the Fair Setting **July 1st**

Aug 5th Fundraising at the Club and County Levels

Conflict Management **Sept 2nd**

What topic would you like covered? Let us know in the post comments!

1ST WEDNESDAY OF EACH MONTH AT 7PM
PRE-REGISTER FOR ZOOM INFO
[HTTPS://REBRAND.LY/FIRESIDECHAT2020](https://rebrand.ly/firesidechat2020)

Join us on our monthly educational series on a full range of issues that effect 4-H! July's topic is "How to Recognize Youth Without the Fair Setting." [#4HGrowsHere](https://rebrand.ly/firesidechat2020)

Pre-register at <https://rebrand.ly/firesidechat2020>

WSU Extension 4-H Steps Up to State Of Washington Lieutenant Governor's Office's Mask Making Challenge!



WASHINGTON MASK CHALLENGE

The State of Washington Lieutenant Governor's Office recently issued a Mask Making Challenge , and information went out about the challenge last week – but not in Tuesday News, unfortunately! WSU Extension Offices have been designated to act as distribution points for the Mask Kits (Which include enough fabric for 10 masks) and for them to advertise and recruit for this challenge.

A link to the information flyer distributed for the Mask Making Challenge is [here](#),
A link to the suggested instructions for making masks is [here](#).

Thank you for your support and efforts toward this project!

National 4-H Council Announces Tractor Supply Company Summer Online Campaign

From Sara Hutches, 4-H Council:

As many of you know, this spring, the Tractor Supply Company (TSC) Spring Paper Clover campaign was postponed as we waited to see how the COVID pandemic would unfold. We were hopeful that this would be a short interruption and we'd be able to continue as planned. Unfortunately, months later, many of 4-H programs are restricted from in-person programming and stores are still working to minimize face to face customer interaction. The more we explored options around rescheduling, the more it became clear that we needed to go in a different direction, one that doesn't depend on in-person interaction and that wouldn't jeopardize the success of the Fall Paper Clover Campaign by having too many similar customer asks in a short time frame.

As a result, we are excited to announce that TSC is working with us to host a 100% online fundraising campaign this summer. From **July 15-26, 2020 customers can donate at online check out** This should work for both online (shipped) purchases and curbside pickup. The funds for this campaign will be distributed to local 4-H programs via the Fourward Fund.

We've done a little bit with TSC in online fundraising before, but nothing near this extensive. We are excited to use this challenging time period to see how we can grow digital point-of-sale fundraising so that when we return to a "normal" Paper Clovers campaign, we can apply those learnings.

This all being said, we are full steam ahead planning for Fall Paper Clover. The dates are the same as before, 10/7/20-10/18/20. TSC is planning on providing additional promotion to try to make it a huge kickoff to the 4-H year. We are hopeful that we will be able to have kids in-store but may need to consider alternatives at that time.

We will provide social graphics to help in promoting the Summer online donation campaign digitally, but those won't be ready until right before the campaign begins. In addition, because this is different than our regular Paper Clover campaign and entirely digital, we don't expect individual clubs and 4-Hers to participate like normal, just have them mark their calendars for the fall.

Thanks again for your flexibility and patience!

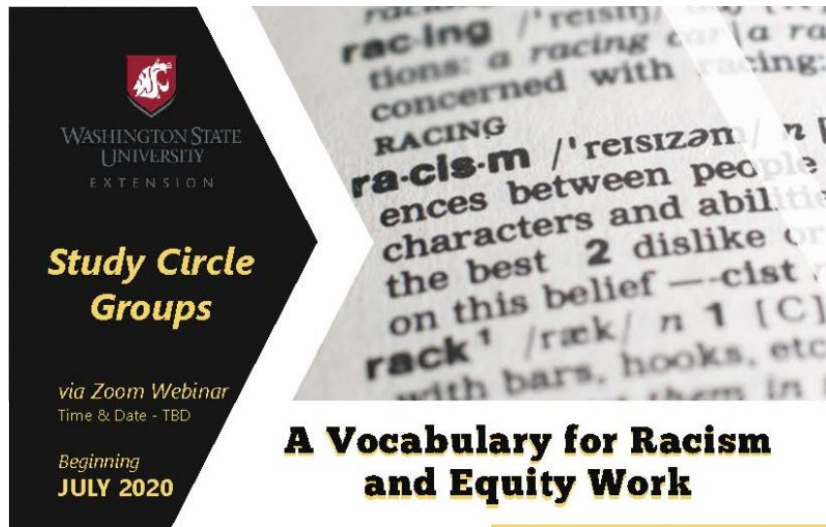


Extension Study Circles on Racism Are Forming Now!

Please distribute internally and widely. Volunteers are welcome.

Michael Wallace
WSU Extension, Regional Specialist
(360) 778-5813
e-mail: mlwallace@wsu.edu

The link to the following document is [**July2020RacismAndEquity-v4**](#)



WASHINGTON STATE UNIVERSITY EXTENSION

Study Circle Groups

via Zoom Webinar
Time & Date - TBD

Beginning
JULY 2020

A Vocabulary for Racism and Equity Work

With the resurgence of public concern regarding social justice issues in our country, some of us may feel a lack of connection to the issues, or we may be having misgivings about long-held beliefs about race, equity and justice, our own and other's. Recognizing we may be disconnected or ill-equipped to engage with others about this topic in meaningful ways may also leave us feeling confused or defensive about an issue that deserves greater personal investment from each of us.

Beginning in July, Extension will host several reading and discussion groups to help volunteers, staff and faculty come to a deeper understanding of what equity is and how racism continues to exist in our democracy. The reading groups will be hosted regionally and will include people who live and work close to you. Generally, the reading groups will last one month, and meet once a week by Zoom to review and discuss seminal readings concerned with race and equity.

The exact dates and times of the reading group Zooms will be coordinated by your local host. If you are interested in being a part of a reading group, please complete the Qualtrics registration below:

https://wsu.co1.qualtrics.com/jfe/form/SV_1yHvVzGhPfZIGIE



Reasonable accommodations will be made for persons with disabilities and special needs who contact their Extension office at least 2 weeks prior to event.
Extension programs and employment are available to all without discrimination. Evidence of noncompliance may be reported through your extension office.

Share Your STEM Project Or Activity on the 4-H STEM Showcase Instagram Page!

An @4HSTEMShowcase Instagram page has been created, and we would love to profile 4-Her's STEM projects from around the state on it. If it's science of any kind - tech, engineering, or math - we want to see it!

It's easy to share. Just send a jpeg with the 4-Her's first name, county name and project they are sharing to Michelle Green at michelle.green@wsu.edu. If the county has an Instagram page, we will tag them if it posts. We have 4-Hers doing awesome things, and we want to see them learning by doing!



Our New State Ambassador Program – Moving Forward With a Clear Vision In 2020!

The Washington 4-H State Ambassadors have a new team of youth leaders from all 4 districts!

They are:

NW District: Samantha Ollis, Danaya Snively, and Raya Jakobsen.

SW District: Raegan Boyse, Bethany Jacks, Camille Talbot, Mariah Moran, and Sara Baldwin.

SE District: Alana Phillips, Riley Ziegler, Chloe Clyburn, Tori Gutierrez, and Elsie Cziske.

NE District: Peyton Distad, Hayley McDonald, and Peter Minick.

The team also includes state ambassador alumni Hannah Lea and Victoria D'Arienzo as planning team members, as well as Hailey Fagerness and Grant Hollar serving as team support consultants.

Our state ambassadors have chosen to start their work by focusing their action projects in the following areas: Increasing 4-H Awareness, Increasing Teen Involvement in 4-H, and Positive Community Support. Better networking with youth leaders from all over the state is a key priority, as it will allow the team to help them further strengthen the skills and contributions they can provide in their own counties.

We will continue to work together virtually using Zoom video conference calls and our Slack discussion group and will add in-person activities when this becomes possible.

Senior 4-H members interested in becoming an active member of the SA team can email 4-H State Ambassadors at wasa.4h@wsu.edu.



National 4-H Council Shares Survey on COVID-19 Effects on Youth Mental Health and Loneliness

A new survey commissioned by National 4 H Council, and conducted by the Harris Poll, finds that 7 in 10 teens are struggling with their mental health in the wake of COVID-19. More than half of those surveyed shared that the pandemic has increased their feelings of loneliness, with 64 percent believing it will have a lasting impact on their mental health. The survey, conducted in May 2020, is among the first to examine the impact this unprecedented public health crisis has had on U.S. teens. The aims of the survey are to help practitioners gain a deeper understanding of the state of teen mental health and to gather teen perspectives on the issue as 4-H aims to empower young people with the resources and support to address their health and well-being head on.

Read the full article at

<https://4-h.org/media/new-survey-finds-7-in-10-teens-are-struggling-with-mental-health/>

WA 4-H Teen Equity and Inclusion Task Force, Led by Mayyadah Zagelow, King County 4-H, Featured on NBC News Learn!

Mayyadah Zagelow of Seattle, Washington leads the Washington State 4-H Teen Equity and Inclusion Task Force. Its purpose is to educate youth and adult leaders in 4-H on how to be supportive and inclusive of their LGBTQ+ peers.

“4-H Inspires Kids to Do” is produced by NBC News Learn in partnership with the 4-H Organization, and NBC came to Washington to film the Task Force’s retreat. Here is the link to the video that NBC produced and placed on their NBC Learn website:

<https://www.nbclearn.com/4-H/cuecard/120870>



4-H Program Preserves Latin American Culture



4-H Para Familias Latinas participants learn about Latin culture and customs.

By Lauren Paterson, College of Agricultural, Human, and Natural Resource Sciences
WSU Insider, June 12, 2020

Hispanic youth in Whatcom County are learning about traditional Latin American dances, folklore, and crafts in a new Washington State University Extension-led 4-H program, Para Familias Latinas.

“Para Familias is similar to a traditional 4-H club, but with a focus on the culture of Latin America,” said Alex Martinez, WSU Whatcom Extension Latinx Outreach Coordinator.

Participants learn to make piñatas, traditional crafts, and learn cultural dances, such as *El Colás*, a folkloric dance from the Mexican state of Veracruz.

“Many times, families lose traditions from their countries of origin,” Martinez said, using the example of Dia de Los Muertes, or the Day of the Dead. “It’s not just a fiesta – it goes beyond that. Our program helps young people learn and engage with their cultural roots.”

4-H is a national organization with programs throughout the country. WSU Extension supports 4-H programming in Washington, creating opportunities for

youth development through volunteering, community projects, leadership activities, and experiential learning.

4-H participants work on posters to let their community know about Para Familias Latinas.

“Having grown up in New Mexico, I have always been aware of what a vibrant and wonderful contribution the Latin cultures make to our community,” said WSU Extension Regional Specialist Michael Wallace, who coordinated the funding for the program.

Wallace said he was excited when Martinez mentioned his passion for arts and culture.

“This program helps bridge the gap in our wider experience of Latinx culture,” he said. “There are a great deal of common values between our Latinx families and people in the wider Northwest, that can be discovered by sharing cultures at fairs and events.”

Martinez reaches out to groups and families, telling them about the program and encouraging them to get involved. The program’s [Facebook page](#) has been instrumental in spreading awareness and showcasing videos of traditional costumes, dances, and photographs of Para Familias Latinas projects.

Initially, Martinez worked with three families. That has grown to eight families now involved. Youth participants are between 7 and 12 years old. As more families join the program, Martinez is proud to see Latino students taking ownership of their culture.

“A lot of the kids I work with didn’t know their traditional folk dances,” said Martinez, who has been teaching youth using YouTube videos. “Now, they are learning well.”



Amid COVID-19 closures, Martinez has been adapting his projects. Instead of meeting as a group to make posters, Martinez put together kits with supplies, and dropped them off at his students' doors so they could work on outreach posters at home.

Although the Latino community in Bellingham is small, Martinez said he hopes his work inspires other counties to provide culturally centered 4-H programs.

“I hope our Washington youth continue to embrace their Latin American roots, that they continue to work with their children, the younger generation, and that they never forget who they are.”

12-Year-Old Talon Lane Discusses Digital Inclusion With Vint Cerf, “Father of the Internet”

Talon Lane, who lives in Ferry County, struggles to access the internet for basic tasks like doing research and completing homework. He talks with Vint Cerf about the importance of digital inclusion on Native American reservations and all across America.

Here’s the link to the YouTube video!

<https://www.youtube.com/watch?v=O8y9kAB0MGQ&feature=youtu.be>

The Marconi Society

2020 4-H Youth Scholarship Award Recipients Announced!



Congratulations to the following 4-H Seniors who are scholarship recipients, as noted:

Scholarship Name	Recipient	County	College/University
CAHNRS 4-H Scholarship {Dettman Fund}	Hunter Murphy	Lewis County	WSU CAHNRS
CAHNRS 4-H Scholarship {Dettman Fund}	Samantha Sealock	Yakima County	WSU CAHNRS
CAHNRS 4-H Scholarship {Dettman Fund}	Martha Lum	San Juan County	WSU CAHNRS

CAHNRS 4-H Scholarship {Dettman Fund)	Elisha Wade	Grant County	WSU CAHNRS
Lewis County Leaders 4-H Council Scholarship	Mayyadah Zagelow	King County	CWU
Lewis County Leaders 4-H Council Scholarship	Timothy Daves	Columbia County	Walla Walla CC
Lewis County Leaders 4-H Council Scholarship	Erin Marble	Clark County	U of W
Washington State 4-H Foundation Scholarship	Nora Medina	Grant County	U of W
J. Orville/Helen Young 4-H Scholarship	Emily Sheard	Spokane County	WSU Pharmacy
Woody and Joan Bernard 4-H Higher Ed Scholarship	Alec Klaveano	Whitman County	Purdue Univ
O.M. Plummer Scholarship Fund-Oregon Community Found	Grace Renecker	Mason County	WSU Comm/Soc
Thomas R. Quann 4-H Scholarship	Cameron Mains	Klickitat County	U of W

4-H Volunteer Awards Event in October Going Virtual!

While we had hoped we would be able to honor our volunteers during a face-to-face recognition event this fall, COVID-19 has forced us to make the decision to hold this event virtually. This event will occur Saturday, October 10 at 6:00 p.m. We are in the beginning stages of planning this event and will keep the 4-H community updated as plans emerge.

July 1

Hall of Fame nominations

August 1

Alumni Award Nomination

Salute to Excellence/Outstanding Volunteerism, Less than 10 years

Salute to Excellence/Outstanding Volunteerism, More than 10 years

Heather Rider Leadership Award for Young Adults

Volunteer's Staff Award Nomination

September 1

Outstanding County Leader Recognition

Outstanding County Teen Leader Recognition

All award forms are located on the Washington State 4-H Youth Development website:

<https://extension.wsu.edu/4h/for-volunteers/wastate-volunteer-recognition/>

Jana Ferris

Upcoming BOGS® Promotion Features 4-H Branded Boots!



From National 4-H Council:

As we unofficially begin summer, we are excited to finalize the details around the launch of the special 4-H branded BOGS® boots. This has been a very long process that will culminate with the release of the boots the second week in July. BOGS® will donate \$5 for each pair of BOGS® 4-H boots sold to the National 4-H Council. The new 4-H boots will be available for men, women, and children.

Men's Classic Tall 4-H



Women's Classic Tall 4-H Boot



Kids' Classic 4-H



The boots will be sold online as well as in brick and mortar stores, so they will be available nationwide. Following is a list of Washington state stores where the boots should be available. A national list can be found [here](#). The list is in development and subject to change.

CASCADE FARM AND OUTDOOR	598 N WILBUR AVE	WALLA WALLA
COASTAL FARM AND HOME	260 HIGHLINE DRIVE	WENATCHEE
COASTAL FARM AND HOME	2021 MARKET STREET	MOUNT VERNON
COASTAL FARM AND HOME	2112 SOUTH FIRST STREET	YAKIMA
COASTAL FARM AND HOME	1425 OUTLET COLLECTION WA	AUBURN
COASTAL FARM AND HOME	990 E WASHINGTON BLDG A	SEQUIM
COASTAL FARM AND HOME	9623 STATE AVE	MARYSVILLE
COASTAL FARM AND HOME	MONROE PLAZA 19881 SR2	MONROE
RANCH AND HOME	845 N. COLUMBIA CNTR BLVD	KENNEWICK
STAN'S MERRY MART	733 S WENATCHEE AVENUE	WENATCHEE
WILCO FARMERS-BATTLEGROUND	815 WEST MAIN STREET	BATTLEGROUND
WILCO FARMERS-BREMERTON	4330 WHEATON WAY	BREMERTON

WILCO FARMERS-GIG HARBOR	3408 HUNT STREET NW	GIG HARBOR
WILCO FARMERS-KELSO	200 KELSO DRIVE	KELSO
WILCO FARMERS-PUYALLUP	10409 E CANYON ROAD	PUYALLUP
WILCO FARMERS-VANCOUVER	1901 NE 162ND STREET	VANCOUVER

COVID-19 RESOURCES

Handout from WSDA Animal Services Livestock Inspection Program Addresses Brand Inspection Requirements for Cattle in Youth Market Sales

The WSDA Animal Services Livestock Inspection Program has created a handout with regard to brand inspections required for cattle that change ownership as it pertains to 4-H kids/fairs.

The document can be found by [clicking here](#).

WSDA Shares Update on Out-of-State Pigs Coming to Washington Due to COVID-19

The Washington State Department of Agriculture, Animal Services Division has recently released a document regarding the increased importing of pigs to Washington due to COVID-19 related closures and production slowdowns. The document, titled “**What you should know about out-of-state pigs in Washington State**” is available by clicking [here](#).

WASHINGTON STATE RESOURCE GUIDE FOR PARENTS AND CAREGIVERS: Caring for Your Family During COVID-19

The Washington State Department of Children, Youth and Families has created a resource for parents during COVID-19. The *WASHINGTON STATE RESOURCE GUIDE FOR PARENTS AND CAREGIVERS: Caring for Your Family During COVID-19* was developed to help parents and their families navigate the pandemic and the days to follow. The publication is available at

https://www.dcyf.wa.gov/sites/default/files/pubs/FS_0039.pdf

WSDA Shares Recommendations for Reducing COVID-19 Risk in Groups of People Caring for Groups of Animals

The Washington State Department of Agriculture has recently made some recommendations regarding reducing COVID-19 risk in animal care. The documents are available by clicking on the title below:

[Cleaning and Disinfection Protocol](#)

[Caretaker Contact List](#)

[Group Livestock Care Instructions](#)

[Group Livestock Care Schedule](#)

[WSDA Group Care of Livestock](#)

Keeping Your Distance to Stay Safe

With the number of COVID-19 cases increasing every day, psychologists offer insights on how to separate yourself from others, while still getting the social support you need.

<https://www.apa.org/practice/programs/dmhi/research-information/social-distancing>

A Reminder: COVID-19 Resources Available from WSU Extension

The WSU Extension COVID-19 Updates and Resources page is updated as new information becomes available. The Link to the page is

<https://extension.wsu.edu/covid-19/>

Additional Equine Resources Added to Horse Project Page

Extension Horses COVID-19 Infographics for Equine Owners and Facilities have been added to the Horse Project page. They are located under the “Other Resources and Websites” link and are intended to provide general information.

Everyday Actions to Help Prevent the Spread of Respiratory Viruses

Here are everyday actions to help prevent the spread of respiratory viruses:

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.

A WSU hand-washing video can be accessed [here](#).

There's also this [link](#) to the Washington State Department of Health's 'WashYourHandsingTon' web page.

WSU has established an informational website that is being frequently updated – it can be found [here](#). It has general information from the Center for Disease Control and the Washington State Department of Health.

Because of differing levels of outbreaks and risk of exposure to covid-19 and the coronavirus in different communities, please refer to your local health department and your local County Extension Office for information applicable to your community.
